



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
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### THE LIGHT AT THE END OF THE TUNNEL ?

It is wonderful to see a gradual reopening in Victoria, now that the COVID-19 infection rate seems to be under control. As of today (Monday 1<sup>st</sup> June), the rules governing Sports and Recreation have been eased to read as follows

- Community facilities to open, with no more than 20 people in a single space plus those reasonably required to run the space.
- Indoor and outdoor pools to open, to maximum 20 patrons and limit of 3 people per lane in each pool.
- Galleries, museums, national institutions, historic sites, outdoor amusement parks, drive-in cinemas, zoos and arcades to open with up to 20 patrons per space, while ensuring density limits are applied to the entire venue.
- Non-contact outdoor sporting activities will increase to 20 people plus the instructor.

Further announcements will come into effect on Monday 22<sup>nd</sup> June. We are getting closer to resuming normal racewalking here in Victoria. As always, the best source of up-to-date information is <https://www.vic.gov.au/coronavirus-covid-19-restrictions-victoria>.

### A VIRTUAL LAKE BURLEY GRIFFIN CARNIVAL?

Just as I was going to press, I noticed a facebook message as follows from Phil Essam.

*Hey Friends. As soon as Phillipa confirms we may be having an "unofficial" Virtual LBG next weekend. Will just be a matter of sending time/distance to Val via email when done! I'll let you know when ticked!*

Next weekend would normally have seen us all converging on Canberra for the annual Lake Burley Griffin racewalking carnival, our biggest meet of the year, so this might be a nice alternative.

If I hear anything further, I will make sure it gets posted to our VRWC Facebook page.

### PAUL F DEMEESTER TALKS MATTERS IAAF

Thanks to US Attorney at Law Paul F. DeMeester for another thought provoking article. That is the 12<sup>th</sup> in a row – and I think it's his best yet. You can see links to all Paul's articles at the bottom of webpage <http://www.vrwc.org.au/save-the-50km.shtml>.

#### **IF THE SHOE FITS**

**By Paul F. DeMeester**

In late November 2015, three months into his IAAF presidency, Seb Coe announced that he had “stepped down from his ambassador role with Nike as the current noise level around this ambassadorial role was not good for the IAAF nor Nike.” [1] Coe had been a Nike front man for 38 years, since 1978. [2] Nike is a company that makes and sells athletic equipment, and got its start in Eugene, Oregon, in 1964, distributing running shoes. If you wonder what an ambassadorial front man does, have a look at a New York Times article about Coe published on 1 October 1979, before Coe's Olympic success. Coe managed to get two mentions about Nike in the relatively brief article. One was a technical comment to Nike's product development staff about the size of the heels on his new racing shoes for 1980; the other his tour of the Nike factory on his visit to the United States. [3] It's like watching a NASCAR stock car driver or Tour de France cyclist getting the names of their various sponsors into their live 30-second television interview after the race. Commercial endorsements can be lucrative. Coe was reported to earn about U.S. \$ 150,000.00 annually from his Nike role by the time he became IAAF President. [4]

Coe took flak for his Nike ties when the University of Oregon released an email written by Nike executive Craig Masback to TrackTown USA President Vin Lananna on 30 January 2015. [5] TrackTown USA is the organization specifically founded to boost Eugene’s effort to land the 2021 World Championships. [6] Masback wrote to Lananna: “*I spoke with Seb this morning. We covered several topics but I asked specifically about 2021. He made clear his support for 2021 in Eugene, but made equally clear he had reached out to Diack specifically on this topic and got a clear statement from Diack that ‘I am not going to take any action at the April meeting (in Beijing) to choose a 2021 site.’*” [7] Coe later denied lobbying on behalf of Eugene 2021. But Eugene was awarded the 2021 World Championships on a no-bid basis at the April 2015 Beijing Council meeting, where the secret ballot reportedly was 23-1 with one abstention. [8] Sorry Gothenburg. Even if Coe was the one abstention, it does not remove either the appearance of conflict or, potentially, an actual conflict Coe had due to his dual roles as then-IAAF Vice President and Nike ambassador. Turns out, the financial details about the Nike-Coe relationship were not revealed until after Eugene got the nod. [9] Moreover, Coe had chaired the IAAF’s committee evaluating Eugene’s candidacy. [10] Oops! The controversy led Coe to give up his Nike role.

But this was not the kind of break up where any of the love was lost. What happened after 26 November 2015 amply demonstrates that. Two years after the “severance,” Nike announced that it was naming one of its new headquarters buildings after Coe. [11] The Seb Coe Building opened on 12 March 2018. [12] The 475,000 square foot building spans six floors and boasts expansive wood walls with artwork dedicated to the legacy of Sebastian Coe. [13]



*Inside Nike's Seb Coe Building*



*Seb Coe Wall touting his achievements*

Nike is in the business of selling shoes and athletic wear. Several reasons come to mind why Nike might want to slap Seb’s name on one of their buildings. It could be to help sell running shoes but somehow I doubt that a bunch of youngsters are hurrying to the store to purchase some Seb Coe track shoes. Coe’s heyday is a ways back in the rearview mirror. Or it could be because Nike wants to honor past achievers. But please don’t put that in your essay in your MBA application to Harvard’s School of Business because I doubt such naiveté will get you in. Or it could be because Nike wants friends in high places.

Nooooooooooooo... Enter the Nike Vaporfly and Alphafly shoes. The Vaporfly was announced by Nike as the shoe to attempt to bring the best world marathon time below two hours. [14] A New York Times study of a half million marathon times showed the shoe improved performance by three to four percent. Supposedly, the Alphaflys are even better. But if you cannot get your hands, or feet for that matter, on a pair, then you might lose out and miss out a spot on your nation's Olympic team. Ask Kara Goucher, a former Nike-affiliated athlete who feels she would have made the U.S. Rio team in 2016 but for not having been shod with Vaporflys. [15] Goucher had broken with Nike the year prior and accused the Nike Oregon Project, led by Alberto Salazar, of being into performance-enhancing drugs. [16] Time proved Goucher right, as in 2019, Salazar was suspended from athletics and Nike, as a result, disbanded the disgraced Oregon Project. [17] As a non-Nike athlete competing in 2016, Goucher did not have the shoes available to her, nor the unfair advantage that came with them, the propulsion device that made the shoes perform so much better than other shoes. [18]

Should the IAAF have regulated the shoes when they first appeared on the scene for a select few? Seb Coe thinks not. Coe had this to say four months ago on behalf of World Athletics (having changed their name from IAAF the year prior):

