



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
2017/2018 Number 32  
8 May 2018



**VRWC Preferred Supplier of Shoes, clothes and sporting accessories.**

*Address: RUNNERS WORLD, 598 High Street, East Kew, Victoria (Melways 45 G4)*  
*Telephone: 03 9817 3503*  
*Hours: Monday to Friday: 9:30am to 5:30pm*  
*Saturday: 9:00am to 3:00pm*  
*Website: <http://www.runnersworld.com.au>*  
*Facebook: <http://www.facebook.com/pages/Runners-World/235649459888840>*

### WALKER OF THE WEEK

No guesses for my Walker of the Week – it's **Claire Tallent**.

The World Team Championships 50km for women was an exciting affair, with Australia's **Claire Tallent** in the mix right from the start. She was part of a six-woman lead pack during the early stages and she stayed there as the pack dwindled around her. Eventually it came down to a four way battle between Claire and three Chinese walkers. When eventual winner Rui Liang broke away, the lead pack quickly fragmented and it looked over, with Claire relegated to fourth place. But in a classic twist, second placed Maocuo Li imploded in the final 2km, slowing to a street walk. Claire caught and passed her, clinching third spot. Not content with that, she continued to dig deep in an effort to catch Hang Yin and snatch the silver. It was not to be, as she fell 24 seconds short.

Her bronze medal time of **4:09:33** was the fourth-fastest performance in the event's brief history and earned her new Australian and Oceania records into the bargain. After her disappointment in the recent Commonwealth Games 20km walk, it was the best possible antidote. Read more at <http://athletics.com.au/News/tallent-bounces-back-to-win-historic-bronze>.

After a long and stellar racewalking career which includes a 20km PB of 1:28:53 and a Commonwealth Games silver medal (2010), Claire has now added a new string to her bow. At 37 years of age, thoughts of retirement may have been on her mind but I am sure that last weekend's superb walk will make her think twice about that. Perhaps Tokyo now beckons, with the women's 50km to be hopefully added to the program.

On what was a memorable day for the Tallent family, Jared also attended the medals ceremony to receive two gold medals from the 2012 and 2016 IAAF World Race Walking Team Championships 50km race walk. This followed the recently confirmed positive doping test of the 2016 winner Alex Schwazer (ITA) and a previously confirmed series of abnormalities in the Athlete Biological Passport profile of 2012 winner Sergey Kiryapkin (RUS) and second-placed Igor Erokhin (RUS). Justice is finally served!



## WHAT'S COMING UP

Next Saturday afternoon (Saturday 12<sup>th</sup> May) sees our first medals day at Middle Park, with the **Victorian Open 15km Roadwalk Championships** to be contested. Remember you must enter Victorian Championship races with Athletics Victoria and you must be a current AV member – see entry link at <http://athsvic.org.au/event/2018-av-15km-walks-championships/>. For VRWC events, you can enter on the day or, more preferably, pre-enter at <http://vrwc.org.au/wp1/race-entries-2/>.

<b>Saturday 12<sup>th</sup> May 2018, Middle Park</b>		
AV & VRWC CHAMPIONSHIPS & EVENTS: Entries close for all VRWC events 45 minutes before the event.		
Pre-entry is required for AV 15km with the AV office.		
2.00pm	<b>15km AV Championship</b>	<b>Open Men</b>
2.00pm	<b>15km AV Championship</b>	<b>Open Women</b>
2.00pm	<b>15km VRWC Championship - Elsie Jacobson Trophy</b>	<b>Open Women</b>
2.00pm	<b>15km VRWC Championship</b>	<b>U20 Men/Women</b>
2.00pm	15km Points race	Open
2.15pm	10km Points Race	Open
2.15pm	5km Points Race	Open
2.30pm	3km Points Race	Open
2.30pm	1.5km Points Race	Open

Following the races on Saturday our **VRWC TWILIGHT TRIVIA** will be held at the Middle Park Bowling Club, starting at 4:30PM. I'll be there! Come and join us for what will be a fun afternoon/evening.

Victorian Race Walking Club

**\*\*TWILIGHT TRIVIA \*\***

Saturday 12 May, after the AV 15km championships  
4.30pm (heads down 5pm) to 7.00pm

at the Middle Park Bowling Club

\$15 per head, \$30 per family – BYO snacks and nibbles.  
Drinks available at the bar. Tea and coffee provided.

**\*\* Come and support our Club and our sport in this vital fundraiser!**

Make up tables of 6-8 for an evening of entertainment including Trivia questions, music, raffles and prizes!

**Spread the word! Book a table and bring along your family and friends.**

Tickets can be pre-booked :

- at the VRWC on race days, or
- by contacting Stu Cooper at [stuwalks@yahoo.com.au](mailto:stuwalks@yahoo.com.au) . (If you choose this method, you can pay by direct transfer -  
BSB: 063-143  
Acc: 008 00455  
Reference: **(Surname)Trivia** (Remember that bit, so we can identify you.)

All tickets should be booked by **Monday 7 May**, to ensure you are placed on a competitive table, and to help with our planning for the evening.

**\* This is our first major fundraiser for some years.  
So COME ALONG and help make it a success !**

On-line entries for the **2018 Lake Burley Griffin Walking Carnival (Sunday 10 June)** are now open and may be accessed via link <https://www.registernow.com.au/secure/Register.aspx?E=29858>. ACTRWC advise that there has also been a change to the fee structure, with there being no fees cap. This has implications for those families who enter their walkers for multiple events. RWA events are \$35 per event, AACT \$20 & Fitness Walk \$20. Note also that to enter more than one event you will have to “enter another registration” where some registration details will have to be entered again.

Entries close on Friday 1<sup>st</sup> June. Paper entries are not possible. Online entry is the only option this year.

## 2018 IAAF WORLD RACE WALKING TEAM CHAMPIONSHIPS

And now onto our main feature and it's a big one. The 2018 IAAF World Race Walking Teams Championships were held last weekend in Taicang, China, with 386 athletes from 49 countries entered for what was the year's biggest walks championship. I was lucky enough to be there and was able to watch all the events, including the inaugural women's 50km championship. There have been lots of race reports from the IAAF, marcialmondo and omarchador. Rather than quote them, I have called upon **Paul DeMeester** to give his own insights into what were a series of superb races.

### 50km Women, 8AM, Saturday 5 May WOMEN'S 50K: CLAIRE TALLENT TO THE FORE AS WOMEN'S EVENT GREW BY 3100%

At the last edition of the IAAF World Race Walking Team Championships, **Erin Taylor-Talcott** (USA) was the lone woman contesting the 50K, and only after threatening a legal challenge. Two years on, Erin had company. Plenty of company. Thirty-two women sped off at the sound of the starter's gun to tackle the 50K. Whereas Erin's first foray in Rome was in what was then labeled a "mixed" event, the Taicang 50 was contested jointly among men and women albeit with separate classifications, just like at the London World Championships last August.

London's World Champion **Inês Henriques**, who set two world records at the distance last year, was the favorite going in. In London, Inês handily fought off her closest Chinese competitors. But on her rivals' home turf, it was not to be. Inês led a group of initially seven, then five women for the first half of the race. Her company in this group: London silver medalist **Hang Yin** (China), Yin's teammates **Rui Liang** and **Maocuo Li**, and Australia's newest 50K star, **Claire Tallent**. It speaks to the strength of the Chinese Athletics Association women's race walk program that only Yin had been to London 2017. Her four colleagues were new to the 50K national team.

Tallent did not have teammates as she shared the lead with the world champion and the three Chinese. A fourth Chinese woman, **Kang Zhou**, rejoined the lead group for a bit but soon found herself in red card territory. She dropped from the lead and became the only DQ of the race after the half-way mark.

A pit stop dropped Claire from the lead shortly after reaching 21K. But only temporarily. Before long, she had rejoined the lead group, her comeback yielding her a red card, her only one in the race. Soon thereafter, the race's big surprise happened: Inês Henriques fell from the lead pack into fifth place before stepping off the circuit to call it a day.

After about 32K, Claire had to let go of the three Chinese women who she had shared so much of the race lead with: Li, Liang and Yin. It sure looked like the table was set for an all-Chinese podium. But not if you had asked Tallent.

Claire kept up a good pace. At the 35K mark, she was some forty seconds behind the Chinese trio. Five kilometers further up the road, Yin was not been able to keep up with her compatriots. Claire's deficit to the two leaders was almost two minutes. But then the tide turned. Liang's pace was too much for Li, starting in the 41<sup>st</sup> kilometre. With only five kilometres to go, Li was in second place with two and a half minutes in hand over Tallent. Then Li faltered and Claire put the hammer down, posting her second-fastest split of the race in the last 5K segment, which was also the second-fastest split for that segment among the 29 race finishers. Only eventual winner Liang would best her, on her way to a new world record of 4:04:36. Claire's strong finish secured her a podium place. She more than erased her deficit to Li, who dropped back to finish seventh. Claire also managed to reduce the one-and-a-half minute gap to Yin, falling only 24 seconds shy of earning silver.

Bronze was a perfect ending to Claire's 50K debut, in which she also earned Oceania and Australia records with her time of 4:09:33. At the podium, her day got even better when she was joined by hubby/coach Jared Tallent, who was finally given his due in the form of two World Team Championships individual gold medals for two previous 50K editions in Saransk (2012) and Rome (2016) after doped-up race winners were booted from the classifications.

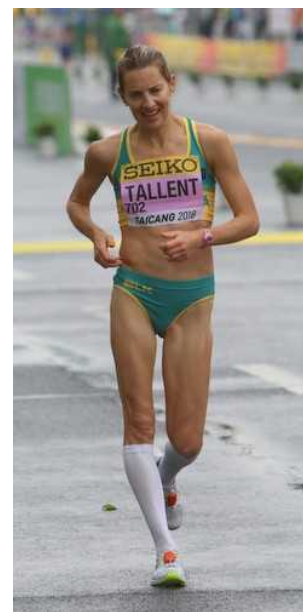
All in all, a well-deserved Australian medal day and a great way to celebrate the growth of the women's 50K at world level.

1.	Rui LIANG	CHN	4:04:36 WR
2.	Hang YIN	CHN	4:09:09
3.	<b>Claire TALLENT</b>	<b>AUS</b>	<b>4:09:33 AR</b>
4.	Paola Viviana PÉREZ	ECU	4:12:56 AR
5.	Faying MA	CHN	4:13:28 PB
6.	Johana ORDÓÑEZ	ECU	4:14:28 PB
7.	Maocuo LI	CHN	4:14:47 PB
8.	Júlia TAKÁCS	ESP	4:16:37
9.	Nastassia YATSEVICH	BLR	4:18:00 PB
10.	Nadzeya DARAZHUK	BLR	4:18:31 PB
11.	Magaly BONILLA	ECU	4:19:04 PB
12.	Khrystina YUDKINA	UKR	4:22:15 NR
13.	Vasylyna VITOVSHCHYK	UKR	4:24:08 PB
14.	Mayra Carolina HERRERA	GUA	4:28:30 SB
15.	Alina TSVILII	UKR	4:28:49 PB

16. Ainhoa PINEDO	ESP	4:30:02
17. Mar JUÁREZ	ESP	4:30:30 PB
18. Tiia KUIKKA	FIN	4:32:43 PB
19. María LARIOS	ESP	4:37:43 PB
20. Lyudmyla SHELEST	UKR	4:37:43 SB
21. Kseniya RADKO	UKR	4:38:23 SB
22. Mariavittoria BECCHETTI	ITA	4:40:15 PB
23. Natalie LE ROUX	RSA	4:48:00 AR
24. Lucie BARRITAUULT	FRA	4:48:08 PB
25. Maeva CASALE	FRA	4:51:13 PB
26. Joci CABALLERO	PER	4:52:01
27. Nair DA ROSA	BRA	4:52:43
28. Erin TAYLOR-TALCOTT	USA	5:08:56
29. Susan RANDALL	USA	5:12:07
Kang ZHOU	CHN	DQ
Kathleen BURNETT	USA	DNF
Inês HENRIQUES	POR \	DNF

#### Teams

1. PR of China	8
2. Ecuador	21
3. Ukraine	40
4. Spain	41



*Leaders Hang Yin, Maocua Li and eventual winner Rui Liang, along with bronze medalist Claire Tallent*

#### 50km Men, 8AM, Saturday 5 May

#### MEN'S 50K: A VERITABLE JAPANESE NATIONAL CHAMPIONSHIP

World Champion and world record holder Yohann Diniz and Olympic Champion Matej Toth passed on Taicang to save themselves for their expected duel at the Berlin Euros this August. Andres Choco of Ecuador, Mexicans Jose Leyver Ojedo and Horacio Nava, Finns Veli-Matti Partanen and Jarkko Kinnunen as well as Tadas Suskevicius (Lithuania), Erick Barrondo (Guatemala) and Jose Leonardo Montana (Colombia) all opted to contest the 20K on day 2 of the Taicang program. Defending title holder Jared Tallent – nursing a hamstring injury – was present but only to staff the Australian refreshment table for his better half Claire in the women's race. At the other end of the row of tables stood Australian Rio Olympian Chris Erickson, who recently retired from 50K competition, to assist sometime Melbourne resident and New Zealander Quentin Rew. These three sets of circumstances deprived the men's race of twelve potential top-ten performers and podium candidates. Despite that, the 59 starters compared favorably to the 60 starters in the 2014 edition of the same race, also held in Taicang, China.

All five Japanese team members established early dominance of the men's race, making up most of the lead group of seven on the first lap. Only **Perseus Karlström** (Sweden) and **Karl Junghannß** (Germany) were still with them. By the half-hour mark, two of the Japanese team had dropped from the lead group but followed close behind. Next up was a chase group of three consisting of New Zealander **Quentin Rew**, Canadian **Evan Dunfee** and Finn **Aleksi Ojala**.



Sixty-seven minutes into the race, Dunfee had closed to within ten seconds of four leaders. Karlström was still up there, together with the three Japanese walkers who walked to silver, bronze and fifth place on London's Mall last year: **Hirooki Arai**, **Kai Kobayashi** and **Satoshi Maruo**. London's bronze medalist, however, would soon meet with red card trouble and terminate his race prematurely.

Kobayashi's place up front was later taken by another Japanese walker, **Hayato Katsuki**, who overcame his initial trouble of keeping up with his teammates. But before he was back up front, Dunfee had replaced Junghannß as one of two non-Japanese in the lead group of four, which passed through 20K in 1:30:06.

Meanwhile, Quentin Rew walked a consistent race, hovering from eleventh at the beginning to ninth at the finish while reaching as high as sixth around the 30K mark. His 3:48:58 result is right up there with his PB of 3:46:29 set in London nine months ago. Since London, Q had largely concentrated on the 20K as part of his preparation for last month's Commonwealth Games, where he placed fifth in 1:21:47. His quick transition back to his beloved 50K was stellar.

When a slight rain cooled the competitors, Dunfee lost contact with the three leaders. The Rio near-medalist managed to make up the few seconds he was behind, though. Two hours and fifty minutes into the race, it looked like Qin Wang (China) and Katsuki would make it a six-pack up front, Dunfee included. But Arai had other ideas and walked ahead, to be joined only by Karlström. Within minutes, Dunfee fell to sixth. The Swede also started having difficulty and slid down the order.

