

VICTORIAN RACE WALKING CLUB



ANNUAL REPORT

2011

VRWC COMMITTEE FOR 2010/2011

OFFICERS

President	Harry Summers
Senior Vice President	Mark Donahoo
Junior Vice President	Bob Gardiner
Treasurer	Ralph Bennett
Secretary	Tim Erickson

GENERAL COMMITTEE

Club Captain – Women	Marlaine Stanway
Club Captain – Men	Russ Dickenson
Junior Club Captain	Natalie Laurie
Publicity Officer	Stuart Cooper
Raceday Registrar	Ron Miller
Race Secretary	Tim Erickson
Handicapper	Mark Donahoo
Delegate to Athletics Victoria	Peter Vysma
Judging Coordinator	Peter Vysma
Social Secretary	-
Uniforms Officer	Heather Carr
Club Coach	Mark Donahoo
Racewalking Australia Liason Officer	Mark Donahoo
Club Records Officer	Terry Swan
Maintenance Sub Committee	Bob Gardiner, Peter Vysma, Tim Erickson
Ordinary Members on Committee	Paul Kozaris, Tony Doran
Auditor	Timothy Matthews

LIFE MEMBERS		PRESIDENTS	
1928 Frank O'Rourke *	1971 Radcliffe Grace *	1923-1925 Robert Croll *	
1933 Alfred Robinson *	1975 Elsie Jacobson *	1925-1928 William Dickenson *	
1933 Frank Byrne *	1978 Mabel Robinson *	1928-1929 Rexx Merrick / Frank Byrne *	
1933 William Billsborrow *	1983 Ray Smith *	1929-1931 Frank Byrne *	
1936 James McDonald *	1987 Robert Gardiner	1931-1937 Edward Drayton *	
1938 Rupert Blackley *	1987 Ronald Miller	1937-1941 Alfred Robinson *	
1946 Edward Drayton *	1990 Thomas Daintry *		
1948 Herbert Gardiner *	1990 Harold Summers	1946-1976 Alfred Robinson *	
1948 Jack Larkin *	1998 Alan Johnson	1976-1983 Raymond Smith	
1955 James Gaylor *	2001 Mark Donahoo	1983 - Harold Summers	
1955 Norman Goble *	2005 Tim Erickson		
1955 Fred O'Grady *	2007 Peter Vysma		
1956 Frank McGuire	2008 Marlaine Stanway		
1959 Charles Jacobson *	2008 Barbara Gardiner **		
1960 Jack Cummins *	2008 Joyce Summers **		
1961 Augustus Theobald *	2009 Lloyd Nichols		
1964 Ralph Field *	2010 Kate Suich **		
1964 George Knott *			
* deceased			
** honorary life members			

SECRETARIES		TREASURERS	
1923-1924	Victor Dowling	1923-1926	Rex Merrick
1924-1925	Rex Merrick	1926-1928	Ern Fitzgerald
1925-1926	Frank O'Rourke	1928-1931	Jack Coffey
1926-1927	Rex Merrick / Fred O'Grady	1931-1936	Rupert Blackley
1927-1931	Alf Robinson	1936-1937	Rupert Blackley / Ian McDougall
1931-1932	Alf Robinson / Rupert Blackley	1937-1939	Ian McDougall
1932-1936	Rupert Blackley	1939-1940	Ben Blakey
1936-1937	Rupert Blackley / Ian McDougall	1940-1941	Clem Marshall / Rupert Blackley
1937-1940	Ian McDougall	1941	Douglas Murrell
1940-1941	Clem Marshall / Rupert Blackley		
1941	Douglas Murrell	1946-1947	Ben Blakey
		1947-1949	Alex Philpotts
1946-1947	Ben Blakey	1949-1950	Noel Bomford
1947-1949	Alex Philpotts	1950-1952	Vic Sharp
1949-1950	Noel Bomford	1952-1973	Norm Goble
1950-1952	Vic Sharp	1973-1982	Charles Jacobson
1952-1971	Norm Goble	1982-1983	Elsie Jacobson
1971-1974	Alan Lucas	1983-1990	Ray Smith
1974-1975	Bruce Thorne / Greg Ellis	1990-1994	Bob Gardiner
1975-1976	Greg Ellis	1994-1998	Tony Barrett
1976-1984	Alan Minter	1998-1999	Brian Glover
1984-1988	Doris Waters	1999-2007	Michael Bodey
1988-2000	Ron Miller	2008 -	Ralph Bennett
2000-	Tim Erickson		

PRESIDENT'S REPORT

During the late 1940s and early 1950s the VRWC had an enthusiastic and active committee with members including Alf Robinson, Norm Goble, Bert Gardiner, Frank McGuire, etc. They planned the future of the Walkers club. It was proposed to build a club house at Albert Park, a formidable task at the time. With enthusiasm, determination and hard work, they built the club rooms at the northern end of the lake, the labour provided by the members. The club raced either around the lake or on the Park Rd service road.

Enter the Australian Motor Grand Prix and we were asked to vacate our rooms which were demolished to accommodate the race track. Surviving buildings on the lake precinct were told that they had to have tenants to share their buildings. Our committee decided to accept the offer of the Middle Park Bowling Club to share their greenkeeper's house (as under the new rules, no one was to live in the precinct).

We now have the best club rooms, facilities and courses in Australia and as good as any walking club has in the world. As a result the club has prospered and, with the support of our competitors, parents, and officials, we are becoming stronger each year.

We have completed another successful season with the drive and leadership of Tim Erickson backed by an enthusiastic committee.

My thanks to Tim and the committee and I look forward to the continued growth and success of our club.

Harry Summers
President, VRWC

1st November 2011

SECRETARY'S REPORT

2010/2011 was another bumper year for the club in every possible way.