*It is not our job to regulate the entire sports shoe market but it is our duty to preserve the integrity of elite competition by ensuring that the shoes worn by elite athletes in competition do not offer any unfair assistance or advantage. As we enter the Olympic year, we don't believe we can rule out shoes that have been generally available for a considerable period of time, but we can draw a line by prohibiting the use of shoes that go further than what is currently on the market while we investigate further.*

*I believe these new rules strike the right balance by offering certainty to athletes and manufacturers as they prepare for the Tokyo 2020 Olympic Games, while addressing the concerns that have been raised about shoe technology. If further evidence becomes available that indicates we need to tighten up these rules, we reserve the right to do that to protect our sport.*

[19]

His comments raise two questions. Why did Coe even involve himself in a matter about Nike. His 38-year financial relationship and Nike's more recent naming of their Coe Building are sufficient for Coe to recuse himself from anything involving Nike based on an appearance of a conflict of interest, even if one did not actually exist. His non-recusal begs the second question: was it any surprise that an organization led by Coe would not act against Nike? Sports writer Gavin Cooney critiqued the situation:

*The governing body have been too slow to wake up to the revolution that began quietly four years ago, and it has now spiralled beyond their control. Coe said it's not their job to regulate the shoe market, but this market exists because they were too slow to regulate the shoe.*

*Their lassitude about Nike's carbon-fibre plates is all the more strange when you consider that this is an organisation that went to the Court of Arbitration for Sport to argue that Oscar Pistorius' carbon-fibre blades gave him an unfair advantage against opponents with mere legs.*

[15]

It sure looks like Coe made a lot of money from his Nike ties over the years and Nike got its money's worth. But why worry about it now? Coe is gone from Nike, isn't he? True, but that does not mean he won't return to the Nike fold. Once he is termed out from his athletics presidency, he might want some remuneration while warming his seat in the venerable House of Lords. A return to Nike is definitely not out of the question. Just look at Craig Masback, whose 2015 email unleashed Coe's Nike conflict storm. Masback served as the Chief Executive Officer for USATF, the U.S. member federation in World Athletics, from 1997 until he abruptly left the post in 2008. [20] As CEO, Masback strengthened the sponsorship link-up with Nike, a relationship that predated Masback's tenure at USATF. Asked what his proudest accomplishment was as CEO, Masback said, "[r]ighting the financial ship of an organization that was in grave financial difficulties, doubling our revenues, quadrupling our sponsor revenue." [21] And guess where he went to work after his abrupt USATF departure? Nike, of course, as director of business affairs for Nike Global Sports Marketing. [22] He's still there, albeit in a different marketing capacity. Maybe he will reunite at Nike with his old running mate Seb Coe, whose back he watched as Coe set his second of three world records in 42 days on July 17, 1979, when Coe posted a 3:49 WR mile with Masback, then a student at Oxford, in third, three seconds behind. [23] The achievement is heralded on the wooden Coe wall in Nike's Coe Building.

What does all this have to do with race walking? Simple, on 6 May 2018, the very day that Seb Coe, the IAAF President, skipped the Taicang IAAF World Race Walking Team Championships, he was tweeting about personally attending a non-championship marathon in Prague won by Galen Rupp, one of the stars of the Nike Oregon Project. Coe's tweet shows a picture of Rupp with Coe, both smiling, with the Nike emblem prominently displayed on Rupp's outfit. Coe probably smiled less when reading the arbitration decision of 19 September 2019, in which Rupp was implicated in Alberto Salazar's scheme to inject his coaching subjects, including Rupp, with performance-enhancing drugs. [24] Just put in Rupp's name as a search command of the 140-page decision and you'll see for yourself.



*Coe the Nike Sandwich Man in 2006*



*Coe the Nike Sandwich Man in 2018*

Subtle, you might say. Yes, but being subtle and subliminal reign in branding. When given a choice between attending an IAAF world championship in one of the toughest events within athletics or developing some money angle, expect Coe to choose the money. World Athletics has seen Lord Coe, the Earl of Nike Sandwich. It's about time we get to see Lord Coe, the Noble Supporter of Race Walking. Otherwise, the conflict stands.

### **References:**

- [1] IAAF Press Release of 26 November 2015, available at <https://www.worldathletics.org/news/press-release/iaaf-accepts-full-suspension>.
- [2] See <https://www.ibtimes.com/new-iaaf-president-sebastian-coes-nike-ties-scrutinized-amid-nick-symmonds-2063653>.
- [3] <https://www.nytimes.com/1979/10/01/archives/seb-coe-on-coe-thin-but-fun.html>.
- [4] See <https://www.dailymail.co.uk/sport/sportsnews/article-3332370/Lord-Sebastian-Coe-s-role-awarding-Eugene-2021-World-Championships-question-emails-suggest-IAAF-president-lobbied-support-bid.html>.
- [5] See <https://www.opb.org/news/article/email-released-by-university-of-oregon-sparked-french-probe/>.
- [6] See [https://www.bendbulletin.com/sports/eugene-s-big-win-caught-up-in-growing-track-and/article\\_b6654c47-06a1-5e4a-b1b2-9c6b5ed4cd02.html](https://www.bendbulletin.com/sports/eugene-s-big-win-caught-up-in-growing-track-and/article_b6654c47-06a1-5e4a-b1b2-9c6b5ed4cd02.html).
- [7] See <https://www.flotrack.org/articles/5047638-sebastian-coe-gives-up-role-with-nike-in-response-to-accusations>.
- [8] See <https://www.reuters.com/article/uk-athletics-iaaf-eriksson/gothenburgs-eriksson-says-eugene-decision-must-be-investigated-idUKKBN0TE2Q220151125>.
- [9] See [https://www.oregonlive.com/business/2015/12/post\\_233.html](https://www.oregonlive.com/business/2015/12/post_233.html).
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- [11] See <https://news.nike.com/news/nike-names-four-new-whq-buildings>.
- [12] See <http://www.runblogrun.com/2018/03/seb-coe-building-dedication.html>.
- [13] See <http://modeadjust.com/nikearchitecture>.
- [14] See <https://www.wired.com/2016/12/nike-two-hour-marathon/>.
- [15] See <https://www.the42.ie/nike-alphafllys-5026423-Feb2020/>.
- [16] See <https://www.oregonlive.com/business/2019/11/amid-cain-allegations-kara-goucher-slams-nike-investigating-itself.html>.
- [17] See <https://www.nytimes.com/2019/10/10/sports/nike-oregon-project-salazar.html>.
- [18] See <https://www.the42.ie/nike-alphafllys-5026423-Feb2020/>.
- [19] World Athletics Press Release of 31 January 2020, available at <https://www.worldathletics.org/news/press-releases/modified-rules-shoes>.
- [20] See <https://www.runnersworld.com/advanced/a20799860/whos-next-usatf-retools-after-masbacks-abrupt-departure/>.
- [21] <https://www.sportsbusinessdaily.com/Daily/Issues/2003/06/19/Sports-Industrialists/The-Daily-Goes-One-On-One-With-USATF-CEO-Craig-Masback.aspx>.
- [22] See <https://www.nytimes.com/2008/01/15/sports/othersports/15run.html>.
- [23] See <https://www.nytimes.com/1979/07/18/archives/coe-runs-mile-in-349-for-a-world-record.html>.
- [24] See <http://vrwc.org.au/documents/2019%20Salazar%20Decision.pdf>

**WARWC ROADWALKS, WILSON, PERTH, SUNDAY 31 MAY**

Thanks to Terry Jones for the results of Round 2 of the Western Australian Roadwalking Club winter season in Perth.

