



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
2020/2021 Number 34A  
Thursday 27 May 2021



**VRWC Preferred Supplier of Shoes, clothes and sporting accessories.**

*Address:* RUNNERS WORLD, 598 High Street, East Kew, Victoria (Melways 45 G4)  
*Telephone:* 03 9817 3503  
*Hours:* Monday to Friday: 9:30am to 5:30pm  
Saturday: 9:00am to 3:00pm  
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### HEEL & TOE ADDENDUM

#### VRWC RACES CANCELLED THIS WEEKEND

Hello everyone

Victoria will be moving into a seven-day lockdown from tonight (Thursday 27<sup>th</sup> May), after the State's Covid-19 outbreak rose significantly overnight. From 11.59pm tonight, all of Victoria will move into lockdown restrictions, with just five reasons to leave home: getting food and supplies, authorised work, care and caregiving, exercise for up to two hours each day with one other person, and getting vaccinated.

The "circuit breaker" lockdown will be in place until 11.59pm on Thursday 3<sup>rd</sup> June.

That means **our VRWC roadwalks on this coming Saturday 29<sup>th</sup> May have now been cancelled.**

If the lockdown is successful and we return to normal life from Friday 4<sup>th</sup> June, we will go ahead with our VRWC roadwalks which are currently scheduled for Saturday 5<sup>th</sup> June. And then fingers crossed that we can all travel to Canberra the weekend after that for the annual Racewalking Australia Carnival.

Time will tell!

In the meanwhile, stay home and stay safe.

Kind regards...Tim

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