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* STU'S BACK

Hello everyone. Yes, I'm back behind the keyboard after a 5-week jaunt overseas. Enjoyable as it was, I still managed to follow the race walking news in H&T, thanks to the sterling work of interim editor **Tim Erickson**. It was as if he'd never been away!

Many thanks to Tim for researching and including so many items of interest in each issue. Again, he's left big shoes to fill ... which will be no mean *feet!*

Stu

** WALKER OF THE WEEK **



For the second time this season, the WOTW award goes – not for the last time if form is any guide – to **Gwen Steed**. If the old cliché about what good wine does with age can stand another airing, its application in Gwen's case could not be more appropriate. She is sheer vintage.

Last Saturday, Gwen covered 5km to clock 37:56. In doing so she broke Australian, Victorian and VRWC records in the W80 division, adding to the Club 3km mark she set three weeks ago. Putting a daunting period of health issues behind her, Gwen is making up for lost time in emphatic fashion and her record-break streak shows no sign of running dry.

Congratulations, Gwen. As ever, you are demonstrating what can be achieved with self-belief and determination, regardless of age, and you are an example to us all.

*Honourable mentions

- **Angus Shuttleworth (VIC)** – in his first VRWC season, broke the U12 1km record with a brisk time of 4:36.
- **Mya McClure (VIC)** – took almost half a minute from her 3km PB with a fast 14:45.
- **Tayla Billington (QLD)** – set a new championship record of 47:45 in winning the Gold Coast 10km title last weekend.



CLUB NEWS and RESULTS

VRWC Club points races #3, Saturday 3 June – Middle Park

The showers that were predicted to extend into the afternoon thankfully did not eventuate, and cool but agreeable conditions greeted the 33 walkers who toed the line for our 3rd points fixture of the season. It's encouraging to see the number of new younger walkers having their first racing season with the VRWC.

Two standout efforts on the day came from **Gwen Steed**, who set three new Women's 80yrs records over 5km (Australian and Victorian Masters and VRWC Club) with her excellent time of **37:56**. At the other end of the year count, **Angus Shuttleworth** broke Kyle Swan's long-standing 12yr Club 1km record with a swift **4:36**. Well done, Gwen and Angus!
Char Hay and **Alejandro Stephens** had good warm-ups for their Canberra campaigns next week, taking line honours in the 12km and 10km respectively.

1km race

Jaida	Robertson	F	1	5:32	2	Eq. PB
Pippa	Read	F	2	5:39	3	
Erlyn	Singh	F	3	5:54	4	
Ella	Harris	F	4	7:02	5	
Abby	Fowler	F	5	7:23	1	PB 0:06
Lila	Vassallo	F	6	7:45	NT	
Angus	Shuttleworth	M	1	4:36	NT	Club rec U12
Logan	Allison	M	2	6:21	1	

Hcp

3km race

Mya	McClure	F	1	14:45	3	PB 0:28
Matilda	Read	F	2	16:25	6	
Hannah	Matthews	F	3	17:15	1	PB 0:25
Dee	Holohan	F	4	19:02	4	
Amelia	Vernal	F	5	19:45	2	
Indigo	Marshall-Moodie	F	6	20:01		
Merilyn	Thompson	F	7	21:25	5	
Nikola	Mandic	M	1	14:10	1	
Pramesh	Prasad	M	2	16:18	4	
Levi	Robertson	M	3	17:40	2	
David	Smyth	M	4	17:44	3	
Geoff	Barrow	M	5	23:03	5	
Steven	Haverly	M	6	26:05	YN	

5km race

Madeleine	Feain	F	1	28:55	3	
Emily	Smith	F	2	29:26	4	
Heather	Carr	F	3	33:12	2	
Gwen	Steed	F	4	37:56	1	AMA, VMA & Club W80 recs.

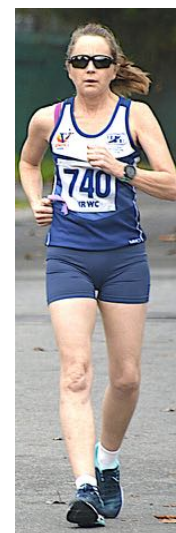
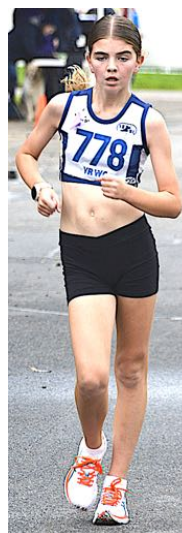


10km race

Donna-Marie	Elms	F	1	1:11:25	3	
Karyn	O'Neill	F	2	1:12:46	2	
Alejandro	Stephens	M	1	52:44	1	
Terry	O'Neill	M	Ab	Ab	Ab	

12km race

Char	Hay	F	1	1:09:15	1	First one
Carolyn	Rosenbrock	F	2	1:11:50	2	
Jonathan	Ho	M	1	1:10:38	2	First one
Gerard	Feain	M	2	1:17:09	1	



This week's action models:

Emily, Alejandro, Mya, Nikola, Pippa, Logan, Char, Jonathan, Marilyn, Jaida, Madeleine

And once again, many thanks to the judges, officials and helpers whose work made for a successful day's racing. Apologies if your name was omitted – we appreciated your contribution.

Manager	Mark Donahoo
Referee:	Terry Swan
Recorders	Mark Donahoo, Tameeka Robertson, Deanne McClure, Dylan Shuttleworth, Darlene Swan, Kylie Irshad, Ian Laurie
Judges:	Peter Price (C), Anthony Doran, Brenda Felton, Gordon Loughnan, Michael Bodey, Stu Cooper
Set up, Pack up:	Terry Swan, Ian Laurie, Michael Bodey, Gerard Feain, Madeleine Feain, David Long
Bike rider	Terry Swan
Photos	Terry Swan
Walkers:	33

**** Coming up ...**

With the Lake Burley Griffin carnival taking place in Canberra next weekend, no races are scheduled in Victoria. We wish our VRWC team the very best of luck as they vie for success and Brennan Shield points at the Stromlo Park circuit.