Arai increased his lead but then his teammate Katsuki reduced it to nine seconds by the time 45K would be reached. Was Arai's progress from Rio bronze and London silver to be halted? When the bell sounded for the last 2km lap, Arai's advance had shrunk to two seconds. But the man who had set the pace all morning long was not to be denied. Arai managed to touch the tape with six seconds in hand over Katsuki. Maruo completed a Japanese podium 27 seconds back. Something tells me that the Olympic organizers for Tokyo 2020 will take extra care of the Imperial Palace Gardens walks venue, given the hopes and aspirations of the Japanese walks contingent. Just imagine, if Diniz wins that Olympic race, then the 50K may be looking at a bright future, given that the 2024 Olympics are in Diniz's backyard.

1.	Hirooki ARAI	JPN	3:44:25
2.	Hayato KATSUKI	JPN	3:44:31
3.	Satoshi MARUO	JPN	3:44:52
4.	Marian ZAKALNYTSTYI	UKR	3:44:59
5.	Qin WANG	CHN	3:45:29
6.	Rui WANG	CHN	3:48:01
7.	Rafal AUGUSTYN	POL	3:48:22
8.	Perseus KARLSTRÖM	SWE	3:48:54
9.	Quentin REW	NZL	3:48:58
10.	Ivan BANZERUK	UKR	3:49:17
11.	Rafal SIKORA	POL	3:49:54
12.	Evan DUNFEE	CAN	3:50:18
13.	Dzmitry DZIUBIN	BLR	3:52:25
14.	Michele ANTONELLI	ITA	3:53:00
15.	Valeriy LITANYUK	UKR	3:53:05
16.	Bernardo Uriel BARRONDO	GUA	3:53:10
17.	Brendan BOYCE	IRL	3:53:32
18.	Jesús Ángel GARCÍA	ESP	3:53:48
19.	Adrian BLOCKI	POL	3:54:31
20.	Nathaniel SEILER	GER	3:54:54
21.	Claudio VILLANUEVA	ECU	3:55:04
22.	Andrea AGRUSTI	ITA	3:55:09
23.	Carl DOHMANN	GER	3:55:58
24.	Marc TUR	ESP	3:56:28
25.	Benjamín SÁNCHEZ	ESP	3:56:37
26.	Jijiang HAN	CHN	3:57:33
27.	Sandeep KUMAR	IND	3:59:28
28.	Andriy HRECHKOVSKYI	UKR	3:59:32
29.	Jitendra SINGH	IND	4:00:13
30.	José Ignacio DÍAZ	ESP	4:01:06
31.	Karl JUNGHANNSS	GER	4:02:36
32.	Hyunmyeong JOO	KOR	4:02:38
33.	Artur MASTIANICA	LTU	4:02:41
34.	Mathieu BILODEAU	CAN	4:05:02
35.	Hugo ANDRIEU	FRA	4:05:15
36.	Yuki ITO	JPN	4:06:20
37.	Anatole IBAÑEZ	SWE	4:06:27
38.	Ihor SAHARUK	UKR	4:06:50
39.	Wei-Lin CHANG	TPE	4:10:13
40.	Stefano CHIESA	ITA	4:11:07
41.	Anders HANSSON	SWE	4:12:47

42.	Pablo OLIVA	ESP	4:14:13
43.	Rongjiang SHAN	CHN	4:15:28
44.	Anthony GRUTTADAURO	USA	4:16:23
45.	Darwin LEON	ECU	4:17:53
46.	Matthew FORGUES	USA	4:18:17
47.	Youngjun BYUN	KOR	4:25:30
48.	Lukáš GDULA	CZE	4:25:47
49.	Qingsheng CENG	CHN	4:44:58
50.	Hendro HENDRO	INA	DQ
51.	Aleksi OJALA	FIN	DQ
52.	Chilsung PARK	KOR	DQ
53.	Rob TERSTEEG	NED	DQ
54.	David VELASQUEZ	ECU	DQ
55.	Nicholas CHRISTIE	USA	DNF
56.	Marius COCIORAN	ROU	DNF
57.	Matteo GIUPPONI	ITA	DNF
58.	Pedro ISIDRO	POR	DNF
59.	Kai KOBAYASHI	JPN	DNF

#### Teams

1.	Japan	6
2.	Ukraine	29
3.	Poland	37
4.	PR of China	37
5.	Spain	67



*Left: The brilliant Japanese men's 50km team, led by Hirooki Arai (on the right)  
Right: Amongst the challengers – Evan Dunfee of Canada and Perseus Karlstrom of Sweden (photos Emmanuel Tardi)*

#### 10km U20 Men, 3:30PM, Saturday 5 May THE AUSTRALIAN BRONZE AGE CONTINUES: THE U20 MEN'S 10K

The race following the 50K, the under-20 Men's 10K, ensured that Australian walkers continued to collect bronze medals. The team consisted of **Kyle Swan**, **Declan Tingay** and **Mitchell Baker**.

From the first lap on, Declan was up front, even moving into the lead during the third kilometre, surrounded by Chinese and Japanese walkers. After two laps, Tingay was very much part of the lead pack of 13. Near the half-hour mark, four leaders emerged: eventual winner **Yao Zhang** of China, his teammate **Shuai Sun**, and two Central Americans, **Jose Ortiz** (Guatemala), the future bronze medalist, and **David Hurtado** of Ecuador. The latter would soon face the red paddle, however.

With a lap to go, Declan was vying for sixth in the field of 48 walkers. Kyle Swan was not far behind, leading a group of three in pursuit. At the 5K half-way point, Swan had passed through in 14<sup>th</sup> place.

A bit behind Tingay and Swan, Baker was on course in the first half to break his PB of 45:43 when he passed through the 5K split in 22:33 in 43<sup>rd</sup> place. Tactically, the second half of his race was sound, as he did not permit anyone behind him to overtake, even moving up two spots by the finish, where he nicely held off the surging South African **Antonio Farmer** by two seconds in a sprint.

The sprint to the finish was not so kind to Declan, who was pointed to the pit lane on the home straight. The minute spent in the penalty box dropped him from a potential sixth place down to 14th. But he still set a PB of 42:01 and helped secure Team bronze for Australia. Without that minute of immobility and considering he had to rejoin from a standing start, Declan's walking time in the second part of his race was faster than the first part.

Tingay's pit lane visit allowed Kyle Swan to pass him near the finish and score his own PB in 41:44 for a top-ten finish. Hats off to Kyle, Declan and Mitch. The future is yours.

1.	Yao ZHANG	CHN	40:07
2.	Zhaozhao WANG	CHN	40:12
3.	José Eduardo ORTIZ	GUA	40:17
4.	Shuai SUN	CHN	40:24
5.	Sho SAKAZAKI	JPN	40:55
6.	Yohanis ALGAW	ETH	40:56
7.	David KUSTER	FRA	41:02
8.	Mikita KALIADA	BLR	41:18
9.	Hiroto JUSHO	JPN	41:35
<b>10.</b>	<b>Kyle SWAN</b>	<b>AUS</b>	<b>41:44</b>
11.	José Manuel PÉREZ	ESP	41:51
12.	Lukasz NIEDZIALEK	POL	41:53
13.	Mingyu KIM	KOR	41:57
<b>14.</b>	<b>Declan TINGAY</b>	<b>AUS</b>	<b>42:01</b>
15.	Nicolas FANELLI	ITA	42:10
16.	Saúl MENA	MEX	42:15
17.	Matheus CORREA	BRA	42:26
18.	Pedro CONESA	ESP	42:35
19.	Anderson CALLEJAS	COL	42:40
20.	Antonio LOJA	ECU	42:42
21.	Sebastián MERCHÁN	COL	42:47
22.	Pavel OLKHOVIK	BLR	42:48
23.	César CÓRDOBA	MEX	42:50
24.	Riccardo ORSONI	ITA	42:58
25.	Abdulrahman MAHMOUD	EGY	42:59
26.	Álvaro LÓPEZ NUÑEZ	ESP	43:04
27.	Andriy SYNDYUK	UKR	43:08
28.	Takumi SUZUKI	JPN	43:26
29.	Abduselam IMUK	TUR	43:30
30.	Davide FINOCCHIETTI	ITA	43:39
31.	Ilya BILYK	UKR	44:05
32.	uan Manuel CALDERON	CRC	44:06
33.	Oscar Oswaldo PATÍN MANOBANDA	ECU	44:20
34.	Michy OSCCOHUAMAN	PER	44:23
35.	Matteo DUC	FRA	44:25
36.	Francois JACOBS	RSA	44:37
37.	Paulo MARTINS	POR	44:59
38.	Viktor KONONENKO	UKR	45:24
39.	Noe QUISPE	PER	45:38
40.	Azad ERTAS	TUR	46:02
<b>41.</b>	<b>Mitchell BAKER</b>	<b>AUS</b>	<b>46:47</b>
42.	Antonio FARMER	RSA	46:49
43.	Jacques HEYMANS	RSA	49:53
44.	Giovanni CISNEROS	USA	52:41
45.	Akhmedi KAKHRAMANOV	KAZ	54:34
	César HERRERA	COL	DQ
	David HURTADO	ECU	DQ
	Eduardo URÍA	USA	DQ

#### Teams

1.	PR of China	3
2.	Japan	14
<b>3.</b>	<b>Australia</b>	<b>24</b>
4.	Spain	29
5.	Belarus	30



Chinese gold and silver Yao Zhang (right) and Zhaohao Wang (left)  
 Right: Declan Tingay in the lead group – caption for the Chinese walker getting the yellow paddle?

**20km Women, 4:30PM, Saturday 5 May**  
**OCEANIC HEARTBREAK AND JOY ALL AT ONCE IN THE WOMEN'S 20K**

The women 20K walkers drew the afternoon time slot but that did not seem to bother **Alana Barber**. The New Zealand runner-up at the recent Commonwealth Games 20K minimized her time on course to set a new national record of 1:31:32 while finishing 23<sup>rd</sup> out of 84 of the world's best. Alana improved her 20K time by 47 seconds. She kept steady in the field with 5K splits of 22:43, 22:23, 22:57 and 23:29.

Alana always rises to the occasion at major championships whether it be the 2015 Worlds (18<sup>th</sup>), the 2016 edition of this race (26<sup>th</sup>), the 2016 Olympics (35<sup>th</sup>) or the 2018 Commonwealth Games (2<sup>nd</sup>). Taicang 2018 proved no exception.

Oceania's joy did not cross the Tasman Sea, however. **Jemima Montag**, fresh off her Commonwealth gold in the event, started well, staying with the lead group through half-way. Moreover, she was improving her quarter-race splits in the process. Unfortunately, she was not allowed to continue that trend as she was shown the red paddle towards the end of the race. Disappointing for sure but not to worry. Her Gold Coast gold is the harbinger of things to come.

Our third walker of interest also practiced her negative splits, except over the last 5K. **Rachel Tallent** finished the race in 59<sup>th</sup> with a respectable time of 1:36:34. She managed to do so without incurring a single red card.

Up front, defending title holder **Maria Guadalupe Gonzalez Romero** repeated her win from two years ago in Rome, making up for her disappointment in Rio and London of having to look at the back of the shirts of her Chinese rivals as they broke the tape right in front of Gonzalez in those races.

1.	Maria Guadalupe GONZÁLEZ	MEX	1:26:38
2.	Shijie QIEYANG	CHN	1:27:06
3.	Jiayu YANG	CHN	1:27:22
4.	Erica DE SENA	BR	1:28:11
5.	Eleonora GIORGI	ITA	1:28:31
6.	Anežka DRAHOTOVÁ	CZE	1:28:40
7.	María PÉREZ	ESP	1:28:50
8.	Kimberly GARCÍA	PER	1:28:56
9.	Inna KASHYNA	UKR	1:28:58
10.	Brigita VIRBALYTE-DIMSIENE	LTU	1:29:02
11.	Nadiya BOROVSKA	UKR	1:29:28
12.	Na WANG	CHN	1:29:35
13.	Yingliu WANG	CHN	1:29:36
14.	Laura GARCÍA-CARO	ESP	1:29:58
15.	Sandra ARENAS	COL	1:30:11
16.	Valentina TRAPLETTI	ITA	1:30:19
17.	Antonella PALMISANO	ITA	1:30:29
18.	Ana CABECINHA	POR	1:30:39



19.	Raquel GONZÁLEZ	ESP	1:31:01
20.	Mária CZAKOVÁ	SVK	1:31:03
21.	Viktoryia RASHCHUPKINA	BLR	1:31:22
22.	Kumiko OKADA	JPN	1:31:29
23.	Alana BARBER	NZL	1:31:32
24.	Chahinez NASRI	TUN	1:32:20
25.	Živile VAICIUKEVICIUTE	LTU	1:32:30
26.	Yana SMERDOVA	ANA	1:32:42
27.	Lidia SÁNCHEZ-PUEBLA	ESP	1:32:49
28.	Emilie MENUET	FRA	1:33:02
29.	Maria MICHTA-COFFEY	USA	1:33:05
30.	Maritza GUAMÁN	ECU	1:33:06
31.	Sandra GALVIS	COL	1:33:11
32.	Saskia FEIGE	GER	1:33:12
33.	Eleonora DOMINICI	ITA	1:33:40
34.	Ai MICHIGUCHI	JPN	1:33:42
35.	Emilia LEHMEYER	GER	1:33:43
36.	Arabelly ORJUELA	COL	1:33:45
37.	B. SOUMIYA	IND	1:33:54
38.	Andreea ARSINE	ROU	1:33:59
39.	Mirna ORTÍZ	GUA	1:34:13
40.	Liujing YANG	CHN	1:34:15
41.	Katarzyna ZDZIEBLO	POL	1:34:18
42.	Nicole COLOMBI	ITA	1:34:33
43.	Yeongeun JEON	KOR	1:34:44
44.	Khushbir KAUR	IND	1:34:59
45.	Edna BARROS	POR	1:35:03
46.	Yehualey BELETEW	ETH	1:35:04
47.	Siu Nga CHING	HKG	1:35:06
48.	Ana Veronica RODEAN	ROU	1:35:17
49.	Valentyna MYRONCHUK	UKR	1:35:32
50.	Monika VAICIUKEVICIUTÉ	LTU	1:35:35
51.	Yeseida CARRILLO	COL	1:35:37
52.	Violaine AVEROUS	FRA	1:35:39
53.	Gemma BRIDGE	GBR	1:35:43
54.	Marine QUENNEHEN	FRA	1:35:44
55.	. RAVINA	IND	1:35:47
56.	Miranda MELVILLE	USA	1:35:49
57.	Diana AYDOSOVA	KAZ	1:35:52
58.	Amanda CANO	ESP	1:36:29
59.	<b>Rachel TALLENT</b>	<b>AUS</b>	<b>1:36:34</b>
60.	Clémence BÉRETTA	FRA	1:36:35
61.	Valeria ORTUÑO	MEX	1:36:38
62.	Amandine MARCOU	FRA	1:36:45
63.	Kaori KAWAZOE	JPN	1:37:13
64.	Bethan DAVIES	GBR	1:37:31
65.	Robyn STEVENS	USA	1:38:06
66.	Tamara HAVRYLYUK	UKR	1:38:19
67.	Teresa ZUREK	GER	1:38:23
68.	Anél OOSTHUIZEN	RSA	1:39:09
69.	Galina YAKUSHEVA-KICHIGINA	KAZ	1:39:22
70.	Jéssica HANCCO	PER	1:39:50
71.	Yuki YOSHIZUMI	JPN	1:42:12
72.	Mara RIBEIRO	POR	1:42:18
73.	Leyde GUERRA	PER	1:42:20
74.	Shanti KUMARI	IND	1:42:38
75.	Regina RYKOVA	KAZ	1:42:51
76.	Mihaela ACATRINEI	ROU	1:44:21
77.	Daria KHUSAINOVA	UKR	1:46:14
78.	Evelyn INGA	PER	1:47:16
79.	Amberly MELENDEZ	USA	1:50:29
	<b>Jemima MONTAG</b>	<b>AUS</b>	<b>DQ</b>
	Daseul LEE	KOR	DNF
	Wen-Tzu LIN	TPE	DNF
	Semiha MUTLU- ÖZDEMIR	TUR	DNF
	Kristina SALTANOVIC	LTU	DNF

## Teams

1.	PR of China	17
2.	Italy	38
3.	Spain	40
4.	Ukraine	69
5.	Colombia	82



*Alanna Barber, Rachel Tallent and Jemima Montag*

### 10km U20 Women, 9AM, Sunday 6 May WHAT A DIFFERENCE A DAY MAKES – THE U20 WOMEN'S 10K

The 50K walkers were lucky to have raced on Saturday, in fairly cool racing conditions with an occasional drop of rain. Sunday was much rougher, with the heat, humidity and rain making for a tough day out on course. Not a great day for personal bests.

