

## **\*WORLD ATHS RACE WALKING TEAMS C'SHIPS TO HAVE MASTERS EVENTS** reprinted from Marcia dal Mondo via Tony Taylor (Lancashire WC)

News and information from overseas would normally feature in the 'International News' section. But when you get a scoop, you lead with it ... and, as this news impacts directly (and immediately) upon Master walkers in Australia, it cannot but lead this week's issue. Talk about the winds of change!



MUSCAT (Oman), 9 December – Although *Marcia dal Mondo*, by editorial choice, does not deal with the multiple Master activities in the context of race walking due to time problems, the news that was provided to us with the request for its advertising is a juicy bit of news and we cannot avoid following it up. It marks a turning point in the history of the World Athletics Race Walking Team Championship.

**World Masters Athletics (WMA)** and **World Athletics** have worked hard over the last few years to develop a closer relationship. World Athletics now invited Masters Athletes to join the World Athletics Race Walking Team Championships held in **Muscat, Oman**. WMA President, **Margit Jungmann** and WMA Vice President **Brian Keaveney** drafted a competition program to attract Masters race walkers. WMA and World Athletics want to offer this new opportunity for Masters Athletes around the world to come together and celebrate their love of race walking and competition. They will join the best race walkers in the world to test themselves. Oman is a beautiful, peaceful country, and Muscat is a scenic city full of things to be discovered.

The World Athletics Race Walking Team Championships in Muscat will be held on 4-5 March 2022, including a mixed 4x2km Masters relay and 10km age group races.

Some tentative details on the Masters races:

1.- The relay team consists of two race walkers made of one woman and one man. Each country can enter any number of teams in the following categories: – Age 35-49, 50-59, 60-69, 70+- Mode: Each athlete will race-walk two 2K loops alternating between a man and a woman. A woman or a man can go first or second but must alternate.

2.- Individual race 10km with team scoring - All 5-year age groups starting at 35-39 can compete. The top three athletes both male and female can medal. Most likely there will be one mixed-sex 10K race. Team scoring for age groups will be used.

The background dates back to March 2021, when World Athletics and WMA had reached an historic agreement that would see official Masters Championships held for the first time alongside the World Athletics Cross Country Championships in Bathurst, Australia in February 2022. Unfortunately, due to the pandemic, World Athletics had to postpone this event to 2023.

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### \*\*\* WALKER OF THE WEEK \*\*\*

For this week's WOTW, it was hard to go past the NSW All Schools championships, but equally hard not to take SA Interclub into account.

The candidates are:

- Olivia Sandrey, who pushed into the upper echelon of speedsters with her first sub-13min 3000m in Adelaide, recording 12:55.13 for a 44sec PB a huge improvement;
- 14yo **Isaac Beacroft**, whose **13:05.12** in the NSW All Schools 14yrs 3000m was a 29sec PB and illustrated Isaac's natural speed. He will be one to watch come National championships time;
- 13yo Kodi Clarkson, who won this award last week with his 6:22 in Canberra. This time, while competing in the NSW All Schools 13yrs 3000m, Kodi smashed his PB by 25secs to clock 13:07.93. Like Isaac, Kodi has posted times in the mid-13's consistently this summer. Both will be exciting to see at the Nationals in 2022.

Olivia Sandrey So, who to pick? In a case like, this it seems better to credit all such fine performances rather than try to split 'worthiness' hairs. So – congratulations to **Olivia**, **Isaac** and **Kodi**, joint Walkers of the Week!

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## \*\* Metro Zone A: Round 5, Saturday 11 December – Moonee Valley Athletics Centre, Aberfeldie

Agreeably mild conditions greeted the walkers at Aberfeldie, with current hot-shots **Marcus Wakim** and **Riley Coughlan** quickly stamping their authority on the popular 2000m distance. Kerryn Walshe is having a good season and claimed another PB. **Adam Garganis**, **Jason Kozica** and **Heath Beveridge** were having a solid hit-out over 5000m before Heath called it a day and the other two relaxed for a tempo-paced social finish.

