

# VICTORIAN RACE WALKING CLUB



## ANNUAL REPORT

2005

<b>VRWC COMMITTEE FOR 2004/2005</b>
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**OFFICERS**

President	Harry Summers
Senior Vice President	Mark Donahoo
Junior Vice President	Bob Gardiner
Treasurer	Michael Bodey
Secretary	Tim Erickson

**GENERAL COMMITTEE**

Asst. Secretary/Treasurer	Ron Miller
Club Captain	Marlaine Stanway
Club Vice Captain	Andrew Jamieson
Publicity Officer	-
Race Secretary	Ron Miller
Handicapper	Mark Donahoo
Delegate to Athletics Victoria	Peter Vysma
VRWC Selectors (2)	Ron Miller, Mark Donahoo
Judging Coordinator	Peter Vysma
Social Secretary	-
Development Officer	Mark Donahoo
AFORWC Liason Officer	Mark Donahoo
General Committee	Paul Kozaris, Heather Carr
Auditor	Alan Cater

<b>LIFE MEMBERS</b>	<b>PRESIDENTS</b>
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1928	Frank O'Rourke *	1923-1925	Robert Croll *
1933	Alfred Robinson *	1925-1928	William Dickenson *
1933	Frank Byrne *	1928-1929	Rexx Merrick / Frank Byrne *
1933	William Billsborrow *	1929-1931	Frank Byrne *
1936	James McDonald *	1931-1937	Edward Drayton *
1938	Rupert Blackley *	1937-1941	Alfred Robinson *
1946	Edward Drayton *		
1948	Herbert Gardiner *	1946-1976	Alfred Robinson *
1948	Jack Larkin *	1976-1983	Raymond Smith
1955	James Gaylor *	1983 -	Harold Summers
1955	Norman Goble *		
1955	Fred O'Grady *		
1956	Frank McGuire		
1959	Charles Jacobson *		
1960	Jack Cummins *		
1961	Augustus Theobold *		
1964	Ralph Field		
1964	George Knott *		
1971	Radcliffe Grace *		
1975	Elsie Jacobson *		
1978	Mabel Robinson *		
1983	Ray Smith		
1987	Robert Gardiner		
1987	Ronald Miller		
1990	Thomas Daintry *		
1990	Harold Summers		
1998	Alan Johnson		
2001	Mark Donahoo		

\* deceased

**SECRETARIES****TREASURERS**

1923-1924	Victor Dowling	1923-1926	Rex Merrick
1924-1925	Rex Merrick	1926-1928	Ern Fitzgerald
1925-1926	Frank O'Rourke	1928-1931	Jack Coffey
1926-1927	Rex Merrick / Fred O'Grady	1931-1936	Rupert Blackley
1927-1931	Alf Robinson	1936-1937	Rupert Blackley / Ian McDougall
1931-1932	Alf Robinson / Rupert Blackley	1937-1939	Ian McDougall
1932-1936	Rupert Blackley	1939-1940	Ben Blakey
1936-1937	Rupert Blackley / Ian McDougall	1940-1941	Clem Marshall / Rupert Blackley
1937-1940	Ian McDougall	1941	Douglas Murrell
1940-1941	Clem Marshall / Rupert Blackley		
1941	Douglas Murrell	1946-1947	Ben Blakey
		1947-1949	Alex Philpotts
1946-1947	Ben Blakey	1949-1950	Noel Bomford
1947-1949	Alex Philpotts	1950-1952	Vic Sharp
1949-1950	Noel Bomford	1952-1973	Norm Goble
1950-1952	Vic Sharp	1973-1982	Charles Jacobson
1952-1971	Norm Goble	1982-1983	Elsie Jacobson
1971-1974	Alan Lucas	1983-1990	Ray Smith
1974-1975	Bruce Thorne / Greg Ellis	1990-1994	Bob Gardiner
1975-1976	Greg Ellis	1994-1998	Tony Barrett
1976-1984	Alan Minter	1998-1999	Brian Glover
1984-1988	Doris Waters	1999-	Michael Bodey
1988-2000	Ron Miller		
2000-	Tim Erickson		

**PRESIDENT'S REPORT**

It has been a stellar year for the club, with good fields for all our events with a good mix of ages from Veteran stalwarts to an enthusiastic group of Under 12s.

With the Commonwealth games approaching, many of our members are looking forward to their involvement. We expect a couple of our "aces" will be selected to race. Many of our members have been selected as volunteers. Chris Erickson is attempting to emulate his father and score a medal in the 50k.

Some years ago, our club was chugging along as it had been for many years. Another specialist club, the Victorian Marathon Club, folded giving us a wake up call. Tim Erickson become secretary and really fired the club up. His enthusiasm, diligence and hard work have moulded us into the successful unit we are today, with many of Tim's innovations evident around the club. Unfortunately, Tim's career requirements have forced him to step down as secretary. Fortunately, Tim will remain a committee member and hopefully will be on the lookout, and take us to task if any complacency should creep in.

Once again, under Tim's leadership, the Committee have had a productive year and I thank them for their support.

A special mention and thanks to Barbara, Kate, Joyce and all those who lent a hand in the canteen. Their efforts are a valuable source of income and assist us to keep our fees low.

Thanks again to all our members. Your continued support will ensure a bright future for our club.

Harry Summers  
President, VRWC

## SECRETARY'S REPORT

Over the last 5 years, our membership has been as follows

2001 120  
2002 126  
2003 146  
2004 145  
2005 138

At a time when the future of Track and Field Athletics is being questioned in Australia, the Victorian Race Walking Club continues to grow and to provide an environment that attracts walkers, both new and old.