Australian **Katie Hayward** had a great start, leading the 42 young women walkers at the 1 and 3K marks. Not too far behind, teammates **Philippa Huse** and **Rebecca Henderson** led a chasing pack of five at the top of the mid-field.

Past the half-way mark, Hayward was still in the lead pack of seven. With ten minutes remaining, Katie was in fifth. With one kilometre left, she put herself in medal contention when she passed in fourth. But it was not to be. Two cards that were announced on the home straight put her out of the race, which was won by **Alegna Gonzalez** of Mexico (no, not that one, the other one).

Among the junior teams, it only takes two finishing walkers, not three, to score for the team. Henderson finished in 16<sup>th</sup> place, exactly one minute ahead of 18<sup>th</sup> place finisher Huse, to give Team Australia a 7<sup>th</sup> place out of 12 scoring teams. Congrats to all three.

1.	Alegna GONZÁLEZ	MEX	45:08
2.	Glenda MOREJÓN	ECU	45:13
3.	Nanako FUJII	JPN	45:29
4.	Wenxiu LI	CHN	45:51
5.	Meryem BEKMEZ	TUR	46:14
6.	Li MA	CHN	46:49
7.	Noelia VARGAS	CRC	46:54
8.	Weiwei YANG	CHN	47:01
9.	Laura Cristina CHALARCÁ	COL	47:06
10.	Ayse TEKDAL	TUR	47:29
11.	Paula Milena TORRES	ECU	47:53
12.	Antía CHAMOSÁ	ESP	48:00
13.	Mary Luz ANDÍA	PER	48:19
14.	Maria BERNARDO	POR	48:50
15.	Emily VILLAFUERTE	PER	49:20
16.	<b>Rebecca HENDERSON</b>	<b>AUS</b>	<b>49:25</b>
17.	Maika YAGI	JPN	50:04
18.	<b>Philippa HUSE</b>	<b>AUS</b>	<b>50:25</b>

19. Mariona GARCÍA	ESP	50:31
20. Marina PEÑA	ESP	50:42
21. Joana PONTES	POR	50:50
22. Lauren HARRIS	USA	51:02
23. Julia RICHTER	GER	51:03
24. Valeria DISABATO	ITA	51:10
25. Guan-Ling HUANG	TPE	51:39
26. Yuu YOSHIDA	JPN	51:43
27. Yana FARINA	UKR	51:44
28. Sarah ALI	FRA	51:49
29. Austėja KAVALIAUSKAITE	LTU	51:57
30. Daryna KASYAN	UKR	52:17
31. Yekaterina SHLYKOVA	KAZ	53:01
32. Manon LEFRESNE	FRA	53:29
33. Wei-Chiao WU	TPE	54:20
34. Alina TKACH	UKR	55:48
35. Klaudia ŽÁRSKA	SVK	55:54
36. Kayla TORRES	USA	56:01
37. Kayla ALLEN	USA	59:35
Kader DOST	TUR	DQ
<b>Katie HAYWARD</b>	<b>AUS</b>	<b>DQ</b>
Yasury Betzayda Lorena PALACIOS	GUA	DQ
Inês REIS	POR	DNF
Valentina ZALEVSKAYA	KAZ	DNF

#### Teams

1. PR of China	10
2. Ecuador	13
3. Turkey	15
4. Japan	20
5. Peru	28
7. <b>Australia</b>	<b>34</b>



*Katie Hayward, Rebecca Henderson and Philippa Huse*

#### 20km Men, 10:10AM, Sunday 6 May THE RACE THAT SLIPPED AWAY: THE MEN'S 20K

Last but not least, the Men's 20K closed out the 2018 World Race Walking Team Championships. Five Australians made for a full team. Hopes were high and seemed to materialize when Rio bronze medalist and newly crowned Commonwealth Champion **Dane Bird-Smith** was among the early leaders and **Michael Hosking** walked in the back of the lead pack.

In the 4<sup>th</sup> kilometer, Germany's **Hagen Pohle** and China's **Kaihua Wang** accelerated into an early lead. After 5K, Dane passed the marker in 11<sup>th</sup> while Hosking stayed close to Commonwealth runner-up Tom Bosworth of Britain. But misfortune would befall Bird-Smith before half-way. When Dane had to check himself due to the unexpected slowing of walkers right in front of him, he slipped a bit on the white roadway markers. The move resulted in a pulled hamstring. Dane labored on but not for long. He dropped down the order and soon thereafter left the race in the 11<sup>th</sup> kilometre. What could have been?

Hosking was now the top Australian in the race, remaining in the top quarter of the field of 97. Michael fell victim though to the judicial red paddle in the last quarter of the race. Behind him, **Adam Garganis** and **Rhydian Cowley** were trading places for what would later prove to be the top Australian finish. At the half-way mark, Adam had a five-second advantage. But in the next kilometre, Cowley would pass Adam.

Up front, Wang dropped Pohl but four Japanese team members, Bosworth and world champion **Eider Arévalo** (Columbia) were among a group of walkers about to catch the early attackers. In the 14<sup>th</sup> kilometre, Wang had company. Meanwhile, Adam went ahead of Rhydian again by a few seconds. Not far behind, Australian **Brendon Reading** was battling with **Jhonatan Amores** of Ecuador and **Vikas Singh** of India.

Once past the wide turn point, it was Cowley's turn to pass Garganis. Cowley then surged ahead, not to be passed again by Adam as Rhydian kept up a crisper pace for the balance of the race. At 15K, Hosking, shortly before his forced exit, was back on Bosworth's heels, after the Brit had spent two minutes in the pit lane (a minute per 10K was the standard used).

In the 16<sup>th</sup> km, all early attacks up front had been neutralized as seven leaders regrouped. That's when Italian **Massimo Stano** upped the tempo, stretching thin the group of seven. Wang and **Koki Ikeda** of Japan kept the pace and, better yet, gapped the others, including Stano, who now had Japanese team members **Toshikazu Yamanishi** and **Eiki Takahishi** between him and the two leaders.

Hosking was battling with **Marius Žiukas** further back before being directed off the circuit. The Lithuanian finished in twenty-first, giving us a glimpse of how strong Michael's race had been.

Further back, Reading was demonstrating that he was not as bothered by the high humidity as were his fellow competitors. Brendon was now without company, as the figures in his rearview mirror became smaller and smaller. Reading's speed showed as he latched onto the passing leaders as they lapped him at km 19. Once past the turn point, Ikeda kept Wang at bay for first place while Stano stormed to the front, securing bronze and making it look like his surge could have been for gold had the Italian started it a bit earlier.

As he passed the 19K marker, Rhydian was biting down his gold chain, showing the grit of his effort. He improved seven spots in the last 5K, finishing as the top Australian in 47<sup>th</sup>. Two and a half minutes later, Reading almost caught Gardanis at the finish line, falling only five seconds short. Dane's bad luck greatly affected Australia's team score, stranding the Team in 13<sup>th</sup>.

1.	Koki IKEDA	JPN	1:21:13
2.	Kaihua WANG	CHN	1:21:22
3.	Massimo STANO	ITA	1:21:33
4.	Toshikazu YAMANISHI	JPN	1:21:53
5.	Brian PINTADO	ECU	1:22:21
6.	Xiangqian JIN	CHN	1:22:35
7.	Isamu FUJISAWA	JPN	1:22:54
8.	Álvaro MARTÍN	ESP	1:23:22
9.	Francesco FORTUNATO	ITA	1:23:31
10.	Manuel Esteban SOTO	COL	1:23:34
11.	Hagen POHLE	GER	1:23:44
12.	Eider ARÉVALO	COL	1:23:46
13.	Mauricio ARTEAGA	ECU	1:23:49
14.	Tom BOSWORTH	GBR	1:23:54
15.	Lebogang SHANGE	RSA	1:23:56
16.	Vasily MIZINOV	ANA	1:23:56
17.	Giorgio RUBINO	ITA	1:24:03
18.	Eiki TAKAHASHI	JPN	1:24:07
19.	Miguel Ángel LÓPEZ	ESP	1:24:08
20.	Ivan LOSEV	UKR	1:24:14
21.	Marius ŽIUKAS	LTU	1:24:17
22.	Alberto AMEZCUA	ESP	1:24:24
23.	Diego GARCÍA CARRERA	ESP	1:24:37
24.	Manuel BERMÚDEZ	ESP	1:24:54
25.	Christopher LINKE	GER	1:24:59
26.	César Augusto RODRÍGUEZ	PER	1:25:02
27.	José Leyver OJEDA	MEX	1:25:11
28.	Moacir ZIMMERMANN	BRA	1:25:14
29.	Andrés CHOCHO	ECU	1:25:29
30.	Kevin CAMPION	FRA	1:25:30
31.	Daisuke MATSUNAGA	JPN	1:26:25
32.	Hassanine SEBEI	TUN	1:26:41



33.	Horaci3 NAVA	MEX	1:26:51
34.	Wenchao NIU	CHN	1:26:56
35.	Jo3o VIEIRA	POR	1:26:59
36.	Mohamed RAGAB	EGY	1:26:59
37.	Gabriel BORDIER	FRA	1:27:11
38.	Cian MCMANAMON	IRL	1:27:17
39.	Wayne SNYMAN	RSA	1:27:27
40.	Veli-Matti PARTANEN	FIN	1:27:35
41.	Miguel RODRIGUES	POR	1:27:47
42.	Emmanuel CORVERA	USA	1:28:05
43.	Artur BRZOZOWSKI	POL	1:28:11
44.	Viktor SHUMIK	UKR	1:28:24
45.	Miroslav RADNK	SVK	1:28:32
46.	Jos3 Israel MELNDEZ	PUR	1:28:43
47.	<b>Rhydian COWLEY</b>	<b>AUS</b>	<b>1:28:54</b>
48.	Dawid TOMALA	POL	1:29:04
49.	Irfan KOLOTHUM THODI	IND	1:29:12
50.	Ricardo ORTIZ	MEX	1:29:15
51.	Sahin SENODUNCU	TUR	1:29:16
52.	Jarkko KINNUNEN	FIN	1:29:23
53.	Nils BREMBACH	GER	1:29:27
54.	Yingchao GAO	CHN	1:29:33
55.	Jos3 Carlos MAMANI	PER	1:29:47
56.	Benjamin THORNE	CAN	1:30:19
57.	Aurelien QUINION	FRA	1:30:31
58.	Byeongkwang CHOE	KOR	1:30:32
59.	Isaac PALMA	MEX	1:30:35
60.	Paolo YURIVILCA	PER	1:30:57
61.	Serhiy BUDZA	UKR	1:30:58
62.	<b>Adam GARGANIS</b>	<b>AUS</b>	<b>1:31:20</b>
63.	<b>Brendon READING</b>	<b>AUS</b>	<b>1:31:25</b>
64.	Vikas SINGH	IND	1:31:50
65.	Georgiy SHEIKO	KAZ	1:32:02
66.	John Cody RISCH	USA	1:32:06
67.	Alger LIANG	CAN	1:32:15
68.	Rick LIESTING	NED	1:32:31
69.	Miguel CARVALHO	POR	1:32:41
70.	Jos3 Luis DOCTOR	MEX	1:32:52
71.	Sharma NEERAJ	IND	1:32:56
72.	Jhonatan AMORES	ECU	1:33:06
73.	Sizwe NDEBELE	RSA	1:33:29
74.	Lenyn MAMANI	PER	1:33:31
75.	Tadas UKEVICIUS	LTU	1:33:55
76.	Bence VENERCSN	HUN	1:34:21
77.	Tebatso MASHIMBYI	RSA	1:35:08
78.	Eduard ZABUZHENKO	UKR	1:37:54
79.	Po-Ying LO	TPE	1:40:08
80.	Man Kit CHIN	HKG	1:43:32
	Marek ADAMOWICZ	CAN	DQ
	Jos3 Alejandro BARRONDO	GUA	DQ
	<b>Michael HOSKING</b>	<b>AUS</b>	<b>DQ</b>
	Edmund SIM	SGP	DQ
	Mert ATLI	TUR	DNF
	Jos3 Alessandro BAGIO	BRA	DNF
	rick Bernab3 BARRONDO	GUA	DNF
	Fabien BERNAB3	FRA	DNF
	<b>Dane BIRD-SMITH</b>	<b>AUS</b>	<b>DNF</b>
	Zelin CAI	CHN	DNF
	Marco DE LUCA	ITA I	DNF
	Serkan DOGAN	TUR	DNF
	Aliaksandr LIAKHOVICH	BLR	DNF
	Jos3 Leonardo MONTAA	COL	DNF
	Jos3 ROMERO	HON	DNF
	Vitaliy TEREKHIN	KAZ	DNF
	Alex WRIGHT	IRL	DNF

### Teams

1.	Japan	12
2.	Italy	29
3.	PR of China	42
4.	Ecuador	47
5.	Spain	49
13.	Australia	172



*Left: The strong Japanese team produced eventual winner Koki Ikeda and the winning team  
Right: Dane Bird-Smith tucked in the lead pack, before a slip on the wet road put paid to his race*



*Rhydian Cowley, Adam Garganis, Brendon Reading and Michael Hosking*

The overall medal count saw China ahead of Japan and Mexico. Australia was one of 7 countries to win more than one medal. This continues the country's run of good form – Australia has won at least one medal in each and every World Team Championships since 2004 (the last 8 editions).