Our next Club fixture takes place on **Saturday 17 June** at Middle Park, featuring the popular '**Guess Your Time**' races. This is where you nominate your planned finish time and try to achieve it, or to get closer to it than anyone else can to theirs. Prizes will be awarded to the male and female winner over each distance.

Saturday 17 June – Middle Park			
2.00pm	8km	Guess your finish time & Points race	Open
2.00pm	6km	Guess your finish time & Points race	Open
2.00pm	4km	Guess your finish time & Points race	Open
2.15pm	2km	Guess your finish time & Points race	Open
2.15pm	1km	Guess your finish time & Points race	Open

Member News

- Congratulations to our new Club junior captains – **Emily Smith** and **Marcus Wakim**. As captains they now hold nominal places on the Committee although they are not required to attend meetings. They take over from Madeleine Feain, who is now a senior and has joined the general committee.
Well done, Emily and Marcus – we commend you on your leadership, and we look forward to witnessing your style in handing out medals!
- Although VRWC Life member **Michael Bodey** is well known at the Club as a race judge, that is far from the only athletics feather in his cap. Michael was a talented junior walker in his own right and, later, he plunged into wider athletics officialdom. He is seen each Saturday in the T&F season, conducting long jump competitions and performing other essential duties to keep the Athletics Victoria summer program going. Now, in recognition of his efforts, Michael was awarded his 25 years of service medal at a special Victorian Officials function last Sunday.
Congratulations, Mike. An honour well deserved for a man who has always had the interests of the athletes at heart.



Michael Bodey (rear, extreme right) in company with his fellow awardees. (Photo: athsvic)

AROUND THE COUNTRY

NEW SOUTH WALES NSWRC results, Saturday 3 June – Chipping Norton

Frank Overton reports on a successful day’s racing at the NSWRC’s Chipping Norton venue:

A fine day at Chipping Norton. 50 walkers enjoyed good racing and some PB times were recorded.

Jasmine Dighton continues her comeback with another consistent time. **Bridget Bell** improves with another PB having recorded several pbs in the past months.

Sienna Pitcher records a 23second PB and continues her consistent good form. **Laelia Byatt**, a good time for her 6km following her first race over 10km last week.

Joel Byatt was an impressive winner of his 3km recording **14m23s**. Consistent good performances by **Matilda Webb**, **Sophie Polkinghorne** and **Alexander Sinnett** impress me, it will be good to see them progress as the season and years go by.

The depth and determination shown by many young walkers indicate that there could be better things to come for this group of NSW race walkers.

(NOTE: These races were mixed competitions and the results listed accordingly.)

Long Div. 8km

1 Carl Gibbons	35:50
2 Dylan Richardson	36:04

Medium Div. 6km

1 Sienna Pitcher	31:32
2 Brendan Pospischil	34:57

3 Jasmine Dighton	41:52
4 Bridget Bell	42:09
5 Ciara Cassilles	50:16
6 Chelsea Roberts	51:23
-- Raven Pyda DNF	6km in 31:29

Short Div. 3km

1 Joel Byatt	14:23
2 Aidan Pospischil	17:25
3 Jessey Bektas	18:06
4 Mitchell McCarthy	18:54
5 Carmel Parker	22:12
6 Nicolle Challinor	23:58
7 Emily Challinor	27:30
7 Sarah Challinor	27:30

Under 12 1km

1 Nate Appleyard	5:03
2 Joshua Waddington	5:33
3 Hannah Hewett	5:48
4 Beth Cochrane	6:02
5 Gemma Hunt	6:05
6 Mackenzie Kitching	6:44
7 Lara Penny	7:01
8 Chloe Farrugia	7:26
9 Luca Barakat	7:35
10 Rose Goska	7:39
10 Alexander Dennett	7:39

3 Larlia Byatt	35:52
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Under 16 3km

1 Alexander Sinnett	15:11
2 Matilda Webb	15:29
3 Jessica Loring	16:04
4 Christopher Nilon	17:18
5 Alexander Wenzel	20:43

Under 14 3km

1 Sophie Polkinghorne	15:02
2 Sienna Wade	18:32
3 Emma Hoskins	19:09
4 Noah Vela	19:17
5 Mitchell McCarthy	19:41
6 Lilly Twigden	20:21
7 Ashleigh Farrugia	20:34
8 Maeve Nolan	20:06

Under 10 1km

1 Harrison Bouquet	4:56
2 Stella Wade	5:02
3 Addison Fahey	5:59
4 Addison Jenkins	6:15
5 Veronica Dennett	7:00
6 Amelie Barakat	7:17
7 Milana Sorokin	7:30

** ANTHONY VECELLIO 1937 – 2023 **

Longtime Australian race walking associates will be saddened to hear that **Tony Vecellio** – esteemed official, judge and coach of the NSW RWC and Randwick Botany Little Athletics Club – has passed away at the age of 86.

Frank Overton has provided the following summary of a life dedicated to athletics and athletes:

Tony Vecellio was a member of the NSW Race Walking Club, Randwick Botany Little Athletics Club, and was a dedicated member, official for ANSW and Athletics Australia. For many years Tony attended the LBG Carnival in various capacities. Chief Judge, Judge, Team Manager, and he represented NSW at the AFORWC Conference. Tony was well known and a very astute Official, and a coach who helped many athletes to gain good results at major championships.

Tony and his wife Judy were major officials of the NSW RWC and they always put others before themselves.

The following is a tribute put forward by Tony's beloved Randwick Botany Little Athletics Club:

It is with the heaviest of hearts to learn of the passing of Tony Vecellio OAM.

Tony was the clubs mighty president for 50 Years - a title he only gave up recently to his son Anthony.

He was a staunch supporter of the Randwick Botany Little Athletics club and always proud to wear the blue and gold.

Tony was not just a leader but a mentor to thousands of kids over the years - a surrogate father, shoulder to cry on or even if you felt like getting yelled at!