From a membership perspective, we dropped slightly from 209 to 202 but this was less of a drop than expected. One of our initiatives during the year was to setup a new combined entity called Racewalking Victoria (RWV) to enable all the Victorian based walking clubs to compete together in the Racewalking Australia carnivals. This did have a downside for us in that it meant that fewer of the country based walkers would choose to join us as second claim walkers and we had expected our membership to drop by as many as 20 members. I am pleased to report that the dropoff in country membership was just about offset by a corresponding increase in metropolitan based memberships so our total membership figure was relatively unchanged.

The following figures shows the membership trend over the last 10 years:

2001	120		2004	145		2007	179	2010	209
2002	126		2005	138		2008	187	2011	202
2003	146		2006	155		2009	210		

There is of course considerable churn in our membership – this year 50 members chose not to come back while 43 new members joined us. Although we do try to make our club as attractive as possible to our members, this sort of turnover is a fact of life in any sporting club.

We acknowledge the hard work of the many coaches and club administrators who bring new blood into our sport and who then point their aspiring walkers to our club. This is a very big factor in our large membership. In this regard, I must also acknowledge our close liason with the Victorian Little Athletics Assn via LAVic Development Officer Shane Bertrand.

We averaged 74 walkers per week over the 20 weeks of the winter season, with a high of 96. This was slightly down on our average of 81 last year but is still very pleasing. After a few teething problems early in the season, our many officials handled the large numbers efficiently and racedays were on time and ran smoothly.

With the continuing strong income from large membership subscriptions and steady racing fees, the club was able to feed back over \$7500 to its members. This included

- \$400 financial grant to Amy Burren for her World Youth Championships trip
- \$560 distributed to members via the Club Teams Fund
- \$480 distributed to members via the Merrifield Award
- \$2852 spent on trophies and prizes (5 prize days were held during the winter season with prize pools in the vicinity of \$250 and the annual presentation day was held at the end of the winter season)
- \$3200 in honoraria which were spread between the Secretary, Treasurer, Handicapper, Equipment Officer and Judging Coordinator.

Money was also spent on various ways to improve our infrastructure

- New club racing numbers
- New hand trolley for digital clock and PA system
- New signage for clubrooms
- New TV
- Refurbishment of equipment shed sliding doors
- New vacuum cleaner
- New stocks of VRWC club uniforms
- A complete new stock of RWV uniforms (around \$4500)

Neil Ryan, the proprietor of Runners World Kew, continued with his generous sponsorship of our summer and winter seasons, with major 2010/2011 awards as follows

- | | | |
|--------------------------|-----------------|---|
| • Summer – Top Male | Nathan Brill | \$500 cash and \$500 Runners World gift voucher |
| • Summer – Top Female | Heather Carr | \$500 cash and \$500 Runners World gift voucher |
| • Winter - Open Men: | Andrew Jamieson | \$500 cash and \$500 Runners World gift voucher |
| • Winter - Open Women: | Heather Carr | \$500 cash and \$500 Runners World gift voucher |
| • Winter - Junior Men: | Nathan Brill | \$500 Runners World gift voucher |
| • Winter - Junior Women: | Amelia Finnegan | \$500 Runners World gift voucher. |

Once again, our winter season was delayed due to the March scheduling of the Australian Motor Racing Grand Prix and our first races could not be scheduled until Saturday 30 April. In 2012 we do not expect to start racing at our Middle Park headquarters until the same time or later. We have learnt to live with this intrusion into our yearly calendar but the winter and summer seasons both remain shorter than they used to be and this does have an impact on our finances and on the overall enjoyment of our walkers.

As usual, VRWC hosted a large number of championships at Albert Park. These included

- All 6 days of the 2011 Athletics Victoria roadwalking championships (May-August 2011)
- The 2011 Athletics Victoria Schools roadwalking championships (June 2011)
- The 2011 Victorian Masters Association roadwalking championships (May and June 2011)
- The 2011 Australian Masters Association 20km roadwalking championships (June 2011)
- Our own VRWC club championships (four sets in all)

We also hosted the Victorian Masters 5000m track championships in March 2011 and helped Athletics Australia run the Australian 50 km roadwalk championship in December 2010 at Fawkner Park, providing equipment and manpower on both occasions.

This year, we charged Athletics Victoria a nominal fee for running the various AV winter championships. While in past years, we have provided our services and facilities for free, it is now a user-pay world and we need to ensure that the club benefits from the work of its many volunteers.

We donated all takings from the RWA Interstate Challenge race day (23 July 2011) to Brain Tumour Research. What with race fees and donations and a top-up from the club, \$500 was forwarded to the International Brain Tumour Alliance.

During the winter, we trialed a new 'Pit Lane' judging concept as requested by the IAAF. We were probably the only walking club in Australia with the numbers and infrastructure to be able to do this so we put up our hands to help.

VRWC participated in both major Racewalking Australia Carnivals this year as part of the new RWV combined team. In June, over 80 walkers travelled to Canberra for the Lake Burley Griffin Carnival, with many of the walkers participating in more than one event to help the club in the teams competitions. Overall, RWV was the dominant club, winning 10 individual golds and 7 team golds. We then backed up with a team of over 40 walkers for the Second Federation event in Canberra which was held with the Australian roadwalk championships and we continued our dominance there, winning 7 individual golds and 5 team golds. To top it off, we won the RWA State Challenge even after the weighting calculations were brought into play. So we continue to maintain our position as the top walking State in Australia.

Communication continues to be one of our strongest assets. This year, the Heel & Toe newsletter was published 52 times to a distribution list of over 350 email addresses. Terry Swan ably wielded the camera as our official club photographer, adding large numbers of photos weekly to our online gallery. Frances Attard continued with her role as our official club video coordinator, producing numerous race excellent videos which were then uploaded to YouTube for general consumption. Matt Owen also added his own high quality race videos to YouTube to complement Frances' ones. Stuart Cooper fed our weekly results to the Press and ran our our Facebook page for internal club communication. Finally club member David Armstrong continued with his role as athsvicTV producer with a further selection of high quality videos that captured the atmosphere at our big championship days. What a team!