Medal Count		Gold	Silver	Bronze	Total
1.	Pr Of China	6	4	2	12
2.	Japan	4	2	2	8
3.	Mexico	2	0	0	2
4.	Ecuador	0	3	0	3

5.	Italy	0	2	1	3
6.	Ukraine	0	1	1	2
7.	<b>Australia</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>2</b>
8.	Poland	0	0	1	1
9.	Turkey	0	0	1	1
10.	Spain	0	0	1	1
11.	Guatemala	0	0	1	1



*Our bronze medalists – Claire Tallent (50km Women), Declan Tingay, Kyle Swan and Mitchell Baker (U20 10km Teams)*

The action continued on Monday and Tuesday in Taicang with the third round of the China Race Walk Grand Prix. Lots more walk events and huge numbers of Chinese walkers on show. See [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3173](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3173).

And my own random thoughts now that I am back home and have had time to reflect on the championships

- What World Championship report would be complete without mentioning 48 year old **Jesús Garcia** (born 17 Oct 1969) who finished 18<sup>th</sup> in the men's 50km with 3:53:26. Garcia is the ultimate race walking machine, having appeared at 7 Olympics, 12 IAAF World Championships and 12 IAAF World Race Walking Team Championships, always in the 50km. He warmed up for Taicang with a 20:34 5000m interclub walk in Spain the previous week. He shows no signs of stopping as he surges towards 50 years of age. Former World Championship, European Championship and World Team Championships gold medalist, he is the sport's absolute legend.
- My walker of the meet would have to be **Maria Guadalupe Gonzalez**. The Mexican's huge finish in the Women's 20km confirmed her position as the number 1 female walker in the world. She won silver in Rio (2016), silver in the 2017 IAAF World Champs and has now won golds in the 2016 and 2018 World Team Championships. On the rare occasions when she does get relegated to silver, it is only via a sprint finish. And when she wins (which is more often) she is dominant. A last 5km of 20:27 saw her repeating her 2016 win for a historic World Teams Championship double. And she is only 29 years of age so has many years left at the top.
- The next most impressive performance was that of Chinese 50km winner **Rui Liang**. She dominated the finishing stages and had plenty left at the end, even though she set a new world record of 4:04:36. The standard of this event is increasing quickly and some are predicting we are not all that far from a sub-4 hour performance. I think it is not going to come as quickly as that but I may be wrong. Exciting times!
- The men's 50km is indeed a rich playground at the moment. Even without Johann Diniz and Matej Toth, it was still a wonderful race, and the dominant performance of the 3 Japanese augurs well for Tokyo 2020. And how about the walk of **Hirooki Arai**! Look, the men's 50km in Tokyo is going to be the T&F event of the Olympics! Tell that to the Race Walking Committee!
- The tactical race of the meet had to go to Mexican U20 walker **Alegna Gonzalez**. In the final couple of kilometres, she went from 4<sup>th</sup> place (fighting out the bronze with Australian Katie Hayward) to gold. Caught by Katie and seemingly struggling, she then kicked away, chased and caught the two girls in front and went on to win by 5 secs. And she looked great from a technical perspective.





*Superb walks by Maria Gonzales, Hirooki Arai and Alegna Gonzalez (Photos Getty Images for the IAAF)*



*Jesus Garcia and Rui Liang and Koki Ikeda (Photos Getty Images for the IAAF)*

- Australian coach **Brent Vallance** had a huge meet. 5 walkers and 5 superb performances - **Quentin Rew** finished 9<sup>th</sup> in the 50km with 3:48:58 (his highest ever finish), **Alana Barber** finished 23<sup>rd</sup> in the 20km with a NZ record and PB time of 1:31:32, **Brigita Virbalyte-Dimsieme** finished 10<sup>th</sup> in the same race with a PB 1:29:02, **Kyle Swan** finished 10<sup>th</sup> in the U20 10km in a big PB of 41:44 and **Jemima Montag** was on track for a huge sub-1:30 PB in the women's 20km until DQ'd late in the race. Well done to the super coach!
- I have had to rethink my views on the Pit Lane. It was used for all events (the first time for this in a major meet) and it worked well, giving walkers a second chance rather than an automatic DQ. It worked for the Australian U20 team. Even though Declan was pit-laned, he was able to finish, ensuring the boys still took team bronze. Others like Tom Bosworth also got a finish, after spending time in the "sin bin". Overall, the pit lane reduced the number of disqualifications by 42.9% for men and by 16.7% for women (37% in total). See analysis at [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3175](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3175).
- Lots of superb IAAF reports on the various races

50km Women: <https://www.iaaf.org/competitions/iaaf-world-race-walking-team-championships/news/liang-rui-50km-race-walk-world-record> and <https://www.iaaf.org/competitions/iaaf-world-race-walking->



- 50km Men: [team-championships/iaaf-world-race-walking-team-championships-6264/news/report/women/50-kilometres-race-walk/final](https://www.iaaf.org/competitions/iaaf-world-race-walking-team-championships-6264/news/report/women/50-kilometres-race-walk/final)
- 20km Women: <https://www.iaaf.org/competitions/iaaf-world-race-walking-team-championships/iaaf-world-race-walking-team-championships-6264/news/report/men/50-kilometres-race-walk/final>
- 20km Men: <https://www.iaaf.org/competitions/iaaf-world-race-walking-team-championships/iaaf-world-race-walking-team-championships-6264/news/report/women/20-kilometres-race-walk/final>
- U20 10km Women: <https://www.iaaf.org/competitions/iaaf-world-race-walking-team-championships/iaaf-world-race-walking-team-championships-6264/news/report/men/20-kilometres-race-walk/final>
- U20 10km Men: <https://www.iaaf.org/competitions/iaaf-world-race-walking-team-championships/iaaf-world-race-walking-team-championships-6264/news/report/women/10-kilometres-race-walk/final>

- Lots of great photos from Emmanuel Tardi, many of which I have used in this report.

- 50km: <https://tinyurl.com/ydxaaz88>
- 20km Women: <https://tinyurl.com/y8orvwct>
- 20km Men: <https://tinyurl.com/y72auql3>
- 10km U20 Women: <https://tinyurl.com/yb5c7qbr>
- 10m U20 Men: <https://tinyurl.com/y9tmezhm>

The 2020 World Team Championships will be held in Minsk, Belarus. I can hardly wait!

### 50KM 2018 WORLD RANKING LIST UPDATES

The IAAF Race Walking Committee was on a charm offensive last weekend in Taicang, hosting a meeting for championships attendees and waxing lyrical on all the good work they see themselves as doing. But the undertone was ominous as they made their position clear re the future of the 50km. Their position has not changed from 2016. If anything, it seems to have become even more intransigent. They see no future for the 50km walk. They find it boring and lacking relevance in this modern world and would much rather have us racing half marathons or marathons.

The wonderful performances in the inaugural women's 50km in Taicang must have been galling for them. Despite their best efforts, the women's 50km is gaining strength month by month. **Paul DeMeester** has added the results from last weekend's World Race Walking Team Championships to produce a 2018 list which now includes 129 walkers representing 26 member federations from all six world areas. The list shows 3 women under 4:10, 17 women under 4:30, 27 women under 4:40 and 48 women under 5:00. What a huge improvement in quality and quantity in the last 12 months since the event was added.

Let me reiterate that these lists are only for 2018. They do not include the many fine 50km walks from last year, meaning that Ines Henriques and others are not even in the mix yet. And we have the European Championships 50km races still to come.

#### Women's 50km Performances 2018 through May 5, 2018 - Note: B-Standard Judging where indicated

1.	Rui Liang	CHN	4:04:36	Taicang 5/5/18
2.	Hang Ying	CHN	4:09:09	Taicang 5/5/18
3.	Claire Tallent	AUS	4:09:33	Taicang 5/5/18
4.	Paola Viviana Perez	ECU	4:12:56	Taicang 5/5/18
5.	Julia Takacs Nyerges	ESP	4:13:04	Burjassot 2/25/18
6.	Faying Ma	CHN	4:13:28	Taicang 5/5/18
7.	Maria Czakova	SVK	4:14:25	Dudince 3/24/18
8.	Johana Edelmira Ordonez Lucero	ECU	4:14:28	Taicang 5/5/18
9.	Maocuo Li	CHN	4:14:47	Taicang 5/5/18
10.	Nastassia Yatsevich	BLR	4:18:00	Taicang 5/5/18
11.	Nadzeya Darazhuk	BLR	4:18:31	Taicang 5/5/18
12.	Ainhua Pinedo Gonzalez	ESP	4:18:56	Burjassot 2/25/18
13.	Magaly Beatriz Bonilla Solis	ECU	4:19:04	Taicang 5/5/18
14.	Khrystina Yudkina	UKR	4:22:15	Taicang 5/5/18
15.	Vasylyna Vitovshchik	UKR	4:24:08	Taicang 5/5/18
16.	Mayra Carolina Herrera	GUA	4:28:30	Taicang 5/5/18
17.	Alina Tsvilii	UKR	4:28:49	Taicang 5/5/18
18.	Mar Juarez	ESP	4:30:30	Taicang 5/5/18
19.	Serena Sonoda	JPN	4:31:52	Wajima 4/15/18
20.	Tiia Kuikka	FIN	4:32:43	Taicang 5/5/18
21.	Agnieszka Ellward	POL	4:32:47	Dudince 3/24/18
22.	Erika Jazmine Morales Cruz	MEX	4:32:53	Monterrey 2/25/18
23.	Maria Larios	ESP	4:37:43	Taicang 5/5/18
24.	Lyudmyla Shelest	UKR	4:37:43	Taicang 5/5/18
25.	Ksenya Radko	UKR	4:38:23	Taicang 5/5/18

26.	Nair da Rosa	BRA	4:38:48	Sucua 3/10/18
27.	Nami Kumagai	JPN	4:39:01	Wajima 4/15/18
28.	Mariavittoria Becchetti	ITA	4:40:15	Taicang 5/5/18
29.	Nikolitsa Andreopoulou	GRE	4:41:44	Dudince 3/24/18
30.	Yocy Caballero Huaman	PER	4:42:37	Sucua 3/10/18
31.	Joanna Bemowska	POL	4:43:48	Dudince 3/24/18
32.	Natsuma Kuramara	JPN	4:44:45	Wajima 4/15/18
33.	Mariela Sanchez Teran	MEX	4:46:12	Santee 1/20/18
34.	Ivana Renic	CRO	4:46:27	Dudince 3/24/18
35.	Katie Burnett	USA	4:47:50	Santee 1/20/18
36.	Natalie Le Roux	RSA	4:48:00	Taicang 5/5/18
37.	Lucie Barritault	FRA	4:48:08	Taicang 5/5/18
38.	Chiaki Yamato	JPN	4:48:46	Wajima 4/15/18
39.	Maeva Casale	FRA	4:51:13	Taicang 5/5/18
40.	Maria Dolores Marcos Valero	ESP	4:53:38	Burjassot 2/25/18
41.	Akane Tamaki	JPN	4:53:50	Wajima 4/15/18
42.	Erin Taylor-Talcott	USA	4:54:39	Monterrey 2/25/18
43.	Miriam de Jesus Gutierrez Arichavala	ECU	4:54:54	Sucua 3/10/18
44.	Angeliki Makri	GRE	4:56:00	Marathon 1/14/18
45.	Lizbeth Silva Miranda	MEX	4:58:41	Monterrey 2/25/18
46.	Anett Torma	HUN	4:59:55	Santee 1/20/18
47.	Myriam Cartagena Bonilla	ECU	5:02:51	Sucua 3/10/18
48.	Olga Cabrera Ysas	ESP	5:06:13	Burjassot 2/25/18
49.	Mari Takeuchi	JPN	5:06:18	Wajima 4/15/18
50.	Sandra Silva	POR	5:08:13	Porto de Mos 1/7/18
51.	Molly Jade Davey	GBR	5:08:17	Dudince 3/24/18
52.	Miyabi Kurihara	JPN	5:08:53	Wajima 4/15/18
53.	Hannah Hunter	GBR	5:11:06-	B IOM 4/15/18
54.	Susan Randall	USA	5:12:07	Taicang 5/5/18
55.	Chiho Tahira	JPN	5:17:05	Wajima 4/15/18
56.	Morgane Ausello	FRA	5:18:07	Merignac 3/18/18
57.	Michelle Turner	GBR	5:23:21	B IOM 4/15/18
58.	Karen Chiarello	GBR	5:28:41	B IOM 4/15/18
59.	Teresa Vaill	USA	5:29:29	Santee 1/20/18
60.	Efstathia Kourkoutsaki	GRE	5:34:21	Marathon 1/14/18
61.	Zoe Korkou	GRE	5:34:29	Marathon 1/14/18
62.	Sophie Dvorakova	GBR	5:41:39	B IOM 4/15/18
63.	Susan Brooke	CAN	5:42:54	Santee 1/20/18
64.	Elisabeth Cardeillac	FRA	5:44:43	Merignac 3/18/18
65.	Aura Libertad Morales Alvarez	MEX	5:46:47	Monterrey 2/25/18
66.	Casandra Milenka Nieto Linares	BOL	5:48:56	Monterrey 2/25/18
67.	Karen Lawrie	GBR	5:59:17	B IOM 4/15/18
68.	Maureen Moffatt	GBR	6:01:18	B IOM 4/15/18
69.	Jayne Farquhar	GBR	6:08:29	B IOM 4/15/18
70.	Billie Kwok	HKG	6:14:05	Hong Kong 1/1/18
71.	Adele Ropers	FRA	6:17:02	Merignac 3/18/18
72.	Christine David	FRA	6:21:15	B Charly-sur-Marne 2/4/18
73.	Wendy Choi	HKG	6:24:17	Hong Kong 1/1/18
74.	Emilie Bizard Planchot	FRA	6:24:39	B Charly-sur-Marne 2/4/18
75.	Florence Barbier	FRA	6:25:50	B Charly-sur-Marne 2/4/18
76.	Claudine Anxionnat	FRA	6:26:35	Merignac 3/18/18
77.	Linda Fung	HKG	6:28:33	Hong Kong 1/1/18
78.	Louise Hollings	GBR	6:29:22	B IOM 4/15/18
79.	Claudie Bizard	FRA	6:30:40	B Charly-sur-Marne 2/4/18
80.	Janna Kelly	GBR	6:39:56	B IOM 4/15/18
81.	Emma Nation	GBR	6:43:28	B IOM 4/15/18
82.	Rachael Hamilton	GBR	6:48:02	B IOM 4/15/18
83.	Kathryn Prince	GBR	6:49:12	B IOM 4/15/18
84.	Bryony Greasley	GBR	6:51:56	B IOM 4/15/18
85.	Hannah Miller	GBR	6:51:57	B IOM 4/15/18
86.	Jayne Adams	GBR	6:54:26	B IOM 4/15/18
87.	Paige Kelly	GBR	6:55:31	B IOM 4/15/18
88.	Nicole Rodier	FRA	6:56:35	B Charly-sur-Marne 2/4/18
89.	Sarah Cain	GBR	6:56:40	B IOM 4/15/18
90.	Francoise Arnault	FRA	7:00:46	B Charly-sur-Marne 2/4/18
91.	Abbie Cooke	GBR	7:03:15	B IOM 4/15/18
92.	Tiffany Bell	GBR	7:08:11	B IOM 4/15/18
93.	Emma Bell	GBR	7:08:14	B IOM 4/15/18