**2km Handicap**

1.	John Ronan	9.34
2.	Ashlyn Spence	10.45
3.	Lataya Lawrence	11.19
4.	Xavier Bernard	11.23
5.	Brooke Mortimore	12.04
6.	Kaytee Bogaers	12.14
7.	Kaycee Ibbotson	12.57
8.	Annabelle Van Sprengel	12.57
9.	Luke Lawrence	13.15
10.	Linkin Lawrence	13.16
11.	Coral McCooy	18.56

**20km Walk**

1.	Andrew Duncan	1:52.38
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**10km Handicap**

1.	Karyn Tolardo	1:05.47
2.	Wendy Farrow	1:09.12

**5km Handicap**

1.	Ben Reid	27.57
2.	Steve Travell	39.20
3.	Emily Bogaers	42.35
4.	Glenys Duncan	45.26

**SAMA VIRTUAL WALKS AROUND ADELAIDE - ROUND 9**

The South Australian Masters Virtual Competition continued this week. Walk results are shown below. Well done everyone! See the full results set at <https://samastersathletics.org.au/results/Results%2031-05-2020.txt>.

**4km Walk**

1.	EDNA BATES	0:36:35	W67	58.16%
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**6km Walk**

1.	GEORGE WHITE	0:37:07	M74	86.07%
2.	GILLIAN WHITE	0:48:17	W71	72.22%
3.	RODGER BARBER	0:48:40	M82	74.00%
4.	DAVID ROBERTSON	0:52:53	M86	73.02%

**8km Walk**

1.	GRAHAM HARRISON	1:04:08	M76	69.04%
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**10km Walk**

1.	GEORGE WHITE	1:02:49	M74	86.36%
2.	KEVIN FINN	1:12:04	M68	69.70%
3.	MARIE MAXTED	1:13:05	W60	70.86%
4.	GRAHAM HARRISON	1:19:51	M76	69.90%

**12km Walk**

1.	ROSS HILL-BROWN	1:45:59	M65	55.39%
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**ENGLISH VIRTUAL RACEWALKING LEAGUE, ROUND 8, ACROSS THE WORLD**

The Virtual League Racing Series (<https://nationalendurancecentre.co.uk/challenges>), being coordinated by the National Centre for Race Walking in Leeds, continues to be the dominant weekly virtual walking competition. Round 8 has just been completed, with walkers submitting 5km and 2km walk performances. This week saw athletes from around the world taking part, with 13 countries in total. Well done everyone!

5km Age Graded Virtual Race: <http://racewalkingassociation.com/EventDetails.asp?id=6137>

2km Age Graded Virtual Race: <http://racewalkingassociation.com/EventDetails.asp?id=6136>

And here is an extract of the Australians who forwarded their performances.

**5km Virtual Walk Women**

8.	Lyla Williams	U13	79.23%	27:02.0
15.	Emily Smith	U15	72.91%	28:30.0
18.	Gabriella Hill	U17	67.30%	30:07.0
21.	Heather Carr	W70	90.42%	31:10.0

**2km Virtual Walk Men**

8.	Owen Toyne	U15	78.22%	09:33.0
11.	Kodi Clarkson	U13	80.38%	09:41.0



### 2km Virtual Walk Women

9.	Lyla Williams	U13	75.85%	10:48.8
20.	Emily Smith	U15	69.72%	11:24.0
25.	Gabriella Hill	U17	64.42%	12:02.8
28.	Heather Carr	W70	84.11%	12:28.0

### OUT AND ABOUT

- Well done to **Russ Dickenson** for a superb June edition of the Victorian Masters Athletics newsletter *Footnotes*. There aren't any races on which to report but that has not stopped Russ from producing a superb read for us all. Well done Russ. See <https://vicmastersaths.org.au/wp-content/uploads/2020/05/FOOTPRINTS-JUNE-2020.pdf>.
- The Athletics Integrity Unit (AIU) has banned Belarusian pole vaulter Stanislau Tsivonchyk, Kenyan marathon runner Mikel Kiprotich Mutai and Indian long-distance runner Kiranjeet Kaur after they were found to have used prohibited substances. Tsivonchyk's test dates back to the London 2012 Olympic Games while the other 2 are the result of more recent tests. The AIU has also charged Kenyan athlete Japhet Kipchirchir Kipkorir in a separate drugs investigation. See <https://www.insidethegames.biz/articles/1094761/aiu-issues-bans-to-three-athletes>.
- In case you have forgotten just what a corrupt organisation the IAAF was, the trial of former IAAF President Lamine Diack, who has been accused of corruption, influence-trafficking and money laundering, is about to get underway. See <https://www.insidethegames.biz/articles/1094707/trial-of-iaaf-president-moved>.
- Lithuanian racewalker **Marius Žiukas** has competed in 3 Olympics (2008, 2012 and 2016) and, with his 11<sup>th</sup> place finish in the 2019 World Athletics 20km in Doha, was Lithuania's top athlete at those championships. And he's a regular here in Australia, coming out for the last 4 summers to participate in the highly successful Supernova Camps. He now has a further feather in his cap, with the announcement last week that he will take over as the acting Chancellor of the Lithuanian Seimas (Parliament). He will hold this post from 1<sup>st</sup> June to 30<sup>th</sup> November, finishing the post just in time to start training in earnest for Tokyo 2021. See the announcement at <https://www.lrt.lt/naujienos/sportas/10/1182251/neiprasti-karjeros-vingiai-lengvaatletis-sportini-kelia-derins-su-seimo-kanclerio-pareigomis>.