This year, we implemented Club Records with Terry Swan joining the Committee and taking on the inaugural role of Records Officer. We have seen a steady stream of new records as our walkers have risen to the challenge.

All this activity ensures that Victoria remains the State of choice for racewalkers and major championships and it gives our Victorian walkers maximum opportunity to achieve their sporting goals.

The club boasted a whole swag of Australian Champions during the last 12 months

- Australian Schools T&F Championships, Melbourne, 4 December 2011
Rachel Tallent U18 5000m 25:15.12
Jemima Montag U14 3000m 14:59.56
- Australian Summer 20km Roadwalk Championships, Hobart, 19 February 2011
Jared Tallent 20km 1:20:19
- Australian U14-U18 T&F Championships, Brisbane, 12 March 2011
Rachel Tallent U20 10,000m 49:37.27

Nathan Brill	U16 3000m	12:39.98
Billy Allamby	U15 3000m	14:39.82
Jemima Montag	U14 3000m	14:45.16

- Australian Roadwalk Championships, Canberra, Sunday 21 August 2011

Chris Erickson	Open Men 20 km	1:29:01
Kirstin Shaw	U23 Women 20km	2:09:47
Nathan Brill	U16 Boys 5km	0:22:06
Jemima Montag	U14 Girls 3km	0:16:17

Our Masters walkers led by example with records galore during the year. The main record setter had to be Heather Carr who continued rewriting the W60 World Records over all distances. Not to be outdone, Andrew Jamieson announced his arrival in the M65 division with his own multiple World Record performances. Add to that Pam Tindal with W50 Victorian Records and it was a big year for our Masters.

This year saw international representations by Jared Tallent (3rd in the IAAF World Championship 50km), Regan Lamble (15th in the IAAF World Championship 20km) and Amy Burren (IAAF World Youth Championships).

We are privileged to have as club members many of Australia's current international representative walkers including Jared Tallent, Nathan Deakes, Chris Erickson, Rhydian Cowley, Jess Rothwell, Regan Lamble, Beth Alexander, Rachel Tallent and Amy Burren.

These elite club members are backed up by a large pool of talented youngsters who will hopefully provide the next generation of champions. Our challenge is to provide a nurturing environment in which they can continue to develop and hone their walking skills until they are ready to take over the mantle.

And, of course, there are the many club members who race for the love of the sport and to maintain their health and well being in a constructive and enjoyable way. All are vitally important to the club.

It takes many people working together to run a successful club like ours. It is always difficult to single out particular people but I would like to mention

- Harry, Bob and Mark who shoulder much of the burden of race day coordination with me
- Peter who fulfils the role as VRWC Chief Judge and is on deck every week to coordinate and oversee this vitally important task.
- Barb, Joyce, Kate and Wendy who provide for us all in the canteen and kitchen
- Paul, Ian, Natalie, Stuart, Harry, Bob, Don, Matt, Mark, Michael, Craig, Susan and the many helpers and parents who look after the timekeeping and recording and equipment setup and pulldown each week
- Mark who runs the handicapping and points competitions and runs our coaching sessions
- Terry and Frances who man the cameras each week
- Damien, Jason and Justin who ride the bikes on racedays and generally help out in many and varied ways
- Peter, Gordon, Lloyd, Terry, Stuart, Michael, Judy, Brenda, Shane, Kathleen, Brian and Frances who form the backbone of our judging panel with many of them on deck nearly every week

My apologies to anyone I have missed. There are so many people who make our club tick.

Finally, thank you to our VRWC Committee who are all quiet achievers. We meet monthly to review and plan and guide the club forward. All the initiatives you take for granted are the results of Committee review and deliberation and planning.

I would also like to acknowledge the Middle Park Bowling Club and Parks Victoria. MPBC are very supportive landlords, their facilities are top of the range and they give us a headquarters which is the envy of other clubs. Parks Victoria allow us to use the service roads around Middle Park for our races and, like the Bowling Club, the Albert Park rangers are uniformly supportive and value us as park users.

Thank you one and all for making this year such a successful one. I look forward to returning next financial year and helping us become an even bigger and better club.

Tim Erickson

Tim Erickson
Secretary, VRWC
10th November 2011

VRWC CLUB CHAMPIONSHIPS

Five separate VRWC club championship days were run during the year. These events covered a variety of distances and age groups and involved a number of perpetual trophies. There were four separate sets of Under 9 and Under 12 championships during the year and this ensured that our youngest club members were able to contest their own championships alongside the older walkers on Victorian championship days. Medallists are shown below.

ALBERT PARK, 14 NOVEMBER 2010

VRWC 20 km Open Men - Gus Theobald Mem. 1. Cowley, Rhydian 1:36:23	VRWC 10 km Vet. Women – Heather Carr Trophy 1. Carr, Heather 56:32
VRWC 5 km Under 20 Men 1. Clark, Lewis 24:01 2. Simpson, Bradley 24:16 3. Dillon, Josh 25:09	VRWC 5 km Under 20 Women 1. Lambie, Regan 23:11 2. Alexander, Beth 25:32 3. Hockley-Samon, Jmara 27:13
VRWC 3k Under 15 Boys 1. Brill, Nathan 13:23	VRWC 3k Under 15 Girls 1. George, Stephanie 15:34 2. Burren, Sarah 16:40 3. McLaren, Stacey 21:03
VRWC 1.5k Under 12 Boys 1. Swan, Kyle 07:29 2. Hockley-Samon, Harry 07:32 3. Burren, James 08:10	VRWC 1.5k Under 12 Girls 1. Mathews, Jayah 08:18 2. George, Hayley 08:55 3. Miller, Tegan 10:03
VRWC 1.5k Under 9 Boys 1. Hockley-Samon, Tom 12:12	VRWC 1.5k Under 9 Girls 1. O'Mahony, Kathleen 09:01