This year, our membership was split between 125 competitive members and 13 non-competitive members who were in various categories – general supporters, officials and life members. The 125 competitive members were split into age groups (as based on our age cutoff date of 1 October 2004) as follows

Age Group	Female	Male	Total
U10	9	3	12
U12	14	3	17
U14	7	4	11
U16	3	5	8
U18	2	2	4
U20	0	2	2
20+	6	6	12
30+	4	6	10
40+	4	8	12
50+	7	15	22
60+	4	8	12
70+	1	2	3
TOTALS	61	64	125

Our weekly racing numbers averaged about 55 competitors throughout the winter and this meant that races were always keenly contested. Additionally, many of our top walkers competing regularly, providing strong role models for our younger walkers. I remember when I was a young walker and could look up to the likes of Bob Gardiner, Ted Allsopp and Noel Freeman who raced weekly. For many years, our top walkers disappeared to the AIS and the club suffered as a result. This year, our top walkers led by example and the club was all the healthier for it.

This year, the Committee oversaw the purchase of various pieces of equipment – a new pie warmer and urns for the kitchen, a new vacuum cleaner and 2 new printout stopwatches. We were also recipients of a Telstra Athletics Australia Sporting grant which saw the club take possession of a 3m x 3m shade tent. This is now used regularly for our club races and we acknowledge the generous support that Telstra gives to our sport of Athletics in Australia.

The Committee ratified a VRWC Sunsafe policy this year and is conscious of the need to show all possible care for its members. This adds to our existing policies which include a Public Health and Safety Policy and those policies encapsulated in our own By Laws and Rules of Association. These may all be viewed on our club website.

Our club archives continue to grow and this year we were lucky enough to receive further historical memorabilia from Deanna Rahill (NSWRWC) and the widow of the late Alex Philpott. Various articles have been published throughout the year in the 'Heel and Toe' magazine and my own book 'Once Were Walkers' was published some months ago. Today we are proud to add to this ongoing process with the publication of our club history. Special thanks must be accorded to Mark Donahoo who has overseen the project, collated information from many areas and added his own research into the melting pot.

One of the many offshoots of the Club History project was a review of the many people who, although not life members, have worked hard to build the club in years past. We are also proud today to announce the inaugural Merit Awards which recognize the contribution of these many hard working people.

Recently, a new 3 year lease was negotiated with Parks Victoria. This ratifies ongoing access to our walking tracks within the Albert Park Reserve. That, combined with our ongoing leasing arrangement with the Middle Park Bowling

Club, gives us security and enables us to confidently plan for the future. We acknowledge in this report the ongoing support of the MPBC and hope that our relationship with them will continue for many years.

This year, we continued to constructively build our relationship with the country walking clubs in a number of ways.

Once again we combined with our sister walking clubs in Ballarat and Geelong to field a joint team in the Australian Federation of Race Walking Clubs Carnival in Canberra where over 40 members competed.

In January this year, a new entity, Racewalking Victoria, was formed with the following 5 people representing their clubs

Russell McFarlane (Barwon Walkers)  
Harold Boddy (Geelong Walkers Club)  
Daryl Biggin (Ballarat Race Walking Club)  
Paul Rance (Bendigo Walkers Club)  
Tim Erickson (Victorian Race Walking Club)

and on 1<sup>st</sup> May this year, inaugural Racewalking Victoria championships were held in the U10 and U12 age groupings at the Country Championships carnival held at Albert Park. It is fair to say that we are not really sure at this stage how much or how little Racewalking Victoria will develop but the concept is sound and it recognizes the fact that our clubs can work together to develop racewalking in Victoria.

As usual, VRWC hosted a series of championships during the course of the year. These included

- The Australian 50 Km National Championship
- The Athletics Victoria Country roadwalking championships
- All of the Athletics Victoria Roadwalking championships
- The Athletics Victoria Schools Roadwalking championships
- The Victorian Masters Association Roadwalking championships
- Inaugural Racewalking Victoria championships for U10 and U12 walkers
- Our own VRWC club championships.

Thus we can indeed lay claim to be at the centre of Melbourne and Victorian based walking.

The club maintains many perpetual trophies and today we announce an addition – the Keiko Bowyer Trophy will be awarded annually to the male and female winners of the Winter Season Style Award. Keiko was one of our regular judges at Albert Park until losing her battle against cancer in August this year. Her husband Andrew will today present this new trophy to the club and each year as we present it, we will be reminded of Keiko the person and Keiko the judge.

Many decisions outside our immediate club sphere influence our activities. Some of these are for the better and some are for the worse.

In September 2004, we became aware of a decision to remove the walks from the Pacific Schools Games which are to be held in Melbourne late this month. The club via its committee became involved in a very active campaign to have the walks reinstated. This was not a pleasant activity but it was a necessary one and I am pleased to report that in November 2004 a decision was made to re-incorporate walks into all age groups. I can also announce that a number of our own club members will be competing in this prestigious Schools event in a few weeks time.

At around the same time, Athletics Australia published a Report into the Future of Athletics in Australia. Amongst the many recommendations was one to revamp the various A.A. Committees. As a result, a specialist Walks Committee was formed and Harry Summers and I are amongst the 6 members who now provide input to A.A. on all matters walking. This has already born fruit in a number of ways and will hopefully have a long life. For too long, the walking clubs felt that they had no access into A.A. decision making. This committee can now hopefully remedy that situation.

Many of our members have been in the news during the year. Highlights included

- Ray Smith being recognized by A.V. with awards for 50 Years of Service and 50 Years as an official
- Bob Gardiner being recognized by A.V. with an award for 50 Years of Service.
- Nathan Deakes being recognized by A.A. as Australian Male Athlete of the Year
- Chris Erickson being awarded A.V. Competition Number 1
- Nathan Deakes and Jared Tallent being selected for the 2005 I.A.A.F. World Championships in Helsinki

Nathan in particular dominated the news earlier this year with a number of outstanding performances in the various I.A.A.F. Grand Prix walking events. In March, he won the 20 km in Tijuana in Mexico in 1:21:28 and then in April he was second in the 20 km in Rio Major in Portugal in 1:19:15 and then won the 20 km in Cixi in China in an Oceania record time of 1:17:33. This last performance rocketed him to favouritism for the I.A.A.F. World Championships in Helsinki. It was heartbreaking to hear of his withdrawal firstly from the 20 km event and then from the 50 km event in Helsinki. In a matter of weeks he went from the likelihood of 2 gold medals to the frustration of being unable to compete. We wish him all the best with his rehabilitation and hope to see him back on the track soon.

