

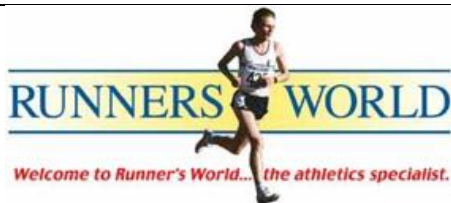


# HEEL & TOE Online

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The official organ of the Victorian Race Walking Club, Inc.

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## CLUB NEWS and RESULTS

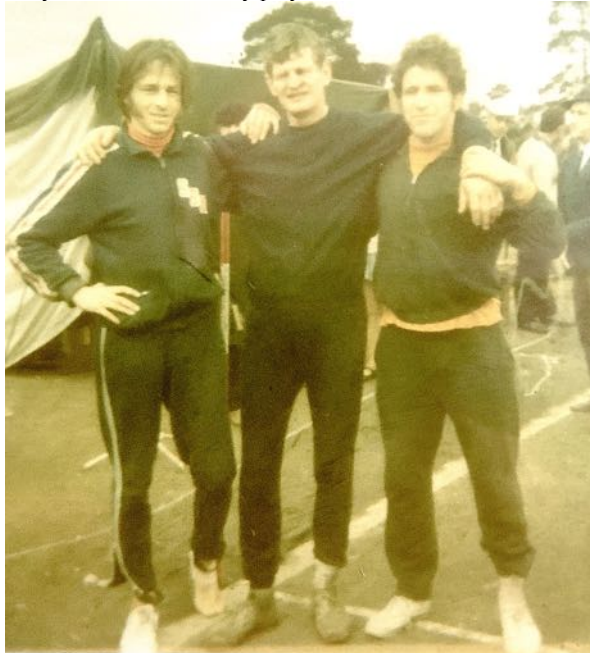
**\*\* ONE HUNDRED ... AND FIFTY \*\***

by  
**Stu Cooper**

50<sup>th</sup> anniversaries are usually a cause to celebrate. This one was no exception.

Sunday, 24 October 2021, was a special day for me and fellow VRWC walker, **Clarrie Jack**. It was exactly 50 years ago – Sunday 24 October 1971 – that we each crossed the line at Edwardes Park, Reservoir (Clarrie an hour ahead of me) to become the 4<sup>th</sup> and 5<sup>th</sup> members\* of the newly-inaugurated Australian Centurions Club. There is only one requirement to join the Centurions ... you have to walk 100 miles (160.934km) in less than 24 hours. (23hr 59m 59s – you're in.) Clarrie achieved it in 20h 39m 45s, while I covered the journey in 21h 36m 53s. (I was 20yo at the time.)

Fifty years on, last Sunday, Clarrie and I gathered with three of our fellow Centurions – **Ian Jack (C17)**, **Terry O'Neill (C18)** and **Karyn O'Neill (C45)** – for lunch at the Glasshouse at Caulfield Racecourse. A happy post-lockdown get-together with much reminiscing, made a touch bittersweet by the absence of a key player from that memorable weekend in 1971 ...



*PHOTO 1:* Post race - Stu (C5, left), Clarrie (C4, right), and **Jim Gleeson (C3)**, the man in the middle who was really the man of the hour (of the whole 24 hours, actually). While Clarrie and I had stopped when we hit the 100 mile mark, Jim – a 50km and ultra-distance specialist – had powered through the 100 in 18h 33m 58s and kept going for the full 24 hours, setting an Australian record (122mi 215yd) which still stands today. Alas, it has outlasted Jimmy, who passed away in 2014. (See a fine tribute to Jim at <http://centurions.org.au/centprofiles/03%20jim%20gleeson.pdf>)



PHOTO 2: Stu and Clarrie on Sunday. Half a century has left its mark, but not treated us too harshly.



PHOTO 3: Terry, Stu, Karyn and Ian. Clarrie seated. Each of us wears our Centurion badge, presented at the conclusion of the qualifying events.