We are proud of the legacy Tony has left our club - his club - the first little athletic club in NSW.

Judy will carry the mic for you until you meet again,

Thank you from the thousands you have touched over the years.

We will miss you, Mr V.



The VRWC wishes to express its sincere condolences to Tony's family and friends at this sad time.

QUEENSLAND Gold Coast Road Walking c'ships, Sunday 4 June – Mudgeeraba

Thanks to **Robyn Wales** for these results.

Open Men 10km

1 Adam Patterson	1:02:35
2 Peter Bennett	1:07:36

Open Women 10km

1 Tayla Billington	47:45	<i>C'ship record</i>
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U20 Women 5km

1 Summer Millard	30:34
2 Korey Brady	34:55

U18 Women 5km

1 Phoebe Chadwick	33:17
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2 Brenda Gannon	1:00:36
3 Joy Dale	1:25:29
4 Noela McKinven	1:31:25

U10 Boys 1km
1 Jake Dunleavy 5:48

U10 Girls 1km
1 Freya Williams 5:30
2 Amelia Chisholm 6:00
3 Izzy Blackburn 6:19
4 April Kelly 8:21

U8 Girls 500m
1 Harper Waterman 4:31

U16 Men 3km
1 Bailey Housden 13:31
2 Micah White 15:55
3 Kai Dale 16:02

U16 Women 3km
1 Lyla Williams 16:09

U14 Boys 2km
1 Cory Lockwood 13:49

U14 Girls 2km
1 Ella Cosgrove 10:40
2 Klara Waterman 12:30
3 Eliza Kelly 12:33
4 Katelyn Trent 15:44

U12 Boys 2km
1 Leo Ramsay 15:13

U12 Girls 2km
1 Isabella Welch 10:45
2 Elspeth Hooper 12:14
3 Savannah Dunleavy 12:39
4 Dakota Victory 14:46

SOUTH AUSTRALIA SARWC results, Saturday 3 June – Athelstone

Kim Mottrom reports from Adelaide:

We had a race along the Torrens today, in Athelstone. It's a hillier course to get our Canberra walkers ready for the hills next week. Small numbers and no PB's, but Kristy Templer did her 5km race.

Open 10km
Peter Crump 1:00:30
Di Camilleri 1:26:49

Open 5km
Cooper Rech 0:26:45
Daisy Braithwaite 0:27:43
Katie De Ruvo 0:29:52
Greg Metha 0:32:16
Kristy Templer 0:44:47 First 5km

Open 3km
Angelina Legrand 0:17:28
Senna Cook 0:20:41

Open 2km
Liliana Templer 0:12:15
Caleb Camilleri 0:12:46



INTERNATIONAL NEWS

SPAIN: 36th Gran Premio Cantones de La Coruna de Marcha, 3 June – La Coruna

Garcia and Bonfim triumph in La Coruna

by Emeterio Valiente (reprinted from [World Athletics website](#))

Peru's **Kimberly Garcia** and Brazil's **Caio Bonfim** captured 20km race walk victories at the **36th Gran Premio Cantones de La Coruna**, a World Athletics Race Walking Tour Gold event, held on Saturday (3) in Spain's northwest coastal city.

Taking advantage of a quick circuit and ideal weather conditions, both winners set respective career bests of **1:26:40** and **1:18:29** to also break their own national records. In a contest featuring great depth, a total of seven men ducked under the 1:20 barrier.

Garcia is ready for double world title defence

Right from the start, the reigning double (20km and 35km) world champion **Garcia** injected a brisk rhythm into the women's race, which could only be followed by Mexico's **Alegna Gonzalez**, the pair opening a five-second gap over the first 1000m covered in 4:23. A large chasing group, headed by Spain's **Maria Perez**, Ecuador's **Glenda Morejon** and China's **Yang Jiayu**, followed in 4:28.

The Spaniard led the pack to join the leaders midway through the second circuit and by the fifth kilometre the front group featured nine athletes, always with Garcia at the helm walking at a steady 4:23 pace as they reached that point in 21:58. The lead pack included all the favourites, with the exception of the former world record-holder **Liu Hong**.

Just after passing the eighth kilometre some 36 minutes into the race, local star Perez unleashed a devastating kick to break away from the rest of the group with incredible ease to cover the ninth kilometre in a blistering 4:09 and build an 11-second gap over 800m. She left behind a six-strong group, featuring **Qieyang Shijie**, Yang, **Wu Quanming**, Garcia, Gonzalez and the surprise Peruvian **Evelyn Inga**. Morejon had lost ground and travelled 15 seconds in arrears by halfway, which was reached by Perez in 43:25 to elevate her advantage to 18 seconds over the quality chasing group.

With the newly-minted world 35km record-holder Perez flying on the streets of La Coruna in front of her home crowd, few could have predicted the outcome of the event. While Perez slowed – to 4:18 for the 11th kilometre and 4:21 for the 12th – Gonzalez accelerated and managed to catch Perez exactly four kilometres after the Spaniard's break.

The 15km checkpoint was reached in 1:05:15 by the quartet of Garcia, Gonzalez, Qieyang and Wu. The first withdrawal was the defending champion Qieyang, who began to falter in the 16th kilometre. Just before the 18th kilometre, Gonzalez also lost contact with Garcia and Wu. Garcia's relentless pace finally paid off inside the closing kilometre when she finally managed to get rid of Wu to romp home in 1:26:40 with an 18-second improvement on her previous PB, while Wu (1:26:48) and Gonzalez (1:26:59) also achieved respective lifetime bests.



(Photo: Almudena Miquez FGA)

"I've been working very hard in my base of Ecuador and I was confident of doing a fine race today," said the 29-year-old winner. "This win is extremely important for me as the standard was as high as at a World Championships, so I'll be aiming to defend my world titles in Budapest.

