

# VICTORIAN RACE WALKING CLUB



## ANNUAL REPORT

2007

## VRWC COMMITTEE FOR 2006/2007

### OFFICERS

President	Harry Summers
Senior Vice President	Mark Donahoo
Junior Vice President	Bob Gardiner
Treasurer	Michael Bodey
Secretary	Tim Erickson

### GENERAL COMMITTEE

Club Captain - Women	Marlaine Stanway
Club Captain – Men	Russ Dickenson
Publicity Officer	Stuart Cooper
Raceday Registrar	Ron Miller
Race Secretary	Tim Erickson
Handicapper	Mark Donahoo
Delegate to Athletics Victoria	Peter Vysma
Judging Coordinator	Peter Vysma
Social Secretary	-
Club Coach	Mark Donahoo
Racewalking Australia Liason Officer	Mark Donahoo
Property Officer	-
Maintenance Sub Committee	Bob Gardiner, Peter Vysma, Tim Erickson
Ordinary Members on Committee	Paul Kozaris
	Heather Carr – Uniforms Officer
Auditor	Alan Cater

**LIFE MEMBERS**

1928	Frank O'Rourke *
1933	Alfred Robinson *
1933	Frank Byrne *
1933	William Billsborrow *
1936	James McDonald *
1938	Rupert Blackley *
1946	Edward Drayton *
1948	Herbert Gardiner *
1948	Jack Larkin *
1955	James Gaylor *
1955	Norman Goble *
1955	Fred O'Grady *
1956	Frank McGuire
1959	Charles Jacobson *
1960	Jack Cummins *
1961	Augustus Theobald *
1964	Ralph Field *
1964	George Knott *
1971	Radcliffe Grace *
1975	Elsie Jacobson *
1978	Mabel Robinson *
1983	Ray Smith
1987	Robert Gardiner
1987	Ronald Miller
1990	Thomas Daintry *
1990	Harold Summers
1998	Alan Johnson
2001	Mark Donahoo
2005	Tim Erickson

\* deceased

**PRESIDENTS**

1923-1925	Robert Croll *
1925-1928	William Dickenson *
1928-1929	Rexx Merrick / Frank Byrne *
1929-1931	Frank Byrne *
1931-1937	Edward Drayton *
1937-1941	Alfred Robinson *
1946-1976	Alfred Robinson *
1976-1983	Raymond Smith
1983 -	Harold Summers

**SECRETARIES**

1923-1924	Victor Dowling
1924-1925	Rex Merrick
1925-1926	Frank O'Rourke
1926-1927	Rex Merrick / Fred O'Grady
1927-1931	Alf Robinson
1931-1932	Alf Robinson / Rupert Blackley
1932-1936	Rupert Blackley
1936-1937	Rupert Blackley / Ian McDougall
1937-1940	Ian McDougall
1940-1941	Clem Marshall / Rupert Blackley
1941	Douglas Murrell
1946-1947	Ben Blakey
1947-1949	Alex Philpotts
1949-1950	Noel Bomford
1950-1952	Vic Sharp
1952-1971	Norm Goble
1971-1974	Alan Lucas
1974-1975	Bruce Thorne / Greg Ellis
1975-1976	Greg Ellis
1976-1984	Alan Minter
1984-1988	Doris Waters
1988-2000	Ron Miller
2000-	Tim Erickson

**TREASURERS**

1923-1926	Rex Merrick
1926-1928	Ern Fitzgerald
1928-1931	Jack Coffey
1931-1936	Rupert Blackley
1936-1937	Rupert Blackley / Ian McDougall
1937-1939	Ian McDougall
1939-1940	Ben Blakey
1940-1941	Clem Marshall / Rupert Blackley
1941	Douglas Murrell
1946-1947	Ben Blakey
1947-1949	Alex Philpotts
1949-1950	Noel Bomford
1950-1952	Vic Sharp
1952-1973	Norm Goble
1973-1982	Charles Jacobson
1982-1983	Elsie Jacobson
1983-1990	Ray Smith
1990-1994	Bob Gardiner
1994-1998	Tony Barrett
1998-1999	Brian Glover
1999-	Michael Bodey

I am saddened to advise that VRWC life member Ralph Field died on November 7<sup>th</sup> 2007 at The Avenue Hospital after suffering complications related to his 2003 hip replacement surgery. Ralph, born in 1913, was just short of his 94<sup>th</sup> birthday and had maintained good health up until the last few months.

Ralph was born in Leongatha, Victoria, and raised at Caulfield. His working life started with an apprenticeship as a hand compositor in the printing industry. He joined St Stephen's Harriers at the age of 20 and competed, initially, as a middle distance runner. It was only as a result of a fallen arch in one foot (from running ½ mile and 1 mile races) that he turned to walking and was immediately successful.

Starting in the C grade walk in Interclub competition, he progressed to the St Stephen's A grade team in 1935 – and then remained a member of their A grade team until 1962, a timespan of 27 years.



A Vic. Track race in the early 1950's – Ted Allsopp, George Knott, Ray Smith and Ralph Field hold the first 4 places

He was amongst the top Victorians in the late 1940's and 1950's and regularly mixed it with the top Australian walkers of that era. His best Australian championship result was in 1954 when he took bronze in the Australian 50 km championship (5:05:47) behind Les Hellyer and Jim Short. That same year, he took bronzes in the Victorian 10,000m (50:38) and the Victorian 10 Mile championship (1:23:57) and took silver in the Victorian 50 km (5:00:55) behind Les Hellyer, missing gold by the narrow margin of 55 seconds. Ralph's 49:40 performance for the 10k walk in 1953 is the longest-standing St Stephen's club record.

He also represented Victoria in various Australian championships of that era. The photo below shows the Victorian team for the Australian 10,000m Walk Championships which were held in Brisbane in 1955.



Ralph served as an official at the 1956 Melbourne Olympic Games and as a leading racewalking judge for many years. Older members will remember him judging at Melbourne University, Olympic Park and other venues.

He married Maisie Gillam in 1941. Their three sons, Gary, Bruce and Ross followed Ralph into the sport of amateur athletics. Bruce went on to represent Australia in the 1972 Olympic Games and in the 1974 Commonwealth Games, competing over 400m, 400m Hurdles and Long Jump.

Ralph took his family to major athletics competitions held at Olympic Park during the 1950s and 1960s, the golden era of Australian athletics. The Field family also attended virtually all VAWC events and functions during those decades.

Ralph was one of the many VAWC members who helped at the working bees involved in the construction of the Alf Robinson Clubrooms in the early 1960's. His normal task was working alongside Jim Gaylor cleaning bricks and, over many working bees, he gradually helped our clubrooms take shape.

For many years, Ralph and Maisie provided the annual race numbers for VAAA, thus providing valuable club funds for VAWC. This was a huge annual job that involved producing thousands of numbers. Initially other members helped but eventually it was left to Ralph to do it alone. In the early sixties he volunteered to help Alan Hancock in producing the 'Heel and Toe' magazine. Ralph provided the paper and printed the headings while Alan did the editorial work. Even now, the family connection continues as our VRWC racing numbers are supplied by Bruce who prints them as a sideline to his professional career as Associate Professor of Engineering at Monash University. Ralph's oldest son Gary also carried on the family tradition and worked in the printing industry.

Ralph started Melbourne's first printing forme-cutting service and his family actively participated in this highly regarded business. He received world wide recognition for his innovative telescope designs. He also designed and built the special machines and equipment needed to fabricate the optical elements of telescopes.

Ralph was awarded VAWC life membership in 1964 in recognition of his many services to the club. He was earned life memberships of St Stephen's Hawthorn Athletics Club and of Athletics Victoria.

He was VAWC club handicapper for some years and always knew exactly what time he would do. Such was his honest approach to walking that, even after he had retired as handicapper, he was not happy when someone got away with playing dead to get a win.