For those who want further info, the The Seimas is the unicameral parliament of Lithuania. The Seimas constitutes the legislative branch of government in Lithuania, enacting laws and amendments to the Constitution, passing the budget, confirming the Prime Minister and the Government and controlling their activities. The Chancellor of the Seimas is the 27<sup>th</sup> most powerful position in Lithuania, as per <https://urm.lt/default/en/protocol-information/the-order-of-precedence-in-the-republic-in-lithuania>. So Marius, only 26 bowling pins to knock over and you reach the top (only kidding)!



*Training in St Moritz in August 2019 - Jemima Montag, Evan Dunfee, Perseus Karlstrom and Marius Žiukas – after having walked all the way up to the Bernina Pass (2330m altitude)*

Time for a slight digression. The Bernina Pass (Passo del Bernina) is a challenge regularly undertaken by walkers training in St Moritz. The walk starts at the Swiss town of Samedan and is of length 20km, rising continuously from 1700m to 2330m – a long continuously uphill slog. I found these great file photos from way back in June 2009, with Chris Erickson and Jared Tallent completing the same walk.



*Chris Erickson and Jared Tallent at the Bernina Pass in June 2009*

### MARCIADALMONDO AND OMARCHADOR ROUNDUP

Marciadalmondo has one press release this week

- Thu 28 May - Takahata 50km, scheduled for Sun 25 Oct 2020, has now been canceled  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=3795](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=3795)

while Omarchador has its usual great of selection of articles, including on on Australia's Simon Baker

- Sat 20 May - Happy birthday to Portuguese international judge On Rubén Aguilera  
<https://omarchador.blogspot.com/2020/05/no-aniversario-de-ruben-aguilera.html>
- Fri 29 May - Japanese Federation cancels 50km championship in Takahata  
<https://omarchador.blogspot.com/2020/05/federacao-do-japao-cancela-os-50-km.html>
- **Thu 28 May - omarchador profiles Australian great Simon Baker**  
<https://omarchador.blogspot.com/2020/05/evocando-simon-baker-australia.html>
- Wed 27 May - Francisco Assis and the revival of racewalking in Portugal  
<https://omarchador.blogspot.com/2020/05/francisco-assis-e-o-renascimento-da.html>
- Tue 26 May - Tampere in Finland is available to host the World Masters Championships in 2021  
<https://omarchador.blogspot.com/2020/05/tampere-disponivel-para-acolher-os.html>
- Mon 25 May - Hlaváč and Drahotová repeat victories, this time in Turnov, Czech Republic  
<https://omarchador.blogspot.com/2020/05/hlavac-e-drahotova-repetem-vitorias.html>

### TIME TO PUT THE THINKING CAP ON

Firstly to the answers to last week's questions. Thanks to all those who put together pieces of the jigsaw.

41. **What Australian and Victorian racewalking champion and record holder danced from Geelong to Melbourne, using relay teams of female partners, covering a distance of 50 miles in 12 hours to set a record that will almost certainly never be matched?**

**Eric Sunderland** was one of Australia's most talented walkers and would have been a champion in any era. Yet, he walked away from the sport in the late 1920's, once it was confirmed that the 1932 Olympics would no longer include a racewalk. But before he did, he completed one final feat that sounds unbelievable yet was true. Read all about it and his wonderful career at <http://www.vrwc.org.au/tim-archive/articles/wv-eric-sunderland.pdf>.

**50 MILES OF DANCING!!**

**ERIC SUNDERLAND**  
(Holder of 37 Australian  
(Walking Records))

**WILL DANCE**  
from  
**GEELONG to MELBOURNE**  
**TOMORROW**

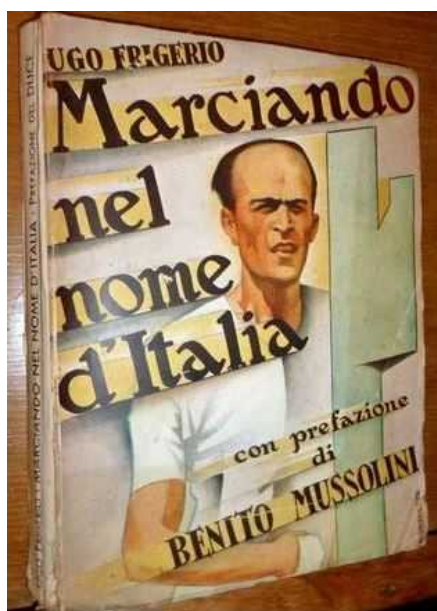
MR ERIC SUNDERLAND will commence his dance at Geelong tomorrow morning. He will be assisted by the resources of the Green Mill. Music for the dancing will be provided from a travelling car. Relays of Partners will be carried. Mr SUNDERLAND IS CONFIDENT HE WILL CREATE A WORLD'S RECORD FOR DISTANCE DANCING.

SEE THE FINISH AT THE  
**GREEN MILL**




42. Which Olympic Gold medal winning walker had the preface of his autobiography written by the Prime Minister of his country?

- Italian triple Olympian **Ugo Frigerio** won 3 Olympic Golds and 1 Bronze in a career that extended from 1919 to 1932. In 1934, he wrote his autobiography, titled *Marcando nel nome dell'Italia* (*Walking in the Name of Italy*) and went on to contribute valuable work on the International Walking commission. The preface to his book was written by Italian Prime Minister Benito Mussolini. Read about it at <http://www.vrwc.org.au/tim-archive/articles/wo-ugo-frigerio.pdf>.



43. To win an Olympic racewalking medal is amazing. To win a second puts you in very elite company. But a very small subset of the truly elite have won 3 or more Olympic racewalking medals. Who are these ultimate champions?

Paul DeMeester and Emmanuel Tardi both came back with the fully correct answer within 12 hours. Big efforts.

**Robert Korzeniowski** (POL) is the most successful Olympic racewalker, having won the 50km three times and the 20km once. Three other athletes have also won four Olympic walk medals: **Ugo Frigerio** (ITA) won three gold medals and a bronze in early competitions, **Vladimir Golubnichy** (USSR) won two 20 km walk titles as well as a silver and a bronze, and **Jared Tallent** (AUS) won a gold medal in the 50 km along with two silver and a bronze. **John Llungren** (SWE), **Maurizio Damilano** (ITA) **Ernest Webb** (GBR) and **Ron Weigel** (DDR) have each won 3 Olympic medals.