"I'll now go to Peru to see my relatives but will soon return to Ecuador to continue my build-up for the World Championships. I won't compete any more before Budapest," added Garcia, who is coached by Ecuador's Andres Chocho, the 2015 world 50km race walk eighth-place finisher. Interestingly, the now 39-year-old finished the men's race in La Coruna on Saturday in 1:26:44 - a similar time to his athlete.

Inga also impressed, improving her previous best of 1:33:21 to 1:27:32. Perez had to stop due to sickness with six laps remaining, but she didn't give up and crossed the finish line in fifth place in 1:27:19.

1.	Kimberly GARCÍA LEÓN	19 OCT 1993	PER	1:26:40
2.	Quanming WU	16 NOV 2001	CHN	1:26:48
3.	Alegna GONZÁLEZ	02 JAN 1999	MEX	1:26:59
4.	Shijie QIEYANG	11 NOV 1990	CHN	1:27:15
5.	María PÉREZ	29 APR 1996	ESP	1:27:19
6.	Evelyn INGA	16 APR 1998	PER	1:27:32
7.	Erica SENA	03 MAY 1985	BRA	1:28:53
8.	Glenda MOREJÓN	30 MAY 2000	ECU	1:29:04
9.	Li MA	15 JAN 2000	CHN	1:30:02
10.	Raquel GONZÁLEZ	16 NOV 1989	ESP	1:30:15

11.	Cristina MONTESINOS	12 JUL 1994	ESP	1:30:39
12.	Valentina TRAPLETTI	12 JUL 1985	ITA	1:30:47
13.	Eleonora Anna GIORGI	14 SEP 1989	ITA	1:31:25
14.	Antia CHAMOSA	07 OCT 1999	ESP	1:32:06
15.	Maocuo LI	20 OCT 1992	CHN	1:32:12
16.	Sofía RAMOS RODRÍGUEZ	25 AUG 2002	MEX	1:32:13
17.	Lamei YIN	21 DEC 2002	CHN	1:32:32
18.	Serena SONODA	10 SEP 1996	JPN	1:32:46
19.	Liujing YANG	22 AUG 1998	CHN	1:33:03
20.	Johana ORDÓÑEZ	12 DEC 1987	ECU	1:33:23
21.	Magaly BONILLA	08 FEB 1992	ECU	1:34:02
22.	Paula JUAREZ	30 OCT 2000	ESP	1:34:04
23.	Vitória OLIVEIRA	30 AUG 1992	POR	1:34:11
24.	Lidia SANCHEZ-PUEBLA	17 JUL 1996	ESP	1:34:19
25.	Gabriela DE SOUSA	12 JUN 2002	BRA	1:34:43
26.	Valeria ORTUÑO	27 MAY 1998	MEX	1:35:03
27.	Nathaly LEON	03 JUN 1998	ECU	1:35:05
28.	Mar JUÁREZ	27 SEP 1993	ESP	1:35:18
29.	Paula Milena TORRES	17 OCT 2000	ECU	1:35:46
30.	Alejandra ORTEGA	08 JUL 1994	MEX	1:36:16
31.	Maritza Rafaela PONCIO	23 DEC 1994	GUA	1:36:36
32.	Natalia ALFONZO	21 APR 1994	VEN	1:36:56
33.	Carolina COSTA	12 MAR 1998	POR	1:37:24
34.	Elvina CARRÉ	06 FEB 2003	FRA	1:37:26
35.	Karla JARAMILLO	21 JAN 1997	ECU	1:37:43
36.	Ilse GUERRERO	24 MAR 1993	MEX	1:37:48
37.	Sara Patricia PULIDO	17 FEB 1994	COL	1:38:01
38.	Dana Paola ACEVES	21 SEP 2002	MEX	1:38:39
39.	Mireia URRUTIA	04 MAR 2000	ESP	1:39:47
40.	Yadira FRANCO	26 JAN 2001	MEX	1:39:59
41.	Laura C. MOJICA CHALARCA	26 FEB 2000	COL	1:39:59
42.	Emilia LEHMEYER	11 APR 1997	GER	1:40:25
43.	Lina G. BOLIVAR GONZALEZ	27 MAR 1998	COL	1:40:39
44.	Eva RICO	18 JUN 2003	ESP	1:40:44
45.	Gemma MORA	26 FEB 2000	ESP	1:41:03
46.	María Guadalupe SÁNCHEZ	04 AUG 1995	MEX	1:41:29
47.	Noelia VARGAS	17 APR 2000	CRC	1:42:04
48.	Bruna MARQUES	29 JUL 2002	POR	1:42:06
49.	Kate VEALE	05 JAN 1994	IRL	1:43:50
50.	Adriana ORNELAS	12 MAR 2002	POR	1:44:00
51.	Laura Monje MARTINEZ	02 JUL 2002	ESP	1:44:43
52.	Georgina RUIZ	02 JUL 1999	ESP	1:45:33
53.	Elianay PEREIRA	11 MAY 1984	BRA	1:46:36
54.	Beatriz CANTERO	26 SEP 1992	ESP	1:48:00
55.	Mar CHILLON	26 MAR 1996	ESP	1:48:02
56.	Lucie BARRITAUULT	29 APR 1990	FRA	1:48:07
57.	Catalina Anabel URDIALES	03 JAN 1994	ECU	1:48:13
58.	Margarida SÁ	17 AUG 2002	POR	1:48:51
59.	Naomi GARCIA		PUR	1:49:04
60.	Alba PEREZ NIETO	02 FEB 2002	ESP	1:52:17
61.	Katherine MIALE	05 JAN 1997	USA	1:57:32
	Inês HENRIQUES	01 MAY 1980	POR	DNF
	Ana PULGARIN CARDENO	06 MAY 2001	ESP	DNF
	Jiayu YANG	18 FEB 1996	CHN	DNF
	Sandra Viviana GALVIS	28 JUN 1986	COL	DNF
	Silvia VILLAR NIETO	19 JAN 2004	ESP	DNF
	Paula VALDEZ	13 NOV 2002	ECU	DNF
	Maële BIRÉ-HESLOUIS	17 DEC 2002	FRA	DNF
	Iria RIVAS IGLESIAS	06 JUN 2001	ESP	DNF
	Marina PEÑA ALONSO	18 MAR 1999	ESP	DNF
	Celia FERRARI	09 OCT 2002	ESP	DNF
	Mirna ORTÍZ	28 FEB 1987	GUA	DNF
	Irene VAZQUEZ	12 AUG 1998	ESP	DNF
	Souad AZZI	18 SEP 1999	ALG	DNF
	Viviane LYRA	29 JUL 1993	BRA	DNF
	Carmen ESCARIZ	28 AUG 1998	ESP	DNF
	Ainhoa PINEDO	17 FEB 1983	ESP	DNF
	Hong LIU	12 MAY 1987	CHN	DQ
	Alicia SÁNCHEZ	15 MAY 2000	ESP	DQ