Personally, I well remember Ralph racing weekly at Albert Park in the sixties and seventies. He was a consummate club man, content to compete each week for fitness to keep his old mate Jim Short company at the back of the field. They started together, walked together and normally finished together. He continued to race until the early 1980's when hip problems forced his retirement.



**Ralph still competing in the late 1970's**

A hip replacement in the late 1980's gave him a new lease of life and he resumed his walking, competing in the older divisions in Masters competitions. After he wore out his first replacement hip, he had a second operation and then resumed racing! He capped his competitive career with the gold medal for the 85-89 age group 5000m walk in the 2002 World Masters Games, held in Melbourne.

Although we only saw Ralph at Albert Park for the occasional AGM in recent years, he still maintained a keen interest in the club and was kept in the loop by many of our older club members. He will be missed by his many mates in racewalking.

## SECRETARY'S REPORT

At a time when other branches of athletics are experiencing falling participation rates, our club has never been healthier. This year our membership hit an all time high of 179. Much of this increase is due to the work of the many coaches, both suburban and country, who bring new blood into our sport and who then point their aspiring walkers to our club. The following figures shows the trend over the last 7 years:

2001	120	2005	138
2002	126	2006	155
2003	146	2007	179
2004	145		

This year, our membership was split between 164 competitive members and 15 non-competitive members who were in various categories – general supporters, officials and life members. The genealogical breakdown (based on age as at 1 October 2006) shows an almost equal split between female and male members but the differences are obvious -we have more young girls than boys walking and we have more older men than women walking. Overall, it all balances out!

Age Group	Female	Male	Total
U10	17	8	25
U12	9	7	16
U14	19	4	23
U16	9	4	13
U18	4	3	7
U20	1	1	2
20+	6	5	11
30+	4	4	8
40+	7	11	18
50+	6	16	22
60+	6	16	22
70+	2	9	11
<b>TOTALS</b>	<b>90</b>	<b>89</b>	<b>179</b>

A number of these members are country based walkers who join us as a 'second claim' walking club and compete with us when they can. Luckily for us, not everyone races every week but, none the less, this year witnessed record weekly racing numbers, averaging around 70 and surged towards 100 on major championship days.

With the resultant increase in increase in membership subscriptions and racing fees, the club had more money to play with and we endeavoured to feed it all back into facilities and long term planning. Amongst the extra things we were able to do were the following

- the transfer of \$3000 to our Club Teams Fund
- the purchase of a new 6m x 3m shelter for race days
- purchase of a large digital clock for race days (partially funded by a Parks Victoria grant)

Apart from these big ticket items, other smaller matters were dealt with as required

- new shelving was erected in the Secretary's office
- new shelving was erected in the Bowling Club shed for our raceday equipment
- a new bike trailer was built to ease the burden associated with race day setup and pull down
- a well overdue refurbishment of our ageing DQ board was undertaken.

Bob Gardiner was the prime mover behind most if not all of these small ticket initiatives and his expertise and generous donation of time and tools is much appreciated by us all.

Nowadays our winter season is delayed due to the mid March scheduling of the Australian Motor Racing Grand Prix. This year we could not schedule our first races at Albert Park until Sunday 21 April and we expect the same in 2008. We have learnt to live with this intrusion into our yearly calendar and consequently the winter season remains slightly shorter than it used to be.

As usual, VRWC hosted a large number of championships throughout the year. These included

- Three of the four days of Athletics Victoria roadwalking championships
- The Athletics Victoria Schools Roadwalking championships
- The Victorian Masters Association Roadwalking championships

- Our own VRWC club championships.

We shall also host the Victorian and Australian 50 km roadwalking championships at Albert Park on Sunday 16 December 2007.

We donated all takings from one of our racedays to Brain Tumour Research fundraising. What with race fees, some donations from members and a top-up from the club, \$600 was forwarded to the Royal Melbourne Hospital Neuroscience Foundation. I would hope that we can do something similar next year.

VRWC sent teams to participate in both Racewalking Australia Carnivals this year. In June some 70 walkers travelled to Canberra for the Lake Burley Griffin Carnival and then a smaller team travelled to Adelaide in late July for the second Federation Carnival. The good performances of our walkers ensured that we won the Brennen Shield for the first time in many years. We also won the Racewalking Australia State Challenge in July (the fourth time in a row) to cement our place at the top racewalking club in Australia.

Our Masters walkers led by example and we are privileged to have more than our fair share of champions in the club. A number of new World and Australian Masters Records were set during the year by Brenda Riley, Heather Carr, Andrew Jamieson and Ralph Bennett and our Masters walkers continued their good form into the World Masters Championships in September in Riccione in Italy where they won a swag of medals. We are very proud to be able to announce that Andrew Jamieson has recently been recognised as the 2007 IAAF Male Masters Athlete of the Year. It is an award well deserved for this outstanding walker and club man.

We are also privileged to have as club members some of Australia's current top walkers, including Nathan Deakes, Duane Cousins, Jared Tallent, Chris Erickson, Tom Barnes and Kellie Wapshott. Nathan, Duane, Jared and Chris all represented Australia in the IAAF World Championships in Japan in August/September and we were just so excited to witness Nathan win his first ever World Championship gold medal. I am sure we all basked in the reflected glory! On top of that, Tom Barnes was selected to represent Australia in the World University Games in Bangkok in August and walked with distinction in his first international selection.

These elite club members are backed up by a large pool of talented youngsters who will hopefully provide the next generation of champions. Our challenge is to provide a nurturing environment in which they can continue to develop and hone their walking skills until they are ready to take over the mantle.

And, of course, there are the many club members who race for the love of the sport and to maintain their health and well being in a constructive and enjoyable way. All are vitally important to the club.

Communication continues to be well handled. This year, the Heel & Toe newsletter was published 48 times in 52 weeks, probably some sort of record! With Ray Smith and Stuart Cooper providing photographs and with a number of other people providing input, the newsletter was circulated to an ever growing distribution list of over 200 email addresses. Stuart Cooper also fed our results to the Press each week and it was great to see the Monday morning stats in the newspapers once again. On top of that, we have also recently upgraded our website to a paid subscription. This now gives us the capacity to grow the website and host even more information online.

It takes many people working together to run a successful club like ours. It is always difficult to single out particular people but I would like to mention

- Harry, Bob, Ron and Michael who shoulder much of the burden of race day coordination.
- Barb, Joyce and Kate who provide for us all in the canteen and kitchen
- Michael and Ron who take the race entries and look after all money matters
- Paul, Lou, Ian, Stuart, Harry, Mike, Bob, Mark, Simon, Lyndall, Don and the many helpers and parents who look after the timekeeping and recording
- Mark who does the handicapping and runs the coaching sessions
- Ray who mans the camera, shows the results after the race and forwards me photos for the newsletter
- Gordon, Peter, Lloyd, Fran, Elke and Michael who form the backbone of our judging panel and who are on deck nearly every week

My apologies to anyone I have missed. There are so many people who make our club tick.

Thank you one and all for making this year such a successful one. I look forward to returning next year and helping us become an even bigger and better club.

Tim Erickson  
Secretary, VRWC  
10 November 2007

## VRWC CLUB CHAMPIONSHIPS

Five separate VRWC club days were run during the year. These events covered a variety of distances and age groups and involved a number of perpetual trophies. There were 4 separate sets of Under 9 and Under 12 championships during the year and this ensured that our youngest club members were able to contest their own championships alongside the older walkers on Victorian championship days. Medallists are shown below.