94. Angela Corkish	GBR	7:08:15	B IOM 4/15/18
95. Anita Parnell	GBR	7:09:42	B IOM 4/15/18
96. Miriam Garlick	GBR	7:09:43	B IOM 4/15/18
97. Darlene Backlund	USA	7:09:44	Santee 1/20/18
98. Pauline Taylor	GBR	7:10:33	B IOM 4/15/18
99. Carole Kelly	GBR	7:10:35	B IOM 4/15/18
100. Lucy McDowell	GBR	7:13:25	B IOM 4/15/18
101. Sharon Page	GBR	7:13:25	B IOM 4/15/18
102. Amy Dunne	GBR	7:15:31	B IOM 4/15/18
103. Ewelina Majewska	GBR	7:15:31	B IOM 4/15/18
104. Jane Oates	GBR	7:15:32	B IOM 4/15/18
105. Chris Phillips	GBR	7:17:33	B IOM 4/15/18
106. Kate Condon	GBR	7:17:33	B IOM 4/15/18
107. Barbara Watt	GBR	7:17:50	B IOM 4/15/18
108. Chrissy Lewis	GBR	7:18:34	B IOM 4/15/18
109. Nadine Cowin	GBR	7:18:34	B IOM 4/15/18
110. Jamie Fiddler	USA	7:22:47	Santee 1/20/18
111. Louise Kneen	GBR	7:25:13	B IOM 4/15/18
112. Bethany Kaneen	GBR	7:28:16	B IOM 4/15/18
113. Siobhan Golding	GBR	7:31:24	B IOM 4/15/28
114. Lydia Barbara	GBR	7:31:33	B IOM 4/15/18
115. Catherine Healy	GBR	7:31:46	B IOM 4/15/18
116. Nucharee Burr ridge	GBR	7:33:11	B IOM 4/15/18
117. Anne Dudley	GBR	7:36:37	B IOM 4/15/18
118. Anee Du Toit	GBR	7:44:32	B IOM 4/15/18
119. Liz Moore	GBR	7:44:33	B IOM 4/15/18
120. Kate Teare	GBR	7:44:46	B IOM 4/15/18
121. Mandy Hewes	GBR	7:45:40	B IOM 4/15/18
122. Magalie Lavergne	FRA	7:48:33	B Charly-sur-Marne 2/4/18
123. Audrey Regardebas	FRA	7:48:34	B Charly-sur-Marne 2/4/18
124. Catherine Jackson	GBR	7:49:22	B IOM 4/25/18
125. Aishling Creer	GBR	7:49:38	B IOM 4/15/18
126. Thenral Anand	GBR	7:51:17	B IOM 4/15/18
127. Vicki Black-Leigh	GBR	7:52:54	B IOM 4/15/18
128. Chloe Makin	GBR	7:57:21	B IOM 4/15/18
129. Verity Almond	GBR	7:57:22	B IOM 4/15/18

NOTE: Charly-sur-Marne results are official 50K splits during an 8-Hour race.

Paul has also updated the 2018 men's 50km ranking list which now includes 235 walkers from 37 member federations and from all 6 world areas. As with the women, the depth is strong: 40 walkers under 4:00, 69 under 4:10, 90 under 4:20 and 107 under 4:30. Wow!

**Men's 50km Performances 2018 as of May 5, 2018 - Note: B-Standard Judging where indicated**

1. Matej Toth	SVK	3:42:46	Dudince 3/24/18
2. Hirooki Arai	JPN	3:44:25	Taicang 5/5/18
3. Hayato Katsuki	JPN	3:44:31	Taicang 5/5/18
4. Veli-Matti Partanen	FIN	3:44:43	Dudince 3/24/18
5. Satoshi Maruo	JPN	3:44:52	Taicang 5/5/18
6. Marian Zakalnytsty	UKR	3:44:59	Taicang 5/5/18
7. Qin Wang	CHN	3:45:29	Taicang 5/5/18
8. Tomohiro Noda	JPN	3:45:56	Wajima 4/15/18
9. Rui Wang	CHN	3:48:01	Taicang 5/5/18
10. Rafal Augustyn	POL	3:48:22	Taicang 5/5/18
11. Perseus Karlstrom	SWE	3:48:54	Taicang 5/5/18
12. Quentin Rew	NZL	3:48:58	Taicang 5/5/18
13. Ivan Banzeruk	UKR	3:49:17	Taicang 5/5/18
14. Rafal Sikora	POL	3:49:54	Taicang 5/5/18
15. Evan Dunfee	CAN	3:50:18	Taicang 5/5/18
16. Cristian Andres Choco Leon	ECU	3:50:27	Monterrey 2/25/18
17. Dzmityr Dziubin	BLR	3:52:25	Taicang 5/5/18
18. Takayuki Tanii	JPN	3:52:33	Wajima 4/15/18
19. Michele Antonelli	ITA	3:53:00	Taicang 5/5/18
20. Valeriy Litanyuk	UKR	3:53:05	Taicang 5/5/18
21. Bernardo Uriel Barrondo Garcia	GUA	3:53:10	Taicang 5/5/18
22. Brendan Boyce	IRL	3:53:32	Taicang 5/5/18
23. Jose Leyver Ojedo Blas	MEX	3:53:37	Monterrey 2/25/18
24. Jesus Angel Garcia Bravado	ESP	3:53:48	Taicang 5/5/18

25.	Jarkko Kinnunen	FIN	3:54:26	Dudince 3/24/18
26.	Adrian Blocki	POL	3:54:31	Taicang 5/5/18
27.	Nathaniel Seiler	GER	3:54:54	Taicang 5/5/18
28.	Claudio Paulino Villanueva Flores	ECU	3:55:04	Taicang 5/5/18
29.	Andrea Agrusti	ITA	3:55:09	Taicang 5/5/18
30.	Jose Leonardo Montana	COL	3:55:48	Dudince 3/24/18
31.	Carl Dohmann	GER	3:55:58	Taicang 5/5/18
32.	Marc Tur Pico	ESP	3:56:05	Burjassot 2/25/18
33.	Benjamin Sanchez Bermejo	ESP	3:56:37	Taicang 5/5/18
34.	Sandeep Kumar	IND	3:56:39	New Delhi 2/17/18
35.	Omar Zepeda	MEX	3:57:31	Monterrey 2/25/18
36.	Jijiang Han	CHN	3:57:33	Taicang 5/5/18
37.	Shuto Goto	JPN	3:57:57	Wajima 4/15/18
38.	Artur Mastianica	LTU	3:58:33	Burjassot 2/25/18
39.	Jitendra Singh Rathore	IND	3:58:55	New Delhi 2/17/18
40.	Andriy Hrechkovskiy	UKR	3:59:32	Taicang 5/5/18
41.	Arnis Rumbenieks	LAT	4:00:06	Dudince 3/24/18
42.	S Damen Singh	IND	4:00:35	New Delhi 2/17/18
43.	Tadas Suskevicius	LTU	4:00:40	Dudince 3/24/18
44.	David Christian Berdeja Villalobos	MEX	4:00:45	Monterrey 2/25/18
45.	Chandan Singh	IND	4:00:58	New Delhi 2/17/18
46.	Jose Ignacio Diaz	ESP	4:01:06	Taicang 5/5/18
47.	Dusan Majdan	SVK	4:01:15	Dudince 3/24/18
48.	Luis Amauri Bustamante Franco	MEX	4:01:24	Monterrey 2/25/18
49.	Horacio Nava Reza	MEX	4:02:28	Monterrey 2/25/18
50.	Karl Junghanns	GER	4:02:36	Taicang 5/5/18
51.	Hyunmyeong Joo	KOR	4:02:38	Taicang 5/5/18
52.	Yuki Yamazaki	JPN	4:03:09	Wajima 4/15/18
53.	Lukas Gdula	CZE	4:03:39	Dudince 3/24/18
54.	James Aurelio Rendon Villegas	COL	4:03:42	Sucua 3/10/18
55.	Mathieu Bilodeau	CAN	4:05:02	Taicang 5/5/18
56.	Hugo Andrieu	FRA	4:05:15	Taicang 5/5/18
57.	Pablo Oliva Requena	ESP	4:05:43	Burjassot 2/25/18
58.	Katsuya Ishii	JPN	4:05:46	Wajima 4/15/18
59.	Bence Barnabas Venyercsan	HUN	4:05:54	Dudince 3/24/18
60.	Yuki Ito	JPN	4:06:20	Taicang 5/5/18
61.	Anatole Ibanez	SWE	4:06:27	Taicang 5/5/18
62.	Tomofumi Kanno	JPN	4:06:32	Wajima 4/15/18
63.	Dominic King	GBR	4:06:34	Dudince 3/24/18
64.	Ihor Saharuk	UKR	4:06:50	Taicang 5/5/18
65.	David Gerardo Velasquez Caiza	ECU	4:07:47	Sucua 3/10/18
66.	Daniel King	GBR	4:08:16	Dudince 3/24/18
67.	Tatsuya Tanaka	JPN	4:09:22	Wajima 4/15/18
68.	Nick Christie	USA	4:09:32	Santee 1/20/18
69.	Jyoti Tawtya	IND	4:09:43	New Delhi 2/17/18
70.	Wei-Lin Chang	CHN	4:10:13	Taicang 5/5/18
71.	Takafumi Higuma	JPN	4:11:03	Wajima 4/15/18
72.	Israel Aymar Celi	ECU	4:11:04	Burjassot 2/25/18
73.	Stefano Chiesa	ITA	4:11:07	Taicang 5/5/18
74.	Jorge Alejandro Martinez Baez	MEX	4:11:10	Monterrey 2/25/18
75.	Pedro Isidro	POR	4:11:25	Porto de Mos 1/7/18
76.	Matthew Forgues	USA	4:11:43	Monterrey 2/25/18
77.	Jurgen Everhard Grave Chavez	GUA	4:11:50	Campo de Marte 2/10/18
78.	Bruno Erent	CRO	4:12:22	Dudince 3/24/18
79.	Jiayu Luo	CHN	4:12:31	Huangshan 3/4/18
80.	Anders Hansson	SWE	4:12:47	Taicang 5/5/18
81.	Darwin Fernando Leon Tenesaca	ECU	4:13:12	Sucua 3/10/18
82.	Rongjiang Shan	CHN	4:15:28	Taicang 5/5/18
83.	Takane Sato	JPN	4:15:57	Wajima 4/15/18
84.	Diego Flores Espinoza	MEX	4:16:19	Monterrey 2/25/18
85.	Anthony Joseph Gruttadauro	USA	4:16:23	Taicang 5/5/18
86.	Luis Campos Cruz	PER	4:17:04	Sucua 3/10/18
87.	Helder dos Santos	POR	4:17:34	Dudince 3/24/18
88.	Naoya Matsuo	JPN	4:17:57	Wajima 4/15/18
89.	Erwin Ernesto Morales Paau	GUA	4:18:07	Campo de Marte 2/10/18
90.	Rodrigo Javier Zeballos Pena	BOL	4:18:25	Sucua 3/10/18
91.	Hiroyoshi Murakami	JPN	4:20:44	Wajima 4/15/18
92.	Florian Mayer	FRA	4:21:02	Merignac 3/18/18



93. David Tokodi	HUN	4:21:14	Dudince 3/24/18
94. Liangshan Ma	CHN	4:21:16	Huangshan 3/4/18
95. Francisco Arcilla Aller	ESP	4:22:48	Burjassot 2/25/18
96. Hideaki Miyajima	JPN	4:23:08	Wajima 4/15/18
97. Xavier Alexander Mena Jara	ECU	4:23:25	Sucua 3/10/18
98. Yutaka Maniwa	JPN	4:23:30	Wajima 4/15/18
99. Mario Alfonso Bran Granillo	GUA	4:24:50	Campo de Marte 2/10/18
100. Konstantinos Alexandros Ntentopoulos	GRE	4:24:57	Marathon 1/14/18
101. Youngjun Byun	KOR	4:25:30	Taicang 5/5/18
102. Sergio Daniel Sacul Caal	GUA	4:25:51	Campo de Marte 2/10/18
103. Dimitris Tsiordas	GRE	4:26:36	Marathon 1/14/18
104. Ronald Rey Quispe Misme	BOL	4:27:33	Sucua 3/10/18
105. Jay Prakash Singh	IND	4:28:32	New Delhi 2/17/18
106. Guichao Cui	CHN	4:28:45	Huangshan 3/4/18
107. Takahito Otsubo	JPN	4:29:58	Wajima 4/15/18
108. Sagar S. Joshi	IND	4:31:52	New Delhi 2/17/18
109. Anjani Kumar Singh	IND	4:32:07	New Delhi 2/17/18
110. Kostas Stamelos	GRE	4:35:18	Marathon 1/14/18
111. Hironari Tomatsu	JPN	4:35:23	Wajima 4/15/18
112. Rafael Ballesteros Garcia	ESP	4:35:54	Burjassot 2/25/18
113. Naohiro Koyama	JPN	4:36:31	Wajima 4/15/18
114. Jean Blancheteau	FRA	4:37:01	Merignac 3/18/18
115. Jonathan Hobbs	GBR	4:37:42	Merignac 3/18/18
116. Jefferson Santiago Imbacuan Paucar	ECU	4:38:32	Sucua 3/10/18
117. Cristiano Antonio	POR	4:39:56	Porto de Mos 1/7/18
118. Jean-Franck Vanoosthuyse	FRA	4:40:04	Merignac 3/18/18
119. Maxime Faiteau	FRA	4:40:34	Merignac 3/18/18
120. Luis Angel Sanchez Perez	GUA	4:41:12	Campo de Marte 2/10/18
121. Jose Manuel Gomez Garcia	ESP	4:42:08	Burjassot 2/25/18
122. Som Kumar	IND	4:42:16	New Delhi 2/17/18
123. David Mapp	GBR	4:43:45	B IOM 4/15/18
124. Luis Silva	POR	4:44:11	Porto de Mos 1/7/18
125. Krishna Bind	IND	4:44:49	New Delhi 2/17/18
126. Qingsheng Ceng	CHN	4:44:58	Taicang 5/5/18
127. David Pueyo Ministral	ESP	4:47:42	Burjassot 2/25/18
128. Ryota Kuroki	JPN	4:48:02	Wajima 4/15/18
129. Marc Guerrero Plaza	ESP	4:49:00	Burjassot 2/25/18
130. Tenmaru Hirota	JPN	4:52:46	Wajima 4/15/18
131. Richard Gerrard	GBR	4:52:46	B IOM 4/15/18
132. Fabio Urday Salazar	PER	4:52:47	Sucua 3/10/18
133. Arata Saitou	JPN	4:54:29	Wajima 4/15/18
134. Maxime Cottevieille	FRA	4:54:54	Merignac 3/18/18
135. Pablo Gomez	USA	4:56:19	Santee 1/20/18
136. Gerard Guetat	FRA	4:57:28	Merignac 3/18/18
137. Henrique Santos	POR	4:57:29	Porto de Mos 1/7/18
138. Peter Tichy	SVK	4:57:38	Dudince 3/24/18
139. Dominique Van Hille	FRA	5:00:54	Merignac 3/18/18
140. Daniel Foudjem Ganno	CMR	5:03:21	Merignac 3/18/18
141. Antonio Gonzalez Arrabal	ESP	5:04:11	Burjassot 2/25/18
142. Christophe Erard	FRA	5:14:22	Merignac 3/18/18
143. Marc Legentil	FRA	5:15:42	Merignac 3/18/18
144. Pete Miller	GBR	5:22:01	B IOM 4/15/18
145. Philippe Gilles	FRA	5:24:42	B Charly-sur-Marne 2/4/18
146. Dave Talcott	USA	5:28:40	Santee 1/20/18
147. Philippe Morel	FRA	5:29:17	B Charly-sur-Marne 2/4/18
148. Adam Cowin	GBR	5:30:10	B IOM 4/15/18
149. Dale Farquhar	GBR	5:31:45	B IOM 4/15/18
150. Michael Bonney	GBR	5:32:31	B IOM 4/15/18
151. Dimitri Hugon	FRA	5:32:41	Merignac 3/18/18
152. David Vandercoilden	FRA	5:38:32	B Charly-sur-Marne 2/4/18
153. Robbie Callister	GBR	5:38:55	B IOM 4/15/18
154. Adam Killip	GBR	5:39:25	B IOM 4/15/18
155. Tony Mackintosh	GBR	5:41:02	B IOM 4/15/18
156. Cedric Varain	FRA	5:42:50	B Charly-sur-Marne 2/4/18
157. Paul Sayle	GBR	5:45:46	B IOM 4/15/18
158. Ray Pitts	GBR	5:46:07	B IOM 4/15/18
159. Emmanuelle Lassalle	FRA	5:46:20	B Charly-sur-Marne 2/4/18
160. Alain Malfondet	FRA	5:47:51	B Charly-sur-Marne 2/4/18