ALBERT PARK, 25 JUNE 2011

	VRWC 15 km Open Women Elsie Jacobson Memorial Trophy 1. Kelly Ruddick 1:13:05 2. Pam Tindal 1:22:26 3. Heather Carr 1:25:30
15km Under 20 Men No starters	15km Under 20 Women 1. Kirstin Shaw 1:27:15 2. Bianca Attard 1:33:22
5km Under 16 Boys 1. Jared Walker 25:06 2. Aaron Tam 26:07 3. Connor McShanag 26:20	5km Under 16 Girls 1. Stephanie George 25:49 2. Jmara Hockley Samon 27:45 3. Lauren Stadius 27:48
3km Under 14 Boys 1. Cooper Owen 15:55 2. Paul Tremigliozi 19:13 3. Cody McNicol-Davidson 21:00	3km Under 14 Girls 1. Emily Hamilton 16:21 2. Megan Walker 16:49 3. Lauren Collis 17:01
Under 12 2 km Boys 1. Kyle Swan 10:20 2. Jonty Brennan 11:08 3. Hugh Collis 11:41	Under 12 2 km Girls 1. Shelby Kay 10:39 2. Paige De Lisen 10:49 3. Hayley George 11:09
Under 9 1 km Boys 1. Caine Brill 05:55 2. Bede Collis 08:33	Under 9 1 km Girls 1. Brianna Lillie 05:42 2. Mercedes Brennan 05:45 3. Kathleen O'Mahony 05:49

ALBERT PARK, 10 JULY 2011

VRWC 20 km Open Men - Alf Robinson Trophy 1. Chris Erickson 1:25:06 2. Aaron McDonough 1:51:25	
VRWC 2.5 km Under 12 Boys 1. Kyle Swan 13:17 2. Jonty Brennan 14:59 3. Hayden Walmsley 15:13	VRWC 2.5 km Under 12 Girls 1. Shelby Kay 13:51 2. Hayley George 14:18 3. Mikhala Hodges 14:23
VRWC 1.5 km Under 9 Boys 1. Caine Brill 09:14 2. Bede Collis 12:16	VRWC 1.5 km Under 9 Girls 1. Brianna Lillie 08:49 2. Kathleen O'Mahony 08:59 3. Payton Kay 09:28

ALBERT PARK, 7 AUGUST 2011

	VRWC 10 km Open Women Mabel Robinson Trophy 1. Kelly Ruddick 46:53 2. Pam Tindal 53:00 3. Michelle Laufer 54:35
VRWC 3 km Under 12 Boys 1. Kyle Swan 16:24 2. Jonty Brennan 17:03 3. Hayden Walmsley 18:20	VRWC 3 km Under 12 Girls 1. Shelby Kay 16:33 2. Hayley George 16:53 3. Mikhala Hodges 17:09
VRWC 2 km Under 9 Boys 1. Caine Brill 12:04	VRWC 2 km Under 9 Girls 1. Brianna Lillie 11:35 2. Kathleen O'Mahony 11:39 3. Mercedes Brennan 15:19

ALBERT PARK, 11 SEPTEMBER 2011

VRWC 35 km Open Men Ray Smith Trophy 1. Chris Erickson 2:37:36 2. Andrew Jamieson 3:17:52 3. Michelle Thompson 3:38:48	
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ATHLETICS VICTORIA CHAMPIONSHIPS

VRWC hosted all five A.V. championship days during the winter season. Our officials and judges form an expert pool on which A.V. can rely and we provide a key service to that organization in hosting these events.

The Open Championships saw starting fields in all events but our longer distance events continue to be a challenge to which few of our walkers seem to aspire. This is something that continues to vex the VRWC Committee and we continually work on new strategies to redress this issue.

A.V. 50 KM OPEN MEN, 11/09/2011 1. Evans, Simon BXH 5:38:06	
A.V. 30 KM OPEN MEN, 07/08/2011 1. Simon Evans BXH 2:54:59	
A.V. 20 KM OPEN MEN, 10/07/2011 1. Chris Erickson ATE 1:25:06 2. Aaron McDonough PTN 1:51:25	A.V. 20 KM OPEN WOMEN, 10/07/2011 1. Kelly Ruddick BHA 1:40:54 2. Kirstin Shaw WES 2:03:42
A.V. 15 KM OPEN MEN, 25/06/2011 1. Andrew Jamieson OSC 1:16:51 2. Frank Bertie ANW 1:18:50 3. Simon Evans BXH 1:26:38	A.V. 15 KM OPEN WOMEN, 25/06/2011 1. Kelly Ruddick 1:13:05 2. Heather Carr EAG 1:25:30 3. Kirstin Shaw WES 1:27:15
A.V. 10 KM OPEN MEN, 14/05/2011 1. Frank Bertie ANW 0:51:02 2. Aaron McDonough PTN 0:52:01 3. Simon Evans BXH 0:55:51	A.V. 10KM OPEN WOMEN, 14/05/2011 1. Kelly Ruddick BHA 0:47:34 2. Cassandra Rasselli SCA 0:55:09 3. Heather Carr EAG 0:55:20
A.V. 5 KM TEAMS EVENT MEN, 20/04/2011 1 BOH 19 N Brill, S Evans, B Dyer 2 SCA 15 J Kaiser, R Dickenson, L Taylor 3 COL 12 S Kollmorgen, A Garganis, Gardiner	A.V. 5KM TEAMS EVENT WOMEN, 30/04/2011 1 KNA 12 T Attard, L Stadius, B Attard 2 BGO 10 H Carr, E Whiley, A Major

The Victorian Underage roadwalking championships were also keenly contested. The numbers were large, especially in the younger age groups, an indication of the healthy nature of our athletic discipline.