### ALBERT PARK, 12 NOVEMBER 2006

<b>VRWC 20 KM OPEN MEN</b> <b>GUS THEOBOLD MEMORIAL</b> 1. MARK DONAHOO 108:23 2. STUART KOLLMORGEN 117:16	<b>VRWC 10 KM VETERAN WOMEN</b> <b>STELLA MURNANE MEMORIAL</b> 1. HEATHER CARR 57:23 2. BARBARA BRYANT 58:58 3. ANNETTE MAJOR 64:34
<b>VRWC 5 KM UNDER 20 MEN</b> 1. BRADLEY ELMS 31:57 2. JASON ELMS 35:24	<b>VRWC 5 KM UNDER 20 WOMEN</b> 1. TAMARA ATTARD 31:47
<b>VRWC 3K UNDER 15 BOYS</b> 1. TIM GIRGIN 17:04	<b>VRWC 3K UNDER 15 GIRLS</b> 1. BETH ALEXANDER 14:55 2. RACHEL TALLENT 16:53 3. TAYLAH WATT 16:54
<b>VRWC 1.5K UNDER 12 BOYS</b> 1. RYAN ANTIDORMI 77:30	<b>VRWC 1.5K UNDER 12 GIRLS</b> 1. AMELIA FINNEGAN 07:32 2. CAITLIN CAMPBELL 08:02 3. CARLY BERTRAND 08:44
<b>VRWC 1.5K UNDER 9 BOYS</b>	<b>VRWC 1.5K UNDER 9 GIRLS</b> 1. GEORGIA BERTRAND 12:44

### ALBERT PARK, 20 MAY 2007

<b>VRWC35KM OPEN MEN</b> <b>RAY SMITH TROPHY</b> 1. TOM BARNES 2:51:48 2. ANDREW JAMIESON 3:02:32	<b>VRWC 15 KM WOMEN</b> <b>ELSIE JACOBSON MEMORIAL</b> 1. MEGAN SZIROM 1:12:47 2. YOLANDA RUSSELL 1:22:12 3. HEATHER CARR 1:23:40
<b>15KM UNDER 20 MEN</b> 1. SHAUN BURGESS 1:23:00	<b>15KM UNDER 20 WOMEN</b> 1. LAUREN DRENNAN 1:27:19 2. CAITLIN BRUNTON 1:28:35 3. TAMARA ATTARD 1:30:53
<b>5KM UNDER 16 BOYS</b> 1. FILIP COSIC 28:39	<b>5KM UNDER 16 GIRLS</b> 1. REGAN LAMBLE 25:06 2. NATALIE LAURIE 25:25 3. RACHEL TALLENT 28:00
<b>3KM UNDER 14 BOYS</b> 1. ROBERT WALSH 15:55 2. BRADLEY SIMPSON 16:40 3. JACOB WRIGHT 16:58	<b>3KM UNDER 14 GIRLS</b> 1. BETH ALEXANDER 15:41 2. AYL A COLLINS 15:51 3. NICOLE HALLETT 16:03



<b>UNDER 12 1KM BOYS</b> 1. MATTHEW FELTON 05:03 2. MICHAEL GREEN 05:41 3. AARON GARDNER 05:43	<b>UNDER 12 1KM GIRLS</b> 1. SARAH BURREN 05:11 2. TALIE COLLINS 05:17 3. CARLY BERTRAND 05:19
<b>UNDER 9 1KM BOYS</b> 1. BILLY ALLAMBY 05:19 2. RYAN DOSSETOR 07:01 3. BEN GREEN 07:19	<b>UNDER 9 1KM GIRLS</b> 1. CINDY COLLINS 05:50 2. SOPHIA ANTIDORMI 06:05 3. GEORGIA BERTRAND 06:32

**ALBERT PARK, 1 JULY 2007**

<b>VRWC 1.5 KM U12 BOYS</b> 1. DANE HEIDEN (BGO) 07.59 2. ANDREW HOGAN 08.02 3. JEREMIAH JONES (BGO) 08.10	<b>VRWC 1.5 KM U12 GIRLS</b> 1. SARAH BURREN 08.19 2. CARLY BERTRAND 08.25 3. STEPHANIE GEORGE 08.33
<b>VRWC 1.5 KM U9 BOYS</b> 1. BILLY ALLAMBY 08.00 2. RYAN DOSSETOR 09.38 3. BRYCE BROCKENSHIRE 09.39	<b>VRWC 1.5 KM U9 GIRLS</b> 1. CINDY COLLINS 09.10 2. AMY VENTURA 09.55 3. EMILY MCDONOUGH 13.31

**ALBERT PARK, 21 JULY 2007**

	<b>VRWC 20 KM OPEN WOMEN MABEL ROBINSON TROPHY</b> 1. MEGAN SZIROM 48:16 2. YOLANDA RUSSELL 52:19 3. NATALIE LAURIE 52:50
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**ALBERT PARK, 12 AUGUST 2007**

<b>VRWC 2KM UNDER 12 BOYS</b> 1 FELTON, MATTHEW 10:44 2 JONES, JEREMIAH 11:04 3 GREEN, MICHAEL 11:58	<b>VRWC 2KM UNDER 12 GIRLS</b> 1 BURREN. SARAH 10:53 2 ALBERT, ASHLEY 11:20 3 GEORGE, STEPHANIE 11:47
<b>VRWC 2KM UNDER 9 BOYS</b> 1 ALLAMBY, BILLY 10:44 2 WALMSLEY, REESE 10:55 3 GREEN, BEN 14:14	<b>VRWC 2KM UNDER 9 GIRLS</b> 1 COLLINS, CINDY 12:17 2 ANTIDORMI, SOPHIA 12:55 2 VENTURA, AMY 12:56

## ATHLETICS VICTORIA CHAMPIONSHIPS

VRWC hosted 3 of the 4 A.V championship days during the winter season. Our officials and judges form an expert pool from which A.V. can draw and we provide a key service to A.V. in hosting these events.

The Open Championships saw starting fields in all events but our longer distance events continue to be poorly supported. Many of our men do not find the time to train for these longer distances and, like their National counterparts, these local events lack depth.

<b>A.V. 50 KM TO BE HELD 16/12/2007</b> Not yet contested		
<b>A.V. 30 KM OPEN MEN, 12/08/2007</b> 1 JAMIESON, Andrew SOC 2:41:23		
<b>A.V. 20KM OPEN MEN, 01/07/2007</b> 1. BARNES, Tom MUU 87.45 2. JAMIESON, Andrew OSC 95.57 3. DONAHOO, Mark ATE 103.16	<b>A.V. 20 KM OPEN WOMEN, 01/07/2007</b> 1. SZIROM, Megan RWD 96.55 2. RUSSELL, Yolanda GLG 112.33 3. BANNISTER, Lynette TAS 114.38	
<b>A.V. 15 KM OPEN MEN, 06/05/2007</b> 1. COUSINS, Duane EAG 66:30 2. BARNES, Tom MUU 68:22 3. BERTEI, Frank ANW 71:31	<b>A.V. 15KM OPEN WOMEN, 06/05/2007</b> 1. SZIROM, Megan RWD 72:46 2. RUSSELL, Yolanda GLG 84:05 3. CARR, Heather EAG 85:05	
<b>A.V. 10,000M OPEN MEN, 25/08/2007</b> <b>C.H. "BERT" GARDINER MEDAL</b> 1. Daniel Coleman TAS 46:35 2. Rhydian Cowley GHY 50:09 (1 <sup>st</sup> V) 3. Stuart Kollmorgen COL 50:43 (2 <sup>nd</sup> V) 4. Simon Evans BOH 51:07 (3 <sup>rd</sup> V)	<b>A.V. 10,000M OPEN WOMEN, 25/08/2007</b> 1. ROTHWELL, Jess SBE 51:18 2. LAMBLE, Regan ANW 54:14 3. CARR, Heather EAG 55:57	

The Victorian underage roadwalking championships were also keenly contested. The numbers were large, especially in the younger age groups, an indication of the healthy nature of our athletic discipline.