Robert Korzeniowski	(4-0-0, 1996-2004)
Ugo Frigerio	(3-0-1, 1920-1932)
Vladimir Golubnichy	(2-1-1, 1964-1972)
Jared Tallent	(1-2-1, 2008-2016)
John Llungren	(1-1-1, 1948-1960)



Maurizio Damilano	(1-0-2, 1980-1988)
Ernest Webb	(0-3-0, 1908-1912)
Ronald Weigel	(0-2-1, 1988-1992)

No woman has won 3 medals as yet but **Liu Hong** is the closest, with 4<sup>th</sup> in 2008, bronze in 2012 and gold in 2016

Of course, they are a long way behind the all-time T&F best: **Paavo Nurmi** (FIN) (9–3–0) and **Carl Lewis** (USA) (9–1–0)

44. **His father was Queen Victoria's favorite walker so it was no surprise that he was attracted to the life of the long distance walker, long after the heady days of professional pedestrianism had passed. His amazing walks mark him as one of the greatest of the long distance walkers. Who was he?**

**Albert (Bert) Couzens** was born in 1899. Like his father before him, who was Queen Victoria's favorite walker, he was attracted to the life of the long distance walker, long after the heady days of professional pedestrianism had passed. But this did not stop him from becoming a legend in his own right. He started his career at an early age. At eleven, he strolled from London to Colchester (about 50 miles); three years later he was fired from his chemist's apprentice job for walking off one day to see friends at Walton-on-the-Naze (about 70 miles). His long distance feats in the 1930's and 1940's are not likely to be matched. Read more at <http://www.vrwc.org.au/tim-archive/articles/wo-bert-couzens.pdf>.

45. **Which two Olympians from the 1968 Mexico City 50km walk met again in the 10km walk at the World Masters Championships Perth in 2016 (although in different age groups)?**

The two 1968 50km walkers were **Christoph Hohne** (50km Gold 4.20.13 in Mexico, M75 Gold in 65.22 in Perth) and **Bob Gardiner** (50km 19<sup>th</sup> 4.52.39 in Mexico, M80 Gold in 70.33). Fellow 1968 racewalk Olympians **Tom Dooley** (1968 20km) and **Goetz Klopfer** (1968 50km) were also competing in Perth. Goetz, Tom and Christoph met in the WMA 20km while Christoph and Bob met in the WMA 10km.



*1968 Olympias in Perth in 2016 - Christoph Hohne, Goetz Klopfer, Tom Dooley and Bob Gardiner*

There were quite a few other Olympic walkers at the WMA Champs in Perth. The full list of Olympians reads as follows

Christoph Hohne	(GDR 1964-72 50km, M75)
Bob Gardiner	(AUS 1964 1968 20km/50km - M80)
Tom Dooley	(USA 1968 1972 20km/50km - M70)
Goetz Klopfer	(USA 1968 1972 20km - M70)
Rodrigo Mureno Munar	(COL 2008 50km - M50)
Ian Richards	(GBR 1980 50km - M65)
Cheryl Webb	(AUS 2004 20km - W40)
Johann Siegele	(AUT 1980 20km - M65)

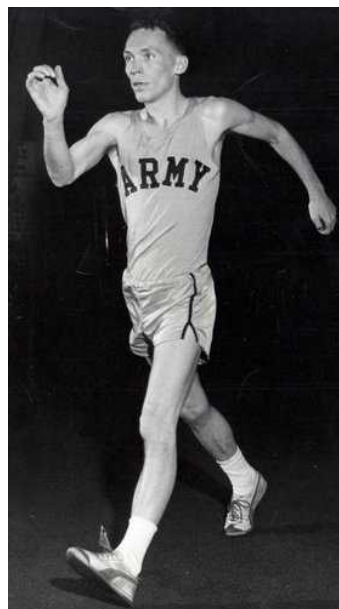
Now to this week's questions – they are not getting any easier! Some details needed, not just a name. Back up your claim!

46. **What Victorian walker is remembered for his uncanny ability to raise money? He was without a doubt the best grass roots fund raiser Australian athletics has ever seen.**

47. What Victorian walker started as a sprinter, progressed to distance running, where he was a Victorian Country marathon champion, and finally turned his attention to walking in his mid thirties, rewriting the Australian racewalking record books and going on to have a fine international racewalking career?
48. Who was the Victorian walker whose active career in the racewalking world extended over an amazing 76 years and whose accolades included international judge, coach and author and even included a ban for breaking the rules governing amateur sport?
49. Which Olympic champion racewalker was once chased by sword wielding samurai - and did he walk or run to get away from them?
50. What racewalker was caught up in the infamous drama when Palestinian terrorists broke into the 1972 Olympic Village with the intention of taking the entire Israeli delegation hostage?

Forward your answers to me at [terick@melbpc.org.au](mailto:terick@melbpc.org.au). I will give the answers next week and pose 5 further questions. Remember you can check out past questions and answers at <http://www.vrwc.org.au/RW-Questions.shtml>.

#### REMEMBERING RONALD ZINN AND GORDON SMITH



*Left: Gordon Smith in the early 1930's in bushwalking mode - Tall, with a magnificent physique, he looked like he'd strolled straight out of an old Chesty Bond singlet commercial.  
Right: Ron Zinn, dual Olympic 20km walker*

The last Monday of May is Memorial Day in the United States, a Federal holiday for honoring and mourning military personnel who have died while serving in the United States Armed Forces. Thus, it is a fitting time to remember dual USA Olympian **Ron Zinn** who died on active duty in Vietnam in 1965 (see <https://www.vvmf.org/Wall-of-Faces/58105/RONALD-L-ZINN/>).

Ron represented USA in the 1960 Summer Olympic 20km (19<sup>th</sup> in the 20km), 1963 Pan American Games (3<sup>rd</sup> in the 20km) and the 1964 Summer Olympics (6<sup>th</sup> in the 20km). Ron graduated from the United States Military Academy at West Point in 1962 and served in the Vietnam War. He was killed in a firefight in War Zone D near Saigon (now Ho Chi Minh City) while serving as platoon leader in B Co 2/503<sup>rd</sup> Abn Inf 173<sup>rd</sup> Airborne Brigade of the United States Army. He held the rank of Captain at the time of his death ([https://en.wikipedia.org/wiki/Ronald\\_Zinn](https://en.wikipedia.org/wiki/Ronald_Zinn)).

Here in Australia, our main memorial day is Anzac Day, celebrated on 25<sup>th</sup> April each year. It is the date when the Gallipoli campaign got underway in WWI in Turkey. Huge numbers of Australian, New Zealand, British and Turkish soldiers were lost in what was a failed assault by the Allies who eventually withdrew. We now use that date to remember all our war dead.

Our most famous Australian walker to lose his life in war was **Gordon Smith** - <http://www.vrwc.org.au/tim-archive/articles/wa-gordon-smith.pdf>. I don't think we have lost any Olympians, although a number served in various wars, especially WWI and WWII.