Next to Nathan, Jared Tallent has been the star walker of the year and we are pleased that, although AIS based, he still keeps up his club membership. Coming off a strong win in the Canberra 20 Mile event (and an excellent debut time of 2:22:39), he came 18<sup>th</sup> in the World Championship 20 km in Helsinki (1:23:42) before retaining his title in the Australian 30 km roadwalking championship with a PB time of 2:12:58. At 20 years of age, Jared is already at the top of Australian walking and is now set to start his climb up the international tree.

Our Masters walkers also led by example and we are privileged to have more than our fair share of champions in the club. A number of new Masters Records were set during the year and highlights included

- Heather Carr setting a new World W55 5000m record of 15:32:45 on 11/02/2005
- Brenda Riley setting a new Victorian W65 1 Mile record of 8:39.9 on 24/02/2005
- Heather Carr setting a new Australian W55 10 km record of 56:42 on 22/05/2005
- Andrew Jamieson setting a new Australian M55 10 km record of 46:32 on 30/07/2005

At the time of writing, our VRWC walkers are at the fore in the Australian and Commonwealth ranking lists and the club looks set to see a significant number of members selected for both the 2006 Commonwealth Games and the 2006 Racewalking World Cup. Many of our officials have already been selected for key officiating positions at the Melbourne Commonwealth Games and we look forward excitedly for this big event to hit Melbourne early next year.

It takes many people working together to run a successful club like ours. It is always difficult to single out particular people but I would like to mention

- Harry, Bob, Ross and the others who set up and dismantled the equipment each week
- Barb, Joyce and Kate who provided for us all in the canteen and kitchen
- Michael and Ron who took the race entries and look after all money matters
- Paul, Lou, Stuart, Harry and the various helpers and parents who looked after the timekeeping and recording
- Mark who did the handicapping and ran the coaching sessions
- Ray who manned the camera, showed the results after the race and produced the weekly raceday newsletter
- Gordon, Peter, Lloyd and Michael who formed the backbone of our judging panel and who were on deck every week

My apologies to anyone I have missed. There are so many people who make our club tick.

Communication is one of the highlights of our club. Ray's weekly newsletter provides a great selection of information, both historical and topical, and over the course of a season, I think everyone must have featured at least once in the many photos. My own internet based newsletter has a weekly distribution of over 100 email addresses and probably reaches around 150 people. The website is also kept up to date with all racing results as well as other important information. And on top of that, Ray's regular videoing of races lets everyone review their performance and discuss style and technique with the many experts within the club.

Many people comment to me that this club is special as everyone is so friendly and the atmosphere is so good. This is reflected in the large number of people who stay around after the weekly races for socialising and post-race reviewing. I personally feel this is one of the very strong features of the club.

Alas, after 5 years as club secretary, I find myself having to announce that I will not be restanding for that position in the coming year. Although I will continue with my involvement in the club at all levels, recent changes to my work commitments leave me unable to find the necessary time to do everything that I currently do. However, I remain confident that the club will continue to prosper and grow. The club's strength lies in its members and the many people who contribute quietly and consistently to its ongoing wellbeing.

I look forward to being one of those many contributors once again next year.

Tim Erickson  
Secretary

## VRWC CLUB CHAMPIONSHIPS

Five separate sets of VRWC club championships were run during the year. These events covered a variety of distances and age groups and involved a number of perpetual trophies. Unfortunately, the sheer number of events to be contested by competitors meant that these events were not always regarded as significant and, on a number of occasions, we had no entries in particular divisions. This is unfortunate as the VRWC Committee regards these club championships as important and prestigious events. Medallists are as follows

### ALBERT PARK, 21 NOVEMBER 2004

<b>VRWC 20 KM OPEN MEN</b> <b>GUS THEOBOLD MEMORIAL</b> 1. Andrew Jamieson 1:39:48 2. Daniel Lowe 1:58:59	<b>VRWC 10 KM VETERAN WOMEN</b> <b>STELLA MURNANE MEMORIAL</b> 1. Heather Carr 57:36 2. Liz Feldman 60:26 3. Janet Holmes 64:08
<b>VRWC 5 KM UNDER 20 MEN</b> No starters	<b>VRWC 5 KM UNDER 20 WOMEN</b> 1. Sarah Alexander 27:26
<b>VRWC 2K UNDER 15 BOYS</b> 1. Daniel Payne 16:08 2. Ergenekon Girgin 17:52 3. Jason Elms 23:51	<b>VRWC 2K UNDER 15 GIRLS</b> No starters
<b>VRWC 1.5K UNDER 12 BOYS</b> No starters	<b>VRWC 1.5K UNDER 12 GIRLS</b> 1. Cassandra Raselli 8:10 2. Emily Payne 8:55 3. Chelsea Dyer 8:58
<b>VRWC 1.5K UNDER 9 BOYS</b> No starters	<b>VRWC 1.5K UNDER 9 GIRLS</b> 1. Sarah Burren 10:31 2. Jasmine Irshad 11:22

### ALBERT PARK, 1 MAY 2005

<b>VRWC 50 KM OPEN MEN</b> 1. Chris Erickson 4.03.42 2. Troy Sundstrom 4.18.28	<b>VRWC 50 KM OPEN WOMEN</b> No starters
<b>VRWC 35 KM OPEN MEN</b> <b>RAY SMITH TROPHY</b> 1. Chris Erickson 4.03.42 2. Troy Sundstrom 4.18.28	