<b>A.V. 20 KM U20 MEN, 12/08/2007</b> 1 BRYANT, Kyle EAG 1:42:33		
<b>A.V. 10 KM U20 MEN, 01/07/2007</b> 1. MIRARCHI, Nicholas COR 52.02 2. BURGESS, Shaun CHI 55.26	<b>A.V. 10 KM U20 WOMEN, 12/08/2007</b> 1 BRUNTON, Caitlin COR 58:55	
<b>A.V. 8 KM U18 MEN, 12/08/2007</b> 1 PAYNE, Daniel COR 39:34 2 MIRARCHI, Nicholas COR 40:07	<b>A.V. 8 KM U18 WOMEN, 12/08/2007</b> 1 LAMBLE, Regan ABW 40:25 2 LAURIE, Natalie ANW 44:20 3 ATTARD, Tamara KNA 44:47	
<b>A.V. 5 KM U16 BOYS, 12/08/2007</b> 1 SIMPSON, Brad KNA 27:16 2 WALSH, Robert ANW 27:39 3 COSIC, Filip COB 28:12	<b>A.V. 5 KM U16 GIRLS, 12/08/2007</b> 1 TALLENT, Rachel BYC 26:45 2 COLLINS, Ayla MAL 27:35 3 BRAZEL, Hilary ANW 28:18	
<b>A.V. 3 KM U14 BOYS, 12/08/2007</b> 1 ANTIDORMI, Ryan ANW 15:53 2 WRIGHT, Jacob ANW 15:56 3 ALLAMBY, Billy KNA 15:59	<b>A.V. 3 KM U14 GIRLS, 12/08/2007</b> 1 BURREN, Amy MAL 15:20 2 FINNEGAN, Amelia KNA 15:38 3 HALLETT, Nicole ANW 15:47	

The Victorian All Schools roadwalks were held on 1<sup>st</sup> July 2007 and attracted good fields in nearly all age groups.

<b>AV SCHOOLS 10KM U20 MEN, 01/07/2007</b> 1. COWLEY , Rhydian      Melbourne H.S      50.05 2. MIRARCHI, Nicholas      St Josephs      52.02	<b>AV SCHOOLS 10KM U20 WOMEN, 01/07/2007</b> 1. BRUNTON, Caitlin      Kardinia Int.      55.43
<b>AV SCHOOLS 5KM U18 MEN, 01/07/2007</b> 1. PAYNE, Daniel      Kardinia Inter.      23.59 2. LYON, Matt      Caulfield Gramm.      33.19 3. ELMS, Jason      Lalor North      34.26	<b>AV SCHOOLS 5KM U18 GIRLS, 01/07/2007</b> 1. LAMBLE, Regan      Strathcona. B.G.G.      24.50 2. LAURIE, Natalie      Kingswood. Coll.      25.05 3. ATTARD, Tamara      Aquinas Coll.      27.15
<b>AV SCHOOLS 3KM U16 BOYS, 01/07/2007</b> 1. SIMPSON, Bradley      Yarra Valley Gram      15.35 2. WALSH, Robert      Mt Waverley S.C.      15.58 3. GREEN, Michael      Mary McKillop      17.30	<b>AV SCHOOLS 3KM U16 GIRLS, 01/07/2007</b> 1. TALLENT, Rachel      Ballarat. H. S.      15.05 2. COLLINS, Ayla      St Johns College      15.45 3. DYER, Chelsea      Strathcona B.G.G      15.52
<b>AV SCHOOLS 3KM U14 BOYS, 01/07/2007</b> 1. FELTON, Matthew      Aquinas College      15.50 2. WRIGHT, Jacob      Emmaus College      16.35 3. ALLAMBY, Billy      Karoo P.S.      16.50	<b>AV SCHOOLS 3KM U14 GIRLS, 01/07/2007</b> 1. BURREN, Amy      Killester College      15.26 2. WHILEY, Ebony      St Josephs P.S.      15.44 3. FINNEGAN, Amelia      Mater Christie      15.52

## ATHLETICS AUSTRALIA CHAMPIONSHIPS AND TRIALS

The Australian Under 20 10 km roadwalk for men was held in Canberra in June and I am pleased to report that numbers were up on recent years and that 3 of our Victorian junior walkers finished well up

### AUSTRALIAN U20 MEN 10KM, 10 JUNE 2007

1	Reading, Brendon	ACT	46:06
2	Coleman, Daniel	TAS	46:47
3	Bryant, Kyle	VIC	47:57
5	Payne, Daniel	VIC	52:52
6	Mirarchi, Nicholas	VIC	53:22

The main Athletics Australia winter championships were held in Perth on Sunday 2 September 2007. A small team of 17 Victorian Walkers took part, producing three gold medallists, one silver and one bronze. The Under 14 girls also won the team's event on the smooth but undulating course.

<b>Men 30k Race Walk Open</b> 1. Darren Bown SA 2:22:18.00	<b>Women 10k Race Walk Open</b> 1. Megan Szirom VIC 47:31.00 2. Fiona Alldis NSW 50:03.32 3. Cheryl Webb NSW 51:36.33 12. Justijana Roseman VIC 61:42.63
<b>Men 20k Race Walk Under 20</b> 1. Ian Rayson NSW 1:34:35.00 2. Anson Perin NSW 2:14:20.00	<b>Women 10k Race Walk Under 20</b> 1. Fiona Alldis NSW 50:03.32 2. Katrina Grgurovic WA 53:42.33 3. Cassandra Staples NSW 54:14.13
<b>Men 8k Race Walk Under 18</b> 1. Rhydian Cowley VIC 37:56.00 2. Brook Keys NSW 38:11.00 3. Kyle Malone NSW 38:25.00 5. Daniel Payne VIC 39:53.00	<b>Women 8k Race Walk Under 18</b> 1. Melissa Hayes NSW 39:47.00 2. Natalie Laurie VIC 42:54.00 3. Samantha Tesch QLD 43:52.00
<b>Men 5k Race Walk Under 16</b> 1. Sean Fitzsimmons WA 23:31.58 2. Jordan Mulhearn NSW 25:18.29 3. Christopher Ninyett WA 27:36.68	<b>Women 5k Race Walk Under 16</b> 1. Paige Hooper SA 25:23.81 2. Kate Fitzsimmons WA 26:33.08 3. Kristie Goznic SA 27:23.36 5. Ayla Collins VIC 28:07.39 8. Emily Payne VIC 29:35.00 14. Ashley Albert VIC 33:47.00
<b>Men 3k Race Walk Under 14</b> 1. Samuel Dib WA 14:37.99 2. Nathan Fazldad NSW 15:21.55 3. Steven Washburn NSW 15:41.87 6. Peter Curtis VIC 17:20.50 9. Michael Green VIC 18:33.52	<b>Women 3k Race Walk Under 14</b> 1. Amy Burren VIC 14:27.88 1 2. Amy Bettiol NSW 14:33.04 2 3. Ebony Whiley VIC 15:17.51 3 7. Cassandra Raselli VIC 15:44.09 7 8. Amelia Finnegan VIC 15:46.73 9. Caitlin Campbell VIC 16:01.84 10. Nicole Hallett VIC 16:14.14 Rebecca Campbell VIC 18:55.27  Teams:1. VIC 14:27.88 15:17.51 15:44.09

The final Australian championship for the year, the Athletics Australia 50 km Championship, will be held at Albert Park on Sunday 16 December. A large contingent of Victorian walkers will take part and we wish them all the best in what is a very significant race in the lead up to the 2008 Olympic Games and the 2008 Racewalking World Cup.

## 41<sup>st</sup> AFRWC WALKING CHAMPS, WESTON PARK, CANBERRA, 10 JUNE 2007

A record 310 entries ensured that the 41<sup>st</sup> annual Racewalking Australia carnival was a great success. And as an added bonus, Canberra turned on mild sunny weather – ideal conditions for racing. VRWC and NSWRC had the biggest racing contingents but there was plenty of talent on show from the other participating clubs as well and to top it all off, we had 3 visiting Kiwis to lend an international flavour to the meet.