A.V. 10 KM U20 MEN, 07/08/2011 1. Lucas Taylor SCA 55:31	A.V. 10 KM U20 WOMEN, 07/08/2011 1. Beth Alexander KNA 50:07 2. Hilary Brazel NSW 59:24
A.V. 10 KM U18 MEN, 07/08/2011 1. Jared Walker COR 55:03 2. Aaron Tam KNA 55:03 3. Cody McNicol-Davidson SCA 72:44	A.V. 5 KM U18 WOMEN, 07/08/2011 1. Amelia Finnegan KNA 25:40 2. Jmara Hockley-Samon CHI 26:40 3. Caitlin Campbell ATE 31:50
A.V. 5 KM U16 BOYS, 07/08/2011 1. Nathan Brill BXH 22:26 2. Billy Allamby KNX 25:49 3. Connor McShanag ATE 32:03	A.V. 5 KM U16 GIRLS, 07/08/2011 1. Stephanie George SCA 25:49 2. Zoe Boldiston SBE 26:40 3. Jade Sanders CCA 26:51
A.V. 3 KM U14 BOYS, 07/08/2011 1. Kyle Swan KNA 15:22 2. Cooper Owen DIV 16:05 3. Reese Walmsley KNA 17:24	A.V. 3 KM U14 GIRLS, 07/08/2011 1. Jemima Montag MAC 14:17 2. Emily Hamilton KNA 16:24 3. Lauren Collis DIV 16:57

The Victorian All Schools roadwalks were held on 20th July 2011, with good fields in nearly all age groups.

AV SCHOOLS 10KM U20 MEN, 20/07/2011 1. Brad Simpson 54:03 2. Lucas Taylor 55:54	AV SCHOOLS 10KM U20 WOMEN, 20/07/2011 1. Bianca Attard 1:03:14
AV SCHOOLS 5KM U18 MEN, 20/07/2011 1. Jared Walker 25:10 2. Aaron Tam 27:41	AV SCHOOLS 5KM U18 GIRLS, 20/07/2011 1. Amelia Finnegan 25:39 2. Jmara Hockley-Samon 27:56 3. Ebony Whiley 29:08
AV SCHOOLS 3KM U16 BOYS, 20/07/2011 1. Nathan Brill 12:56 2. Billy Allamby 15:33 3. Connor McShanag 16:28	AV SCHOOLS 3KM U16 GIRLS, 20/07/2011 1. Zoe Boldiston 14:56 2. Stephanie George 15:12 3. Jade Sanders 16:23
AV SCHOOLS 3KM U14 BOYS, 20/07/2011 1. Kyle Swan 15:09 2. Cooper Owen 16:03 3. Reese Walmsley 16:10	AV SCHOOLS 3KM U14 GIRLS, 20/07/2011 1. Shelby Kay 16:45 2. Emily Hamilton 17:07 3. Lauren Collis 17:48

45th AFRWC WALKING CHAMPS, WESTON PARK, CANBERRA, 12 JUNE 2011

The 45th annual Lake Burley Griffin walking carnival lived up to its reputation as Australia's best of class as we were treated to some fantastic quality walking by nearly 300 competitors in events ranging from Under 10 1km to Open 20 Miles. With over 80 RWV walkers competing in a variety of events, we won 26 individual medals and had 17 different teams winning medals. The RWV honour list read as follows:

Gold	Open Men 20 Mile	Jared Tallent	2:18:59
	Masters Men 20 Mile	Stuart Kollmorgen	2:53:07
	Open Women 10 Mile	Regan Lamble	1:14:26
	Masters Women 10 Mile	Heather Carr	1:34:42
	Masters Men 10 Mile	Scott Nelson	1:21:28
	U12 Boys 2km Harry	Hockley-Samon	10:05
	U14 Girls 2km Jemima	Montag	9:27
	U16 Boys 3km Nathan	Brill	13:03
	U16 Girls 3km	Jmara Hockley-Samon	15:02
	U20 Girls 5km	Regan Lamble	22:39
Silver	Open Men 20 Mile	Nathan Deakes	2:21:50
	Open Women 20 Mile	Michelle Thompson	3:29:14
	U10 Girls 1km	Mikhala Hodges	5:12
	U14 Boys 2km	Billy Allamby	9:45
	U20 Girls 5km	Rachel Tallent	23:31
	Open Women 5km	Regan Lamble	22:39
Bronze	Open Women 10 Mile	Rachel Tallent	1:24:01
	Masters Women 10 Mile	Donna-Marie Elms	1:52:41
	Open Men 10 Mile	Scott Nelson	1:21:28
	Masters Men 10 Mile	Andrew Jamieson	1:21:54
	U10 Girls 1km	Jemma Peart	5:19
	U16 Girls 3km	Stephanie George	15:19
	U18 Boys 5km	Nathan Brill	22:22
	U18 Girls 5km	Amelia Finnegan	26:14
	Open Women 5km	Rachel Tallent	23:31
Team Gold	Open 20 Mile	Jared Tallent, Nathan Deakes, Chris Erickson	
	U12 Girls 1km	Mikhala Hodges, Jemma Peart, Brianna Lillie	
	U14 Boys 2km	Billy Allamby, Kyle Swan, Harry Hockley-Samon	
	U14 Girls 2km	Jemima Montag, Emily Hamilton, Shelby Kay	
	U16 Boys 3km	Nathan Brill, Connor McShanag, Lucas Taylor	
	U16 Girls 3km	Jmara Hockley-Samon, Stephanie George, Bianca Attard	
	Open Women 5km	Regan Lamble, Rachel Tallent, Jmara Hockley-Samon	
Team Silver	Open Men 10 Mile	Scott Nelson, Andrew Jamieson, Christopher Lockwood	
	U10 Girls 1km	Amy Canavan, Kathleen O'Mahoney, Lee Taylor	
	U12 Boys 2km	Harry Hockley-Samon, Jonty Brennan, Justin Brill	
	U12 Girls 2km	Anaya Hodges, Brodie Richardson, Mikhala Hodges	
	U18 Boys 5km	Nathan Brill, Josh Dillon, Aaron Tam	
	U18 Girls 5km	Amelia Finnegan, Cassie Raselli, Jemima Montag	
Team Bronze	Open Men 10 Mile	Aaron McDonough, Daryl Biggin, Maurice Prendergast	
	U12 Boys 2km	Reese Walmsley, Ross Darlow, Ethan Wright	
	U18 Girls 5km	Emily Hamilton, Caitlin Campbell, Rebecca Campbell	
	Open Women 5km	Stephanie George, Cassie Raselli, Shelby Kay	