### 2000m

m						
1	Marcus Wakim	(COL)	M16	8:24.6h	550	Eq PB
2	Riley Coughlan	(KNA)	M16	8:26.7h	547	PB 0:03
3	Maddison Nash	(KNA)	F16	10:18.7h	498	
4	David Smyth	(COL)	M50	10:59.8h	435	
5	Kerryn Walshe	(KSB)	F55	11:16.8h	510	PB 0:09
6	Grace Young	(COL)	F20	11:20.1h	408	
7	Paul Kennedy	(KSB)	M60	11:22.8h	466	
8	Timothy Erickson	(COB)	M65	11:50.8h	472	
9	Donna-Marie Elms	(PTN)	F60	12:14.4h	492	
10	Phillip Dunstone	(WES)	M50	12:39.8h	337	
11	Sarah Papadopoulos	(DIV)	FOP	12:59.4h	285	
12	Tracy Colbert	(PTN)	F50	13:14.5h	377	
13	Janice Hodgart	(WES)	F55	13:59.9h	365	
14	Mark Donahoo	(ESS)	M60	14:07.4h	322	
15	Lula Parrott	(DAC)	F14	14:09.6h	280	
16	Jo Moxon	(DIV)	F55	15:21.2h	282	
17	Brian Anderson	(ESS)	M60	15:23.9h	261	

	19	Jenny-Rose Szuhai-Andrews Brenda Cashin Heather Lamb	(BWK) (WES) (BWK)	F55 F55 F55	15:24.8h 15:41.6h 16:18.6h	279 267 240
5000	-	Bass Wakim	(COL)	M60	DQ	
5000m	1	Adam Garganis	(COL)	МОР	23:41.6h	454
	2	Jason Kozica	(STK)	MOP	23:41.9h	454
	-	Heath Beveridge	(WES)	M20	DNF	



Aberfeldie action: Tim Erickson, Maddison Nash, Riley Coughlan, Marcus Wakim and Grace Young (Photos: Debbie Nash)

# \*\* Metro Zone B: Round 5, Saturday 11 December – Casey Fields, Cranbourne

Not for the first time, the **Pashutins** quinella'd at Casey Fields over 2000m with **Ariana** winning clearly and **Daniel** the first male to finish. Olympian **Kyle Swan** stamped his authority on the 5000m, with the standout performer on the day being **Eden Morgan**. Eden is having the summer of his life on the track, with yet another big PB effort auguring well for the business end of the season.

### 2000m

2000111							
	1	Ariana Pashutina	(KNA)	F16	9:56.9h	516	
	2	Daniel Pashutin	(KNA)	M14	10:36.8h	445	
	3	Emily Smith	(KNA)	F16	10:41.8h	476	
	4	Simon Evans	(BOH)	M60	10:58.8h	484	
	5	Kylie Irshad	(GHY)	F50	11:16.6h	487	
	6	Carolyn Rosenbrock	(ANW)	F55	11:31.7h	499	
	7	Mietta Morgan	(KNA)	F14	11:48.0h	434	
	8	David Sommers	(ANW)	M60	12:08.9h	430	
	9	Heather Carr	(GHY)	F65	12:19.4h	516	
	10	Merilyn Thompson	(MPA)	F55	13:33.8h	395	
	11	Gwen Steed	(GHY)	F65	13:47.1h	452	
	12	Rozlyn Walker	(GHY)	F55	13:57.7h	367	
	13	Chantal Klep	(ANW)	FOP	14:00.2h	233	
	14	Geoffrey Barrow	(MEN)	M65	14:09.7h	363	
	15	Anthony Doran	(GHY)	M65	14:12.2h	360	
	16	Kim Peak	(DAC)	F55	15:24.5h	279	
5000m							
	1	Kyle Swan	(ANW)	MOP	21:38.2h	500	
	2	Eden Morgan	(KNA)	M18	25:32.8h	440	PB 0:26
	3	Charlotte Hay	(KNA)	F20	27:13.2h	448	
	4	Grace Louey	(KNA)	F20	28:56.5h	407	
	5	Andrew Jamieson	(OSC)	M65	31:14.6h		
	-		(550)		2		

# \*\* Ballarat Zone: Round 5, Saturday 11 December – Llanberris Stadium, Ballarat

Kerrie Peart reports from Ballarat:

Again, Ballarat AVSL walking was well represented on the track with a broad age range of divisions from U14 to open 65+ (not that they look anywhere near that age). This week, Ballarat Harriers brought in their walkers to combat the frequent dominance of the Ballarat YCW red and white.

