



HEEL & TOE Online

Vol. 2024
Issue No. 7
Tuesday
20 February 2024

The official organ of the Victorian Race Walking Club, Inc.

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*A message to all readers from **Tim Erickson** and **Kim Mottrom** ...

Racewalkaustralia.com ***Stats Master needed***

Hello everyone,

The **Racewalkaustralia.com** website (<http://racewalkaustralia.com/Home.asp>) was first setup in 2009 and has collated EVERY major and minor Australian racewalking result since then. We had seen John Constantinou's racewalkuk.com stats site and contacted John, who generously offered to set up our own Australian version and host it on his own server. It was too good an offer to refuse so we said 'YES PLEASE'. 15 years later, our Australian stats website is still collecting our Australian walk results and has now grown into a wonderful archive.

Tim Erickson did the data entry until 2020 when, turning 70 years of age, he decided it was time to pass the mantle onto someone else. SA's **Kim Mottrom** put up his hand and has been looking after the website for the last 3 years, with Tim as technical support. This has worked well.

Kim is no longer in a position to continue in the role as Australian Racewalking Statistician, so Tim and Kim are advertising the position. No great website expertise is needed as all the data entry is done via a very easy to follow front end. Most of the results are picked up from Stuart Cooper's VRWC newsletter and it's simply a case of typing them into the *racewalkaustralia* website. Tim will train you up and provide ongoing tech support.

Suitable candidates need:

- Their own PC or laptop running Windows 10 or Window 11, with their own internet connection. (The site is hosted on the administrator's PC or laptop. Results are inputted offline and then uploaded in bulk to the actual server via your own internet connection.)
- A copy of Microsoft Access
- Experience in data entry
- Availability to update results **weekly** (or fortnightly at worst.)

Reach out to Tim (tim.erickson02@gmail.com) or Kim (kimmottrom@gmail.com) to chat further.

Tim and Kim

VICTORIA - METRO & REGIONAL



AVSL RESULTS

**** Metro Zone B: Round 12, Saturday 17 February – Tom Kelly track, Doncaster**

Another warm afternoon greeted a healthy entry of 44 walkers for the three races on offer in this, the final AVSL fixture for the summer. (There are no finals or playoffs scheduled this time around, so winning clubs are to be decided on points amassed in the various divisions across the season.) With a big 1500m entry, two heats were held.

Line honours in all three races went to the younger female brigade. **Lucy Johns** clocked her best 1500 yet, while **Mackenzie Turner** returned the fastest time on the day in Heat 1. **Mya McClure** easily won the 3000m, just missing the 15:00 barrier.

Pl	Name	Club	Age	Time	Points	
1500m walk - Heat 1						
1	Mackenzie Turner	(KNA)	F16	7:46.6h	465	
2	Emilie Garside	(YRA)	FOP	8:48.6h	331	
3	John Nottle	(COL)	M70	9:07.8h	463	
4	Nicolas Bannan	(PTN)	M20	9:29.9h		
5	Laura McLennan	(DAC)	F45	9:37.0h	321	
6	Belinda Edgar	(UNA)	F14	9:37.8h		
7	Heather Carr	(GHY)	F70	9:41.4h	500	
8	Phillip Dunstone	(WES)	M55	9:49.4h	298	
9	Debbie McKenzie	(DIV)	F50	9:58.7h	322	
10	Janice Hodgart	(WES)	F60	9:59.9h	409	
11	Natalie Laurie	(ANW)	FOP	10:03.3h	225	
12	Karen Quinn	(DIV)	F55	10:10.6h	346	
13	Tracy Colbert	(WES)	F50	10:15.8h	294	
14	Kate Ryan	(DIV)	F45	10:19.2h	264	
15	Stephen Murphy	(ESS)	M60	10:32.2h	284	
16	Geoffrey Barrow	(MEN)	M70	10:34.0h	370	
17	Gwen Steed	(GHY)	F70	10:39.7h	439	
18	Kim Peak	(DAC)	F55	10:42.8h	294	
19	Jo Moxon	(DIV)	F55	11:21.9h	252	
20	Brenda Cashin	(WES)	F55	12:25.0h	192	
-	Geza Benke	(OLM)	M65	DQ		
1500m walk - Heat 2						
1	Lucy Johns	(DIV)	F16	7:49.5h	461	PB 0:14
2	Trenton Hawkins	(PTN)	M40	7:53.2h	381	
3	Sandra Geisler	(RWD)	F45	7:53.7h	481	
4	Simon Evans	(BOH)	M60	8:10.6h	464	
5	Carolyn Rosenbrock	(YRA)	F60	8:16.8h	526	
6	David Smyth	(COL)	M50	8:38.9h	372	
7	Andrew Jamieson	(OSC)	M70	9:04.9h	466	
8	Brian Anderson	(ESS)	M65	9:17.2h	422	
9	Matt Harvey	(WAM)	M18	9:18.7h	247	
10	Brienna Coffey	(YRA)	F14	9:21.7h	339	PB 0:09
11	Donna-Marie Elms	(PTN)	F60	9:38.9h	433	
-	Bernie Keirl	(DIV)	M60	DQ		
3000m walk						
1	Mya McClure	(WCA)	F14	15:02.6h	509	
2	Jade Chitty	(WES)	F20	15:38.9h	441	
3	Char Hay	(MUU)	FOP	15:47.9h	435	
4	Jaime Hvalica	(DIV)	M14	15:55.0h	440	
5	Angus Shuttleworth	(KNA)	M14	15:56.7h	439	
6	Emily Smith	(KNA)	F18	16:46.1h	404	
7	Lewis McLennan	(DAC)	M14	16:48.6h	409	PB 0:03
8	Hamish McLennan	(DAC)	M16	18:23.4h	299	PB 0:18
9	Michael Harvey	(WAM)	M60	19:17.6h	386	
10	Sarah Papadopoulos	(DIV)	FOP	20:05.3h	233	
-	Ross Reid	(COL)	M65	DQ		