Ninth time lucky for Bonfim

Brazil's 2017 world bronze medallist **Bonfim** started like a bullet and went through the opening 1000m in 3:51. Despite the star-studded line-up, only five athletes managed to stay close to the Brazilian: Ecuador's **Brian Pintado** and **David Hurtado**, Spain's **Alvaro Martin**, China's **Zhang Jun** and Japan's **Yuta Koga**.

Bonfim maintained 3:55 pace over the following kilometres and the 5km mark was reached in 19:38. Both Koga and Hurtado began to receive warnings from the judges and they were forced to slow, the lead pack whittled down to four by halfway, which was reached in 39:15 after another 19:37 five-lap split.

World leader Zhang then took command of the race but was always followed in crocodile file by Bonfim, Pintado and Martin as the Chinese athlete clocked 3:52 for the 11th kilometre. The following kilometres were fascinating as Bonfim regained the lead and Pintado also moved to the front to keep the rhythm alive, while the double European champion Martin preferred to remain tucked behind throughout.

With the clock reading one hour, it seemed clear that Bonfim, Zhang and Martin would take the three podium spots as Pintado began to falter. The speed remained in the 3:55/3:57 range and shortly after covering the 16th kilometre, Zhang lost ground and the race became a two-horse battle between Bonfim and Martin.

The key move came some 1:04:30 into the race with 3600m remaining, when the 28-year-old Spaniard just couldn't follow in Bonfim's footsteps. Over the closing laps the leader maintained his steady and powerful pace to gradually extend his advantage.

At the tape Bonfim – who was making his ninth appearance in La Coruna after two third places (2014 and 2022) already to his credit – was rewarded with an 18-second lifetime best of 1:18:29, while Martin dipped under the 1:19 barrier for the first time with a 1:18:49 performance. Surprisingly, the final place on the podium went to **Diego Garcia**. The 27-year-old Spaniard never featured at the helm, being a distant seventh at halfway, but powerful closing laps led him to third place in a season's best of 1:19:25 ahead of the also fast-finishing German **Christopher Linke** in 1:19:43.



(Photo: Almudena Miquez FGA)

"I'm super happy. I've won for the first time here and have also improved my PB, I can't ask for more," declared a delighted Bonfim. "I went off very determined but the level of the field was awesome, winning has not been an easy task. I now return home and I'll do the Brazil championships over 20km before doubling in Budapest as there's a six-day gap between the 20km and the 35km and I think it will be enough."

1.	Caio BONFIM	19 MAR 1991	BRA	1:18:29
2.	Álvaro MARTÍN	18 JUN 1994	ESP	1:18:49
3.	Diego GARCÍA CARRERA	19 JAN 1996	ESP	1:19:25
4.	Christopher LINKE	24 OCT 1988	GER	1:19:27
5.	Jun ZHANG	20 JUL 1998	CHN	1:19:36
6.	José Luis DOCTOR	14 JUN 1996	MEX	1:19:41
7.	José Alejandro BARRONDO	16 SEP 1996	GUA	1:19:42
8.	Gabriel BORDIER	08 OCT 1997	FRA	1:20:09
9.	Andres Eduardo OLIVAS NÚÑEZ	27 MAY 1998	MEX	1:20:14
10.	Noel CHAMA	15 SEP 1997	MEX	1:20:40
11.	Jordy R. JIMÉNEZ ARROBO	11 FEB 1994	ECU	1:20:45