After a 3000m run, Kelly Ruddick backed straight up to join the 2000m walk field. Roslyn Ireland, Kevin Ruddick, Peter Roberts & Charlotte MacDonnel also competed in the 2000m walk after finishing various track & field events. Great to see Peter Roberts stretching out his walking muscles after a 6-year break.

Ballarat YCW /BRWC athletes continue to be on fire with both Scott Peart 9:36 (PB 0:05) & Sarah Brennan 10:28 (PB 0:10) walking PBs in the 2000m walk. With some good competition, Scott has continued to set new PBs each week.

After just finishing Yr12, **Alanna Peart** has hit the track with a second Ballarat Regional Athletics Centre record for the year to her name. Being the sole walker in the 5000m she walked well, breaking her previous U20 5000m record by 29sec finishing in **24:04**. Great walking by all!

2000m							
	1	Kelly Ruddick	(BHA)	F45	9:18.72	561	
	2	Scott Peart	(BYC)	M16	9:36.87	476	PB 0:05
	3	Sarah Brennan	(BYC)	F45	10:28.41	505	PB 0:10
	4	Charlotte Macdonell	(BYC)	F14	13:10.29	343	
	5	Kevin Ruddick	(BHA)	M65	13:11.10	414	
	6	Peter Roberts	(BHA)	M55	15:27.85	226	
	7	Roslyn Ireland	(BWK)	FOP	15:35.98	174	
	8	Olive Ireland	(BWK)	F60	16:43.03	256	
5000m							
	1	Alanna Doort	(DVC)	E20	24.04.64	510	Dollarat Das



The start at Llanberris: Kelly Ruddick and Scott Peart lead the pack out.



Kevin Ruddick, Sarah Brennan, Roslyn Ireland, Peter Roberts, Charlotte McDonnell and Alanna Peart. (Photos: Kerrie Peart)

Line honours at Bendigo again went to **Tiffany Bussem Jorgensen** with another PB, while 14yo **Charlise McQueen** was the big improver – a 36sec PB over 1500m is significant progress.

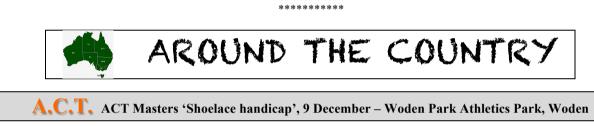
### 1500m

1	Tiffany Bussem Jorgensen	(BGO)	FOP	7:48.10	452	PB 0:16
2	Charlise McQueen	(EAG)	F14	9:07.41	402	PB 0:36
3	Jennifer Payne	(SBE)	F65	9:11.95	510	
4	Claire Noonan	(EAG)	F18	9:24.88	318	
5	Annette Major	(EAG)	F55	10:29.59	348	
6	John Watson	(BGO)	M65	11:20.05	294	
7	Annette Curtis	(SBE)	F65	12:16.25	295	
8	Wendy Ennor	(EAG)	F60	12:36.89	240	
9	Peter Savage	(EAG)	M65	13:43.71	183	

### **\*\*** AVSL – Round 6 Metro venues and start times – Saturday 18 December

Zone A: Meadowglen	1.30pm:	1500m Walk
		3000m Walk
Zone B: Knox	1.30pm:	1500m Walk
		3000m Walk

\*Schedule correct as at 8 November 2021. For possible changes, visit https://athsvic.org.au/wp-content/uploads/2021/11/AVSL-Metro-Timetables-DRAFT-2021-11-08.pdf



Thanks to Mark Roberts for his report on a unique handicap race - one that is a local favourite!

This week, all the walking action was on Thursday evening at Masters. With a forecast of 30 to 50 mm of rain predicted, the big question was, "Will the event go ahead?"

The 10,000m Shoelace handicap got off to a great start in rainy conditions. The steady rain eased as the walk began in earnest.