161. Jacques Arnault	FRA	5:51:46	B Charly-sur-Marne 2/4/18
162. David Walker	GBR	5:54:23	B IOM 4/15/18
163. Peter James Back	SGP	5:54:26	Hong Kong 1/1/18
164. Mickael Jacquemin	FRA	5:55:59	B Charly-sur-Marne 2/4/18
165. Alain Pellerin	FRA	5:56:32	B Charly-sur-Marne 2/4/18
166. Steve Harper	USA	5:57:12	Santee 1/20/18
167. Tony Edwards	GBR	5:57:35	B IOM 4/15/18
168. Bertrand Labarre	FRA	5:58:57	B Charly-sur-Marne 2/4/18
169. Ray Beattie	GBR	6:00:24	B IOM 4/15/18
170. Walker Wong	HKG	6:03:50	Hong Kong 1/1/18
171. Eric Toutain	FRA	6:06:35	B Charly-sur-Marne 2/4/18
172. Frans Leijtens	NED	6:06:45	B Charly-sur-Marne 2/4/18
173. Denis Giraudeau	FRA	6:08:10	B Charly-sur-Marne 2/4/18
174. Tristan Shields	GBR	6:08:11	B IOM 4/15/18
175. Pierre Coulombel	FRA	6:08:13	B Charly-sur-Marne 2/4/18
176. Will Moffatt	GBR	6:10:08	B IOM 4/15/18
177. Gilles Letessier	FRA	6:10:32	B Charly-sur-Marne 2/4/18
178. Eric Boufflert	FRA	6:12:36	B Charly-sur-Marne 2/4/18
179. Alan Teare	GBR	6:13:11	B IOM 4/15/18
180. Alan Cowin	GBR	6:13:12	B IOM 4/15/18
181. Pascal Thevenin	FRA	6:13:15	B Charly-sur-Marne 2/4/18
182. Stephane Grados	FRA	6:15:15	B Charly-sur-Marne 2/4/18
183. Alain Hiernard	FRA	6:15:17	B Charly-sur-Marne 2/4/18
184. Andrew Dawson	GBR	6:18:49	B IOM 4/15/18
185. Johann Balland	FRA	6:20:15	B Charly-sur-Marne 2/4/18
186. Dominique Delange	FRA	6:21:08	B Charly-sur-Marne 2/4/18
187. Daniel Dien	FRA	6:22:31	B Charly-sur-Marne 2/4/18
188. Luke McKinlay	GBR	6:23:01	B IOM 4/15/18
189. Adrian Zamudio	USA	6:28:14	Santee 1/20/18
190. Jean-Claude Bruneaux	FRA	6:28:20	B Charly-sur-Marne 2/4/18
191. Dominique Chatillon	FRA	6:29:39	B Charly-sur-Marne 2/4/18
192. Dominique Buisson	FRA	6:30:41	B Charly-sur-Marne 2/4/18
193. Mike Callister	GBR	6:33:20	B IOM 4/15/18
194. Denis Heller	FRA	6:34:17	B Charly-sur-Marne 2/4/18
195. Luca Papi	ITA	6:35:23	B Charly-sur-Marne 2/4/18
196. Cedric Piot	FRA	6:35:24	B Charly-sur-Marne 2/4/18
197. Laurent Bovin	FRA	6:35:51	B Charly-sur-Marne 2/4/18
198. Serge Seynaeve	BEL	6:37:03	B Charly-sur-Marne 2/4/18
199. Daniel Chauviteau	FRA	6:38:44	B Charly-sur-Marne 2/4/18
200. Chan Wai-on	HKG	6:39:01	Hong Kong 1/1/18
201. Ryan Neild	GBR	6:39:10	B IOM 4/15/18
202. Remi Michelot	FRA	6:40:24	B Charly-sur-Marne 2/4/18
203. Gilles Huart	FRA	6:41:17	B Charly-sur-Marne 2/4/18
204. Jimmy Corkish	GBR	6:41:30	B IOM 4/15/18
205. Cristian Fillieux	BEL	6:42:29	B Charly-sur-Marne 2/4/18
206. Nick Wallinger	GBR	6:43:33	B IOM 4/15/18
207. Andy Baxendale	GBR	6:43:33	B IOM 4/15/18
208. Martin Kennaugh	GBR	6:44:34	B IOM 4/15/18
209. Trevor Newton	GBR	6:47:19	B IOM 4/15/18
210. Patrick Mougenot	FRA	6:48:04	B Charly-sur-Marne 2/4/18
211. John J. Cooper	GBR	6:49:09	B IOM 4/15/18
212. Paul Holmes	GBR	6:49:59	B IOM 4/15/18
213. Greg Nation	GBR	6:51:13	B IOM 4/15/18
214. Frank Feeney	GBR	6:51:57	B IOM 4/15/18
215. Hugues Thevenin	FRA	6:55:35	B Charly-sur-Marne 2/4/18
216. James Jones	GBR	6:55:54	B IOM 4/15/18
217. Chris Till	GBR	6:59:06	B IOM 4/15/18
218. Scott St. John	GBR	6:59:12	B IOM 4/15/18
219. Steven Welsh	GBR	6:59:24	B IOM 4/15/18
220. Paul Terbrack	USA	7:02:04	Santee 1/20/18
221. Robert Daloz	FRA	7:06:07	B Charly-sur-Marne 2/4/18
222. Michael Gillen	GBR	7:07:35	B IOM 4/15/18
223. Colin S. Moore	GBR	7:08:41	B IOM 4/15/18
224. Mark Cain	GBR	7:12:22	B IOM 4/15/18
225. Bela Farago	FRA	7:18:54	B Charly-sur-Marne 2/4/18
226. Ludovic Garcia	FRA	7:18:55	B Charly-sur-Marne 2/4/18
227. Gordon Erskine	GBR	7:31:33	B IOM 4/15/18
228. Daniel Bordier	FRA	7:34:41	B Charly-sur-Marne 2/4/18

229. Dermot O'Toole	GBR	7:36:37	B IOM 4/15/18
230. Eric Haghebaert	FRA	7:44:04	B Charly-sur-Marne 2/4/18
231. Paul Quayle	GBR	7:51:19	B IOM 4/15/18
232. Mike Horne	GBR	7:51:20	B IOM 4/15/18
233. Tim Perry	GBR	7:52:18	B IOM 4/15/18
234. Philippe Emoniere	FRA	7:52:59	B Charly-sur-Marne 2/4/18
235. Steve Curtis	GBR	8:21:17	B IOM 4/15/18

NOTE: Charly-sur-Marne results are official 50K splits during an 8-Hour race.

### VRWC ROAD WALKS, MIDDLE PARK, SATURDAY 5 MAY

And now onto our Australian based results, starting with our own VRWC races at Middle Park last Saturday.

Another great day at the Victorian Race Walking Club with 51 walkers in action at Middle Park. I was not there (it's a bit far to travel from China!) but Ralph Bennett has forwarded the results to me. Weather was cool and partly cloudy. There were a few spots of rain, towards the end of the 12km, which caused a mild panic as no tents had been erected. However the rain held off, and packup was completed without getting wet.

The standout performance was from 14 year old **Corey Dickson** who recorded a big PB of 23:40 for the 5km walk. We also welcomed first timers **Steven Haverly**, **Zahlia Heikkila-Dubowik** and **Tamisha Upson**.

#### 12km walk

1.	Madeleine Feain	FOpen	1:18:08
2.	Donna-Marie Elms	F40-59	1:20:16
1.	Gerard Feain	M40-59	1:19:18

#### 10km Walk

1.	Claire Samanna	FOpen	1:01:00
2.	Karyn O'Neill	F60+	1:12:21
	Kelly Ruddick	F40-59	DNF

#### 5km Walk

1.	Paige De Lisen	FOpen	27:30	
2.	Holly Cocking	FU16	29:47	
3.	Isabella Dingli	FU16	35:54	
4.	Gwen Steed	F60+	37:54	
5.	Margaret Beaumont	F60+	46:41	
1.	Mark Blackwood	M40-59	23:33	
2.	Corey Dickson	MU16	23:40	PB 0:40
3.	Pramesh Prasad	M40-59	25:39	
4.	Bernie Keirl	M40-59	29:18	
5.	Russ Dickenson	M60+	33:56	
6.	Geoff Barrow	M60+	35:13	
7.	Ian Beaumont	M60+	46:35	
	Heath Beveridge	MU16	DNF	

#### 3km Walk

1.	Charlotte Hay	FU14	15:48
2.	Brianna Briet	FU14	17:55
3.	Kathleen O'Mahony	FU16	18:06
4.	Kaylah Heikkila-Dubowik	FU14	18:30
5.	Heather Carr	F60+	18:41
6.	Charli Walker	FU16	20:18
7.	Alannah Dingli	FU16	20:32
8.	Emily Smith	FU12	20:33
9.	Alannah Upson	FU12	20:57
10.	Gemma Lillie	FU14	21:36
11.	Beverly Hugo	F60+	25:09
1.	Luke Epps	MU12	15:46
2.	Lachlan Feain	MU18	15:51
3.	Angus Hay	MU14	16:56
4.	Liam Hutchins	MU10	17:01
5.	Marcus Wakim	MU12	17:05

6.	Albin Hess	M40-59	18:15	
7.	Liam O'Rourke	MU14	18:34	
8.	Bruce Conboy	M60+	24:01	
9.	Steven Haverly	M40-59	28:05	First time at VRWC

#### 1.5km Walk

1.	Darcey Roberts	FU12	07:45	
2.	Ella Cunningham	FU12	09:58	
3.	Zahlia Heikkila-Dubowik	FU10	09:58	First time at VRWC
4.	Tamisha Upson	FU10	10:58	First time at VRWC
5.	Ela Uzun	FU10	11:02	
6.	Sophie Blackwood	FU10	11:10	Estimated
7.	Jan Morrey	F60+	11:50	
8.	Havana Ali	FU10	12:45	
9.	Pam Mews	F60+	17:22	

1.	Sebastian Weickhardt	MU12	8:43
2.	Hamish Blackwood	MU10	8:57
3.	Aiden Smith	MU12	10:59

**Judges:** Peter Vysma (C), Gordon Loughnan, Shane Dickson, Stuart Cooper



*Walkers get underway at Middle Park last Saturday (photo Eija Heikkila)*

I must also acknowledge some new VRWC club records that have been done recently. I will be updating our records list very shortly – see <http://www.vrwc.org.au/vrwc-records.shtml>.

Daniel Walters	M	M35 5km Road Walk	22:24	VRWC Road Races	21/01/2018
Darcey Roberts	W	U11 Girls 3000m Track Walk	18:29.88	AV U14 3000m, Albert Park	24/02/2018
Daniel Walters	M	M35 1500m Track Walk	6:09.71	VMA 1500m Champ, Doncaster	25/03/2018
Darcey Roberts	W	U11-U13 Girls 1.5km Road Walk	7:45	VRWC Races, Middle Park	05/05/2018

#### ACTRWC ROADWALKS, LENNOX GARDENS, CANBERRA, SATURDAY 5 MAY

Thanks to Robin Whyte for this week's results from Canberra.

#### 8km Handicap

1.	Doug Fitzgerald	1:03:51
2.	Robin Whyte	53:27
3.	Callum Burns	41:20
4.	Greg Durr	49:58
5.	Bob Parker	1:01:00
6.	Mick Saunders	59:35

#### 4km Handicap

1.	Jack Thackray	37:37
2.	Connor Frew	18:40
3.	Pat Fisher	38:56
4.	Rosemary Parker	30:15
5.	Raine Thompson	37:26
6.	David Mackenzie	34:38

7. Phil Essam	1:16:42	7. Hannah Manning	23:07
Derek Robinson	DNF	8. Sidney Shaw	26:41
Kate Black	DNF		
Tim Fraser	DNF		
<b>1k m Handicap</b>		<b>2km Handicap</b>	
1. Eliza Booth-Hunt	9:30	1. Owen Toyne	12:18
2. Eloise Smith	6:08	2. Andrew Camp-Liddiard	13:38
3. Georgia Frew	6:35	3. Robyn Saunders	17:28

### TRWC ROADWALKS, WENTWORTH PARK, HOBART, SATURDAY 5 MAY

Thanks to Wayne Fletcher for last weekend's results from Hobart in Tasmania.

<b>3km Walk</b>		<b>5km Walk</b>	
1. Chloe Ahern	19.57	1. Will Robertson	25.45
		2. Ron Foster	33.20
<b>4km Walk</b>		3. Wayne Fletcher	40.39
1. Alice Randall	20.30	4. Dave Moore	40.43
<b>7km Walk</b>		<b>6km Walk</b>	
1. Steve Ahern	45.21	1. Anna Blackwell	39.02

### SARWC ROADWALKS, ADELAIDE PARKLANDS, ADELAIDE, SATURDAY 5 MAY

Thanks to peter Crump for this week's results from Adelaide.