12.	Hao XU	06 FEB 1999	CHN	1:21:31
13.	Yutaro MURAYAMA	29 SEP 1998	JPN	1:21:37
14.	Lihong CUI	13 MAY 1999	CHN	1:21:49
15.	Miguel Ángel LÓPEZ	03 JUL 1988	ESP	1:21:52
16.	César Augusto RODRÍGUEZ	26 JUN 1997	PER	1:22:00
17.	Cesar Alberto HERRERA CORTEZ	28 JAN 1999	COL	1:22:07
18.	Jhonatan J. AMORES CARUA	29 AUG 1998	ECU	1:22:18
19.	Daniel CHAMOSA	04 MAY 1997	ESP	1:22:20
20.	Tongda BIAN	01 APR 1991	CHN	1:22:29
21.	Tao YOU	19 JUL 1997	CHN	1:22:36
22.	Álvaro LÓPEZ	24 MAR 1999	ESP	1:22:49
23.	Bernardo Uriel BARRONDO	05 JUN 1993	GUA	1:22:59
24.	Yangben ZHAXI	15 APR 1996	CHN	1:22:59
25.	Motofumi SUWA	22 OCT 1999	JPN	1:23:25
26.	Leo KÖPP	23 MAY 1998	GER	1:23:57
27.	Ricardo ORTIZ	07 FEB 1995	MEX	1:24:05
28.	Yassir CABRERA	28 JAN 1988	PAN	1:24:10
29.	Yuta KOGA	15 JUL 1999	JPN	1:24:49
30.	Mateo ROMERO	07 FEB 2003	COL	1:24:50
31.	Alexandros PAPAMICHAIL	18 SEP 1988	GRE	1:25:01
32.	Anderson CALLEJAS	17 JUN 2000	COL	1:25:13
33.	Julio César SALAZAR	08 JUL 1993	MEX	1:25:14
34.	Manuel Esteban SOTO	28 JAN 1994	COL	1:25:41
35.	Kevin CAMPION	23 MAY 1988	FRA	1:25:48
36.	Hélder SANTOS	07 MAR 1996	POR	1:25:56
37.	Oscar MARTINEZ	28 SEP 2003	ESP	1:26:06
38.	Manuel BERMÚDEZ	12 DEC 1997	ESP	1:26:26
39.	Aythamy AFONSO GONZALEZ	07 MAR 2001	ESP	1:26:27
40.	Juan CALDERON	14 APR 1999	CRC	1:26:29
41.	Andrés CHOCHO	04 NOV 1983	ECU	1:26:44
42.	Mattéo DUC	25 MAR 2001	FRA	1:26:45
43.	Carlos MERCENARIO	26 JUL 2000	MEX	1:26:47
44.	Sohail Abderahmane ALOUI	12 DEC 2002	ALG	1:26:47
45.	José Ignacio ALEDO ROMERA	14 OCT 1979	ESP	1:26:48
46.	Iván LÓPEZ	29 MAR 1997	ESP	1:26:56
47.	Brendan BOYCE	08 OCT 1986	IRL	1:27:14
48.	Wenchao NIU	20 APR 1998	CHN	1:27:29
49.	Dimitri DURAND	03 JUN 2002	FRA	1:27:35
50.	Juan José SOTO	22 AUG 1999	COL	1:27:35
51.	Lucas DREVILLE	26 JUN 2002	FRA	1:27:51
52.	Jose María RAYMUNDO	01 SEP 1993	GUA	1:28:18
53.	Marc TUR	30 NOV 1994	ESP	1:28:47
54.	José Eduardo ORTIZ	08 MAR 2000	GUA	1:28:52
55.	Saul WAMPUTSRIK	12 OCT 2004	ECU	1:29:23
56.	Lucas MAZZO	19 MAY 1994	BRA	1:29:41
57.	Nathaniel SEILER	06 APR 1996	GER	1:29:42
58.	Kenny Martin PEREZ	10 AUG 1994	COL	1:30:31
59.	Joe MOONEY	27 APR 1998	IRL	1:31:26
60.	Ismael BERNAL	06 MAR 1999	MEX	1:31:28
61.	Oscar PATÍN	01 FEB 2001	ECU	1:31:54
62.	Kevin TORO LOPEZ	17 DEC 2003	COL	1:32:16
63.	Miguel Angel CALDERON	01 MAY 2001	COL	1:32:32
64.	Li XINGFU	18 JUL 2002	CHN	1:33:14
65.	Abraham N. PEÑA GUERRERO	08 JUN 2003	MEX	1:33:26
66.	Yohan MELILLAN	31 JUL 1999	CHI	1:33:55
67.	Jerome CAPRICE	18 JAN 1983	MRI	1:35:30
68.	Daniel JIMENO	11 DEC 2000	ESP	1:35:30
69.	José Rafael LOPEZ MENDOZA		MEX	1:36:05
70.	Aymeric HUE	15 AUG 2001	FRA	1:36:41
71.	Daniel DE LUCAS CHANQUET	05 AUG 2002	ESP	1:37:04
72.	Antonio BELTRÁN	15 JUN 1998	CHI	1:42:20
73.	Luis NAVARRETE CONTRERAS	09 FEB 2003	CHI	1:42:46
	Brandon SEGURA	30 APR 1996	MEX	DNF
	Jesus CALDERON	13 APR 1997	MEX	DNF
	João VIEIRA	20 FEB 1976	POR	DNF
	José MONTANA	21 MAR 1992	COL	DNF
	Paul MCGRATH	07 MAR 2002	ESP	DNF
	Alberto AMEZCUA	10 MAY 1992	ESP	DNF
	Brian Daniel PINTADO	29 JUL 1995	ECU	DNF

Ever Jair PALMA OLIVARES	18 MAR 1992	MEX	DNF
Darssy KING	23 NOV 1995	CHI	DNF
Juan M MORALES DEL CASTILLO	28 DEC 1979	ESP	DNF
Yereman SALAZAR	24 OCT 1978	VEN	DNF
Xianghong HE	01 JUL 1998	CHN	DNF
Caballero HODEI	14 MAR 2003	ESP	DQ
David HURTADO	21 APR 1999	ECU	DQ
Rodrigo SANTAELENA GARCÍA	17 JUL 2003	ESP	DQ
Jose MESTRE	27 FEB 2001	ESP	DQ
Pablo PASTOR	31 MAR 2003	ESP	DQ

FRANCE: Paris-Alsace ultra-distance classic, Tuesday 30 May to Saturday 3 June - Paris

Emmanuel Tardi reports on the latest edition of this legendary event.

From Tuesday to Saturday, it was the historical Paris-Alsace (previously Paris-Strasbourg and Paris-Colmar) 3 races were scheduled:

La Mythique : 4 stages : 20k + 212,8k + 112,5k + 55,3km . total : 400,6km

La Vosg  enne : 4 stages for total 303,1km

La Castele : 5 stages for total 215,8km

The first stage took place in the center of Paris along the Seine banks .

There were only 3 starters on "La Mythique". Victory was for **Florian Letourneau** and **Sylvie Maison**

There were 13 starters on "La Castelle ". Easy victory for **Philippe Morel** and **Chlo   Raes Maure**. Note that Chlo   did all of the race with her husband.

Only 2 starters on the Vosg  enne , but none of them finished the race .