**ALBERT PARK, 22 MAY 2005**

		<b>VRWC 15 KM OPEN WOMEN ELSIE JACOBSON TROPHY</b>	
		1. Sandra Geisler	79:43
		2. Megan Szirom	82:04
<b>VRWC 15 KM UNDER 20 MEN</b>		<b>VRWC 15 KM UNDER 20 WOMEN</b>	
1. Shaun Burgess	90:41	1. Fauve Jacobs	91:13
<b>VRWC 5KM UNDER 16 BOYS</b>		<b>VRWC 5KM UNDER 16 GIRLS</b>	
1. Rhydian Cowley	26:06	1. Eda Girgin	28:27
2. Daniel Payne	27:52	2. Brittany Fenton	30:17
3. Jason Elms	38:28	3. Caitlin Brunton	30:48
<b>VRWC 3KM UNDER 14 BOYS</b>		<b>VRWC 3KM UNDER 14 GIRLS</b>	
1. Tim Girgin	15:29	1. Regan Lamble	16:03
2. William Kennish	16:45	2. Nicole Hallett	17:06
3. Damien Elms	26:32	3. Beth Alexander	17:56
<b>VRWC 1KM UNDER 12 BOYS</b>		<b>VRWC 1KM UNDER 12 GIRLS</b>	
1. Ergenekon Girgin	5:02	1. Hilary Brazel	5:10
		2. Nicole Hallett	5:11
		3. Caitlin Campbell	5:25
<b>VRWC 1KM UNDER 9 BOYS</b>		<b>VRWC 1KM UNDER 9 GIRLS</b>	
1. Cody McNicol-Davidson	8:40	1. Chloe McNicol-Davidson	6:01
		2. Rebecca Campbell	6:33

**ALBERT PARK, 17 JULY 2005**

<b>VRWC 20 KM MEN ALF ROBINSON MEMORIAL</b>		<b>VRWC 10 KM WOMEN MABEL ROBINSON MEMORIAL</b>	
1. Chris Erickson	1:28:22	1. Simone Wolowiec	46:21
2. Tom Barnes	1:33:13	2. Carma Watson	51:45
3. Frank Bertei	1:33:14	3. Sandra Geisler	54:50
<b>VRWC 1.5 KM U12 BOYS</b>		<b>VRWC 1.5 KM U12 GIRLS</b>	
1. Simeon Whiley	11:52	1. Ebony Whiley	8:16
		2. Caitlin Campbell	8:17
		3. Ebony Tallent	8:51
<b>VRWC 1.5 KM U9 BOYS</b>		<b>VRWC 1.5 KM U9 GIRLS</b>	
1. Jeremiah Jones	11:06	1. Chloe McNicol-Davidson	9:36
		2. Rebecca Campbell	10:01

**ALBERT PARK, 7 AUGUST 2005**

<b>VRWC 2 KM U12 BOYS</b>		<b>VRWC 2 KM U12 GIRLS</b>	
1. Peter Curtis	12:20	1. Nicole Hallett	10:47
2. Simeon Whiley	15:32	2. Chelsea Dyer	11:15
		3. Amelia Finnegan	11:16
<b>VRWC 2 KM U9 BOYS</b>		<b>VRWC 2 KM U9 GIRLS</b>	
1. Jeremiah Jones	15:39	1. Chloe McNicol-Davidson	13:02
2. Cody McNicol-Davidson	16:50	2. Caitlin Campbell	31:21



## ATHLETICS VICTORIA CHAMPIONSHIPS

VRWC hosted all 5 A.V championship days during the winter season. Our officials and judges form an expert pool from which A.V. can draw and we provide a key service to A.V. in hosting these events.

The Open Championships saw starting fields in all events but our longer distance events continue to be poorly supported. Many of our men do not find the time to train for these longer distances and, like their National counterparts, these local event lack depth.

<b>A.V. 50 KM OPEN MEN, 01/05/2005</b>		
1. Chris Erickson	ATE	4.03.42
2. Troy Sundstrom	NSW	4.18.28
<b>A.V. 30 KM OPEN MEN, 07/08/2005</b>		
1. Chris Erickson	ATE	2:20:14
2. Duane Cousins	BYM	2:21:45
3. Tom Barnes	RWD	2:24:26
<b>A.V. 20KM OPEN MEN, 17/07/2005</b>		<b>A.V. 20 KM OPEN WOMEN, 07/08/2005</b>
1. Chris Erickson	ATE	1:28:22
2. Duane Cousins	BYM	1:30:42
3. Tom Barnes	RWD	1:33:13
		1. Simone Wolowiec
		KNA
		1:36:25
		2. Kellie Wapshott
		KNA
		1:37:46
		3. Sandra Geisler
		RWD
		1:50:46
<b>A.V. 15 KM OPEN MEN, 25/06/2005</b>		<b>A.V. 15KM OPEN WOMEN, 25/06/2005</b>
1. Chris Erickson	ATE	1:09:16
2. Frank Bertei	ANW	1:11:13
3. Andrew Jamieson	OSC	1:12:38
		1. Simone Wolowiec
		KNA
		1:11:52
		2. Kelly Ruddick
		BHA
		1:18:28
		3. Sandra Geisler
		RWD
		1:20:55
<b>A.V. 10KM OPEN MEN, 09/04/2005</b>		<b>A.V. 10KM OPEN WOMEN, 17/07/2005</b>
<b>C.H. "BERT" GARDINER MEDAL</b>		1. Simone Wolowiec
1. Chris Erickson	ATE	47:24
2. Tom Barnes	RWD	49:23
3. Danny Hawksworth	ATE	53:23
		KNA
		46:21
		2. Kellie Wapshott
		KNA
		47:11
		3. Carma Watson
		ATE
		51:45

The Athletics Victoria Under Age championships are keenly contested in the younger age groups (Under 16 and Under 14) but our numbers drop significantly in the Under 18 and Under 20 age groups. This is an Australian wide phenomenon that effects all Track and Field disciplines but it is still disappointing to see Victorian championship medals going to beg.