**** Bendigo Zone: Round 12, Saturday 17 February – Latrobe Uni Athletics Track, Flora Hill**

No results presented for this venue.



The **2024 AV track & field championships** commence next weekend - **Friday 23 February** – at Lakeside Stadium, and will conclude on **Sunday 3 March**. Entries are now closed for these championships.

The schedule for the Walks is as follows:

Saturday 24 February	11.10am	5000m race walk	Open Male
		5000m race walk	Open Female
Sunday 3 March	10.30am	5000m race walk	U17 Male
		5000m race walk	U17 Female
		5000m race walk	U18 Male
		5000m race walk	U18 Female
		5000m race walk	U20 Male
		5000m race walk	U20 Female
	11.15am	3000m race walk	U14 Male
		3000m race walk	U14 Female
		3000m race walk	U15 Male
		3000m race walk	U15 Female
		3000m race walk	U16 Male
		3000m race walk	U16 Female
		3000m race walk	U16 Female



LAVic State T&F championships

The weekend of 9 & 10 March sees the **Little Athletics Victoria State championships** being held at Casey Fields. The walks will be held from 8.30 until 10.52am on Saturday. See the draft program at <https://lavic.com.au/wp-content/uploads/2020/06/Draft-Timetable-State-Track-and-Field-Champs-2024.pdf>



The **Victorian Masters T&F championships** will be held on **Saturday 16** and **Sunday 17 March**, at Tom Kelly track, Doncaster. For walks scheduling, see the draft program at <https://athsvic.wpenginepowered.com/wp-content/uploads/2024/02/Vic-Masters-TT-DRAFT.pdf>



**** WALKER OF THE WEEK ****

After the performance fireworks at the Australia/Oceania championships in Adelaide, it was relatively quiet around the traps this week as, perhaps, the fast ones took a bit of a breather. Two exceptions, however, were **Sam McCure (QLD)** and **Kaytee Bogaers (WA)** who capitalized on their Adelaide results with dominant results at home last weekend.

Sam came to within 7 seconds of his 10km PB with **44:20.48** for a strong win in the QLD 10,000m championships at the Dane Bird-Smith Shield meeting in Brisbane. Sam is now clocking sub-45s on a regular basis and will be one to watch in the National track titles in March.

Meanwhile, **Kaytee** had a breakthrough result in AW Interclub with **14:55.93** for 3000m, a 36 sec improvement. She is currently

WA's fastest female walker and will have plenty of incentive to build on her speed and cut her times further – hopefully with an eye to a return trip to Adelaide in March.

Congratulations, Sam and Kaytee. We look forward to watching your further progress.

NEW SOUTH WALES 2024 North Sydney Regional championships, 17 February – The Crest

NSW Regional championships were held at two venues over the weekend but only North Sydney provided walks. It appears that most starters were ineligible for championship honours, presumably competing by invitation.