La Mythique (400.6km)

Prologue: Paris – 30 May

		20km
1	Florian Letourneau	2h00'25''
2	Christophe Erard	2h08'50''
3	Sylvie Maison	2h24'15''

Stage 1: Chateau-Thierry - Mogneville

		212,8km
1	Florian Letourneau	28h14'17''
2	Sylvie Maison	30h52'35''
3	Christophe Erard	31h02'26''

Progressive standings

		232,8km
1	Florian Letourneau	30h14'42''
2	Christophe Erard	33h11'16''
3	Sylvie Maison	33h16'40''

Stage 2: Neufchateau - Epinal

		112,5km
1	Florian Letourneau	14h23'22''
2	Christophe Erard	14h43'49''
3	Sylvie Maison	16h05'13''

		345,3km
1	Florian Letourneau	44h38'04''
2	Christophe Erard	47h55'05''
3	Sylvie Maison	49h21'53''

Stage 3: Plainfaing-Colmar

		55,3km
1	Christophe Erard	7h43'27''
2	Florian Letourneau	7h51'27''
3	Sylvie Maison	8h12'46''

Final placings

		400,6km
1	Florian Letourneau	52h29'31''
2	Christophe Erard	55h38'32''
3	Sylvie Maison	57h34'39''

La Vosg  enne (303.1km)

Prologue: Paris – 30 May

		15km
1	Nadia Ducruet	1h55'25''
2	Annie Berthault-Korzhyk	2h14'05''

Final placings

		303,1km
DNF	Nadia Ducruet	253km
DNF	Annie Berthault-Korzhyk	176km

La Castelle (215.8km)

Prologue: Paris – 30 May

		15km
1	Philippe Morel	1h34'07"
2	R��mi Michelot	1h36'40"

3	Stéphane Grados	1h38'06"
4	Chloé Raes-Maure	1h40'44"
4	René-Jean Maure	1h40'44"
6	Dominique Delange	1h41'06"
7	Denis Giraudeau	1h43'21"
8	Abdelaziz Seffari	1h45'35"
9	Bertrand Labarre	1h47'37"
10	Ludovic Tillier	1h51'06"
11	Claudie Bizard	1h54'11"
12	Jean-Nicolas Joffroy	1h55'27"
13	Magali Pannier	2h06'15"

Stage 1: Château-Thierry – Château-Thierry

34,8km

1	Philippe Morel	3h53'37"
2	Rémi Michelot	4h10'09"
3	Stéphane Grados	4h10'34"
4	Chloé Raes-Maure	4h14'11"
4	René-Jean Maure	4h14'11"
6	Dominique Delange	4h16'21"
7	Abdelaziz Seffari	4h20'55"
8	Denis Giraudeau	4h31'33"
9	Ludovic Tillier	4h36'38"
10	Bertrand Labarre	4h42'05"
11	Jean-Nicolas Joffroy	4h54'50"
12	Claudie Bizard	5h00'23"
13	Magali Pannier	5h26'31"

Progressive standings

49,8km

1	Philippe Morel	5h27'44"
2	Rémi Michelot	5h46'49"
3	Stéphane Grados	5h48'40"
4	Chloé Raes-Maure	5h54'55"
4	René-Jean Maure	5h54'55"
6	Dominique Delange	5h57'27"
7	Abdelaziz Seffari	6h06'30"
8	Denis Giraudeau	6h14'54"
9	Bertrand Labarre	6h29'42"
10	Ludovic Tillier	6h27'44"
11	Claudie Bizard	6h54'34"
12	Jean-Nicolas Joffroy	6h49'17"
13	Magali Pannier	7h32'46"

Stage 2: Chalons en Champagne – Vitry le François

52,1km

1	Philippe Morel	6h17'01"
2	Abdelaziz Seffari	6h42'41"
3	Chloé Raes-Maure	6h43'37"
3	René-Jean Maure	6h43'37"
5	Rémi Michelot	6h45'04"
6	Dominique Delange	6h49'20"
7	Stéphane Grados	6h54'15"
8	Bertrand Labarre	7h21'58"
9	Denis Giraudeau	7h32'14"
10	Ludovic Tillier	7h33'45"
11	Claudie Bizard	7h42'15"
12	Jean-Nicolas Joffroy	8h04'45"
13	Magali Pannier	9h28'11"

101,9km

1	Philippe Morel	11h44'45"
2	Rémi Michelot	12h31'53"
3	Chloé Raes-Maure	12h38'32"
3	René-Jean Maure	12h38'32"
5	Stéphane Grados	12h42'55"
6	Dominique Delange	12h46'47"
7	Abdelaziz Seffari	12h49'11"
8	Denis Giraudeau	13h47'08"
9	Bertrand Labarre	13h51'40"
10	Ludovic Tillier	14h01'29"
11	Claudie Bizard	14h37'49"
12	Jean-Nicolas Joffroy	14h54'02"
13	Magali Pannier	17h00'57"

Stage 3: Gironcourt - Epinal

58,6km

1	Philippe Morel	6h56'05"
2	Stéphane Grados	7h11'12"
3	Rémi Michelot	7h34'04"
4	Chloé Raes-Maure	7h35'40"
4	René-Jean Maure	7h35'40"
6	Dominique Delange	7h37'55"
7	Denis Giraudeau	7h41'58"
8	Abdelaziz Seffari	7h59'27"
9	Ludovic Tillier	8h21'23"
10	Bertrand Labarre	8h36'57"
11	Claudie Bizard	8h43'26"
12	Jean-Nicolas Joffroy	9h08'02"
13	Magali Pannier	10h47'16"

160,5km

1	Philippe Morel	18h40'50"
2	Stéphane Grados	19h54'07"
3	Rémi Michelot	20h05'57"
4	Chloé Raes-Maure	20h14'12"
4	René-Jean Maure	20h14'12"
6	Dominique Delange	20h22'42"
7	Denis Giraudeau	21h29'06"
8	Abdelaziz Seffari	21h48'38"
9	Ludovic Tillier	22h22'52"
10	Bertrand Labarre	22h28'37"
11	Claudie Bizard	23h20'15"
12	Jean-Nicolas Joffroy	24h02'04"
13	Magali Pannier	27h48'13"