<b>A.V. 20 KM U20 MEN, 07/08/2005</b>		
1. Jamie Barnes	COR	1:55:11
<b>A.V. 10 KM U20 MEN, 17/07/2005</b>		<b>A.V. 10 KM U20 WOMEN, 07/08/2005</b>
1. Jamie Barnes	COR	56:14
2. Shaun Burgess	ACW	57:26
		1. Lynette Bannister
		TAS
		55:34
		2. Fauve Jacobs
		DKN
		56:04
<b>A.V. 8 KM U18 MEN, 07/08/2005</b>		<b>A.V. 8 KM U18 WOMEN, 07/08/2005</b>
1. Kyle Bryant	SBE	41:57
2. Shaun Burgess	ACW	44:45
3. Bradley Elms	PTN	51:27
		1. Siobhan Donovan
		KNA
		43:17
<b>A.V. 5 KM U16 BOYS, 07/08/2005</b>		<b>A.V. 5 KM U16 GIRLS, 07/08/2005</b>
1. Rhydian Cowley	GHY	24:45
2. Daniel Payne	COR	25:31
3. John Platt	EKA	27:33
		1. Natalie Laurie
		ANW
		25:53
		2. Regan Lamble
		ANW
		25:58
		3. Jessie Palfreyman
		SBE
		28:10
<b>A.V. 3 KM U14 BOYS, 07/08/2005</b>		<b>A.V. 3 KM U14 GIRLS, 07/08/2005</b>
1. Timucim Girgin	ATE	15:56
2. Ergenekon Girgin	ATE	<u>16:47</u>
3. Robert Walsh	ANW	<u>17:11</u>
		1. Rachel Tallent
		BYC
		15:48
		2. Hilary Brazel
		ANW
		16:29
		3. Beth Alexander
		KNA
		16:54

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The Victorian All Schools roadwalks were held on 17 July 2005 and attracted good fields in both the U16 and U18 Boys and Girls events. As has been the case in the last few years, the U20 ranks were sparse.

<b>A.V. U20 BOYS 10 KM SCHOOLS, 17/07/2005</b> 1. Shaun Burgess 57:26	<b>A.V. U20 GIRLS 10 KM SCHOOLS, 17/07/2005</b> No starters
<b>A.V. U18 BOYS 5 KM SCHOOLS, 17/07/2005</b> 1. Rydian Cowley 24:19 2. Kyle Bryant 24:58 3. David Ranger 28:24	<b>A.V. U18 GIRLS 5 KM SCHOOLS, 17/07/2005</b> 1. Siobhan Donovan 25:46 2. Jess Rothwell 25:49 3. Caitlin Brunton 31:02
<b>A.V. U16 BOYS 3 KM SCHOOLS, 17/07/2005</b> 1. Daniel Payne 14:34 2. John Platt 15:22 3. Nicholas Mirarchi 16:05	<b>A.V. U16 GIRLS 3 KM SCHOOLS, 17/07/2005</b> 1. Regan Lamble 14:48 2. Natalie Laurie 15:22 3. Jessie Palfreyman 16:22

## ATHLETICS AUSTRALIA CHAMPIONSHIPS AND TRIALS

The Athletics Australia 50 km Championship was held at Albert Park on Sunday 1 May 2005 and VRWC successfully filled the role of the Local Organising Committee (LOC). With Victorians filling 3 of the first 4 positions, Victoria upheld its pre-eminent position in men's distance walking. Nathan, Chris and Duane all achieved A Qualifiers for the 2006 Commonwealth Games so went a long way to confirming their selection with this single event.

### A.A. OPEN MEN 50 KM CHAMPIONSHIP, 01/05/2005, ALBERT PARK

1.	<b>Nathan Deakes</b>	VIC/AIS	3:47:51
2.	Craig Barratt	NZ	3:58:39
3.	<b>Chris Erickson</b>	VIC	4:03:42
4.	<b>Duane Cousins</b>	VIC	4:04:35
5.	Darren Bown	SA	4:07:22
6.	Troy Sundstrom	NSW	4:18:28

The Australian Under 20 10 km roadwalk for men was held in Canberra in June but alas, for the first time in many years, no Victorian entrants participated.

### A.A. U20 MEN 10 KM, 13/06/2004, CANBERRA

1.	Michael McCagh	WA/AIS	42:39
2.	Ashley Colquhoun	ACT	47:09
3.	Daniel Coleman	TAS	48:54

The main Athletics Australia winter championships were held in Adelaide on Sunday 28 August 2005. The Victorian team, although only small, topped the medal pool with with 3 Gold, 4 Silver and 2 Bronze Individual medals and also won the Girls U16 Teams Event.

<b>A.A. OPEN MEN 30 KM, 28/08/2005, ADELAIDE</b> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%;">1.</td> <td style="width: 65%;"><b>Jared Tallent</b></td> <td style="width: 20%;">VIC</td> <td style="width: 10%; text-align: right;"><b>2:12:28</b></td> </tr> <tr> <td>2.</td> <td><b>Chris Erickson</b></td> <td>VIC</td> <td style="text-align: right;"><b>2:16:04</b></td> </tr> <tr> <td>3.</td> <td>Darren Bown</td> <td>SA</td> <td style="text-align: right;">2:23:59</td> </tr> <tr> <td>5.</td> <td><b>Frank Bertei</b></td> <td>VIC</td> <td style="text-align: right;"><b>2:30:34</b></td> </tr> </table>	1.	<b>Jared Tallent</b>	VIC	<b>2:12:28</b>	2.	<b>Chris Erickson</b>	VIC	<b>2:16:04</b>	3.	Darren Bown	SA	2:23:59	5.	<b>Frank Bertei</b>	VIC	<b>2:30:34</b>	<b>A.A. OPEN WOMEN 10 KM, 28/08/2005, ADELAIDE</b> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 5%;">1.</td> <td style="width: 65%;"><b>Simone Wolowiec</b></td> <td style="width: 20%;">VIC</td> <td style="width: 10%; text-align: right;"><b>47:27</b></td> </tr> <tr> <td>2.</td> <td><b>Kellie Wapshott</b></td> <td>VIC</td> <td style="text-align: right;"><b>48:17</b></td> </tr> <tr> <td>3.</td> <td>Claire Woods</td> <td>SA</td> <td style="text-align: right;">48:54</td> </tr> <tr> <td>5.</td> <td><b>Erin Adamcewicz</b></td> <td>VIC</td> <td style="text-align: right;"><b>56:22</b></td> </tr> </table>	1.	<b>Simone Wolowiec</b>	VIC	<b>47:27</b>	2.	<b>Kellie Wapshott</b>	VIC	<b>48:17</b>	3.	Claire Woods	SA	48:54	5.	<b>Erin Adamcewicz</b>	VIC	<b>56:22</b>				
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### 39<sup>TH</sup> AFRWC WALKING CHAMPS, WESTON PARK, CANBERRA, 12 JUNE 2005