Over the years, a tradition has formed that the lead walkers must stop to retie their shoelaces and tonight the tradition continued. 1,200m into the race, young **Darcey Roberts** stopped and took 17 seconds to tie her shoelace, which could be a new PB for her. In the next lap, **Mitch Baker's** turn with a blistering 7 second stop to retie his shoelace. With the traditional tying of the shoelace complete, the event continued smoothly.

A brilliant walk by Mitch had him cross the line at **42:01**, looking stronger than ever. He was followed closely by **Tim Fraser** at 42:31. **Hannah Manning** walked superbly, achieving an U20 AA National qualifier. **Darcey Roberts** was the first female across the line with a time of **55:05**. Congratulations to **Julia Grocott** for completing her first 10,000m walk and the other walkers who completed in extremely wet and cold conditions.

The ACT is lucky to have two 10,000m track walks now in the summer season so we look forward to seeing our ACT walkers out in the last weekend of January for the ACT Athletics 10,000m walk championship.



About to get underway in the rain.



The wet conditions appeared to agree with Mitch and Tim.



Julia completed her first 10km.

#### 10000m

110-110-1	12 01
1 Mitchell Baker	42:01
2 Tim Fraser	42:31
3 Darcey Roberts	55:05
4 Hannah Manning	1:01.19
5 Julia Grocott	1:07.56
6 Bryan Thomas	1:16.52
7 Val Chesterton	1:31.15

Come on, Darcey, tell us ... what did he ask you?

(Photos: Mark Roberts)



# **NEW SOUTH WALES** All Schools c'ships, Thurs 9 December – Sydney Olympic Park, Homebush

Once again, thanks to Frank Overton for this informative report. As always, NSW schools results show some impressive depth amongst their junior walkers. One can only hope that many of them aim to pursue the sport into the senior ranks and will do so.

The NSW State All Schools Championships were held at SOP Homebush NSW on Thursday 9th December 2021.

The **Girls 12,13,14,15 years 3000m walk** was a combined event resulting in 27 starters. What a good overall race! The first 600 metres was quick with girls going out fast then settling down, the lead girls being **Milly Boughton**, **Sienna Pitcher** and **Zoe Woods**. There were continuous challenges for Milly and she was able to respond on each occasion until 2 laps to go, when **Sienna** applied pressure and was able to go on crossing the line in a time of **14:21.16** with Zoe Woods 14.45.53 next then Milly 14.57.45.

The **Boys 12,13,14,15 years 3000m walk** was another great event, with **Isaac Beacroft** and **Kodi Clarkson** going straight to a lead which changed numerous times for the entire race. **Isaac** eventually got the upper hand, going on to win crossing the line in **13.05.12** with Kodi close behind with 13.07.93.

Next event was the combined **Boys/Girls 5000m**. A very tactical race with **Jack Robson**, **Raven Pyda**, **Tara Laytham** and **Ryan Bonham** the lead pack. Jack led until Tara decided to pass the boys and establish a 15-metre break until Raven and Ryan picked her up with Jack close behind. The four regrouped until Ryan took the lead closely followed by Raven and Tara. Tara fell slightly further behind, and Raven and Ryan had it to themselves. Tactics was the order of the day as the pace was not that fast.

Ryan 26.36.80 and Raven 26.36.85 were the first two to cross the line with Tara, 26.55.29, third to finish.