We'll meet again in February, with as many other Centurions as can make it, for our annual AGM luncheon, when we'll formally welcome our latest member, **Pramesh Prasad (C81)**. The Australian Centurion Walkers now boasts members from all over the world. With the re-opening of borders, we expect to see more candidates, local and from overseas, drop in to try their luck and earn our unique badge.

(\* Gordon Smith of NSW was the first to achieve the feat in 1937, to earn the ranking of C1. According to recently discovered records, Jack Debert had also succeeded in the same event as Gordon, so becoming C1A). Jack Webber of SA did it in August 1971, two months before the Reservoir qualifying event, earning the C2 ranking.)

**\*\* POSTSCRIPT \*\***

If you check the honour roll of Australian Centurions (<http://www.centurions.org.au/centlist.shtml>), you'll find it graced with 82 names. One name, sadly, is not there ... **Tom Daintry's**.

Over seven decades, the late Tom Daintry was one of the VRWC's and Australian walking's toughest and most committed competitors and clubmen (see <http://www.vrwc.org.au/tim-archive/articles/wv-tom-daintry.pdf>), and one of the nicest, most supportive men you could have met. Tom's dear wish later in his career was to see inaugurated an Australian chapter of the Centurions (already well established in the UK, the Netherlands and the USA), and for himself to be a member.

After contributing to the initial financing and organization of the project, Tom and Fred Redman (UK Centurion No. 163) toed the line alongside Jim, Clarrie and Stu at Edwardes Park on 23 October 1971, intent on becoming the first Aussie centurions. It wasn't to be. The atrocious conditions from late afternoon through midnight took a heavy toll of both men and neither was able to finish. Had they done so, Australia's first dedicated Centurion qualifying event would have produced five new members, not three.

While Fred would qualify as No 8 on a second attempt two years later, Tom would not be as fortunate. The man who was perhaps the most energetic in setting up the Australian Centurions never saw his own name on the Honour board he himself had crafted.

Though he never achieved his wish of attaining Centurion membership, all of us in this exclusive club owe Tom Daintry a huge debt of gratitude for the visionary role he played in helping to found it.

*Tom Daintry in action at the 1984 Australian Masters championships in Canberra.*



\*\*\*\*\*

## **\*\* VRWC Summer season opener – Sunday 14 November \*\***

Only 13 more sleeps until we meet at Middle Park for the first races of the Summer season! It will be so good to see everyone again after so long.

Now that AV has issued guidelines for resumption under the Health Department provisions, we are now able to set our Summer schedule with confidence. Our program for 14 November is:

- 8.30am – 10km Open
- 9.30am – 5km & 3km Open
- 10.00am – 1km Open

*(NOTE: This program is subject to change. Races will be confirmed next week.)*

Entries will be accepted **online only**. No entry on the day.

**ALL** attendees should familiarize themselves with the following health directive from Athletics Victoria:

### **Physical Recreation Premises**

- The operator of a physical recreation premises must ensure that any shared equipment is cleaned between users. *(Bring own water bottles etc.)*
- 500 capacity limits on venues at any one time.
- Spectators limited to 30.
- Masks are to be worn indoors, but can be removed during physical training activities outdoor only.
- QR Codes are required at venues (this is defined as an enclosed track/space), with all attendees required to CHECK-IN using the Service Victoria App. *(\*Use the VRWC's own QR code – on clubroom window – for check in .... NOT the Bowling club's!)*
- Good hygiene is maintained. *(Use sanitisers, wash hands.)*
- If you feel unwell or show flu-like symptoms, get tested for COVID and remain at home until results are provided. *(We all know this message inside and out – it's cost us all too much not to heed it now.)*

### **Am I Required to Be Vaccinated to Play Community Sport?**

No. Indoor and outdoor physical recreation and sporting facilities such as swimming pools and leisure centres are open.