Gordon, born 18 January 1902 in Burwood, NSW, was one of the most consistent racewalkers in NSW for a long period from the early 1920's right up to the outbreak of war. His 17 year career saw him accumulate 17 Gold and 5 Silver Medals in NSW State

Championships, a silver in the 1935 Australian 50 km championship and a swag of State and Australasian records for distances from 15 miles upwards.

And now to move swiftly to the sad end of his story. In June 1940 Gordon resigned from his Public Service position, said good bye to his wife and joined the long list of able bodied men who answered the call, enlisting in the 6<sup>th</sup> Infantry Battalion with the rank of Private. This was no easy decision – he was 38 years of age, had been married for 15 years (he married his wife Mary in 1923) and had a son Gordon, then aged 12. He was heavily involved in bushwalking and racewalking and had his own career.

Soon he embarked to Singapore and was transferred to 2/19 Infantry Battalion on Intelligence Duties. Able to read maps and negotiate unknown terrains, he was an obvious choice for such a role.

In February 1942, when Singapore fell to the Japanese forces, he was listed as Missing in Action. By 1943, this had been amended to 'Prisoner of War'. He was one of the unlucky prisoners who was transferred to Sandakan in Borneo. In what was one of the darkest episodes of the Pacific Theatre of the war, he and the other prisoners in that camp endured forced labour, beatings, torture, starvation and illness. He died on 8<sup>th</sup> March 1945 in Sandakan Number 1 Camp, from what the Japanese recorded as malaria, and is commemorated on the Labuan Memorial Panel 13 in Labuan, Malaysia.

Of the 2345 Australian and British POWs who were imprisoned in this infamous camp in January 1945, only six survived. It is bitterly ironic that Australia's best long distance walking exponent should have died in such circumstances.

To Ron and Gordon and all those killed in war, we remember your sacrifice with thanks.

#### FROM THE VAULT – THE 1947 VAWC CLUB PHOTO

An annual club photo used to be an integral aspect of the club year for most sporting clubs but sadly this idea has now lost favour. To see what has been lost, I reproduce the VAWC Club Photo, taken in November 1947 at the South Melbourne Football Ground.

So many people in that photo were still an integral part of the club when I joined in 1966.



*Back row: E. Harrison (judge), J. Gaylor, R. Grierson, F. McGuire, L. Chadwick, R. Coyle, R. Smith, R. Grace, P. King, H. Koch, C. Jacobson, E. Ryall, J. O'Farrell, H. Hagg, W. Tunaley, S. Wisby, C Dunning (Judge).*

*Centre Row: V. Mead, R. Morrison, N. Bomford, W. McKinna, R. Dunning, C. Lowe, F. Tobias (Referee), A. Robinson (President), J. Larkin (Chief Judge), A. Philpott (Secretary), L. Mack, L. Osmond, K. McGuire, L. Bond, J. Ralston (Masseur)*

*Front Row: J. Pettigrove, R. Tucker, A. Theobald, R. Firth, E. Allsopp, N. Goble, W. Medcalf, N. Williams, T. Tunaley, W. Knott (Social Secretary), G. Williams, G. Knott, J. Cox.*

## VICTORIAN WOMEN'S RACEWALKING CHAMPIONSHIPS: 1931 - 1942

I have already written about the long time that Australian women had to wait before they could compete officially in amateur athletics competition (see [Australasian Championships Women 1933-1940.pdf](#)).

In summary, the general attitude of the male-dominated society in Australia was not conducive to women's athletics and women were actively discouraged from participating in sport. Nevertheless, there was no stopping the women and by 1928 three women's clubs had affiliated with the NSWAAA as part of men's clubs - Botany, Kensington and St George. In 1929, women's inter-club competition began in Sydney.

South Australian, Queensland and Victorian women also formed their own associations around this time. But it was not always easy. Early in 1929 a delegate from Glenhuntly AAC in Victoria moved that women's events be included in the state championships. The male delegates were shocked and the motion was soundly defeated. The women went their own way, forming the Victorian Women's Amateur Athletic Association (VWAAA) in December 1929. When the women's association subsequently tried to affiliate with the men, they were refused on the grounds that they would flourish better on their own. This resulted in Victorian men and women competing in separate associations until the late 1970's when they were finally amalgamated. Nationally, the women also went their own way, forming the Australian Women's Amateur Athletic Union (AWAAA) in 1932 and taking control of their own destiny.

The 1930/31 season saw the start of inter-club for women in Victoria at 3 venues - Williamstown and Glenhuntly Cricket Grounds and the Royal Showgrounds. It was not until 1936 the the VWAAA was able to get Royal Park from the Melbourne City Council. By 1939 they had a proper cinder track and dressing room accommodation there and they competed at that venue until the merger with the men in the late 1970s.

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1931

The first official Victorian Women's Athletics Championships were held in early 1931 at the Royal Showgrounds in Flemington and included the following events: 75 Yards Run, 100 Yards Run, 220 Yards Run, 90 Yards Hurdles, 440 Yards Walk, 880 Yards Walk, Long Jump and High Jump. Later in the year, a 300 Yards Relay Championship and a 4x100 Yards Relay Championship were held in Oakleigh.

#### **440 YARDS WALK, ROYAL SHOWGROUNDS, SATURDAY 28 FEBRUARY**

1.	Hazel Scott	Eastern Sub	1.52.4
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#### **880 YARDS WALK, ROYAL SHOWGROUNDS, SATURDAY 14 MARCH**

1.	Hazel Scott	Eastern Sub.	4.13.8
2.	Mabel Moad	Malvern	1 yard
3.	D Sinclair	Malvern	

Sadly, results for all the events display only the first few places, and normally only record the performance for the winner. This practice continued for many years, meaning that these early results are incomplete. We do know that fields were substantial in most cases, as evidenced by this photo, taken from May 1930.



*A women's walking race held at the Ascot Vale Racecourse on 30<sup>th</sup> May 1930 - 1<sup>st</sup> L Graut 2<sup>nd</sup> D Sinclair 3<sup>rd</sup> Hazel Scott*



### VICTORIAN WOMEN'S CHAMPIONSHIPS 1932

The second Victorian Women's Athletics Championships were held a year later at the Royal Showgrounds, with the program spread over 2 Saturdays. The event mix had been extended to now include Shot Put, Discus Throw and Javelin Throw, and the 400 Yards Walk had been replaced by a ¾ Mile Walk.

With five women's events being included in the 1932 Olympics (100m Run, 4x100m Relay, High Jump, Discus Throw and Javelin Throw), the start of women's athletics in Victoria was perfectly timed. What was not perfectly timed was the Great Depression which dragged on throughout the early 1930's.

As an aside, while possible Olympic selection beckoned for the women sprinters, jumpers and throwers, the racewalkers had no such opportunity. The women's walk would not be added to the Olympic program until 1992.