<p><b>OPEN 20 MILES</b></p> <p>1 Tallent, Jared                    2:15:43 (Race Record)</p> <p>2 Erickson, Chris                    2:24:18</p> <p>4 Barnes, Tom                        2:33:17</p> <p>8 Jamieson, Andrew V                2:42:27</p> <p>9 Szirom, Megan (f)                 2:53:01</p> <p>11 Knox, Duncan V                  3:21:09</p>	<p><b>OPEN WOMEN 10 MILES</b></p> <p>6 Russell, Yolanda                    1:30:32</p> <p>7 Lambie, Regan                     1:30:51</p> <p>16 Roseman, Justijana               1:51:21</p>
<p><b>ACTA MEN 30K CHAMPIONSHIP</b></p> <p>1 Tallent, Jared                    2:06:27</p> <p>2 Erickson, Chris                    2:13:52</p> <p>6 Jamieson, Andrew V               2:31:31</p>	
<p><b>OPEN MEN 10 MILES</b></p> <p>5 Baker, Simon V                    1:34:23</p>	<p><b>FITNESS 10 MILES</b></p> <p>1 Wood, Robin                        1:47:36</p> <p>2 Onley, Gordon                     1:49:22</p>
<p><b>BOYS U10 1,000 METRES</b></p> <p>1 Allamby, Billy                     5:22</p> <p>5 McNicol-Davidson, Cody           5:53</p> <p>6 Walmsley, Reese                  5:54</p> <p>8. Green, Ben                        6:19</p>	<p><b>GIRLS U10 1,000 METRES</b></p> <p>3 Brunton, Ali                        5:47</p> <p>7 Campbell, Rebecca                6:03</p> <p>12 Bertrand, Georgia                6:41</p>
<p><b>BOYS U12 2,000METRES</b></p> <p>2 Allamby, Billy                     11:09</p> <p>3 Walmsley, Reese                  12:42</p> <p>4 McNicol-Davidson, Cody           13:50</p>	<p><b>GIRLS U12 2,000 METRES</b></p> <p>10 Bertrand, Carly                    11:52</p> <p>15 Attard, Bianca                    12:44</p> <p>17 McNicol-Davidson, Chloe        12:46</p> <p>19 Jones, Madison                  13:38</p> <p>21 Ohlsen, Shae                     13:59</p> <p>22 Brunton, Ali                        14:18</p>
<p><b>BOYS U14 2,000 METRES</b></p> <p>3 Felton, Matthew                  10:07</p> <p>6 Wright, Jacob                     10:53</p> <p>7 Brunton, Chris                    11:08</p> <p>10 Green, Michael                  11:34</p>	<p><b>GIRLS U14 2,000 METRES</b></p> <p>2 Raselli, Cassandra                9:56</p> <p>6 Campbell, Caitlin                 10:19</p> <p>9 Tallent, Ebony                    10:27</p> <p>12 Hallett, Nicole                    10:49</p> <p>13 Brunton, Erin                     10:57</p> <p>22 Bertrand, Carly                  12:57</p> <p>25 Lacey, Shannen                 14:57</p> <p>26 Jones, Staci                     16:15</p> <p>    Brazel, Hilary                    DQ</p>
<p><b>BOYS U16 3,000 METRES</b></p> <p>3 Mirarchi, Nicholas                15:06</p> <p>7 Simpson, Bradley                 15:57</p> <p>8 Walsh, Robert                    16:05</p>	<p><b>GIRLS U16 3,000 METRES</b></p> <p>2 Tallent, Rachel                    15:06</p> <p>3 Laurie, Natalie                    15:19</p> <p>9 Payne, Emily                     16:40</p> <p>10 Brunton, Erin                     16:51</p> <p>12 Brazel, Hilary                    16:53</p> <p>13 Watt, Taylah                     16:55</p> <p>15 Callaway, Amy                    17:04</p> <p>19 Davis, Danielle                  17:39</p> <p>24 Graham, Madeleine               18:35</p> <p>25 Felton, Jacinta                  18:41</p>

<b>BOYS U18 5,000 METRES</b>		<b>GIRLS U18 5,000 METRES</b>	
2 Payne, Daniel	24:02	3 Brunton, Caitlin	26:13
		4 Attard, Tamara	26:36
		7 Campbell, Caitlin	28:24
		9 Hallett, Nicole	30:09
		13 Boddy, Lana	35:12
<b>MENS U20 10,000 METRES</b>		<b>WOMENS 5,000 METRES</b>	
7 Payne, Daniel	52:52	1 Wapshott, Kellie	22:59
8 Mirarchi, Nicholas	53:22	10 Laurie, Natalie	26:40
Burgess, Shaun	DQ	11 Boddy, Tyne	26:54
		15 Brunton, Caitlin	28:56

Individually VRWC won 5 golds, 5 silvers and 6 bronzes and, in the teams categories, we won 2 golds, 9 silvers and 2 bronzes. This is perhaps our best depth performance ever at Canberra.

<b>Gold:</b>	Jared Tallent	20 Mile Men	1 <sup>st</sup>	2:15:43
	Megan Szirom	20 Mile Women	1 <sup>st</sup>	2:53:01
	Simon Baker	10 Mile Vet Men	1 <sup>st</sup>	1:34:23
	Billy Allamby	1 km U10 Boys	1 <sup>st</sup>	5:22
	Kellie Wapshott	5 km Open Women	1 <sup>st</sup>	22:59
<b>Silvers:</b>	Chris Erickson	20 Mile Men	2 <sup>nd</sup>	2:24:18
	Billy Allamby	2 km U12 Boys	2 <sup>nd</sup>	11:09
	Cassie Raselli	2 km U14 Girls	2 <sup>nd</sup>	9:56
	Rachel Tallent	3 km U16 Girls	2 <sup>nd</sup>	15:06
	Daniel Payne	5 km U18 Men	2 <sup>nd</sup>	24:02
<b>Bronzes:</b>	Ali Brunton	1 km U10 Girls	3 <sup>rd</sup>	5:47
	Reese Walmsley	2 km U12 Boys	3 <sup>rd</sup>	12:42
	Matthew Felton	2 km U14 Boys	3 <sup>rd</sup>	10:07
	Nicholas Mirarchi	3 km U16 Boys	3 <sup>rd</sup>	15:06
	Natalie Laurie	3 km U16 Girls	3 <sup>rd</sup>	15:19
	Caitlin Brunton	5 km U18 Women	3 <sup>rd</sup>	26:13
<b>Teams:</b>	20 Mile Open	1 <sup>st</sup>	Jared Tallent, Chris Erickson, Tom Barnes	
	1 km U10 Boys	1 <sup>st</sup>	Billy Allamby, Cody McNicol-Davidson, Reese Walmsley	
	2 km U12 Boys	1 <sup>st</sup>	Billy Allamby, Reese Walmsley, Cody McNicol-Davidson	
	20 Mile Open	2 <sup>nd</sup>	Andrew Jamieson, Megan Szirom, Duncan Knox	
	10 Miles Women	2 <sup>nd</sup>	Yolanda Russell, Regan Lamble, Justijana Roseman	
	1 km U10 Girls	2 <sup>nd</sup>	Ali Brunton, Rebecca Campbell, Georgia Bertrand	
	2 km U14 Boys	2 <sup>nd</sup>	Matthew Felton, Jacob Wright, Chris Brunton	
	2 km U14 Girls	2 <sup>nd</sup>	Cassie Raselli, Caitlin Campbell, Ebony Tallent	
	3 km U16 Boys	2 <sup>nd</sup>	Nicholas Mirarchi, Bradley Simpson, Robert Walsh	
	3 km U16 Girls	2 <sup>nd</sup>	Rachel Tallent, Natalie Laurie, Emily Payne	
	5 km U18 Women	2 <sup>nd</sup>	Caitlin Brunton, Tamara Attard, Caitlin Campbell	
	2 km U12 Girls	3 <sup>rd</sup>	Carly Bertrand, Bianca Attard, Chloe McNicol-Davidson	
	5 km Open Women	3 <sup>rd</sup>	Kellie Wapshott, Natalie Laurie, Tyne Boddy	