Girls 3000m Walk 12 years		Girls 3000m Walk 13 years	
1 Matilda Webb	15.38.47	1 Madeline Platt	16:06.72
2 Jessica Loring	16:08.54	2 Evie Armstrong Reading	17:20.79
3 Maisie Mitchell	16:09.92	3 Matilda Olson	18:27.57
4 Natasha Flahey	16:45.57	4 Daniela Samuel	19:02.72
5 Stella Pinches	16:52.21	5 Laura Corvalan Sotomayor	19:14,24
6 Caetlin Ashby	17:53.87	6 Claire Giffney	20:01.27
7 Imogen Cochrane	18:27.10		
8 Madeleine Maxwell	18:57.16	Girls 3000m walk 15 years	
		1 Milly Boughton	14:57.45
Girls 3000m walk 14 years		2 Chelsea Roberts	16:26.32
1 Sienna Pitcher	14:21.16	3 Laelia Byatt	17:39.01
2 Zoe Woods	14:45.53	4 Jacinta Neale	20:28.91
3 Lyla Williams	14:55.19		
4 Ciara Cassilis	15:18.68	Girls 5000m walk 16 years	
5 Samantha Torrens	16:50.81	1 Tara Laytham	26:55.29
6 Brooke Newberry	16:53.96	2 Ella Munroe	30:12.39
7 Lilah Nordon	17:11.45	3 Allanah Hickson	30:42.54
8 Summer Sivaraj	17:36.60	4 Chelsey Torrens	34:37.85
9 Jersey Bektas	17:41.62		
		Girls 5000m walk 17 years	
Boys 3000m walk 12 years		Girls 5000m walk 17 years 1 Casey Smith	31:19.43
<b>Boys 3000m walk 12 years</b> 1 Jaxson Horton	17:33.79		31:19.43 34:52.03
	17:33.79 18:23.45	1 Casey Smith	
1 Jaxson Horton		1 Casey Smith	
1 Jaxson Horton 2 Christopher Nilon	18:23.45	1 Casey Smith 2 Isabelle Nilon	
1 Jaxson Horton 2 Christopher Nilon	18:23.45	1 Casey Smith 2 Isabelle Nilon <b>Boys 3000m walk 14 years</b>	34:52.03
1 Jaxson Horton 2 Christopher Nilon 3 Beau Rejske	18:23.45	1 Casey Smith 2 Isabelle Nilon <b>Boys 3000m walk 14 years</b> 1 Isaac Beacroft	34:52.03 13:05.12
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> </ol>	18:23.45 20:54.07	1 Casey Smith 2 Isabelle Nilon <b>Boys 3000m walk 14 years</b> 1 Isaac Beacroft 2 Myles Ashby	34:52.03 13:05.12 15:35.89
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> </ol>	18:23.45 20:54.07 13:07.93	1 Casey Smith 2 Isabelle Nilon <b>Boys 3000m walk 14 years</b> 1 Isaac Beacroft 2 Myles Ashby 3 Joel Byatt	34:52.03 13:05.12 15:35.89 16:28.93
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92	1 Casey Smith 2 Isabelle Nilon <b>Boys 3000m walk 14 years</b> 1 Isaac Beacroft 2 Myles Ashby 3 Joel Byatt 4 Callum Cousins	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> <li>Dylan Allabush</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92 16:50.61	<ol> <li>Casey Smith</li> <li>Isabelle Nilon</li> <li>Boys 3000m walk 14 years</li> <li>Isaac Beacroft</li> <li>Myles Ashby</li> <li>Joel Byatt</li> <li>Callum Cousins</li> <li>Aidan Pospischil</li> </ol>	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31 19:01.11
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> <li>Dylan Allabush</li> <li>Kane Robson</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92 16:50.61	<ol> <li>Casey Smith</li> <li>Isabelle Nilon</li> <li>Boys 3000m walk 14 years</li> <li>Isaac Beacroft</li> <li>Myles Ashby</li> <li>Joel Byatt</li> <li>Callum Cousins</li> <li>Aidan Pospischil</li> <li>Peter Charlton</li> </ol>	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31 19:01.11
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> <li>Dylan Allabush</li> <li>Kane Robson</li> <li>Boys 3000m walk 15 years</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92 16:50.61 18:32.88	1 Casey Smith 2 Isabelle Nilon <b>Boys 3000m walk 14 years</b> 1 Isaac Beacroft 2 Myles Ashby 3 Joel Byatt 4 Callum Cousins 5 Aidan Pospischil 6 Peter Charlton <b>Boys 5000m walk 16 years</b>	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31 19:01.11 DQ
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> <li>Dylan Allabush</li> <li>Kane Robson</li> <li>Boys 3000m walk 15 years</li> <li>Grady Platt</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92 16:50.61 18:32.88 14:27.87	<ol> <li>Casey Smith</li> <li>Isabelle Nilon</li> <li>Boys 3000m walk 14 years</li> <li>Isaac Beacroft</li> <li>Myles Ashby</li> <li>Joel Byatt</li> <li>Callum Cousins</li> <li>Aidan Pospischil</li> <li>Peter Charlton</li> <li>Boys 5000m walk 16 years</li> <li>Ryan Bonham</li> <li>Jack Robson</li> </ol>	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31 19:01.11 DQ 26:36.80
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> <li>Dylan Allabush</li> <li>Kane Robson</li> <li>Boys 3000m walk 15 years</li> <li>Grady Platt</li> <li>Darcy Bell</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92 16:50.61 18:32.88 14:27.87 15:58.25	<ol> <li>Casey Smith</li> <li>Isabelle Nilon</li> <li>Boys 3000m walk 14 years</li> <li>Isaac Beacroft</li> <li>Myles Ashby</li> <li>Joel Byatt</li> <li>Callum Cousins</li> <li>Aidan Pospischil</li> <li>Peter Charlton</li> <li>Boys 5000m walk 16 years</li> <li>Ryan Bonham</li> </ol>	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31 19:01.11 DQ 26:36.80 27:38.19
<ol> <li>Jaxson Horton</li> <li>Christopher Nilon</li> <li>Beau Rejske</li> <li>Boys 3000m walk 13 years</li> <li>Kodi Clarkson</li> <li>Alexander Sinnett</li> <li>Dylan Allabush</li> <li>Kane Robson</li> <li>Boys 3000m walk 15 years</li> <li>Grady Platt</li> <li>Darcy Bell</li> <li>Thomas Shannon</li> </ol>	18:23.45 20:54.07 13:07.93 16:42.92 16:50.61 18:32.88 14:27.87 15:58.25 16:09.31	<ol> <li>Casey Smith</li> <li>Isabelle Nilon</li> <li>Boys 3000m walk 14 years</li> <li>Isaac Beacroft</li> <li>Myles Ashby</li> <li>Joel Byatt</li> <li>Callum Cousins</li> <li>Aidan Pospischil</li> <li>Peter Charlton</li> <li>Boys 5000m walk 16 years</li> <li>Ryan Bonham</li> <li>Jack Robson</li> </ol>	34:52.03 13:05.12 15:35.89 16:28.93 17:49.31 19:01.11 DQ 26:36.80 27:38.19