Defending walk title holder Hazel Scott did not contest the walks, leaving the way open for a new champion in **Mabel Moad**. Mabel, a tennis player who had joined Malvern Harriers more for fitness, had entered her fist walking walk as a joke. However, she found she had ability at this event and started to train seriously for it.

Her winning times were granted Victorian Record status. She would dominate the Victorian walking scene until she retired in 1937. She would also win the inaugural Australian 880 Yards Walk Championship in 1933, setting an Australian record of 4:00.3. She was generally regarded as a flawless stylist.

#### **¾ MILE WALK, ROYAL SHOWGROUNDS, SATURDAY 27 FEBRUARY**

1.	Mabel Moad	Malvern	6.39.1
2.	Emily Neville	VRI	5 yds
3.	B Hooper	VRI	10 yds
4.	Jill Milner	Eastern Suburbs	
5.	Doris Smith	Glenhuntly	
6.	Anne Slade	Eastern Suburbs	
7.	Pearl Currie	Glenhuntly	

#### **880 YARDS WALK, ROYAL SHOWGROUNDS, SATURDAY 5 MARCH**

1.	Mabel Moad	Malvern	4.11.1
2.	Emily Neville	VRI	20 yds
3.	B Hooper	VRI	5 yds
E4.	Anne Slade	Eastern Suburbs	
E4.	Gwen Milner	Eastern Suburbs	



*Mabel Moad in action on the grass track at the Royal Showgrounds – a flawless stylist*

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1933

The 1933 Victorian Women's Championships contained the same mix of events as in 1932, but the venue changed, with the first Saturday's events at the Royal Showgrounds in Flemington and the second Saturday's events at the Victory Ground in Maribyrnong.

The championships were held in a state of excitement, with the inaugural Australian Women's championships to be contested the following week at the Amateur Sports Ground in Melbourne on 23<sup>rd</sup> and 25<sup>th</sup> March.

Mabel Moad won the two walks again, in new Victorian Records. A week after her 880 Yards Walk win, she would win the inaugural Australian Women's 800 Yards walk in an even faster time of 4:00.3.

#### **¾ MILE WALK, ROYAL SHOWGROUNDS, SATURDAY 11 MARCH**

1.	Mabel Moad	Malvern	6.33.6
2.	Elsie Edwards	Footscray	6.41.0
3.	Emily Neville	VRI	6.57.0
4.	Gwen Milner	Eastern Suburbs	
5.	B Hooper	VRI	
6.	Anne Slade	Eastern Suburbs	Disq
7.	I Vinnicombe	Melbourne	Disq

#### **880 YARDS WALK, MARIBYRNONG, SATURDAY 18 MARCH**

1.	Mabel Moad	Malvern	4.04.0
2.	Elsie Edwards	Footscray	4.15.0
3.	Emily Neville	VRI	4.21.0
4.	Gwen Milner	Eastern Suburbs	
5.	B Hooper	VRI	

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1934

The 1934 Victorian Women's Championships were held over successive Saturdays at the Victory Ground, Maribyrnong. The event mix was the same as for the past few years – variety was definitely not the spice of life for the women!

Mabel Moad won the walk double for the third year in a row, while Elsie Edwards had to be content with dual silvers once again. Mabel's ¾ Mile time of 6:17.5 was a big improvement on previous years and her 880 Yards time of 4:04.1 was not too far outside her best.

#### **¾ MILE WALK, MARIBYRNONG, SATURDAY 3 MARCH**

1.	Mabel Moad	Malvern	6.17.5
2.	Elsie Edwards	Footscray	40 yds
3.	Hazel Day	Eastern Sub.	20 yds
4.	Dorothy McLennan	Collingwood	

#### **880 YARDS WALK, MARIBYRNONG, SATURDAY 1 MARCH**

1.	Mabel Moad	Malvern	4.04.1
2.	Elsie Edwards	Footscray	6 yds
3.	Hazel Day	Eastern Sub.	20 yds
4.	Maisie James	Melbourne	

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1935

The 1935 Victorian Women's Championships were once again held over successive Saturdays at the Victory Ground, Maribyrnong, with the same event mix as usual.

In what was perhaps a surprise, Mabel Moad had to lower her colours to Elsie Edwards, who finally took the walk golds after silvers on the previous 2 occasions. But perhaps it was not a surprise, as Mabel was heavily involved in athletics administration by this stage. She was one of the women who had formed the VWAAA and started women's athletics in Victoria. She doubled as a finish judge, recorder, field judge and track and field referee, finding time to compete when she could. She was also the Vice-President of the VWAAA from 1932 to 1948 and became President in 1952, a position she would hold until 1978.

#### **¾ MILE WALK, MARIBYRNONG, SATURDAY 23 MARCH**

1.	Elsie Edwards	Footscray	6.20.0
2.	Mabel Moad	Malvern	20 yds
3.	Dorothy McLennan	Collingwood	50 yds
4.	Betty Wilson	Eastern Suburbs	
5.	Heather Day	Eastern Suburbs	

#### **880 YARDS WALK, MARIBYRNONG, SATURDAY 30 MARCH**

1.	Elsie Edwards	Footscray	4.01.6
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2.	Mabel Moad	Malvern	15 yds
3.	Betty Wilson	Eastern Suburbs	

These second Australian Women's Championships were held 4 weeks later at Lang Park in Brisbane, and Mabel and Elsie both made the trip north. On that occasion, both women were beaten by young NSW start [Lorna Carrington](#) who set a new Australian record of 3:49.0. Mabel was second with 3:55.4, a new Victorian record, and Elsie was third.

#### VICTORIAN WOMEN'S CHAMPIONSHIPS 1936

The 1935 Victorian Women's Championships were held over successive Saturdays at the Victory Ground, Maribyrnong, with the same event mix as usual.

Elsie Edwards had now disappeared from the Victorian walk championship results, presumably retired. Mabel was certainly not ready to put her shoes away in the cupboard yet, winning both walks for the fourth time.

The Victorian Championships had been held 2 weeks after the 1936 Australian Championships in Sydney, which saw Lorna Carrington win the 880 Yards Walk with a time of 3:59.2, ahead of Mabel who finished second once again.