I must mention the many Victorians who competed in 2 events:

Billy Allamby, Jonty Brennan, Mercedes Brennan, Nathan Brill, Donna Elms, Amelia Finnegan, Stephanie George, Emily Hamilton, Harry and Jmara Hockley-Samon, Anaya Hodges, Shelby Kay, Regan Lamble, Brianna Lillie, Chloe and Cody McNicol-Davidson, Stacey McLaren, Connor McShanag, Jemima Montag, Kathleen and Brendon O'Mahony, Cassie Raselli, Brodie Richardson, Kyle Swan, Rachel Tallent, Lee and Lucas Taylor, Anna Wallace, Hayden and Reese Walmsley, Ethan Wright, Amy Canavan, Ross Darlow and Jemma Peart

And a special mention to Mikhala Hodges who raced in an amazing 3 events, coming 2nd in the U10 1km, 10th in the U12 2km and 16th in the U14 2km.

RWA STATE CHALLENGE, SATURDAY 23 JULY 2011

Our annual Racewalking Australia Interstate Challenge day went off well with 65 walkers racing in perfect conditions at Albert Park on 23rd July. This fixture was also our fundraising day for the International Brain Tumour Alliance (see <http://www.theibta.org>) and we raised \$500 from race fees, canteen takings and donations.

With a large variety of RWA events to be filled and with all our events running concurrently, walkers had to nominate their distance and age group and they all seemed to get it right as we had at least one finisher in every division.

This ensured that, even after the club weightings were calculated (we get marked down significantly because of our large club base) we still won this annual shield by 2.5 points. This is the 5th time in the 7 years of its lifetime that we have won this competition.

RWA WALKING CARNIVAL, CANBERRA, SUNDAY 21 AUGUST 2011

With a strong team of over 40 walkers, RWV put on a dominant display, winning 5 of the 12 Teams events on offer in the Second Federation Carnival, as well as snatching the Brennen Shield which acknowledges the best RWA team performance over the two major carnivals for 2011. This meant a clean sweep for us in all RWA competitions this year.

Individual Medals

Gold (7)	Chris Erickson	AA Open 20km	1:29:01
	Andrew Jamieson	RWA Masters 20km	1:41:27
	Kirstin Shaw	AA U23 20km	2:09:47
	Kelly Ruddick	RWA Masters 10km	49:13
	Mercedes Brennan	RWA U10 1km	7:01
	Jemima Montag	AA U14 3km	16:17
	Nathan Brill	AA U16 5km	22:06
Silver (3)	Kelly Ruddick	AA Open 20km	1:39:56
	Kyle Swan	AA U14 3km	16:34
	Jade Sanders	AA U16 5km	26:13
Bronze (4)	Rhydian Cowley	AA Open 20km	1:30:54
	Kirstin Shaw	AA Open 20km	2:09:47
	Harry Hockley-Samon	RWA U12 2km	11:25
	Connor McShanag	AA U16 5km	25:33

Team Medals

Gold (5)	Open 20km	Chris Erickson, Rhydian Cowley, Andrew Jamieson
	U12 Girls 2km	Hayley George, Mercedes Brennan, Tegan Miller
	U14 Boys 3km	Kyle Swan, Reese Walmsley, Cody McNicol-Davidson
	U16 Boys 5km	Nathan Brill, Connor McShanag, Kyle Swan
Silver (2)	U16 Girls 5km	Jade Sanders, Stephanie George, Shelby Kay
	U12 Boys 2km	Harry Hockley Samon, Jonty Brennan, Tom Hockley Samon
	U18 Girls 5km	Jmara Hockley Samon, Amelia Finnegan, Chloe McNicol-Davidson

2011 WINTER SEASON AWARD WINNERS

2011 ATHLETICS VICTORIA TROPHY WINNERS

NORM GOBLE TROPHY	Points earned in Mens AV Championships	Simon Evans
BETTY NEWMAN TROPHY	Womens Walking Team Champions	Ballarat Harriers
AVIS REDMAN TROPHY	Best Under 16 Girl	Stephanie George
TOM DAINTRY TROPHY	Best Under 14 Walker	Jemima Montag

2011 RUNNERS WORLD SPONSORSHIPS

Open Men	Andrew Jamieson
Open Women	Heather Carr
Under 20 Men	Nathan Brill
Under 20 Women	Amelia Finnegan

2011 VRWC TROPHY WINNERS

FASTEST TIMES POINTS & HANDICAP POINTS COMPETITIONS

Open Women	Fastest Times Points	Michelle Laufer
Open Women	Handicap Points	Michelle Laufer
Open Men	Fastest Times Points	Aaron McDonough
Open Men	Handicap Points	Aaron McDonough
Under 20 Women	Fastest Times Points	Jmara Hockley-Samon
Under 20 Women	Handicap Points	Kirstin Shaw
Under 20 Men	Fastest Times Points	Aaron Tam
Under 20 Men	Handicap Points	Aaron Tam
Under 15 Girls	Fastest Times Points	Megan Walker
Under 15 Girls	Handicap Points	Madeleine Feain
Under 15 Boys	Fastest Times Points	Connor McShanag
Under 15 Boys	Handicap Points	Paul Tremigliozi
Under 12 Girls	Fastest Times Points	Shelby Kay
Under 12 Girls	Handicap Points	Shelby Kay
Under 12 Boys	Fastest Times Points	Kyle Swan
Under 12 Boys	Handicap Points	Hayden Walmsley
Under 9 Girls	Fastest Times Points	Brianna Lillie
Under 9 Girls	Handicap Points	Mercedes Brennan
Under 9 Boys	Fastest Times Points	Caine Brill
Under 9 Boys	Handicap Points	Caine Brill
Masters Women	Fastest Times Points	Heather Carr
Masters Women	Handicap Points	Pam Mews
Masters Men	Fastest Times Points	Alan Lucas
Masters Men	Handicap Points	Alan Lucas and Barrie Wicks