# **SOUTH AUSTRALIA** Interclub meeting #5, Sat 11 December – SA Athletics Stadium, Adelaide

### Kim Mottrom reports:

Warm day in Adelaide today but some great times by Tristan and Olivia! (ASA have made vaccination mandatory to attend, so it's great to see so many walkers out!)

Open 3000m				
1 Tristan Camilleri	(Coastal Districts)	12:09.78		
2 Kim Mottrom	(SA Masters)	12:42.42		
3 Olivia Sandery	(Pembroke)	12:55.13	PB	0:44
4 Mathew Bruniges	(Southern Athletics Club)	14:51.31		
5 Alix Harlington	(Northern Districts)	15:27.14		
6 Nellie Langford	(Southern Athletics Club)	15:55.47		
7 Cooper Rech	(Coastal Districts)	16:07.09		
8 Angelina Legrand	(Pembroke)	16:14.43	PB	
9 Emily Lynch	(Saints)	16:52.97		
10 Sebastian Richards	(Southern Athletics Club)	16:55.52		
11 Katie DeRuvo	(Coastal Districts)	16:55.60		
12 Matilda Gourlay	(Southern Athletics Club)	17:42.24	PB	
13 Greg Metha	(SA Masters)	18:05.43		
14 Peter Crump	(Saints)	18:39.54		
15 Marie Maxted	(SA masters)	20:12.66		
Open 1500m				
1 Rhiannon Lovegrove	(Port Adelaide)	7:42.53		
2 Mel Grantham	(SA Masters)	9:09.68	PB	

3 Stephanie White	(Enfield)	10:19.08
4 Alex McEwan	(Tea Tree Gully)	11:22.20

# TASMANIA Athletics South interclub, 11 December – Domain Athletics Centre, Hobart

David Moore reports from Hobart:

Eastern Suburbs' **Nathan Wass** finished up a busy morning of events (two sprints, two throws and the high jump) to win the last event of the programme, the 3000m Walk. Nathan acquitted himself well and put in a technically sound performance, we hope he joins our heel and toe brigade more often.