If these facilities, including club rooms, are used for community sport (organised competitive sports with membership), patrons participating or facilitating community sport (e.g. players, coaches, volunteers) do not need to be vaccinated to access the facility.

*(NOTE: Although the Committee's notice on the VRWC website refers to all attendees perhaps needing to be double-vaxxed, it was posted at an uncertain time before the DHHS had set down the above roadmap provisions. Hopefully this clarifies the issue.)*

However, under Victoria's roadmap, when Victoria reaches 90% double vaccinated, further restrictions will be removed, including social gathering limits, and events will open (double vaccinations required). Participants may then be required to provide evidence of double vaccination as outlined in the government information. The indicative date for Victoria to reach 90% is 24 November 2021.

# VICTORIA - METRO & REGIONAL



## A.V. NEWS

### \*\* AVSL – SEASON TIMETABLE ANNOUNCED \*\*

Here it is - the news athletes in Victoria have awaited for so long. Athletics Victoria has released the weekly timetables and venues for AVSL track & field competition for 2021-22. Follow the link below to see the whole program:

<https://athsvic.org.au/wp-content/uploads/2021/11/AVSL-Metro-Timetables-DRAFT-2021-11-01.pdf>

Walks have been scheduled for 8 of the 10 rounds, with Round 1 scheduled for Saturday 13 November. Only Round 7 (15 January) and Round 10 (12 February) are without walking events. So, across the summer – combining AVSL, Little Athletics, Vic Masters, AV Championships and VRWC events – walkers are pretty well catered for.

Walkers who are registered with AV clubs will receive, or will have received, instructions on how to enter for their chosen events.

### \* VIRTUAL RACE WALKING SEMINAR \*

During the enforced COVID hiatus, Athletics Victoria has been busy holding virtual seminars and clinics for officials and coaches in events across the athletics calendar. Now, it's race walking's turn.

Di Lowden advises that a **virtual Race Walks seminar** is to be held for officials on **Tuesday 30 November**, at 7pm. Officials will have received notification of this from Di or from Andrea Hallett. If interested, and you've not received notice of the event, contact Andrea at [andrea@athsvic.org.au](mailto:andrea@athsvic.org.au).

\*\*\*\*\*



## AROUND THE COUNTRY

### \*\*\* WALKER OF THE WEEK \*\*\*

This week's WOTW is a three-way tie. The worthy winners are (again) **Kim Mottrom**, who took the South Australian M35 record for 5000m to the cleaners with a super-quick **21:14.73**. Not far behind him was national U20 World championship rep **Olivia Sandery**, who scored her own excellent PB with **22:34.88** ... an indication of what she might have achieved had she been able to race within that crack international field in Nairobi.

Our third winner is 15yo **John Lonan**, whose superb **13:45.49** easily won him the West Australian All Schools U16 3000m title.

Well done to all winners!

### QUEENSLAND: All Schools 10–14yo championships, 30-31 October -

Robyn Wales reports that conditions were very windy for the younger students' championships ... probably a good test of their fitness.

#### Boys U14 3000m

1. Kai Dale QRW 16:01.64

#### Boys U15 3000m

1. Bailey Housden QRW 15:10.9  
2. Roel Wheelley Redlands 23:17.41

#### Girls U13 3000m

1. Milly Sharpe Gld 16:16.81  
2. Katie Bray ASR 18:19.80  
Sky Presland QRW DQ

#### Girls U15 3000m

1. Rebecca Teahen TWH 17:54.21  
2. Lily Goulding QRW 18:51.33  
Danni Griffin QA DQ

**SOUTH AUSTRALIA: SA Interclub Week 2, 30 October – SA Athletics Stadium**

The SA walkers were blessed by great weather in Adelaide interclub, resulting in some fast times and a slew of PBs. Kim Mottrom's record-breaking spree hasn't abated – another sizzling effort.