The Canberra Carnival was, as always, a very successful event. The Peter Waddell memorial walk was held on the Saturday afternoon with around 40 walkers remembering Peter's memory in a 5 km non-competitive walk. The Sunday races saw nearly 300 walkers from all over Australia keenly race against each other. NSWRC continue to set the standard and had the strongest team once again but our walkers did themselves proud with some fine walking. Many of our walkers did PBs and no Victorian walkers were disqualified – a great result.

The Victorian results were as follows

<b>AFRWC OPEN 20 MILES (32KMS)</b> 1 TALLENT, Jared 2:22:39 2 ERICKSON, Chris 2:27:04 4 COUSINS, Duane 2:37:20 7 BERTEI, Frank 2:45:50 8 JAMIESON, Andrew 2:48:24 11 KNOX, Duncan 3:34:10	<b>AFRWC WOMEN OPEN 10 MILES</b> 6 SZIROM, Megan 1:26:01 7 WATSON, Carma 1:29:48 14 FELDMAN, Elizabeth (V) 1:45:19
<b>AFRWC MEN 10 MILES</b> 3 HAWKSWORTH, Danny 1:25:25 5 LUCAS, Alan (V) 1:38:12	<b>AFRWC WOMEN OPEN 5,000M</b> 6 SZIROM, Megan 25:20 22 PLATT, Belinda 33:28
<b>AFRWC MEN UNDER 20 10,000M</b> -	<b>AFRWC WOMEN UNDER 20 5,000M</b> -
<b>AFRWC BOYS UNDER 18 5,000M</b> 4 BURGESS, Shaun 27:37	<b>AFRWC GIRLS UNDER 18 5,000M</b> 4 LAURIE, Natalie 27:35 5 JACOBS, Fauve 27:39
<b>AFRWC BOYS UNDER 16 3,000M</b> 2 PAYNE, Daniel 14:45 7 PLATT, John 15:44 8 MIRARCHI, Nicholas 16:16	<b>AFRWC GIRLS UNDER 16 3,000M</b> 11 BRUNTON, Caitlin 18:34 12 POLMEAR, Jacinta 19:36 13 BODDY, Lana 19:55
<b>AFRWC BOYS UNDER 14 2,000M</b> 2 MIRARCHI, Nicholas 10:56	<b>AFRWC GIRLS UNDER 14 2,000M</b> 5 LAURIE, Natalie 10:34 6 TALLENT, Rachel 10:48 10 ALEXANDER, Beth 11:33 15 PAYNE, Emily 12:20
<b>AFRWC BOYS UNDER 12 2,000M</b> 4 POLMEAR, Luke 12:21	<b>AFRWC GIRLS UNDER 12 2,000M</b> 5 HALLETT, Nicole 11:14 7 BRAZEL, Hilary 11:31 12 TALLENT, Ebony 12:04 13 FINNEGAN, Amelia 12:06
<b>AFRWC BOYS UNDER 10 1,000M</b> 4 McNICOL-DAVIDSON, Cody 8:01	<b>AFRWC GIRLS UNDER 10 1,000M</b> 7 McNICOL-DAVIDSON, Chloe 6:32 9 HEALEY, Mikaela 6:51

Highlights were many. A few of the ones to stick in my mind are as follows

- **Jared Tallent** and **Chris Erickson** for their outstanding walks in the Open 20 Mile and the associated ACT 30 km championship.
- **Andrew Jamieson** who, the day before his 59<sup>th</sup> birthday, did a PB for the Open 20 Mile and finished in a fine 8<sup>th</sup> place in 2:48:24.
- **Nicholas Mirarchi** who came 2<sup>nd</sup> in the Under 14 2km race in a PB time of 10:56 and then backed up in the Under 16 3km to make up a team and came 8<sup>th</sup> in an even faster time of 16:16 and another big PB.
- **Daniel Payne** who battled out the Under 16 3km walk with NSW walker James Pisani and only just lost out in a final sprint. His time of 14:45 was a huge PB and a wonderful exhibition of walking.
- **Natalie Laurie** who was in perhaps the highest standard race of all. She walked an excellent 10:34 in the Under 14 Girls 2km but had to settle for 5<sup>th</sup> place.

#### WINNERS OF PERPETUAL SHIELDS

Winner – Open Men’s 20 Mile Event	Jared Tallent
Winner – Masters Men 10 Mile event	Alan Lucas
Teams Event - Open Men 20 Miles	Jared Tallent, Chris Erickson, Duane Cousins

#### OTHER TEAMS EVENT MEDALLISTS

Open Women 10M	2 <sup>nd</sup>	Megan Szirom, Carma Watson, Liz Feldman
U12 Girls 2km	3 <sup>rd</sup>	Nicole Hallett, Hilary Brazel, Ebony Tallent
U14 Girls 2 km	2 <sup>nd</sup>	Natalie Laurie, Rachel Tallent, Beth Alexander
U16 Boys 3 km	2 <sup>nd</sup>	Daniel Payne, John Platt, Nicholas Mirarchi
U16 Girls 3 km	3 <sup>rd</sup>	Caitlin Brunton, Jacinta Polmear, Lana Boddy

### AFRWC WALKING CARNIVAL, SYDNEY, 18 SEPTEMBER 2005

The second Racewalking Australia carnival for the year was hosted by Regal Race Walkers but it was a much smaller affair than Canberra.