### RWA WALKING CARNIVAL, ADELAIDE, SUNDAY 29 JULY 2007

A small group of VRWC walkers travelled to Adelaide for this year's second Racewalking Australia carnival. It was held at the Warradale Army Base, south of the city, and conditions were perfect for good racing. Our aim was to accumulate sufficient points to wrest the Brennen Shield from perennial holders NSWRC and that we did just that in fine style, our first win in a long time. Medallists were

<b>Gold</b>	Megan Szirom	Open Women 10 km
	Cody McNicol-Davidson	U10 Boys 1 km
	Cassie Raselli	U14 Girls 2 km
<b>Silver</b>	Ben Green	U10 Boys 1 km
	Chloe McNicol-Davidson	U12 Girls 2 km
	Michael Green	U14 Boys 2 km
	Rachel Tallent	U16 Girls 3 km
	Natalie Laurie	U18 Girls 5 km

Bronze	Bianca Attard	U12 Girls 2 km
	Cody McNicol-Davidson	U14 Boys 2 km
	Bianca Attard	U14 Girls 2 km
	Tamara Attard	U18 Girls 5 km

On top of that, we won two Teams events - the U14 Girls (Cassie Raselli, Bianca Attard and Chloe McNicol-Davidson) and the U18 Girls (Natalie Laurie, Tamara Attard and Rachel Tallent). VRWC results were as follows

<b>Mixed 10k Walk, SAMA INVIT.</b> 7. Wood, Robin 67:00 Tallent, Jared DNF	<b>Women 10k Open Walk</b> 1. Szirom, Megan 47:14
<b>Boys 1k Under 10 Walk</b> 1. McNicol_Davidson, Cody 6:05 2. Green, Ben 6:06	<b>Girls 2k Under 12 Walk</b> 2. McNicol_Davidson, Chloe 13:07 3. Attard, Bianca 13:21
<b>Boys 2k Under 14 Walk</b> 2. Green, Michael 12:04 3. McNicol_Davidson, Cody 14:38 Felton, Matthew DQ	<b>Girls 2k Under 14 Walk</b> 1. Rasselli, Cassandra 10:45 3. Attard, Bianca 13:51 4. McNicol_Davidson, Chloe 13:52
	<b>Girls 3k Under 16 Walk</b> 2. Tallent, Rachael 16:06
	<b>Women 5k Under 18 Walk</b> 2. Laurie, Natalie 25:35 3. Attard, Tamara 28:37 5. Tallent, Rachael 29:25

## INTERNATIONAL REPRESENTATIONS AND RECORDS

### TELSTRA AUSTRALIAN MEN'S 50KM ROAD WALKING CHAMPIONSHIP, SUNDAY 2 DEC 2006

If you weren't here in Geelong last December, you missed something of truly awesome significance. **Nathan Deakes** broke the 50 km roadwalk world record by 16 seconds, finishing with 3.35.47.

Nathan strode to the lead from the start and his first four 10 km splits were around 43:30, 42:30, 42:00 and 42:30. He went through 20 km in 86:00, through 30 km around 2:08:00 and through 40 km around 2:50:30. At that stage, he was heading towards 3:33:00! Absolutely extraordinary! Overcome by tears, he fell to the ground after crossing the finish line, his wife Annette and parents rushing in to congratulate the new world record holder.

### 24<sup>th</sup> SUMMER UNIVERSIADE GAMES, BANGKOK, 8-18 AUGUST 2007

VRWC member **Tom Barnes** earned his first international vest in the 2007 World University Games. He walked excellently for his 13<sup>th</sup> place in the 20 km event, coming 17<sup>th</sup> in 1:33:26 in hothouse conditions.

### 17<sup>th</sup> WORLD MASTERS CHAMPIONSHIPS, RICCIONE, ITALY, 4-15 SEPTEMBER 2007

Our VRWC masters competed with distinction in Riccione in Italy at the 2007 World Masters championships. **Andrew Jamieson, Heather Carr and Ralph Bennett** led the way from the front with their medals.

W55	5000m Trackwalk	2	Heather Carr	28:07.40
M60	5000m Trackwalk	1	Andrew Jamieson	24:34.95
M65	5000m Trackwalk	1	Ralph Bennett	26:50.80
M60	10 km Roadwalk	1	Andrew Jamieson	51:48
M65	10 km Roadwalk	1	Ralph Bennett	55:56

W55	20 km Roadwalk	2	Heather Carr	2:01:33
M60	20 km Roadwalk	1	Andrew Jamieson	1:43:50
M65	20 km Roadwalk	2	Ralph Bennett	1:54:57

### IAAF WORLD CHAMPIONSHIPS, OSAKA 25 AUGUST – 2 SEPTEMBER 2007

Four of our VRWC members were selected to compete for Australia at the highest level of international competition – the IAAF World Championships. Results were mixed with Nathan winning gold while Jared and Duane were both disqualified. But just to make such a team is a great personal achievement and we congratulate our 4 internationals for their wonderful leadership and example.

<b>Nathan Deakes</b>	1 <sup>st</sup>	IAAF 50 km World Championship	3:43:53
<b>Chris Erickson</b>	24 <sup>th</sup>	IAAF 50 km World Championship	4:13:00
<b>Duane Cousins</b>	DQ	IAAF 50 km World Championship	
<b>Jared Tallent</b>	DQ	IAAF 20 km World Championship	

### 2007 IAAF MALE MASTERS ATHLETE OF THE YEAR

In yet another major achievement for a VRWC club member, it was announced in October 2007 that **Andrew Jamieson** has been awarded the 2007 IAAF Male Masters Athlete of the Year. This was not surprising given that he has set 9 World and one Australian M65 masters records this year and that he won 3 gold medals in this year's World Masters championships. For completeness, his record breaking spree was as follows

02/12/2006	Geelong	Australian 50 km Championship	4:27:40	M60 Australian record
16/12/2006	Box Hill	Premier League 5000m	22:52.0	M60 World Record
17/12/2006	Albert Park	VRWC 10 km	47:06	M60 World Record
10/02/2007	Olympic Park	Premier League 3000m	13:34.57	M60 World Record
01/03/2007	Olympic Park	Victorian 5000m	22:38.6	M60 World Record
31/03/2007	Olympic Park	Premier League 3000m	13:24.07	M60 World Record
20/05/2007	Albert Park	VRWC 35 km (30 km split)	2:30:57	M60 World Record
01/07/2007	Albert Park	Victorian 20 km	1:35:55	M60 World Record
14/07/2007	Albert Park	VRWC 10 km	46:46	M60 World Record
21/07/2007	Albert Park	VRWC 10 km	46:22	M60 World Record

### OTHER MASTERS RECORD BREAKERS

Andrew was one of a number of VRWC members who set new Masters records during the past year. The extended list reads as follows

16/12/2006	<b>Brenda Riley</b>	Albert Park	VRWC 20 km	1:57:39	W65 World Record
17/03/2007	<b>Heather Carr</b>	Glenhuntly	VMA 3000m	15:12	W55 World Record
14/07/2007	<b>Heather Carr</b>	Albert Park	VRWC 10 km	53:55	W55 World Record
21/07/2007	<b>Heather Carr</b>	Albert Park	VRWC 10 km	53:41	W55 World Record
21/07/2007	<b>Ralph Bennett</b>	Albert Park	VRWC 10 km	54:06	M65 Australian Record
18/08/2007	<b>Ralph Bennett</b>	Albert Park	VRWC 10 km	51:56	M65 Australian Record