2011 VRWC JACK LARKIN TROPHY - HIGHEST POINT SCORING COUNTRY ATHLETES

Men	James Seid-Christmass
Women	Megan Walker

2011 VRWC MERRIFIELD AWARDS - COMBINED FASTEST TIMES AND HANDICAP POINTS

Masters Men	Alan Lucas
Masters Women	Donna Elms and Pam Mews
Open Men	Aaron McDonough
Open Women	Michelle Laufer
Under 20 Men	Aaron Tam
Under 20 Women	Jmara Hockley-Samon
Under 15 Men	Connor McShanag
Under 15 Women	Emily Swan

2011 STYLE AWARDS

Men	Nathan Brill	Women	Amelia Finnegan , Jemima Montag, Stephanie George, Kelly Ruddick
Boys	Caine Brill	Girls	Hayley George

2011 CLUB TEAM FUND RECIPIENTS

38 club members competed in the Teams Events in the LBG Carnival in age groups Under 18 and below:

Billy Allamby, Bianca Attard, Jonty and Mercedes Brennan, Justin Caine and Nathan Brill, Caitlin and Rebecca Campbell, Harley Davidson, Josh Dillon, Amelia Finnegan, Stephanie George, Emily Hamilton,

Jarry and Jmara Hockley-Samon, Mikhala and Anaya Hodges, Shelby Kay, Brianna and Jessica Lillie, Chloe and Cody McNicol-Davidson, Stacey McLaren, Connor McShanag, Jemima Montag, Brendon and Kathleen O'Mahony, Cassie Raselli, Brodie Richardson, Emily and Kyle Swan, Aaron Tam, Lee and Lucas Taylor, Hayden and Reese Walmsley, Ethan Wright

18 clubmembers competed in the Teams Events in the Canberra Carnival in age groups Under 18 and below:

Jonty and Mercedes Brennan, Nathan Brill, Amelia Finnegan, Hayley and Stephanie George, Harry Tom and Jmara Hockley-Samon, Shelby Kay, Cody and Chloe McNicol-Davidson, Connor McShanag, Tegan Miller, Jemima Montag, Jade Sanders, Kyle Swan, Reese Walmsley

PLACE GETTERS, POINTS COMPETITIONS

Fastest Time Points – Women				Handicap Points – Women			
Masters	1	Heather Carr	29	Masters	1	Pam Mews	36
	2	Pam Tindal	27		2	Donna Elms	31
	3	Gwen Steed	26		3	Karyn O'Neill	26
Open	1	Michelle Laufer	35	Open	1	Michelle Laufer	34
	2	Michelle Thompson	17		2	Michelle Thompson	21
	3	Gayle McIntyre	15		3	Simone O'Neill	18
U12	1	Shelby Kay	48	U12	1	Shelby Kay	31
	2	Mikhala Hodges	31		2	Anaya Hodges	29
	3	Paige de Lisen	29		3	Jessica Lillie	24
U15	1	Megan Walker	38	U15	1	Madeleine Feain	36
	E2	Stephanie George	31		2	Emily Swan	34
	E2	Emily Hamilton	31		3	Stacey McLaren	24
U20	1	Jmara Hockley-Samon	31	U20	1	Kirstin Shaw	23
	2	Kirstin Shaw	22		2	Jmara Hockley-Samon	20
	3	Amelia Finnegan	20		3	Caitlin Campbell	19
U9	1	Brianna Lillie	47	U9	1	Mercedes Brennan	42
	2	Mercedes Brennan	35		2	Brianna Lillie	35
	3	Kathleen O'Mahony	33		3	Kathleen O'Mahony	29
Fastest Time Points – Women				Handicap Points – Women			
Masters	1	Heather Carr	29	Masters	1	Pam Mews	36
	2	Pam Tindal	27		2	Donna Elms	31
	3	Gwen Steed	26		3	Karyn O'Neill	26
Open	1	Michelle Laufer	35	Open	1	Michelle Laufer	34
	2	Michelle Thompson	17		2	Michelle Thompson	21
	3	Gayle McIntyre	15		3	Simone O'Neill	18
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U15	1	Megan Walker	38	U15	1	Madeleine Feain	36
	E2	Stephanie George	31		2	Emily Swan	34
	E2	Emily Hamilton	31		3	Stacey McLaren	24
U20	1	Jmara Hockley-Samon	31	U20	1	Kirstin Shaw	23
	2	Kirstin Shaw	22		2	Jmara Hockley-Samon	20
	3	Amelia Finnegan	20		3	Caitlin Campbell	19
U9	1	Brianna Lillie	47	U9	1	Mercedes Brennan	42
	2	Mercedes Brennan	35		2	Brianna Lillie	35
	3	Kathleen O'Mahony	33		3	Kathleen O'Mahony	29

VICTORIAN RACE WALKING CLUB INC - TREASURER'S REPORT

FOR THE FINANCIAL YEAR 1st October 2010 – 30th September 2011

The period October 2010 to September 2011 was a solid financial year for the Club. We finished the year with a reasonable surplus of \$942, enabling a small improvement in Club assets to \$150,938.