### **Results 3000m Walk**

1. Nathan Wass	ES	19:34.76
2. Elizabeth Leitch	TMA	20:15.46
3. Dave Moore	TMA	27:21.89
Wasses Flatals an	NC	DO

Wayne Fletcher NS DQ

\*\* Tas Masters T&F, 8 December - Domain Athletics Centre Hobart

### **Results 5000m Walk**

1. Wayne Fletcher NS 50:17 (extra lap)

### \*\*\*\*\*



# INTERNATIONAL NEWS

### UNITED KINGDOM: 'Up and Running' Winter Walking League Rd 3, 12 December - Ramsey, IOM

Thanks to Bridget Kaneen for these results, produced in what she says were good conditions.

### **10km Results**

I UKIII IXU	Suits				
Pos'n	Bib	Name	Age G	Н'сар Т	Actual
1	32	Neil Wade	SM	(74:02)	62:39
2	2	Jock Waddington	V55	(76:05)	54:40
3	24	Simon Gawne	SM	(76:22)	55:01
4	16	Hannah Moore	SW	(76:26)	65:02
5	25	James Quirk	M40	(76:34)	57:56
6	15	Colin Moore	M60	(76:55)	66:52
7	9	Alan Gault	M65	(77:32)	77:32
8	3	Gordon Erskine	V75	(77:33)	77:22
9	8	Tony Edwards	M55	(77:39)	58:20
10	1	Chloe Spooner	SW	(77:42)	67:57
11	5	Adam Killip	SM	(77:49)	55:33
12	10	Stewart Jones	M50	(77:54)	54:38
13	23	Maura Kelly	W50	(78:01)	70:58
14	14	Diane Brown	W50	(78:05)	73:11
15	29	Adam Cowin	SM	(78:19)	53:56
16	33	Nikki Raven	W55	(78:55)	65:32
~	4	Jayne Farquhar	W50	DNF	DNF
5km Res	ults				
Pos'n	Bib	Name	Age G	Н'сар Т	Actual
1	164	Phil Swales	M50	(44:07)	31:59
2	101	Sharon Cain	W50	(44:10)	31:41
3	108	Leanne Venables	W35	(44:13)	31:20
4	111	Angie Robinson	W50	(44:37)	32:57
5	113	Lorna Gleave	W35	(44:38)	29:44
6	112	Vicki Heavey	W45	(44:39)	33:20
7	105	Amy Sykes	SW	(44:50)	35:14
8	106	Rosie Glen	SW	(45:19)	45:19
9	169	Marie Jackson	W60	(45:32)	30:12
10	166	Voirrey Earnshaw-Cain	W55	(47:14)	37:54
11	165	Louise Cowell	SW	(49:06)	36:46

### 2km results

2 Kill I Coulto				
158	Tim Perry	U13	NAC	11:49
167	Molly Swales	U13	NAC	13:43
161	Amy Surgeon	U13	MH	13:59
1km results				
151	Lilee Fletcher	9	MH	05:46
154	Noah Sykes	9	NAC	06:34
159	Finn Gleave	8	MH	06:35
157	Charlie Coole	8	MH	06:37
152	Jay Jay Fletcher	8	MH	07:10
156	Bobby Venables	8	UA	07:57
155	Georgie Venables	6	UA	08:13
168	Aalin Heavey	9	UA	08:18
153	Theo Sykes	9	NAC	08:58
160	Leo Gleave	4	UA	10:04

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### MARCIADALMONDO & O MARCHADOR ROUNDUP

The Italian walking website **Marcia Dal Mondo** has a list of new reports in its news section, covering local and international races and other items of interest.

 09/12/2021 - Muscat (Oman) - World Athletics Race Walking Team Championship will also have events reserved to Masters (WMA) - <u>http://www.marciadalmondo.com/eng/dettagli\_news.aspx?id=4233</u> (This article is featured as the leader in this issue.)

It appears that WA, in collaboration with WMA, is using Oman as test bed for the mixed relay format, already employed in Europe (notably Italy), and one that is keeping with the philosophy of inclusiveness that is now gaining traction in international competition.