Open 1500m			Open 5000m		
1. Sebastian Richards	Southern Aths Club	7:06.25	1. Kim Mottrom	SA Masters	21:14.73
2. Zayden Kamish	Southern Aths Club	7:27.93			<i>M35 State record</i>
3. Cooper Rech	Coastal Districts	7:36.69 PB	2. Olivia Sandery	Pembroke	22:34.88 PB
4. Angelina Legrand	Pembroke	8:16.21 PB	3. Nellie Langford	Southern Aths Club	25:55.40 PB
5. Matilda Gourlay	Southern Aths Club	8:33.28 PB	4. Peter Crump	Saints	32:03.18
6. Tarique Kamish	Southern Aths Club	8:54.32 PB	5. Marie Maxted	SA Masters	33:22.14

**SOUTH AUSTRALIA: SAMA Masters handicap walks - SA Athletics Stadium**

Thanks to Graham Harrison for these handicap race results.

**1500M WALK**

Name		Result	Age Gp	AgeGrade%
ELIZABETH	SLATTERY	0:12:14	W55	57.58
JACK	RUSSELL	0:14:35	M65	71.64
MIKE	VOWLES	0:14:46	M75	65.69
MARIE	MAXTED	0:14:56	W60	74.74
MARGARET	MCINTOSH	0:15:05	W65	64.16
KEVIN	FINN	0:15:08	M70	68.42
LIZ	NEUBAUER	0:15:09	W70	65.80
MARK	WORTHING	0:15:10	M55	73.76
JAMES	HOARE	0:15:25	M75	57.95
RODGER	BARBER	0:15:26	M80	66.28
DAVID	ROBERTSON	0:15:26	M85	61.16
GIL	MCINTOSH	0:15:38	M70	64.45
ROGER	LOWE	0:15:43	M75	58.75

**4K WALK**

Name		Result	AgeGp	AgeGrade%
BRIAN	WITTY	0:32:35	M70	64.96
JAMES	HOARE	0:32:50	M75	61.60

**2K WALK**

Name		Result	AgeGp	AgeGrade%
KEVIN	FINN	0:13:29	M70	68.15
MARIE	MAXTED	0:13:08	W60	74.47
MARGARET	MCINTOSH	0:16:33	W65	63.31
EDNA	BATES	0:18:35	W65	56.38
JACK	RUSSELL	0:12:52	M65	70.65
CATHIE	HORE	0:18:22	W70	58.90
ROGER	LOWE	0:17:15	M75	58.64
DAVID	ROBERTSON	0:18:27	M85	62.93
GIL	MCINTOSH	0:14:20	M70	64.84
ELIZABETH	SLATTERY	0:17:12	W55	54.80

**TASMANIA: Athletics South interclub, 30 October – Domain Athletics Centre, Hobart**

David Moore reports:

Saturday's Interclub saw **Elizabeth Leitch's** first outing since July, while **Wayne Fletcher** had barely caught his breath from finishing the 1500m Run to line up on the start line beside **Dave Moore**.

**Elizabeth**, despite declaring pre-race that she was a bit underdone in the fitness stakes, led from start to finish and recorded a comfortable win.

**Results 1500m Walk**

1. Elizabeth Leitch	TMA	10:09.96
2. Wayne Fletcher	NS	11:58.22
3. David Moore	TMA	13:02.92

**\*\* Tas Masters T&F, 27 October - Domain Athletics Centre, Hobart**

**Results 3000m Walk**

1. Wayne Fletcher	NS	23:48.00
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## WESTERN AUSTRALIA: WA All Schools championships, 30 October – WAAS, Perth

The WA All Schools titles look to have featured some competitive racing, with John Ronan the standout performer.