Membership numbers and attendant race fees remained consistently high despite the advent of the umbrella organisation, Race Walking Victoria, which enabled members of Victorian country race walking clubs to compete effectively with us in interstate and Racewalk Australia team events without the need to join VRWC.

Our investments in the form of bank term deposits have given us consistent, if unspectacular, returns – about 6 percent per annum. About half of our investments/major assets underpin the generous awards and travel grants made available each year to Club members.

Again, we have been unsuccessful in obtaining grants to help upgrade our Club facilities and services, but are hopeful that it will be 'our turn' in the 2011-12 financial year.

As we account on a 'cash basis' the surplus of receipts over expenditure for the year is distorted by the late receipt of an invoice and subsequent payment of our clubroom rental, of \$3,300, for the previous financial year (2009-10).

The amount allocated for honoraria this year included a new honorarium for our Equipment Officer, and an increase in honorarium for the Treasurer. The amount available for honoraria each year remains contingent on the Club's financial health.

I acknowledge the valuable services of the Elms family, Russ Dickenson, Natalie Laurie, Stu Cooper, Michael Bodey and others who have helped with the recording of race entries and the collection of fees. Our canteen ladies, Joyce, Barbara, Kate, Wendy and a few other occasional helpers have continued to provide a welcoming and very valued service to our race-day participants.

In summary, the Club's financial position is sound.

The accompanying statements of accounts have not been audited.

Ralph Bennett
VRWC Honorary Treasurer
20th November 2011

VRWC STATEMENT OF FINANCIAL POSITION

As at 30th September 2011

PREVIOUS YEAR 2009-10			CURRENT YEAR 2010-11
	ASSETS		
	Cash:		
1,615.73	General Account Bank Balance	520.29	
-	less Unpresented Cheques	-	
	General Account Cash Book Balance		520.29
5,755.43	Canteen Account Bank Balance	5,956.35	
-	less Unpresented Cheques	-	
	Canteen Cash Book Balance		5,956.35
	Merchandise (incl Uniforms, Books)	TBA ¹	
	Canteen Stock	TBA ¹	
	Equipment	TBA ¹	
	Trophies, Honour Boards	TBA ¹	
	Investments:		
16,696.26	Merrifield Award Term Deposit	17,192.85	
17,072.33	Club Teams Award Term Deposit	17,072.33	
17,072.32	Ray Smith International Travel Fund	17,072.32	
11,545.90	Travel Funds - Other	12,904.85	
79,219.59	Investment No 1 Term Deposit	79,219.59	
141,606.40	Total Investments		143,461.94
1,000.00	Bond with Parks Victoria ²		1,000.00
149,977.56	TOTAL ASSETS		150,938.58
	LIABILITIES		
	Balance of Loans		-
	Other Liabilities		-
	TOTAL LIABILITIES		-
149,977.56	NET ASSETS/(LIABILITIES)		150,938.58
	EQUITY		
124,752.46	Opening Balance Equity		124,752.46
13,850.06	Retained Earnings		25,244.00
11,375.04	Net Income		942.12
149,977.56	TOTAL EQUITY		150,938.58
	<i>Note:</i>		
	1 TBA - To be advised when inventory/stocktake completed.		
	2 Includes Security Deposit (+\$400) for sportsground licence.		

VRWC - STATEMENT OF INCOME AND EXPENDITURE

1 October 2010 - 30 September 2011

	<u>Oct '10 - Sep 11</u>		<u>Oct '09 - Sep 10</u>		
Ordinary Income/Expense			<i>Previous year</i>		Notes
<u>Income</u>					
Apparel	3,270.00	i)	1,282.00		i) New stock and intro of RWV uniform
Canteen	3,886.00		3,696.00		
Event Services	215.00		520.00		
External Event	2,115.00		2,575.00		
Gifts and Donations Income	246.40		10,043.50	a)	a) Incl \$10,000 don
Membership Dues	4,025.00		4,110.00		
Miscellaneous Income	23,846.41	ii)	113.55		ii) Incl \$23,100 training grant - responsibility reverted to AIS
Publications	0.00		15.00		
Race Fees	7,678.00		8,063.00		
Reimbursed Expenses	0.00		550.00		
Total Income	45,281.81		30,968.05		
<u>Expense</u>					
Canteen Expenses	2,314.53		2,657.41		
Clothing	5,964.86	i)	3,655.30		i) New stock and intro of RWV uniform
Dues and Subscriptions	610.00		490.00		
Event Support Expenses	35.65		0.00		
Expensed Equipment	1,218.00		576.95		
External Entry Fees	2,410.00		2,808.00		
Gifts and Donations	500.00		539.50		Race Day donation for IBTA
Governance	41.80		50.90		
Grants and Awards	1,480.00	iii)	2,274.20		iii) Fewer international travel grants
Honoraria	3,200.00	iv)	2,800.00		iv) + Equipment Officer honorarium
Miscellaneous	23,312.50	ii)	572.50		ii) See above. Refunded to AIS.
Office Supplies	81.52		62.81		
Postage and Delivery	394.10		433.15		
Printing and Reproduction	356.27		336.82		
Rent	6,600.00	v)	0.00		
Repairs	53.73		803.45		
Supplies	67.25		0.00		
Track Hire	622.59		522.59		
Trophies and Prizes VRWC	2,852.86		5,945.18	b)	b) Restock of medals in 2009-10
Utilities	571.62		490.55		
Web Presence	141.90		119.40		
Total Expense	52,829.18		25,138.71		
Net Ordinary Income	-7,547.37		5,829.34		
<u>Other Income/Expense</u>					
<u>Other Income</u>					
Interest Income	8,489.49		5,554.60		[cf interest of \$9,524 in 2008-09]
Other Income	0.00		10.00		
Total Other Income	8,489.49		5,564.60		
Net Other Income	8,489.49		5,564.60		
Net Income	942.12		11,393.94		