## 2007 WINTER SEASON AWARD WINNERS

### 2007 ATHLETICS VICTORIA TROPHY WINNERS

NORM GOBLE TROPHY: Most points earned in Mens AV Championships:	TBA
BETTY NEWMAN TROPHY: Womens Walking Team Champions:	Eaglehawk
AVIS REDMAN TROPHY: Under 16 Most Improved Girl:	Ayla Collins
TOM DAINTRY TROPHY: Best Under 14 First Year Walker:	Amy Burren

### 2007 VRWC TROPHY WINNERS

#### FASTEST TIMES POINTS & HANDICAP POINTS COMPETITIONS

Open Women	Fastest Times Points :	Yolanda Russell
Open Women	Handicap Points :	Maryanne Harrison
Open Men	Fastest Times Points :	Adam Patterson
Open Men	Handicap Points :	Lindsay Harrison
Under 20 Women	Fastest Times Points :	Regan Lamble
Under 20 Women	Handicap Points :	Tamara Attard
Under 20 Men	Fastest Times Points :	Jason Elms
Under 20 Men	Handicap Points :	Jason Elms
Under 15 Girls	Fastest Times Points :	Amelia Finnegan
Under 15 Girls	Handicap Points :	Anika Peachet
Under 15 Boys	Fastest Times Points :	Jacob Wright
Under 15 Boys	Handicap Points :	Jacob Wright
Under 12 Girls	Fastest Times Points :	Caitlin Campbell
Under 12 Girls	Handicap Points :	Bianca Attard
Under 12 Boys	Fastest Times Points :	Matthew Felton
Under 12 Boys	Handicap Points :	Michael Green
Under 9 Girls	Fastest Times Points :	Georgia Bertrand
Under 9 Girls	Handicap Points :	Amy Ventura
Under 9 Boys	Fastest Times Points :	Reese Walmsley
Under 9 Boys	Handicap Points :	Ben Green
Masters Women	Fastest Times Points :	Heather Carr
Masters Women	Handicap Points :	Kiersten Coulter
Masters Men	Fastest Times Points :	Ralph Bennett
Masters Men	Handicap Points :	Robin Wood

### 2007 VRWC JACK LARKIN TROPHY

#### HIGHEST POINT SCORING COUNTRY ATHLETES

Men:	Nicholas Mirarchi
Women:	Heather Carr

### 2007 VRWC MERRIFIELD AWARDS

#### COMBINED FASTEST TIMES AND HANDICAP POINTS

Masters Men:	Ralph Bennett
Masters Women:	Kiersten Coulter
Open Men:	Adam Patterson
Open Women:	Maryanne Harrison
Under 20 Men:	Jason Elms
Under 20 Women:	Natalie Laurie
Under 15 Men:	Jacob Wright
Under 15 Women:	Amelia Finnegan

### 2007 STYLE AWARDS

Male	Russ Dickenson	44.5	Tom Barnes	35	Ralph Bennett	31.5
Female	Natalie Laurie	32	Megan Szirom	28	Amelia Finnegan	22.5

### 2007 CLUB TEAM FUND PRESENTATIONS

Canberra	Open 20 Miles	1 <sup>st</sup>	Jared Tallent, Chris Erickson, Tom Barnes
	Open Women 10M	2 <sup>nd</sup>	Yolanda Russell, Regan Lamble, Justijana Roseman
	U10 Boys 1 km	1 <sup>st</sup>	Billy Allamby, Cody McNicol-Davidson, Reese Walmsley
	U10 Girls 1 km	2 <sup>nd</sup>	Ali Brunton, Rebecca Campbell, Georgia Bertrand
	U12 Boys 2 km	1 <sup>st</sup>	Billy Allamby, Reese Walmsley, Cody McNicol-Davidson
	U12 Girls 2 km	3 <sup>rd</sup>	Carly Bertrand, Bianca Attard, Chloe McNicol-Davidson
	U14 Boys 2 km	2 <sup>nd</sup>	Matthew Felton, Jacob Wright, Chris Brunton
	U14 Girls 2 km	2 <sup>nd</sup>	Cassie Raselli, Caitlin Campbell, Ebony Tallent
	U16 Boys 3 km	2 <sup>nd</sup>	Nicholas Mirarchi, Bradley Simpson, Robert Walsh
	U16 Girls 3 km	2 <sup>nd</sup>	Rachel Tallent, Natalie Laurie, Emily Payne

	U18 Girls 5 km	2 <sup>nd</sup>	Caitlin Brunton, Tamara Attard, Caitlin Campbell
	Open Women 5 km	3 <sup>rd</sup>	Kellie Wapshott, Natalie Laurie, Tyne Boddy
	Team Managers		Tim Erickson, Daryl Biggin
Adelaide	U14 Girls	1 <sup>st</sup>	Cassie Raselli, Bianca Attard, Chloe McNicol-Davidson
	U18 Girls	1 <sup>st</sup>	Natalie Laurie, Tamara Attard, Rachel Tallent
	Team Manager		Tim Erickson

<b>Handicap Points - Women</b>			<b>Fastest Time Points – Women</b>		
Kiersten Coulter	Masters	69.0	Heather Carr	Masters	53.0
Donna Elms	Masters	64.5	Pam Tindal	Masters	34.0
Liz Feldman	Masters	48.5	Kiersten Coulter	Masters	30.0
Maryanne Harrison	Open	50.0	Yolanda Russell	Open	23.0
Gayle McIntyre	Open	47.5	Megan Szirom	Open	20.0
Harlene Hercules	Open	28.0	Maryanne Harrison	Open	17.0
			Gayle McIntyre	Open	17.0
Tamara Attard	U20	36.0	Regan Lamble	U20	30.0
Natalie Laurie	U20	33.5	Natalie Laurie	U20	25.0
Regan Lamble	U20	23.0	Tamara Attard	U20	22.0
Anika Peachey	U15	50.5	Amelia Finnegan	U15	47.0
Amelia Finnegan	U15	48.0	Hilary Brazel	U15	32.0
Ayla Collins	U15	43.0	Nicole Hallett	U15	31.0
Bianca Attard	U12	53.0	Caitlin Campbell	U12	23.0
Beth Barbour	U12	53.0	Beth Barbour	U12	22.0
Stacey McLaren	U12	46.0	Chloe McNicol-Davidson	U12	22.0
Amy Ventura	U9	54.0	Georgia Bertrand	U9	30.0
Charlee Harrison	U9	51.0	Sophia Antidormi	U9	27.0
Georgia Bertrand	U9	47.5	Amy Ventura	U9	26.5
<b>Handicap Points - Men</b>			<b>Fastest Time Points – Men</b>		
Robin Wood	Masters	53.0	Ralph Bennett	Masters	32.0
Ralph Bennett	Masters	51.0	Russ Dickenson	Masters	32.0
Barrie Wicks	Masters	51.0	Mark Donahoo	Masters	31.0
Lindsay Harrison	Open	32.0	Adam Patterson	Open	18.0
Adam Patterson	Open	28.0	Lindsay Harrison	Open	13.0
Aaron McDonough	Open	24.0	Tom Barnes	Open	10.0
			Stuart Kollmorgan	Open	10.0
Jason Elms	U20	50.5	Jason Elms	U20	28.0
Nicholas Mirarchi	U20	39.0	Nicholas Mirarchi	U20	26.0
Rhydian Cowley	U20	25.0	Rhydian Cowley	U20	22.0
Jacob Wright	U15	58.0	Jacob Wright	U15	32.0
Damien Elms	U15	40.0	Robert Walsh	U15	28.0
Robert Walsh	U15	38.0	Filip Cosic	U15	24.0
Michael Green	U12	49.0	Matthew Felton	U12	35.0
Lucas Taylor	U12	46.0	Michael Green	U12	35.0
Aaron Gardner	U12	40.0	Lucas Taylor	U12	27.0
Ben Green	U9	58.0	Reese Walmsley	U9	36.0
Reese Walmsley	U9	44.0	Ben Green	U9	33.0
Cody McNicol-Davidson	U9	34.0	Cody McNicol-Davidson	U9	24.0

## TREASURER'S REPORT 01/10/2006 – 30/09/2007

Welcome to my eighth and final report as Treasurer of the VRWC Inc.