### Girls 3000 Metre Race Walk Under 14

1 Kaytee Bogaers	PETER CARNLEY ACS	16:27.41
2 Isabelle Curtis	PETER MOYES ACS	17:02.94
3 Katica Borsic	DARLING RANGE SPORTS C	18:05.05
4 Leila Bevis	DARLING RANGE SPORTS C	18:27.99
5 Chelsey Ireland	SAFETY BAY SENIOR HS	19:08.68

### Girls 3000 Metre Race Walk Under 16

1 Lataya Lawrence	EMMANUEL CATHOLIC C	16:08.00
2 Ashlyn Spence	WANNEROO SECONDARY C	16:39.97
3 Chloe Gray	ATWELL COLLEGE	20:32.82

### Boys 3000 Metre Race Walk Under 14

1 Luke Lawrence	EMMANUEL CATHOLIC C	17:02.07
2 Harry Gordon	LYNWOOD SENIOR HS	20:31.82

### Boys 3000 Metre Race Walk Under 16

1 John Ronan	WOODVALE SECONDARY C	13:45.49
2 Xavier Bernard	TRINITY COLLEGE	15:55.54
Rylan Scott	DARLING RANGE SPORTS C	DQ

### Girls 5000 Metre Race Walk Under 18

1 Brooke Mortimore	HARRISDALE SENIOR HS	30:14.18
2 Jorja Smith	SETON CATHOLIC C	33:19.13
3 Emily Bogaers	PETER CARNLEY ACS	42:48.74
Emily Moore	LUMEN CHRISTI CATHOLIC	DQ

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## INTERNATIONAL NEWS

### UNITED KINGDOM: Veterans AC 10km road race (inc. Surrey, Sussex, Middlesex & Hertfordshire county championships), 30 October – Woodcote High School, Purley

From David Ainsworth:

The annual VAC and Counties championships took place in good racing conditions on a picture perfect October afternoon following the heavy rain of the morning.

Dave Annetts from N Herts RR had an excellent win and also won the Herts champs for the third time. The event included Sussex County for the first time, there was a new winner, David Crane from Surrey Walking Club in 50:53.5, with other Sussex walkers Trevor Jones and Richard Emsley in adjacent places.

Grazia Manzotti, Tonbridge AC, had yet another ladies win and was 3<sup>rd</sup> overall, while Melanie Peddle (Loughton) went under the hour yet again and improved on her 10k road time at Gravesend.

Surrey Walking Club adopted the event for their 10k championships, and had quite a number out as officials and competitors.

VAC are indebted as always to the team of officials and judges for this event to take place.

#### Female

1	Grazia Manzotti	W50	Tonbridge AC	58:56.4	N/A
2	Melanie Peddle	W50	Loughton AC	59:18.4	N/A
3	Maureen Noel	W55	Belgrave Harriers/VAC [1]	1:04:25.4	Middx
4	Fiona Bishop	W60	Woking AC/VAC [1]	1:23:58.3	Surrey
	Shaheda Arthur*	W60	Unattached	DNF	N/A
	Penelope Cummings	W45	AFD/VAC	DNS	

### Male

1	David Annetts	M55	N Herts Road Runners AC/VAC [1]	50:53.5	Herts
2	David Crane	M40	Surrey Walking Club	55:36.9	Sussex
3	Trevor Jones	M60	Steyning AC/VAC [1]	59:00.7	Sussex
4	Richard Emsley	M65	Desborough Runners	1:02:54.8	Sussex
5	Mark Culshaw	M55	Belgrave Harriers	1:04:42.0	Middx
6	John Arthur	M60	Unattached	1:05:08.4	N/A
7	Roger Michell*	M70	Surrey Walking Club	1:06:44.4	N/A
8	John Borgars	M75	Herts Phoenix	1:08:47.8	Herts
9	Christopher Flint	M75	Surrey Walking Club/VAC [1]	1:19:06.7	Surrey
	Ian Richards	M70	Steyning AC/VAC	DQ	

*All competitors judged Category A unless marked \**



*Veterans AC winners over 10km: David Annetts and Grazia Manzotti (Photos courtesy Mark Easton)*