#### **¾ MILE WALK, MARIBYRNONG, SATURDAY 8 FEBRUARY**

1.	Mabel Moad	Malvern	6.20.8
2.	Jill Bond	Eastern Suburbs	6.29.0
3.	Iris Dowsey	Collingwood	6.46.0
4.	Betty Duncan	VRI	6.54.0
5.	G Bradford	Malvern	7.00.0

#### **880 YARDS WALK, MARIBYRNONG, SATURDAY 15 FEBRUARY**

1.	Mabel Moad	Malvern	4.01.6
2.	Jill Bond	Eastern Suburbs	15 yds
3.	Maisie James	Melbourne	30 yds
4.	Iris Dowsey	Collingwood	
5.	Betty Duncan	VRI	
6.	G Bradford	Malvern	

#### VICTORIAN WOMEN'S CHAMPIONSHIPS 1937

The 1937 Victorian Women's Championships changed venue in 1937, going to Royal Park. It was in 1936 that the VWAAA had been able to obtain support from the Melbourne City Council to develop a grass track in that area. The new venue been used for the 1936-1937 interclub season and was now to be used for its first major championship.

By 1939 the council had built a proper cinder track and dressing rooms at Royal Park. VWAAA then consolidated to that venue until the merger with the Victorian men's association in the late 1970s.

The 1937 program saw the addition of the 440 Yards and 880 Yards Runs, and the removal of the ¾ Mile Walk. The full fixture now read as follows: 75 Yards Run, 100 Yards Run, 220 Yards Run, 440 Yards Run, 880 Yards Run, 90 Yards Hurdles, 880 Yards Walk, High Jump, Shut Put, Discus Throw and Javelin Throw. Amazingly, the 880 Yards Walk would continue until 1968, when it was replaced by the 800m Walk.

The 880 Yards walk was an exciting event with only inches separating the first two – Maisie James 3:58.4, just ahead of Mabel Moad.

#### **880 YARDS WALK, ROYAL PARK, SATURDAY 27 FEBRUARY**

1.	Maisie James	Melbourne	3.58.4
2.	Mabel Moad	Malvern	inches
3.	Rose Roberts	Collingwood	20 yds
4.	Betty Duncan	VRI	
5.	Jill Bond	Eastern Suburbs	
6.	Sheila Neville	VRI	
7.	Nancy Williams	Eastern Suburbs	
8.	V Simpkins	Collingwood	
9.	E Lee	Glenhuntly	
10.	A Smart	Eastern Suburbs	
11.	Iris Dowsey	Collingwood	

The new facilities at Royal Park were showcased for the 1937-1938 Australian Women's Championships, held in December 1937. Maisie James also won this race (3:55.2), with Mabel Moad second.

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1938

Maisie James won the next two Victorian 880 Yards walk, stamping her authority over the other Victorian women. Her time of 3:48.6 in 1938 broke Mabel Moad's Victorian record time of 3:55.4.

#### **880 YARDS WALK, ROYAL PARK, SATURDAY 19 FEBRUARY**

Maisie James	Melbourne	3.48.6
Jill Bond	Eastern Sub	
Elsie Capel	Melbourne	

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1939

#### **880 YARDS WALK, ROYAL PARK, SATURDAY 11 FEBRUARY**

1. Maisie James	Melbourne	3.51.1
2. Elsie Capel	Melbourne	
3. Mabel Moad	Malvern	
4. Jill Bond	Eastern Sub	
5. Betty Duncan	VRI	
6. N Canvert	Williamstown	

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1940

The 1940 Victorian Championships saw the last appearance of Mabel Moad, who finished fourth behind winner Iris Dowsey.

#### **880 YARDS WALK, ROYAL PARK, SATURDAY 3 FEBRUARY**

1. Iris Dowsey	Collingwood	3.50.1
2. Elsie Capel	Melbourne	
3. Betty Jarrad	VRI	
4. Mabel Moad	Malvern	
5. G Bradford	Malvern	

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1941

Iris Dowsey was a repeat winner in 1941 and again in 1942.

#### **880 YARDS WALK, ROYAL PARK, SATURDAY 8 MARCH**

1. Iris Dowsey	Collingwood	4.00.0
2. Betty Jarrad	VRI	
3. Gwen Vautier	Eastern Sub	

### VICTORIAN WOMEN'S CHAMPIONSHIPS 1942

#### **880 YARDS WALK, ROYAL PARK, SATURDAY 7 MARCH**

1. Iris Dowsey	Collingwood	4.07.8
2. Betty Jarrad	VRI	

Interestingly, the Victorian Women's Championships continued throughout the war, with their usual schedule of events, except for the 880 Yards Walk which had been removed. It would not reappear until the 1947 edition.

### **DATES...DATES...DATES**

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions. It continues to change quickly as a result of COVID-19 issues.

#### **Australian/Victorian Key Dates – 2020**

Jun 7 (Sun), 2020	54 <sup>th</sup> LBG Racewalking Carnival, Canberra (CANCELLED)
Aug 30 (Sun), 2020	Australian Masters 20km Championships, Adelaide (TBA)
Aug 30 (Sun), 2020	Australian Roadwalk Championships (and RWA Carnival), Melbourne (TBA)

#### **International Dates**

Jun 5 (Fri), 2020	46 <sup>th</sup> International RW Festival, Alytus, Lithuania (TENTATIVELY POSTPONED UNTIL SEPTEMBER)
Jun 14 (Sun), 2020	Polish National Championships, Mielec, Poland (20km) (CANCELLED)
Jun 28 (Sun), 2020	Canadian Olympic T&F Trials, Montreal, Canada (20km)
July 17-20, 2020	<b>18<sup>th</sup> World Athletics U20 T&amp;F Championships</b> , Nairobi, Kenya (POSTPONED - TBA)
Sep 26-28, 2020	Lake Taihu Tour, Suzhou, China
Sep 26 (Sat), 2020	International Race Walk Meeting, Zaniemysl, Poland (Includes Polish 20km Champs)



Jan 17-23, 2021	<b>Oceania Masters Championships</b> , Norfolk Island
July 23 – Aug 8, 2021	<b>32<sup>nd</sup> Olympic Games, Tokyo and Sapporo</b>
July, 2021	<b>23<sup>rd</sup> World Masters T&amp;F Championships</b> , Tampere, Finland
Aug 8-19, 2021	<b>World University Summer Games</b> , Chengdu, China
TBA, 2022	<b>9<sup>th</sup> World Masters Indoor T&amp;F Championships</b> , Edmonton, Canada
July 15-24, 2022	<b>18<sup>th</sup> World Athletics Championships</b> , Eugene, USA
July 27 - Aug 7, 2022	<b>XXII Commonwealth Games</b> , Birmingham, GBR
Aug 11-21, 2022	<b>European Athletics Championships</b> , Munich, GER
TBA, 2023	<b>24<sup>th</sup> World Masters T&amp;F Championships</b> , Gothenburg Sweden
Aug 2023 (TBC)	<b>19<sup>th</sup> World Athletics Championships</b> , Budapest, Hungary

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