- 13/12/2021 Getafe (ESP) XXIII edition of the Trophy "Cerro Buenavista" - <a href="http://www.marciadalmondo.com/eng/dettagli\_news.aspx?id=4235">http://www.marciadalmondo.com/eng/dettagli\_news.aspx?id=4235</a>. Held in Getafe, 10km from Madrid and over 10km for men and women, with Alvaro Lopez Nunez (ESP) and Johana Ordonez Lucero (ECU) prevailing.
- <u>11/12/2021</u> Updated the history of the **best active foreign female athletes** and those of the Hall of Fame. <u>http://www.marciadalmondo.com/eng/dettagli\_news.aspx?id=4234</u> Great to see **Jemima Montag** making the cut for Oceania.

The Portuguese race walking blog **O Marchadore** contains reports on many of the same races as Marcia Dal Mondo. The page has dozens of links to articles on race walking, featuring both domestic events and those from abroad.

<u>Note</u>: The O Marchadore blog is written in Portuguese, as are the articles therein. To access an English version, open the page in Google Chrome – if you haven't already – at <u>https://omarchador.blogspot.com</u>, then right click on any empty space (not on text) on the page. A window will appear with the option to translate the page. Click on it, and the page should reload in English.

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# WHAT'S UP AHEAD?

### Victorian & National Key Dates - 2021/22

Victorian & National Rey Dates = 2021/22			
Sat 18 Dec 2021	AV Summer T&F season (AVSL Round 5) season – Meadowglen (Zone A), Knox (Zone B)		
	Ballarat, Bendigo, Geelong		
Sun 16 Jan 2022	VRWC Summer championships, 2021 Winter presentations, Annual General Meeting – Middle Park		
Fri 28 Jan 2022	Victorian Country T&F championships – Latrobe Uni track, Bendigo		
Fri 28 Jan 2022	ACT Athletics 10,000m Track walk championships – AIS track, Canberra		
Fri 18 Feb 2022	Victorian Track & Field championships (Week 1) – Lakeside Stadium		
Fri 25 Feb 2022	Victorian Track & Field championships (Week 2) – Lakeside Stadium		
Sat/Sun 19/20 Mar 2022	Victorian Masters Athletics T&F championships – venue TBA		
Fri/Mon 1/4 Apr 2022	Australian Masters Athletics T&F championships - Brisbane		
Sun 24 Apr 2022	AV 'Run The Tan' – Kings Domain, Melbourne		
<b>International Dates</b>			
International Dates Mar 1 – 6, 2022	29 <sup>th</sup> World Athletics Race Walking Teams Championship – Muscat, Oman (postponed from 2020)		
	World University Summer Games - Chengdu, CHN (postponed from 2020)		
Mar 1 – 6, 2022	World University Summer Games – Chengdu, CHN (postponed from 2020) 23 <sup>rd</sup> World Masters T&F Championships – Tampere, FIN		
Mar 1 – 6, 2022 Jun 26 – July 7, 2022	World University Summer Games - Chengdu, CHN (postponed from 2020)		
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Mar 1 – 6, 2022 Jun 26 – July 7, 2022 Jun 29 – Jul 10, 2022 Jul 15 – 24, 2022 Jul 22 – Aug 7, 2022 Aug 11 – 21, 2022	World University Summer Games – Chengdu, CHN (postponed from 2020) 23 <sup>rd</sup> World Masters T&F Championships – Tampere, FIN 18 <sup>th</sup> World Athletics Championships – Eugene OR, USA XXII Commonwealth Games – Birmingham, GBR European Athletics Championships – Munich, GER 19 <sup>th</sup> World Athletics U20 T&F Championships – Cali, COLOMBIA 24 <sup>th</sup> World Masters T&F Championships – Gothenburg, SWE		
Mar 1 – 6, 2022 Jun 26 – July 7, 2022 Jun 29 – Jul 10, 2022 Jul 15 – 24, 2022 Jul 22 – Aug 7, 2022 Aug 11 – 21, 2022 TBA, 2022	World University Summer Games – Chengdu, CHN (postponed from 2020) 23 <sup>rd</sup> World Masters T&F Championships – Tampere, FIN 18 <sup>th</sup> World Athletics Championships – Eugene OR, USA XXII Commonwealth Games – Birmingham, GBR European Athletics Championships – Munich, GER 19 <sup>th</sup> World Athletics U20 T&F Championships – Cali, COLOMBIA		

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