### County Championships – Men

Sussex: David Crane, Trevor Jones, Richard Emsley  
Hertfordshire: David Annetts, John Borgars  
Middlesex: Mark Culshaw  
Surrey: Christopher Flint

### County Championships – Women

Middlesex: Maureen Noel  
Surrey: Fiona Bishop

### Acknowledgements

Judges: Shaun Lightman (Chief), Steve Cartwright, Elizabeth Benson, Simon Benson, John Hall  
Starter: Steve Knight  
Time keeping: David Harris/Don Turner  
Judges' runner: Ian Statter  
Lap recording: Ros Tabor, Andy Murray, Nolan Simmons, Pam Ficken, Peter Crane,  
Carl Lawton, David Hoben  
Hospitality: Woodcote High School

## UNITED KINGDOM: Up & Running sponsored Winter League walks Round 1, 31 October, IoM

Results from the Isle of Man (*courtesy Bridget Kaneen*):

Considering the weather over the past few days, the start of the new winter walking league season was blessed with dry conditions for the duration of the races.

As is traditional, the first round is always a scratch start, with handicaps calculated from the results going forward to the next round (Andreas, 28<sup>th</sup> November) which will be started on handicap.

The junior events were the first to finish, with Lilee Fletcher setting a very quick performance in the 1km event to easily take the win. Finn Gleave was also a comfortable second, the race to take the final podium spot was much

closer, with Bobby Venables just shading Charlie Coole and Noah Sykes who finished in a dead heat for fourth place.

The standard in the 2km was equally high. Tim Perry was well clear in taking the top spot, but Amy Surgeon and Lula Kinnish in second and third also put on very stylish performances and looked relaxed throughout.

In the Open 5km event. Lorna Gleave took the win and looks well capable in breaking the 30 minute barrier as the winter progresses. Leanne Venables was second fastest around 2 minutes in arrears and looks also to have more to come. It was also good to see Sharon Cain back walking and taking the final podium. Angie Robinson in fourth was delighted to record a lifetime best, despite having also raced in the Peel to Douglas run the day before.

It was good to see a number of newcomers in the 5km and the standard of walking was good.

In the 10km Stewart Jones continued with his good form of late to take the race win, though he was pushed hard throughout by Adam Killip and Jock Waddington, with less than a minute between the three, hopefully this will be the start of some good battles throughout the winter.

Tony Edwards in 4<sup>th</sup> was the only other walker to get under the hour. Jane Farquhar was the first female home from Louise Hollings and newcomer to the event Hannah Moore who walked a strong second half to pull away from Franke Dunne.

It was great to see some new walkers as well as those who have competed for many years still enjoying the winter league. Many thanks to all the officials and helpers who supported the walkers – and also to competitor Diane Brown for making some amazing cakes for the post-race refreshments.

#### Junior 1km

1. Lilee Fletcher	5:36	6. JayJay Fletcher	7:44
2. Finn Gleave	7:06	7. Theo Sykes	8:21
3. Bobby Venables	7:20	8. Georgia Venables	9:10
E4. Charlie Coole	7:22	9. Leo Gleave	11:30
E4. Noah Sykes	7:22		

#### Junior 2km

1. Tim Perry	11:55	3. Lula Kinnish	15:18
2. Amy Surgeon	14:02		

#### Open 5km

1. Lorna Gleave	30:25	9. Cole Hayes	34:51
2. Leanne Venables	32:27	10. Les Brown	35:17
3. Sharon Cain	32:51	11. Renee Michalogiannis	35:26
4. Angie Robinson	33:40	12. Amy Sykes	35:44
5. Kathryn Clough	33:44	13. Melissa Lines	39:33
6. Manuel Giordano	33:55	E14. Rosie Glen	45:20
7. Maura Kelly	33:58	E14. Jonathan McNeill	45:20
8. Vicki Heavy	34:40		