Stage 4: Plainfaing-Colmar

55,3km

1	Philippe Morel	6h33'29"
2	Abdelaziz Seffari	7h01'40"
3	Stéphane Grados	7h04'24"
4	Chloé Raes-Maure	7h27'47"
4	René-Jean Maure	7h27'47"
6	Dominique Delange	7h29'47"
7	Rémi Michelot	7h38'43"

Final placings:

215,8km

1	Philippe Morel	25h14'19"
2	Stéphane Grados	26h58'31"
3	Chloé Raes-Maure	27h41'59"
3	René-Jean Maure	27h41'59"
5	Rémi Michelot	27h44'40"
8	Abdelaziz Seffari	27h49'18"
6	Dominique Delange	27h52'29"

8	Ludovic Tillier	8h06'11''	7	Denis Giraudeau	29h52'11''
9	Denis Giraudeau	8h23'05''	9	Ludovic Tillier	30h29'03''
10	Claudie Bizard	8h36'50''	10	Bertrand Labarre	30h56'50''
11	Bertrand Labarre	8h38'13''	11	Claudie Bizard	31h57'05''
12	Magali Pannier	10h16'35''	12	Magali Pannier	38h04'48''
DNF	Jean-Nicolas Joffroy		DNF	Jean-Nicolas Joffroy	175km



Florian Le Tourneau, Sylvie Maison, Chloe Raes Maure (with husband) and Phillippe Morel (Photos: Emmanuel Tardi)

MARCIADALMONDO & O MARCHADOR ROUNDUP

Marcia Dal Mondo is no longer presenting news items, but will continue to post local (Italian) and international results until December 31. These are regularly updated and can be perused at <http://www.marcialmondo.com/eng/risultati.aspx?anno=2023>, along with many other items of interest.

The Portuguese race walking blog **O Marchador** continues to post news reports and results. The page has dozens of links to articles on race walking, featuring both domestic events and those from abroad.

- Tuesday, June 6, 2023 - Women's 10,000 m walk at the Asian U20 Championships (Yecheon 2023) – results <http://omarchador.blogspot.com/2023/06/10000-m-marcha-femininos-nos.html>
- Monday, June 5, 2023 - Caio Bonfim dominated the 20 km walk of the GP Cantones in Corunha <http://omarchador.blogspot.com/2023/06/caio-bonfim-dominou-os-20-km-marcha-do.html>
- Sunday, June 4, 2023 - Kimberly García triumphed at the GP Cantones in A Coruña <http://omarchador.blogspot.com/2023/06/kimberly-garcia-triunfou-no-gp-cantones.html>
- Sunday, June 4, 2023 - Leinster, Ireland Athletics Championships (results) <http://omarchador.blogspot.com/2023/06/campeonatos-de-atletismo-de-leinster.html>
- Saturday, June 3, 2023 - Ella Rautawaara (14), with 12:52.44 in the 3000 m walk in Mikkeli, Finland <http://omarchador.blogspot.com/2023/06/ella-rautawaara-14-anos-com-125244-nos.html>
- Thursday, June 1, 2023 - The Xintai/Tai'an Grand Prix (China) marks the debut of the new marathon mixed relay walking event <http://omarchador.blogspot.com/2023/06/o-grande-premio-de-xintaitaian-china.html>
Inevitably, we now see the first results of 'Marathon' teams competition appear. Love it or loathe it, it's here.
- Wednesday, May 31, 2023 - 2023 NAIA Championships in Marion, IN, US America (Results) <http://omarchador.blogspot.com/2023/05/campeonatos-naia-2023-em-marion-in-eu.html>
- Tuesday, May 30, 2023 - Alexandra Kovács breaks Hungary's under-18 record in the 5,000m walk <http://omarchador.blogspot.com/2023/05/alexandra-kovacs-bate-recorde-sub-18-da.html>
- Monday, May 29, 2023 - Manuel Marques (AJS) and Bruna Marques (JV), the best walkers in the 2023 track clubs tabulation <http://omarchador.blogspot.com/2023/05/manuel-marques-ajs-e-bruna-marques-jv.html>

- Sunday, May 28, 2023 - The 20 km march in the «Copa Cuba 2023» in Havana (results)
<http://omarchador.blogspot.com/2023/05/os-20-km-marcha-na-copa-cuba-2023-em.html>

Note: The O Marchador blog is written in Portuguese. To access an English version, open the page in Google Chrome – if you haven't already – at <https://omarchador.blogspot.com>, then right click on any empty space (not on text) on the page. A window will appear with the option to translate the page. Click on it, and the page should reload in English.



WHAT'S UP AHEAD?

Victorian & National Key Dates – 2023

Sat 3 Jun 2023	VRWC Points races #3 – Middle Park
Sun 11 Jun 2023	Racewalking Australia LBG Carnival – Stromlo Sports Park, Canberra ACT
Sat 17 Jun 2023	VRWC 'Guess Your Time' prizes day & Points races #4 – Middle Park
Sat 24 Jun 2023	AV 15km & VRWC 15km (Elsie Jacobsen trophy) c'ships – Middle Park
Sat 1 Jul 2023	VRWC Points races #5 – Middle Park
Sat 16 Jul 2023	AV 20km & VRWC 20km, Women's 10km c'ships – Middle Park
Sat 29 Jul 2023	VMA 10km c'ship & RWA Interstate Challenge; Twilight Trivia fundraiser – Middle Park
Sun 6 Aug 2023	AMA Masters 20km road c'ship – Adelaide VRWC Intervals race – Middle Park

International Dates

28 Jul-8 Aug 2023	World University Summer Games – Chengdu, CHN (now confirmed by FISU)
19-27 Aug 2023	19th World Athletics Championships – Budapest, HUN
26 Jul- 11 Aug 2024	XXXIII Summer Olympics – Paris, FRA
13-25 Aug 2024	24th World Masters T&F Championships – Gothenburg, SWE
20-24 Aug 2024	WA World Junior T&F Championships – Lima, PER
13-21 Sep 2025	20th World Athletics Championships – Tokyo, JAP

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