Women Open 3000mW

1 Miarose Everson	12	Ryde AC	18:05.01
.. Hannah Hewitt	11	Wests	DNF
.. Erin Cassilles	12	Westfields	X17:10.99
.. Caetlin Ashby	14	Mingara	X18:34.32
.. Scout Linton	11	Wests	X19:10.06
.. Lilly Twigden	13	Westfields	X19:59.90

Men Open 3000mW

1 Rhys Chandler	13	Ryde AC	17:40.92
.. Mitchell McCarthy	12	Ryde AC	DNF
.. Charlie Shiel	11	Ryde AC	DQ
.. Michael Mathison	12	Westfields	X18:15.61

Women Open 5000mW

.. Grace Beck	15	Wests	X29:38.72
.. Ciara Cassilles	16	Westfields	X29:46.73
.. Summer Sivaraj	16	Wests	X31:56.12

Men Open 5000mW

No starters

SOUTH AUSTRALIA ASA interclub results, 17 February – Mile End stadium

It was a tough grind on Saturday for the dozen walkers who braved the 31C heat at Mile End. No PBs but some good efforts nonetheless. Results courtesy of **Kim Mottrom**.

Open 5000m

Kim Mottrom	22:44.48
Cooper Rech	27:23.69
Elise Scott	29:40.25
Melissa Grantham	29:58.62
Peter Crump	33:46.32
Jordan McKenna	35:50.68
Jasmine Crabb	36:17.00
Alex McEwan	DQ

Open 1500m

Angelina Legrand	07:33.23
Liam Freundt	08:14.92
Orlando Grantham	10:05.82
Arizona Small	15:00.92



Coach Kim with a happy Angelina at the Nationals/Oceania last weekend. (Photo: Athletics SA)

QUEENSLAND Dane Bird-Smith Shield & QLD 10,000m Walk c'ships, 17 February – QSAC, Bris.

Queensland's greatest-ever race walker was honoured with naming rights for last weekend's QA interclub trophy. Robyn Wales says it was a delight to see the 'Birdman' present with 3yo daughter Astrid for the day's proceedings.

Sam McCure's was the standout walk of the day with a winning 10,000m time of **44:20.48**, with **Tayla Billington** also in great shape taking the women's title.

Women 10000m Walk c'ship

1 <u>Tayla-Paige BILLINGTON</u>	49:07.46
2 <u>Mia BERGH</u>	55:55.26 PB
3 <u>Milly SHARPE</u>	56:48.22 PB
4 Brenda GANNON	1:00:50.82

Men 10000m Walk c'ship

1 <u>Sam MCCURE</u>	44:20.48
2 <u>Scott HYLAND</u>	50:44.05
3 <u>Alex BRADLEY</u>	52:51.77 PB
4 Kai DALE	57:44.71 PB

5 Phoebe CHADWICK
6 Katya MARTIN
.. Lyla WILLIAMS

1:01:41.58
1:02:06.36
DNF

.. Bailey HOUSDEN

DQ

Women 3000m Walk Open

1 Brooke Newberry	U18	NSW	17:09.18
2 Bethany Moore-Kirkland	U15	QLD	17:16.65
3 Mikaela McDonald	U15	RWQ	17:36.38
4 Savannah Dunleavy	U13	RWQ	18:18.24
5 Eliza Kelly	U15	RWQ	18:27.86
.. Kiara Waterman	U14	RWQ	DQ

Men 3000m Walk Open

1 Noah Cooke	U15	QLAA	15:45.08
2 Lachlan Moore	U14	RWQ	16:09.60

QMA 3000m Women

1 Erika Woodward	W55	QMA	18:41.90
2 Noela McKinven	W80	RWQ	26:25.82

QMA 3000m Men

1 Ignacio Jiminez	M55	QMA	14:57.49
2 Peter Bennett	M65	MAY	19:00.56

TASMANIA Aths South interclub results, 17 February – Domain AC, Hobart

Saturday's Interclub under the full sun of the early afternoon saw a solid walk from **Macy Devine** and a gutsy effort from our youngest walker **Adele Woodward** to make it to the finish line in very warm conditions .

Results 3000m Walk

1. Oliver Morgan	SB	14:17.20
2. Macy Devine	ES	17:41.25 SB
3. Elizabeth Leitch	TMA	20:43.54
4. Adele Woodward	OVA	23:25.11

*Tas Masters T&F, 14 February – Domain AC, Hobart

Good efforts at Mid-week Masters from **Wayne Fletcher** and **Elizabeth Leitch** achieving Season's Best performances over 3 & 5000m.