Tom Barnes and Frank Bertei were the only VRWC walkers who made the trip to Sydney and both walked well in the Open Men’s 20 km event.

#### AFRWC OPEN MEN 20 KM

1. Troy Sundstrom	Regal	1:31:31
2. Tom Barnes	VRWC	1:32:25
3. Frank Bertei	VRWC	1:26:45

## AWARD WINNERS

### 2005 ATHLETICS VICTORIA TROPHY WINNERS

NORM GOBLE TROPHY:	Most points earned in Mens AV Championships:	Chris Erickson
BETTY NEWMAN TROPHY:	Womens Walking Team Champions:	Knox Athletic Club
AVIS REDMAN TROPHY:	Under 16 Most Improved Girl:	Natalie Laurie
TOM DAINTRY TROPHY:	Best Under 14 First Year Walker:	Beth Alexander, Hilary Brazel

### 2005 VRWC TROPHY WINNERS

#### FASTEST TIMES POINTS & HANDICAP POINTS COMPETITIONS

Open Women	Fastest Times Points :	Sandra Geisler
Open Women	Handicap Points :	Sandra Geisler
Open Men	Fastest Times Points :	Mark Donahoo
Open Men	Handicap Points :	Daniel Lowe
Under 20 Women	Fastest Times Points :	Fauve Jacobs
Under 20 Women	Handicap Points :	Fauve Jacobs
Under 20 Men	Fastest Times Points :	Shaun Burgess
Under 20 Men	Handicap Points :	Bradley Elms
Under 15 Girls	Fastest Times Points :	Natalie Laurie
Under 15 Girls	Handicap Points :	Natalie Laurie
Under 15 Boys	Fastest Times Points :	Timucin Girgin
Under 15 Boys	Handicap Points :	Jason Elms
Under 12 Girls	Fastest Times Points :	Nicole Hallett
Under 12 Girls	Handicap Points :	Nicole Hallett
Under 12 Boys	Fastest Times Points :	Ergenekon Girgin
Under 12 Boys	Handicap Points :	Ergenekon Girgin
Under 9 Girls	Fastest Times Points :	Chloe McNicol-Davidson
Under 9 Girls	Handicap Points :	Chloe McNicol-Davidson
Under 9 Boys	Fastest Times Points :	Cody-McNicol-Davidson
Under 9 Boys	Handicap Points :	Cody McNicol-Davidson
Veteran Women	Fastest Times Points :	Heather Carr
Veteran Women	Handicap Points :	Heather Carr
Veteran Men	Fastest Times Points :	John Bunker
Veteran Men	Handicap Points :	John Bunker

### 2005 VRWC JACK LARKIN TROPHY

#### HIGHEST POINT SCORING COUNTRY ATHLETES

Men:	Nicholas Mirarchi
Women:	Heather Carr

### 2005 VRWC MERRIFIELD AWARDS

#### COMBINED FASTEST TIMES AND HANDICAP POINTS

Veteran Men:	John Bunker
Veteran Women:	Heather Carr
Open Men:	Mark Donahoo
Open Women:	Sandra Geisler
Under 20 Men:	Bradley Elms
Under 20 Women:	Fauve Jacobs
Under 15 Men:	Jason Elms
Under 15 Women:	Natalie Laurie

### 2005 STYLE AWARDS

Male	Tom Barnes
Female	Fauve Jacobs

## 2005 CLUB TEAM FUND PRESENTATIONS

Canberra		
Open Men 20M	1 <sup>st</sup>	Jared Tallent, Chris Erickson, Duane Cousins
Open Women 10M	2 <sup>nd</sup>	Megan Szirom, Carma Watson, Liz Feldman
U12 Girls 2km3	3 <sup>rd</sup>	Nicole Hallett, Hilary Brazel, Ebony Tallent
U14 Girls 2 km	2 <sup>nd</sup>	Natalie Laurie, Rachel Tallent, Beth Alexander
U16 Boys 3 km	2 <sup>nd</sup>	Daniel Payne, John Platt, Nicholas Mirarchi
U16 Girls 3 km	3 <sup>rd</sup>	Caitlin Brunton, Jacinta Polmear, Lana Boddy
Team Managers		Tim Erickson, Daryl Biggin

## 2005 HANDICAP AND FASTEST TIMES POINTS COMPETITIONS

### Handicap Points - Women

Sandra Geisler	Open	51
Megan Szirom	Open	32
Carma Watson	Open	22
Nicole Hallett	U12	60
Caitlin Campbell	U12	57.5
Taylor Brogan	U12	43
Natalie Laurie	U15	53
Regan Lamble	U15	37
Eda Girgin	U15	34
Fauve Jacobs	U20	43.5
Siobhan Donovan	U20	26
Chloe McNicol-Davidson	U9	75
Rebecca Campbell	U9	65
Sarah Burren	U9	56
Heather Carr	Vet	51.5
Margaret Beaumont	Vet	49
Gwen Steed	Vet	49

### Fastest Time Points - Women

Sandra Geisler	Open	35
Megan Szirom	Open	23
Carma Watson	Open	19
Nicole Hallett	U12	43.5
Hilary Brazel	U12	37.5
Caitlin Campbell	U12	29
Natalie Laurie	U15	36
Regan Lamble	U15	32
Eda Girgin	U15	25
Fauve Jacobs	U20	31
Siobhan Donovan	U20	24
Chloe McNicol-Davidson	U9	48
Rebecca Campbell	U9	43
Sarah Burren	U9	41
Heather Carr	Vet	40
Janet Holmes	Vet	28
Celia Johnson	Vet	13