It has been an outstanding year for the club. On the revenue side, subscriptions have shown a modest increase. Race Fees have shown astronomical growth. At an average of \$5 a fee, the \$1610 increase over last year means an extra 322 competitors more than last year, with this year's total being approximately 1400. If this trend remains the same or increases, I envisage that the club will not experience any financial problems in the immediate future.

Other revenues included a refund on a faulty stop clock (\$770.00) and a grant from Parks Victoria of \$3000 toward a new stop clock. Hopefully this will serve the club for years to come.

The Canteen made a profit of \$1325, more than double last year. It is a brilliant result considering the season was a bit shorter than previous. The result is due to the great work of the ladies in the Canteen. The healthy bank balance in the Canteen Account means that the club is able to buy much needed equipment like stop clocks etc. Very little food is thrown out or wasted. The buying policies in the canteen are excellent.

As far as the expenses go, some expenses balance out against corresponding revenue items. The club is very fortunate in that many of the administration items-gas, telephone, Audit fee, stationery, photocopier supplies, and our rental and affiliations have remained the same over the years.

I wish to thank all those who have helped me in some way over my term of eight years as Treasurer. Having served the club in this capacity has been one of the greatest privileges of my life. I wish my successor all the best in the coming year.

Michael Bodey

## VICTORIAN RACE WALKING CLUB INC. TREASURER'S REPORT 01/10/2006-30/09/2007

### BALANCE OF TERM DEPOSITS AS AT 30/09/2007

Merrifield Award	reinvested for 12 months at 6.05%	maturing 22/06/2008	\$ 13,766.74
Club Teams Fund	reinvested for 12 months at 6.05%	maturing 22/06/2008	\$ 28,154.37
Number 1 Account	reinvested for 12 months at 6.3%	maturing 09/08/2008	<u>\$ 66,058.77</u>

### TOTAL

\$107,979.88

### BANK BALANCES AS PER BANK RECONCILIATION AS AT 30/09/2007

General Account	\$ 4,842.14
Canteen Account	<u>\$ 2,933.31</u>

### TOTAL

\$ 7,775.45

### BOND WITH PARKS VICTORIA

\$ 600.00

Michael Bodey  
TREASURER 15/11/2007

Lily Moran CPA  
AUDITOR 15/11/2007

**VICTORIAN RACE WALKING CLUB INC.**  
**TREASURER'S REPORT 01/10/2006-30/09/2007**

**STATEMENT OF INCOME & EXPENDITURE FOR THE YEAR ENDING 30/09/2007**

<b>12 months 30/09/2006</b>	<b>Revenue</b>	<b>12 months 30/09/2007</b>	<b>12 months 30/09/2006</b>	<b>Expenditure</b>	<b>12 months 30/09/2007</b>
3,530.00	Subscriptions	3,820.00		Subs-Part Refund	7.50
20.00	Prepaid Subs		367.79	Catering	132.50
815.00	Luncheon	620.00	831.82	Luncheon	626.50
890.00	Uniforms	1,142.00	1,156.60	Uniforms	1,749.79
	Refund-Track hire	110.00	220.00	Track Hire	180.00
32.00	Club Teams Fund	23.00	32.00	Club Teams Fund	23.00
1,960.10	Canteen	2,765.00	1,328.16	Canteen	1,639.84
136.95	Equipment-Refund	770.00	2,013.35	Equipment	1,864.25
	Equipment-Grant	3,000.00		Stop Clock	4,438.80
1,070.00	Club History	40.00	1,914.60	Club History	
389.00	Raffle		377.00	Raffle	
1,051.00	Canberra Entries	2,137.00	1,046.00	Canberra Entries	2,122.00
	Adelaide Entries	260.00		Canberra Refunds	15.00
24.88	Interest-Gen Acc	30.60		Adelaide Entries	250.00
20.41	Interest-Canteen	18.37		Bank Charges	15.00
629.65	Interest-Merrifield	604.39	328.00	Merrifield Award	400.00
1,251.87	Interest-CTF	1,104.08	667.00	Club Teams Fund	720.00
2,203.87	Interest-No 1 Acc	3,002.52			
5,370.00	Race Fees	6,980.00		Race Fees Shared	37.50
	Brain Foundation	531.00		Brain Foundation	600.00
160.00	Donations	253.00	114.50	Audit Fees	100.00
275.00	Merchandise-Vests	120.00	335.82	Telstra	286.14
101.00	Merchandise-Beanies	32.00	209.75	AGL-Gas	336.45
0.50	Badge		3764.72	Trophies/Medals	1,228.24
2,065.00	RWA Entries		427.45	Postage	423.90
			291.95	Stationery	136.55
			440.03	Photocopier	337.00
			50.00	Gifts	149.50
			100.00	Tom Barnes	200.00
			49.60	First Aid	24.00
			160.00	Consumer Affairs	37.60
			3,300.00	Parks Victoria-Rental	366.30
			168.00	Athletics Victoria	200.00
			2,302.09	Rental-MPBC	3,300.00
				Affiliation-AFORWC	185.00
				Profit/Surplus	5,230.60
<u>\$21,996.23</u>		<u>\$27,362.96</u>	<u>\$21,996.23</u>		<u>\$27,362.96</u>

Michael Bodey  
TREASURER 15/11/2007

Lily Moran CPA  
AUDITOR 15/11/2007

**VICTORIAN RACE WALKING CLUB INC.**  
**TREASURER'S REPORT 01/10/2006-30/09/2007**

**STATEMENT OF INCOME & EXPENDITURE FOR THE YEAR ENDING 30/09/2007**

REVENUE		EXPENSES		
Subscriptions		\$3,820.00	AUDIT	\$100.00
Race Fees		\$6,980.00	Telstra	\$286.14
Donations		\$253.00	AGL-Gas	\$336.45
Brain Foundation		\$531.00	Trophies/Engraving	\$1,228.24
Luncheon		\$620.00	Postage	\$423.90
Uniforms		\$1,142.00	Stationery	\$136.55
Merchandise			Uniform	\$1,749.79
Vests	120		Affiliation	
Beanies	<u>32</u>	\$152.00	AV	200
Club History		\$40.00	AFORWC	185
Refund-Track Hire		\$110.00	MPBC	3300
Canberra Federation		\$2,137.00	Parks Vic	366.3
Adelaide Federation		\$260.00	Track hire	180
Merrifield Award		\$400.00	Cons Affairs	<u>37.6</u>
Club Teams Fund		\$725.00	Luncheon	\$4,268.90
Equipment Grant		\$3,000.00	Photocopier	\$626.50
TOTAL		<u>\$20,170.00</u>	Equipment	\$337.00
Bank Interest		\$30.60	Federation Canberra	\$3,000.00
			Federation Adelaide	\$451.60
			Club Teams Fund	2137
			Merrifield	7.5
			Tom Barnes	200
			CTF-Chloe	23
			Transfer to Term Deposit	<u>3000</u>
			Brain Tumor Appeal	\$4,343.00
			Race Entries	\$600.00
			Catering	\$37.50
			Gifts	\$132.50
			Help	\$149.00
				<u>\$0.50</u>
				<u>\$20,602.07</u>
			Bank Fees	\$5.00