Results 3000m Walk

1. Wayne Fletcher	NS	27:56 SB
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Results 5000m Walk

1. Oliver Morgan	SB	25:33
2. Elizabeth Leitch	TMA	34:55

WESTERN AUSTRALIA Aths West interclub results, 16 February – WAAS, Perth

Terry Jones reports that they had good conditions for fast times: temperature in the mid 20s and a light sea breeze. Some PBs were recorded. However, John Ronan was not at his best while recovering from an injury scare at last weekend's walks in Adelaide. We hope John is injury-free by the time of the National track titles.

Women 5000 Meters

1 Leila Bevis	Mandurah Rockingham	32:25.03
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Men 5000 Meters

1 John Ronan	Kingsway	23:36.61
2 Bradley Mann	Perth Track	24:19.23

Women 3000 Meters

1 Kaytee Bogaers	Mandurah Rockingham	14:55.93	PB 0:36
2 Katica Borsic	Athletics West	17:15.20	
3 Trinity Doulis	Belmont	17:35.34	
4 Charlotte Burgess	West Track	17:42.70	
5 Chelsey Ireland	Mandurah Rockingham	17:46.92	
6 Tory D'Alessio	Athletics West	18:40.68	
7 Lily Masson	UWA Athletics	19:06.92	
8 Chloe Bevis	Mandurah Rockingham	22:38.82	

Men 3000 Meters

1 Keiran Smith	Cockburn	14:53.40
2 Liam Domoney	Athletics West	15:40.10

3 Riley Cunnold
4 Nathaniel Khaira

Canning Districts
Cockburn

18:53.10
19:00.46



INTERNATIONAL NEWS

JAPAN: 107th Japanese Race walking championships, 18 February - Kobe

Ikeda threatens world 20km race walk record in Kobe

By Paul Warburton (reprinted from *worldathletics.org/news*)

Koki Ikeda not only won the 107th Japan Athletics Championships – he came agonisingly close to breaking the world 20km race walk record set nine years ago. The fact that compatriot Yusuke Suzuki's 1:16:36 remains intact has much to do with a lack of opposition Ikeda encountered from 8km in Kobe on Sunday (18). The winner in **1:16:51** also had to navigate his way through human traffic from halfway. Add the two together, and that missing 15 seconds has an obvious explanation. Even so, it was only the second time a Japanese race walker has gone under 77 minutes.



Ikeda opens the throttle with 12k to go. (Photo: Nicola Maggio)

The consolation for the 25-year-old is a seat on the plane to Paris for the Olympics and a PB by 34 seconds. With no Asian Championships this year because long-time host Nomi City is close to the affected earthquake area, it was a case of winner takes all in what the organisers dubbed the 'world's fiercest competition'. In this case, it should be winners, with **Ryo Hamanishi**, second in **1:17:42**, just pipping **Yuta Koga**, with **1:17:47** – and both notching huge PBs.

Masatora Kawano, who has claimed silver and bronze in the last two World Athletics Championships at 35km, gamely hung on to dip a second under 78 minutes, with the first four comfortably under the **1:19:30** set by their own federation for Olympic inclusion.

It helped that racing conditions were favourable. Overcast in the southern port city of Kobe at the start, it was mild in comparison to last year's rain: somewhat ideal for a train of favourites to take off in a loose group of 12. That became nine with two-time world champion **Toshikazu Yamanishi** and Ikeda pushing it at the front for 11:32 minutes at 3km. **Kazuki Takahashi** was trying to outdo his more illustrious brother, **Eiki**, by treading on the heels of the front two. But the leaders shed two more on lap five; which was hardly a surprise with 19:14 for quarter distance.

Back markers were already being lapped; no mean feat considering the entry list of 60 showed a mere 11 with PBs over 1:30:00 – and then by just a few seconds.

On 30 minutes, hot favourite Ikeda took off leaving Yamanishi and Kawano gamely trying to hang on, with Koga, Hamanishi and the younger Takahashi trailing in their wake. Up front, Ikeda blazed through 10km in 38:16, and was a clear 10 seconds ahead of Kawano, who in turn had seven seconds on Yamanishi towing Hamanishi and Koga.