#### Open 10km

1. Stewart Jones	55:57	10. Hannah Moore	68:07
2. Adam Killip	56:29	11. Frank Dunne	68:22
3. Jock Waddington	56:47	12. Chloe Spooner	70:12
4. Tony Edwards	58:04	E13. Phil Swales	71:31
5. Jayne Farquhar	64:55	E13. Kerry Palmer	71:31
6. Andy Green	66:28	15. Dudley Butt	72:22
7. Dick Callin	67:09	16. Diane Brown	74:54
8. Colin Moore	67:20	17. Gordon Erskine	77:12
9. Louise Hollings	67:42	18. Alan Gault	78:32

## MARCIADALMONDO & O MARCHADOR ROUNDUP

The Italian walking website **Marcia Dal Mondo** has a list of new reports in its news section, covering local and international races and other items of interest.

- 31-10-21 ... Sandro Damilano has updated the list of U20 World Championship results and race reports, for male and female. He provides an interesting kilometre-by-kilometre commentary on the Nairobi races held in August. [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4216](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4216)



- 30-10-21 ... Spain's 6<sup>th</sup>-placed Tokyo Olympian Diego Garcia Carrera found it a hard grind in Sapporo. His impressions are recorded at [http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4215](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4215)

The Portuguese race walking blog **O Marchadore** contains reports on many of the same races as Marcia Dal Mondo. Here are links to some other items.

- This link contains numerous articles on the 50km Walk, including the Indian championship held in September. Walking on the Subcontinent is starting to make its presence known, and, while times in this race weren't fast, it's heartening to see the 50's flag being flown almost in defiance when a 35km championship might have made more 'sense.' <http://omarchador.blogspot.com/search/label/50%20km>
- Another lot of 50km articles – this time featuring women. Nothing posted after Sapporo, which is probably a sign of the inevitable. <http://omarchador.blogspot.com/search/label/50%20km%20femininos>

*Note: The O Marchadore blog is written in Portuguese, as are the articles therein. To access an English version, open the page in Google Chrome – if you haven't already – then right click on any empty space (not on text) on the page. A window will appear with the option to translate the page. Click on it, and the page should reload in English.*

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## WHAT'S UP AHEAD?

### Victorian Key Dates – 2021

Sat 13 Nov 2021	<b>AV Summer T&amp;F season (AVSL Round 1) season</b> – Doncaster (Zone A), Murrumbeena (Zone B)
Sun 14 Nov 2021	<b>VRWC Summer season commences</b> – Middle Park
Sun 16 Jan 2022	<b>VRWC Summer championships &amp; 2021 Winter presentations</b> – Middle Park
Sun 24 Apr 2022	<b>AV 'Run The Tan'</b> – Kings Domain, Melbourne

### International Dates

Mar 1 – 6, 2022	<b>29<sup>th</sup> World Athletics Race Walking Teams Championship</b> – Muscat, Oman (postponed from 2020)
Jun 26 – July 7, 2022	<b>World University Summer Games</b> – Chengdu, CHN (postponed from 2020)
Jun 29 – Jul 10, 2022	<b>23<sup>rd</sup> World Masters T&amp;F Championships</b> – Tampere, FIN
Jul 15 – 24, 2022	<b>18<sup>th</sup> World Athletics Championships</b> – Eugene OR, USA
Jul 22 – Aug 7, 2022	<b>XXII Commonwealth Games</b> – Birmingham, GBR
Aug 11 – 21, 2022	<b>European Athletics Championships</b> – Munich, GER
TBA, 2022	<b>19<sup>th</sup> World Athletics U20 T&amp;F Championships</b> – Cali, COLOMBIA
TBA, 2023	<b>24<sup>th</sup> World Masters T&amp;F Championships</b> – Gothenburg, SWE
Aug 2023 (TBC)	<b>19<sup>th</sup> World Athletics Championships</b> – Budapest, HUN

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