### Handicap Points - Men

Daniel Lowe	Open	36
Mark Donahoo	Open	26
Duncan Knox	Open	24
Ergenekon Girgin	U12	14
Dylan Sloan	U12	9
Robert Walsh	U12	7
Jason Elms	U15	74
Timucin Girgin	U15	59
Nicholas Mirarchi	U15	43
Bradley Elms	U20	41.5
Shaun Burgess	U20	20
Cody McNicol-Davidson	U9	65
Jordan Howorth	U9	6
John Bunker	Vet	54
Geoff Barrow	Vet	49
Murray Dickinson	Vet	41.5

### Fastest Time Points - Men

Mark Donahoo	Open	30
Chris Erickson	Open	24.5
Tom Barnes	Open	22
Ergenekon Girgin	U12	10
Robert Walsh	U12	10
Dylan Sloan	U12	5
Tim Girgin	U15	45
Jason Elms	U15	38
Rhydian Cowley	U15	19
Shaun Burgess	U20	17
Bradley Elms	U20	11
Cody McNicol-Davidson	U9	49
Jordan Howorth	U9	5
John Bunker	Vet	39
Colin Heywood	Vet	17
Alan Lucas	Vet	16

**TREASURER'S REPORT 1/10/2004 – 30/9/2005**

Welcome to the presentation of my sixth report as Treasurer.

VRWC is in a very healthy state. During the year, subscriptions and race fees showed a minor decrease while the major expenses like rental to the Middle Park Bowling Club and affiliations remained the same. In fact most expenses remained the same or showed a little decrease. We hope to break even or make a little money on uniforms, merchandising and the sale of the club history. Event running is also a good revenue earner for the club.

Although the canteen has shown a decrease both in revenue and expenses, a profit of \$419.10 was made. Many thanks to the ladies in the canteen for their great work.

Late in the year, Parks Victoria rearranged our rental to co-incide with the normal financial year 1/7/2005-30/6/2006. This was an added charge as well as putting up a bond of \$600.00. Hopefully, the bond will be paid back to the club in the future. I will keep a watch on this.

I look forward to serving a another term as Treasurer.

Michael Bodey

**VICTORIAN RACE WALKING CLUB INC.  
TREASURER'S REPORT 01/10/2004-30/09/2005**

**INVESTMENT ACCOUNTS AS AT 30/9/2005**

General Account No 4 invested at 5.5% for 12 months matures 8/7/2006	\$59,113.16
Club Teams Fund No 2 & 3 invested at 5.4% for 5 months 27 days matures 25/3/2006	\$24,200.42
Merrifield Account No 1 invested at 5.0% for 5 months 27 days matures 25/3/2006	<u>\$13,270.70</u>
<b>TOTAL</b>	<u><b>\$96,584.28</b></u>

**BALANCE OF CHEQUE ACCOUNTS AS AT 30/9/2005**

General Account	\$5,187.26
Social Account	<u>\$4,752.88</u>
<b>TOTAL</b>	<u><b>\$9,940.14</b></u>

<b>BOND LODGED WITH PARKS VICTORIA</b>	<u><b>\$600.00</b></u>
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**VICTORIAN RACE WALKING CLUB INC.**  
**TREASURER'S REPORT 01/10/2004-30/09/2005**

**STATEMENT OF INCOME & EXPENDITURE FOR THE YEAR ENDING 30/09/2005**

<b>12 months 30/9/2004</b>	<b>Receipts</b>	<b>12 months 30/9/2005</b>	<b>12months 30/9/2004</b>	<b>Expenditure</b>	<b>12 months 30/9/2005</b>
\$3,349.00	Subscriptions	\$3,298.50	\$50.00	Subs paid twice	\$70.00
\$5,427.00	Race Fees	\$5,221.10	\$3,300.00	MPBC Rental	\$3,300.00
\$3,714.00	Canteen	\$2,512.00	\$2,817.60	Canteen	\$2,099.66
\$280.00	Merchandising-Vests	\$35.00			
\$72.00	Merchandising-Beanies	\$36.00			
\$683.00	Federation Entries	\$775.00	\$683.00	Federation Entries	\$790.00
\$24.00	Luncheon	\$616.00	\$24.00	Luncheon	\$974.21
\$642.00	Uniforms	\$477.00	\$784.55	Uniforms	
\$880.00	Merrifield/Team awards	\$990.00	\$727.00	Merrifield/Team awards	\$1,011.00
\$20.73	Bank Interest	\$34.50	\$45.30	Government Taxes	\$45.10
\$1,195.00	Event Running	\$995.00	\$160.00	AV Affiliation	\$160.00
\$43.00	AV Subs/Entries		\$43.00	AV Subs/Entries	
\$130.00	Donations	\$50.00	\$177.00	AFORWC Affiliation	\$175.00
\$35.00	Prepaid Subscriptions		\$330.00	Parks Victoria Rental	\$663.00
\$700.00	Equipment		\$747.42	Equipment-Stop watches	\$947.65
	Club Badges	\$18.00	\$35.00	Consumer Affairs-Vic	\$35.80
	Sale of Club History	\$105.00	\$510.38	Postage	\$416.00
	Extra	\$0.50	\$297.43	Telephone	\$327.84
				Printing of Club History	\$290.38
			\$50.00	Audit Fees	\$100.00
			\$510.62	Photocopy Supplies	\$563.46
			\$89.90	Stationery/Paper	\$82.91
			\$485.01	Gas	\$415.35
			\$2,222.46	Trophies/Engraving	\$1,001.04
			\$149.20	Newsletter Production	\$19.80
			\$10.00	Certificates	
			\$8.00	Bookkeeping	
			\$381.00	Asphalt	
			\$120.00	First Aid	\$176.40
			\$50.00	Graffiti Removal	
			\$54.89	Printer Ribbon	
			\$108.20	Gifts	\$37.50
			\$30.00	Starting Pistol Caps	
				Vacuum Cleaner	\$78.87
				Racewalking Victoria	\$10.00
				Sundry	\$52.55
			\$2,193.77	Surplus	\$1,320.08
\$17,194.73		\$15,163.60	\$17,194.73		\$15,163.60

Michael Bodey  
TREASURER 18/10/2005

Alan Cater FCPA  
AUDITOR 18/10/2005