<b>10km Handicap</b>		<b>2km Walk</b>	
1. Mathew Bruniges	59:44	1. Kiera Ross	11:34
2. Peter Crump	1:02:29	2. Elli Pusonjic	11:30
3. James Hoare	1:20:50	3. Tarique Kamish	17:17
4. Bill Starr	1:24:25	4. Zahra Kamish	20:53
Rhiannon Lovegrove	DNF	5. Katie DeRuvo	11:44
<b>5km Handicap</b>		6. Hannah Wilks	11:33
1. Liz Downs	41:39	7. Sam Wilks	13:23
<b>3km Walk</b>		<b>1km Walk</b>	
1. Toby Wilks	14:45	1. Jake Vidler	5:28
2. Mia Wilks	17:22	2. Pam Morutto	10:04
3. Zayden Kamish	23:30		

### QRWC ROADWALKS, KALINGA PARK, BRISBANE, SUNDAY 6 MAY

Thanks to Robyn Wales for this week's results from Queensland. With 41 walkers in action, it was a strong local meet.

<b>A Grade 10km</b>				<b>D Grade 2km</b>			
1. Caitlin Hannigan	W	52.57		E1. Ethan Clarke	M	13.08	
2. Jessica Pickles	W	53.47		E1. Scarlett Schofield	W	13.08	
3. Iggy Jimenez	M	54.02		E3. Isabella Schofield	W	14.17	
4. Peter Bennett	M	58.53		E3. Amber Tofful	W	14.17	
5. Brenda Gannon	W	59.31		5. Robyn Wales	W	18.19	
6. Argenis Guevara	M	1.00.22		6. Jayne Westlin	W	19.24	
7. Nyle Sunderland	W	1.02.08					
8. Paul Lindenberg	M	1.06.57		<b>E Grade 2km</b>			
9. Mark Carlile	M	1.11.47		1. Myles Callaghan	M	10.53	
10. Noela McKinven	W	1.21.54		2. Tamika Gee	W	11.16	
<b>B Grade 5km</b>				3. Charlie Capps	M	11.22	
1. Mackenzie Ofield	W	28.35		4. Jacob Petrovic	M	13.38	
2. Amelia Schofield	W	30.31		5. Charlotte Brady	W	17.00	
3. Charlotte Hamann	W	33.00		<b>F Grade 1km</b>			
4. Debbie Lindenberg	W	36.44		1. Makenna Clarke	W	5.41	



5.	Patrick Sela	M	40.32	2.	Flynn Callaghan	M	5.42
6.	Jonathan Wearne	M	DNF	3.	Chelsea Capps	W	5.54

#### C Grade 3km

1.	Ashanti Heap	W	16.24
2.	Sam McCure	M	16.43
3.	Lyla Williams	W	17.32
4.	Kai Norton	M	18.10
5.	Torryn Fisher	W	18.48
6.	Korey Brady	W	19.30
7.	Amber Norton	W	20.22
8.	Sophie Porter	W	21.13
9.	Jasmine McRoberts	W	21.19

4.	Siaan Fisher	W	6.16
5.	Isabella Gee	W	7.13



*Mackenzie Ofield, Jess Pickles, Amelia Schofield and Nyle Sunderland (photos Robyn Wales)*

#### TRWC ROADWALKS, BRIGHTON, TASMANIA, SATURDAY 28 APRIL

Thanks to Wayne Fletcher for the latest results from the Tasmanian Race Walking Club in Hobart on Saturday 28<sup>th</sup> April.

##### 3km Walk

1.	Will Robertson	15.24
2.	Anna Blackwell	19.25
3.	Eugene Gerlach	19.26
4.	Chloe Ahern	20.47

##### 7km Walk

1.	Steve Ahern	46:38
----	-------------	-------

##### 5km Walk

1.	Alice Randall	26.40
2.	Ron Foster	33.17
3.	David Moore	41.05

##### 2km Walk

1.	Anna Blackwell	12.12
----	----------------	-------

#### AMA CHAMPIONSHIPS, WA ATHLETICS STADIUM, FLOREAT, PERTH, 26-29 APRIL 2018

The 10km road walks at the Australian Masters T&F Championships in Perth were held on the morning of Sunday 29<sup>th</sup> April on a picturesque shaded 2km course in the Perry Lakes Reserve.

##### W30-94 10km Road Walk, 9AM, Sunday 29 April

The women's walk saw dominant performances from **Lyn Ventris** (W60 56:06) and **Heather Lee** (W90 1:25:08). Other top age graded performances from **Heather Carr** (W65 1:06:00) and **Joan Purcell** (W75 1:20:01).

W30	1	Melissa Lewis	W30	MAWA	1:00:39	67.52%
W45	1	Regina Crouch	W49	MAWA	1:27:09	50.85%
W50	1	Karyn Tolardo	W52	MAWA	1:04:40	71.74%

	2	Wendy Farrow	W50	MAWA	1:07:25	68.81%
	3	Cheryl-Lee Dean	W53	MAWA	1:10:29	65.82%
W55	1	Anne Weekes	W55	NSWMA	1:05:11	74.94%
	2	Lorna England	W58	ACTMA	1:24:55	57.53%
W60	1	Lyn Ventris	W61	MAWA	56:06	<b>92.32%</b>
	2	Jennie Payne	W61	VMA	1:09:34	74.45%
	3	Karyn O'Neill	W63	VMA	1:12:13	71.71%
W65	1	Heather Carr	W68	VMA	1:06:00	<b>83.85%</b>
W75	1	Joan Purcell	W76	QMA	1:20:14	<b>81.09%</b>
	2	Luella Jenkins	W76	MAWA	1:21:20	79.99%
	3	Lynne Schickert	W76	MAWA	1:24:53	76.65%
W90	1	Heather Lee	W91	NSWMA	1:25:28	<b>108.87%</b>

### M30-94 10km Road Walk, 9AM, Sunday 29 April

Fastest time in the men's race to WA walker **Andrew Duncan** (M50 49:52). Other good age graded performances included **Ignacio Jimenez** (M50 51:50), **Andrew Jamieson** (M70 1:03:18), **Robin Whyte** (M75 1:08:00) and **Jim Seymon** (M80 1:10:07).

M40	1	Pramesh Prasad	M44	VMA	55:24	70.27%
	2	Daniel Lowe	M42	MAWA	1:11:01	54.81%
	3	jason kell	M42	MAWA	1:13:17	53.12%
M45	1	Wayne Byram	M46	MAWA	1:03:48	63.45%
M50	1	Andrew Duncan	M52	MAWA	49:52	<b>84.55%</b>
	2	Ignacio Jimenez Solis	M53	QMA	51:50	<b>81.34%</b>
M55	1	Kevin Cassidy	M57	VMA	56:39	77.65%
M60	1	Victor Munoz	M63	MAWA	1:06:14	69.55%
	2	Terry O'Neill	M62	VMA	1:08:09	67.59%
M65	1	Dennis Williams	M69	NSWMA	1:06:59	72.44%
	2	Allen Whitley	M66	MAWA	1:22:13	59.02%
	3	Mike Roberts	M67	NT	1:22:59	58.47%
	4	Geoff Lont	M65	VMA	1:28:53	54.59%
M70	1	Andrew Jamieson	M71	VMA	1:03:18	<b>81.30%</b>
	2	john mcdonagh	M70	MAWA	1:09:52	73.66%
	3	Haydn Gawne	M70	MAWA	1:10:45	72.74%
	4	Johan Hagedoorn	M74	MAWA	1:11:33	71.93%
M75	1	Robin Whyte	M76	ACTMA	1:08:00	<b>80.91%</b>
M80	1	Jim Seymon	M80	NSWMA	1:10:07	<b>84.66%</b>
M85	1	Colin Silcock-Delaney	M85	VMA	1:24:49	76.38%

Graeme Dahl photos from the roadwalks: <https://www.flickr.com/photos/56785857@N08/albums/72157690538416990>.



*Kevin Cassidy, Andrew Duncan and Lyn Ventris*



*Heather Lee, Andrew Jamieson, Heather Carr and Karyn O'Neill (all photos Graeme Dahl)*

**NSWRWC ROADWALKS, TEMPE, SYDNEY, SATURDAY 28 APRIL**

Going back to Saturday 28<sup>th</sup> April for the NSWRWC roadwalks at Tempe.

**U16 3km**

1.	Jayda Stanley	17.32
2.	Ella Monroe	17.39
3.	Catherine Schofield	17.52
4.	Brendan Pospichil	18.03
5.	Ellie DeCellis	18.08
6.	Chloe Lamb	18.19
7.	Isabelle Nilon	19.17
8.	Jasmine Wong	20.00
9.	Zsofia Varga-Strike	20.23
10.	Emily Challinor	29.32
11.	Amelia Crocker	29.42

**U12 1.5km**

1.	Thomas Varga-Strike	8.05
2.	Ella Nordenson	8.46
3.	Aiden Pospichil	8.55
4.	Dylan Ryan	9.54
5.	Wanda Skoudas	10.12
6.	Sarah Challinor	10.19

**U10 1km**

1.	Christopher Nilon	6.29
2.	Luke Challinor	10.53
3.	Zoe Zantiotis	10.54

**Long Division 8km**

1.	Travis Barendregt	48.32
2.	Bridget Bell	52.56

**Medium Division 6km**

1.	Ryan Thomson	29.16
2.	Kyle Bedford	29.17
3.	Hannah Parker	38.34

**Short Division 3km**

1.	Olivia Thomson	16.39
2.	Brittany Robertson	19.01
3.	Jada Thomson	19.20
4.	Carmel Parker	19.26
5.	Nicolle Challinor	20.54
6.	Antoinette Woodward	21.12
7.	Brodie Douglas	21.16
8.	Nicolle Nilon	21.33
9.	Anette Tillman	27.55

**BENDIGO WALKERS CLUB ROAD WALKS, ROSALIND PARK, BENDIGO, WEDNESDAY 18 APRIL**

The Bendigo Walkers Club's sole April competition was held on Wednesday 18<sup>th</sup> April in Rosalind Park with 1.6km and 3.2km sealed handicap events being held. Thanks to Paul Rance for the catchup results.

**1.6km Handicap Walk**

1.	Sheridan Commons	10.55
2.	Caitlyn Curtis	12.46

**3.2km Handicap Walk**

1.	Bill Lotherington	23.45
2.	Barb Bryant	19.15

3.	Peter Curtis	18.00
4.	Annette Curtis	22.58
5.	John Carter	25.29

#### FRENCH INTERCLUB MEET, REIMS, FRANCE, SUNDAY 29 APRIL 2018

Thanks to Emmanuel Tardi for a report on the best of the walking from a week ago in France. He explains that next weekend will see interclub competitions throughout in France (more than 2000 walkers will be in action overall) so this last weekend there were lots of test meets, with many 5000m 3000m track walks scheduled. One of them took place in Reims and saw local walker **Yohann Diniz** win the 5000m, beating the M40 world best mark with 19:05.92. Good walk also by second place U20 walker **Ryan Gognies** who beat his PB with 21:14.67.

#### 5000m Men

1.	DINIZ Yohann	VEM/78	Efs Reims A.	19:05.92
2.	GOGNIES Ryan	JUM/00	Efs Reims A.	21:14.67
3.	HADULA Ludovic	SEM/87	Charleville Mezieres Athletisme	22:23.72
4.	VAN HILLE Dominique	VEM/77	Nice Cote D'azur Athletisme	23:45.17
5.	RENOLLET Quentin	JUM/00	Charleville Mezieres Athletisme	24:35.90
6.	GRESSIER Christophe	VEM/65	Asg Gauchy Athletis	24:42.41
7.	DELEUZE Nicolas	ESM/97	Esc Tergnier	26:59.01
8.	BONNOMET Arthur	JUM/00	Co Champagne Aa	27:21.68
9.	PLATEAUX Alban	CAM/01	Ac Chateau Thierry	29:54.60
10.	BAUDET Mathias	SEM/90	Rc Eprenay	30:38.80

#### 3000m Women

1.	DEMON Sonia	VEF/72	Efs Reims A.	14:47.20
2.	MEYER Maylisse	MIF/04	Charleville Mezieres Athletisme	15:31.55
3.	FORNES Marie	CAF/01	Efs Reims A.	15:35.57
4.	BRASTEL Adeline	VEF/78	Efs Reims A.	15:42.04
5.	BODIN Flavie	MIF/03	Cas Renwez	15:59.91
6.	MILLE Agathe	MIF/04	Cas Renwez	16:13.45
7.	JUPPIN Camille	MIF/04	Cas Renwez	16:35.89
8.	NICOLAS Zoe	CAF/02	Efs Reims A.	16:36.65
9.	DESOIZE Lea	CAF/02	Charleville Mezieres Athletisme	16:56.52
10.	DUCRUET Nadia	VEF/64	Ac Chateau Thierry	20:02.57
11.	GALLOIS Solene	MIF/04	Cas Renwez	21:37.60
12.	MAURICE Fabienne	VEF/66	Ac Chateau Thierry	21:51.49

#### World All Time Ranking List – M40 Men 5000m Walk

1.	19.05.92	Yohann DINIZ	FRA	01.01.78	Reims	29.04.18
2.	19.30.20i	Joao VIEIRA	POR	20.02.76	Pombal	18.02.18
3.	19.40.17i	Yuriy ANDRONOV	RUS	06.11.71	Samara	30.01.14
4.	19.41.61	Tim BERRETT	CAN	23.01.65	Edmonton	29.07.05
5.	19.43.93i	Sergio VIEIRA	POR	20.02.76	Pombal	20.02.16
6.	19.45.65	Willy SAWALL	AUS	07.11.41	Melbourne	31.03.84
7.	19.53.80	Jesus Angel GARCIA BRAGADO	ESP	17.10.69	Vigo	26.06.10
8.	19.53.99i	German SKURYGIN	RUS	15.09.63	Yekaterinburg	07.01.04

#### RACEWALK MEET, SEPMES, FRANCE, SUNDAY 29 APRIL

Emmanuel Tardi tells me that he was in the village of Sepmes last Sunday for a small racewalk meet. He explains that Sepmes is a very small village of 600 people in the country, 250km from Paris. The course, on the main road, was 1km in length (500m each way) and very flat. Although there were only 19 walkers for the 10:30AM start, the quality was good. **Hervé Davaux** (19<sup>th</sup> in 3h57 in Berlin 2009) came out of retirement and produced a time of 22:00 in the 5km. The 10km race was won by **Lucie Auffret** (84<sup>th</sup> in Roma 2016 World Cup) with 48:39.

#### 2km Walk

1.	TOMEZAK, CELIA	BE.F	EF S REIMS A	11:31
2.	LEGUAY, MAXIME	BE.H	SUD TOURAINE LI	13:20
3.	LEPAGE, YSEE	BE.F	STE MAURE ATHLE	15:01
4.	BRETON, VALENTINE	BE.F	STE MAURE ATHLE	15:11

#### 3km Walk

1.	NAU, LOUIS, MI.H	STE	MAURE ATHLE	16:53
2.	MARTINEAU, CHARLENE	MI.F	STE MAURE ATHLE	18:46



### 5km Walk

1.	DAVAUX, HERVE	M1.H	INDIVIDUEL	22:00
2.	GUILLARD, CAROLINE	M1.F	ASFA SARAN	30:06
3.	AUCLER, CLEMENT	CA.H	EA ISSOUDIN	32:45
4.	GENDRE, NADINE	M2.F	STE MAURE ATHLE	32:50
5.	DUMAS DELAGE, ALAIN	M2.H	PASS RUNNING	34:50
6.	SHELLENBERG, FRANCOIS	M3.H	JTA	35:46

### 10km Walk

1.	AUFFRET, LUCIE	SE.F	E FRANCONVILLE	48:39
2.	LEBON, HUGO	JU.H	ASFA SARAN	49:23
3.	JACQUIN, GILLES	M2.H	EA ISSOUDIN	1:00:34
4.	POITRENEAUX, JEAN MARIE	M3.H	CA VIERZON	1:05:05
5.	BEGUIN, NATHALIE	M2.F	CA VIERZON	1:12:31
6.	TARDI, EMMANUEL	M2.H	LP LONGJUMEAU	1:18:42
7.	FAUVY, CLAUDE	M3.H	LES CHEMINS BUI	1:23:35



*Lucie Auffret and Hervé Davaux (photos Emmanuel Tardi)*

### VAC AND COUNTIES 10KM WALKS, BATTERSEA PARK, LONDON, WEDNESDAY 25 APRIL

The annual Veterans AC and County Championships took place in good racing conditions on the evening of Wednesday 25<sup>th</sup> April in Battersea Park in London. **Dave Annetts** took an excellent win to take both the VAC and Hertfordshire titles with 52:41.4. He was followed home by **Ian Richards**, bettering the official M70 world record time with 53:30.5 in his first race in the M70 age category. **Penelope Cummings** was the first of the women to finish with 59:53.3.

### 10km Road Walks

1.	David Annetts	N Herts RR	M50	52:41.4
2.	Ian Richards	Steyning	M70	53:30.5
3.	Tor-Ivar Guttulsrød	Hercules Wimbledon	M50	55:48.7
4.	Penelope Cummings (W)	AFD	W40	59:53.3
5.	John Hall	Enfield	M65	1:01:49.7
6.	Steve Allen	Barnet	M60	1:03:43.5
7.	Maureen Noel (W)	Belgrave	W50	1:04:47.9
8.	Gary Smith	Enfield	M60	1:05:03.5
9.	Bob Lyne	Crusaders	M50	1:05:16.4
10.	Fiona Bishop (W)	Woking	W55	1:07:27.4
11.	John Borgars	Herts Phoenix	M70	1:08:12.2
12.	Shaun Lightman	SWC	M75	1:09:34.2
13.	Glen Keegan	Herne Hill	M50	1:11:08.8
14.	Mick Harran	SWC	M75	1:11:25.8
15.	Peter Hannell	SWC	M75	1:14:12.8
16.	Sean Pender	Enfield	M60	1:17:19.7



**LICC/ENFIELD LEAGUE 5000M, LEE VALLEY ATHLETICS TRACK, ENFIELD, SATURDAY 28 APRIL**

Lots of the same walkers were in action in the latest Enfield Race Walking League walks on Saturday 28<sup>th</sup> April. **Fransisco Reis** (23:47) won ahead of **George Wilkinson** (24:27) and **David Crane** (24:31). **Penelope Cummings** was the first of the women with 28:52. Lots of photos at <https://www.facebook.com/media/set/?set=oa.1693013447454546>.

**5000m Walk**

1.	REIS Fransisco	TVH	M55	23.47
2.	WILKINSON George	EHAC	U17	24.27
3.	CRANE David	Surrey WC	M40	24.31
4.	ANNETTS David	North Herts	M50	25.45
5.	MARTIN Malcolm	Surrey WC	M60	26.23
6.	CUMMINGS Penelope (W)	AFD	W40	28.52
7.	MIDDLETON Helen (W)	EHAC	W55	29.20
8.	PEDDLE Melanie (W)	Loughton AC	W45	29.25
9.	HALL John	Belgrave H	M65	29.47
10.	ALLEN Steve	Barnett	M60	30.56
11.	BENNETT ©	Ilford AC	M55	31.16
12.	NOEL Maureen (W)	Belgrave H	W50	31.17
13.	SMITH Gary ©	EHAC	M60	31.27
14.	RALPH John	EHAC	M60	32.42
15.	BISHOP Fiona (W)	EHAC	W55	32.45
16.	CULSHAW Mark	Ilford AC	M50	32.52
17.	KATES David ©	Ilford AC	M65	32.54
18.	BENTLEY Pearson Jan (W)	Ilford AC	W55	33.07
19.	BORGARS John ©	Loughton AC	M70	33.15
20.	LIGHTMAN Shaun	Surrey WC	M75	34.20
21.	THOMSON Arthur	EHAC	M80	34.33
22.	HARRAN Mick	Surrey WC	M75	34.48
23.	LAWLESS Rachel (W)	Ilford AC	W55	35.04
24.	MARTIN Angela (W)	Surrey WC	W55	35.38
25.	WILKINSON Tony	Unattached	M55	35.54
26.	HOBEN David	Surrey WC	M65	36.17
27.	CASSIDY Peter	Loughton AC	M75	36.21
28.	HANNELL Peter	Surrey WC	M75	36.22
29.	SCURFIELD Anne (W)	Ilford AC	W65	36.23
30.	MORRIS Lesley	Ilford AC	W55	
31.	AINSWORTH Dave ©	Ilford AC	M70	42.27
32.	BARNBROOK Mick ©	Ilford AC	M70	42.42
33.	LIVERMORE Ken ©	EHAC	M85	

**OUT AND ABOUT**

- The latest edition of the British Race Walking Record (RWC871, April 2018) is now out. Have a read at <http://www.racewalkingassociation.com/RWR.asp>. Full of interesting news.
- Thanks to omarchador for pointing us to new French walking website <https://culturemarche.com> (see press release at <http://omarchador.blogspot.com.au/2018/04/culture-marche-promove-marcha-nas-suas.html>). Worth a bookmark.
- Former Czech Republic and now USA based ultra walker **Ivo Majetic** has just finished the EMU 6 Day Ultramarathon in Balatonfüred, Hungary, coming in 3<sup>rd</sup> overall against a strong field of runners. His final distance of **790km** is a long way ahead of the official 6 Day Walk world record, which stands at 752km, but as there were no walk judges at the race, Ivo's performance can't be officially recognised. We know Ivo here in Australia as he came out in 2017 to compete in the Coburg 24 Hour Track Championships, becoming Australian Centurion 71 with a 100 mile walk time of 21:30:55. See event website <https://www.emusport.hu/en/node/75>. See race results at <http://www.emusport.hu/en/klub/emu-sport-tv-en>. Social media at <https://www.facebook.com/emu6day/>.

His daily distances read so impressively: 133km, 158km (291km), 137km (428km), 124km (554km), 122km (676km) and 114km (790km). He set up his huge total with his second day total of 158km.



*Ivo (white shirt, on left) in action on Day 2 of the Emu 6 Day Championship (photo Szilvia Osz)*

- The lid is lifted further on the murky world of professional cycling. In a new book coming out next week, former pro Lieuwe Westra says he used cortisone regularly during his career and that he relied on Therapeutic Use Exemptions from the UCI to get past anti-doping tests. Cortisones are forbidden for use in competition without a TUE. Written by author Thomas Sijtsma, the book, *The Beast, the cycling life of Lieuwe Westra*, tells the story of Westra's time in the peloton, where he rode from 2006 through 2016 and then retired following three seasons with Astana. See <http://www.cyclingnews.com/news/westra-admits-using-tues-for-performance-enhancement/>.
- Things heated up quickly in the RUSADA investigation as to whether disgraced Russian race-walking coach Viktor Chegin was still working with national-level athletes, despite having been banned from the sport for life. RUSADA confirmed that the allegation was true and the IAAF Doping Review Board decided to revoke the Authorised Neutral Athlete (ANA) status granted to five race walkers: Klavdiya Afanasyeva, Olga Eliseeva, Yuliya Lipanova, Sergey Sharypov and Sergey Shirobokov. They were all sent home from the IAAF World Race Walking Team Championships the day before competition was due to start. See <https://www.iaaf.org/news/press-release/authorised-neutral-athlete-status-of-five-rac>.
- Former Olympic and world 1500m champion Asbel Kiprop is purported to have tested positive for EPO in an out of competition test, in what could be a huge blow for athletics and Kenyan distance running. See <https://www.insidethegames.biz/articles/1064618/kenyan-olympic-1500m-champion-kiprop-tests-positive-for-epo-reports-claim#.Wur9CY9VygI.twitter>.
- Russian biathlete Ekaterina Glazyrina has been banned until next year and stripped of four years of results in a doping case based on evidence contained within the McLaren Report. The International Biathlon Union (IBU) announced today that Glazyrina has been found guilty of an anti-doping rule violation for the use of a prohibited substance. See <https://www.insidethegames.biz/articles/1064687/ibu-sanction-russian-biathlete-based-on-mclaren-report-evidence#.Wu2ke25ExG0.twitter>.
- A secret dossier by the IAAF titled IAAF Anti-Doping Programme – 2015 Testing Statistics has linked 363 top athletes to prohibited drug use. The document, prepared by a team led by the IAAF Chief Medical Officer, Dr Stephen Bermon, paints a picture of a sport rotten to the core. See <https://www.standardmedia.co.ke/sports/article/2001279497/kenya-world-athletics-stars-in-doping-scandal>.
- Anti-Doping Norway are reportedly seeking for a Supreme Court to rule on anti-doping matters, rather than the Court of Arbitration for Sport (CAS). It followed what IOC President Thomas Bach described as a "disappointing and surprising" decision to overturn its sanctions against 28 Russian athletes for alleged implication in the "systemic manipulation" of the anti-doping system at the Sochi 2014 Winter Olympics. The IOC announced last Thursday that they plan to appeal the decision to clear the 28 Russians to the Swiss Federal Tribunal. See <https://www.insidethegames.biz/articles/1064749/anti-doping-norway-seek-supreme-court-to-replace-cas-in-ruling-on-anti-doping-matters#.WvB31MWtaZg.twitter>.

#### MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has had 18 press releases since I did my last update 2 issues ago. And it's **Nicola Maggio's** birthday today – Happy Birthday to one of the legends!

- Wed 9 May - Taicang (CHN): Athletes sequences (by Li Houlin - Professor biomechanics Beijing)  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3176](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3176)

- Tue 8 May - Taicang (CHN): Red Cards and Pit Lane Rule  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3175](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3175)
- Mon 7 May - Tomohiro Noda (JPN) and Qieyang Shenjie (CHN) best athletes of april 2018  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3174](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3174)
- Mon 7 May Taicang (CHN): Victory of Zhang Jun and Lu Xiuzhi in Chinese Grand Prix  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3173](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3173)
- Mon 7 May - Massimo Stano: A big change in ten months - from disqualification to World Cup bronze  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3172](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3172)
- Sun 6 May - Taicang (CH): Victories of Alegna Gonzalez (U20 women) and Koki Ikeda (20km men)  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3171](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3171)
- Sat 5 May - Taicang (CHN): Victories of Zhang Yao (U20) and Maria Guadalupe Gonzalez (20km women)  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3170](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3170)
- Sat 5 May - Taicang (CHN): Hirooki Arai and Rui Liang (NWR) win 50km  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3169](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3169)
- Fri 4 May - Taicang (CHN) - ANA status of five race walkers revoked  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3168](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3168)
- Thu 3 May - Taicang (CHN) - Preview of 10km U20  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3167](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3167)
- Thu 3 May - Taicang (CHN) - Preview of 20km  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3166](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3166)
- Thu 3 May - Taicang (CHN) - Preview of 50km  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3165](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3165)
- Tue 3 May - Bristonas (LTU) - 32nd Meeting Mikenas  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3163](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3163)
- Wed 2 May - Reims (FRA) - Great 5000m walk by Yohann Diniz  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3162](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3162)
- Sun 29 Apr - RUSADA investigating potential Chegin involvement with Russian walks team  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3161](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3161)
- Mon 30 Apr - Taicang (CHN) - Preview of female team competitions  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3160](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3160)
- Sat 30 Apr - Taicang (CHN) - Preview of male team competitions  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3159](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3159)
- Th 28 Apr - Ruslan Dmytrenko withdraws from Taicang due to potential biological passport infraction  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3158](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3158)
- Wed 27 Apr - Ecuadorian team for Taicang  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3157](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3157)
- Mon 25 Apr - Mate Helebrandt and Barbara Kovacs win Hungarian 20km Championships in Bekescsaba  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3156](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3156)

Omarchador has also produced lots more press releases this past fortnight. Alas, time precludes a proper analysis. Check it all out yourself at <http://omarchador.blogspot.com.au/>.

#### DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions.

#### **Australian/Victorian Key Dates – 2018**

May 12 (Sat), 2018 VRWC and AV Championships, Middle Park, VIC

May 12 (Sat), 2018 VRWC Twilight Trivia, Middle Park, VIC.  
 See <http://www.vrwc.org.au/documents/Trivia%20Night%20advert%20.pdf>  
 June 10 (Sun), 2018 Lake Burley Griffin Carnival, Stromlo Forest Park, Canberra, ACT  
 Aug 5 (Sun), 2018 Australian Masters 20km Championships, Adelaide, SA  
 Aug 26 (Sun), 2018 Australian Roadwalk Championships, Sunshine Coast, QLD (venue to be confirmed)

**2018 Remaining IAAF Racewalking Challenge Events**

May 26, 2018 Cat B XXXII Gran Premio Cantones de La Coruña, La Coruña, ESP  
 Sep 23-26, 2018 Cat B Around Taihu International Race Walking 2018, Wuzhong, CHN

**International Dates – 2018 and onwards**

May 9-11, 2018 Melanesian Regional Championships, Port Vila, Vanuatu (AA team - U18 walks)  
 Jun 8 (Fri), 2018 44<sup>th</sup> International Racewalking Festival, Alytus, Lithuania  
 Jun 9 (Sat), 2018 International Racewalk Meet, Simnas, Lithuania  
 July 10-15, 2018 **16<sup>th</sup> World Junior T&F Championships**, Tampere, Finland  
 Aug 7-12, 2018 **European Athletics Championships**, Berlin, Germany  
 Sept 4-16, 2018 **22<sup>nd</sup> World Masters Athletics T&F Championships**, Malaga, Spain

Mar 24-30, 2019 **World Masters Indoors T&F Championships**, Torun, Poland  
 July 3-14, 2019 **30<sup>th</sup> Summer Universiade**, Naples Italy  
 Aug 30-Sep 7, 2019 **20<sup>th</sup> Oceania Masters T&F Championships**, Mackay, Queensland, AUS  
 Sept 28 – Oct 6, 2019 **17<sup>th</sup> IAAF World Championships in Athletics**, Doha, Qatar

May, 2020 **29<sup>th</sup> IAAF World Race Walking Team Championships**, Minsk, Belarrus  
 July 24 – Aug 9, 2020 **32<sup>nd</sup> Olympic Games**, Tokyo  
 July 20 – Aug 1, 2020 **23<sup>rd</sup> World Masters T&F Championships**, Toronto, Canada  
 Aug 6-15, 2021 (TBC) **18<sup>th</sup> IAAF World Championships in Athletics**, Eugene, USA  
 July 18-30, 2022 **XXII Commonwealth Games**, Birmingham, GBR.

Tim Erickson, [terick@melbpc.org.au](mailto:terick@melbpc.org.au) Home: 03 93235978 Mob: 0412 257 496  
 Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)