One lap further on, and it was 15 seconds for the leader on anyone else. That anyone happened to be Kawano with eight seconds on the chasers. And, as if to greet the man with the gold No.1 on his bib, the sun came out with 5km to go, which by then was a race done and dusted.

Ikeda hit his watch at 57:23 with the on-course announcer upping the decibels as he sensed a world record. The intriguing battle was for the other two podium places. Kawano slowed badly to allow Koga and Hamanishi to draw level. Nothing could separate the trio until the last 1km circuit when the big surprise that was Hamanishi went for broke. His eventual **1:17:42** wasn't just a breakthrough: it was a chasm to his previous 1:21:55 – close to a kilometre difference. Koga was five seconds in arrears, but still 55 seconds inside his previous best, and a shattered Kawano still dipped under 78 minutes.

Spare a thought for former world champion Yamanishi. He's not enjoyed the last 10 months. A distant 24th in Budapest's World Championships was his biggest disappointment - and at 12km the man with a 1:17:15 PB suffered a rare disqualification. Stepping off the course, his 28th birthday on Thursday long forgotten, the walker who seemed unbeatable heading into the last Olympics will almost certainly miss these.



Oh, to have had this finish line in Adelaide ... Ikeda crosses in Kobe. (Photo: Nicola Maggio)

The women's race likewise went to form with **Nanako Fujii** setting a meeting record, a PB and a comfortable clocking under the **1:28:30** demanded by her federation for automatic Olympic qualification.

Like Ikeda before her, she was never troubled from halfway and with the sun rising and getting warmer, the national record held by eventual second place **Kumiko Okada** slipped from her grasp. Even so, a **1:27:59** finish was 59 seconds inside her previous best.

Okada came home in **1:29:03** and is likely to join the winner in Paris, while third-place finisher **Ayane Yanai** lost her bearings over the final lap, drifted into what she thought was the finishing zone, came back out; stopped a few yards shy of the real finish, and then realised her error to stumble on and record a distant **1:31:25**.

On the start line, the first three all wore caps and sunglasses and walked in sequence; bibs 201, 202 and 203 took the race by the scruff of the neck to reach 3km in 13:18, with **Serena Sonoda** lying fourth in 13:21 and wearing bib 204, of course. By 5km in 22:03, it was going to take something spectacular to catch the leading trio.

However, new kid on the block Yanai, just 20 on 24 December, was uncoupled from the other two at halfway clocked at 44:02 by leader Fujii, who in turn had two seconds over Okada. That two became a further 10 seconds a lap on, with Yanai going backwards already 31 seconds behind Fujii. Thereafter, it was something of a procession with the leader's advantage stretching to 64 seconds by the tape, and her chasers likewise spread out. Okada looked more pleased than Fujii on the finish line.

The latter folded her arms in a manner suggesting the slightest disappointment at missing Okada's national record set in 2019 by 18 seconds, but Fujii's sixth and seventh places at the last two World Championships have every chance of improvement in the French capital.

Sonoda crossed in **1:33:01** for a distant fourth.



Fujii (201) dictating terms. (Photo: Nicola Maggio)

Men 20 kilometre Race walk c'ship

1.	<u>Koki IKEDA</u>	JPN	1:16:51
2.	<u>Ryo HAMANISHI</u>	JPN	1:17:42
3.	<u>Yuta KOGA</u>	JPN	1:17:47
4.	<u>Masatora KAWANO</u>	JPN	1:17:59
5.	<u>Kazuki TAKAHASHI</u>	JPN	1:19:01
6.	<u>Satoshi MARUO</u>	JPN	1:19:06
7.	<u>Kento YOSHIKAWA</u>	JPN	1:19:29
8.	<u>Tomohiro NODA</u>	JPN	1:19:34
9.	<u>Haruki MANJU</u>	JPN	1:19:53
10.	<u>Yutaro MURAYAMA</u>	JPN	1:20:20
11.	<u>Hayato KATSUKI</u>	JPN	1:20:42
12.	<u>Subaru ISHIDA</u>	JPN	1:20:42
13.	<u>Kanta TOKUYAMA</u>	JPN	1:20:55
14.	<u>Kazuhiro TATEIWA</u>	JPN	1:21:50
15.	<u>Motofumi SUWA</u>	JPN	1:22:28
16.	<u>Misaki KONDO</u>	JPN	1:23:15
17.	<u>Yuga MAEKAWA</u>	JPN	1:23:26
18.	<u>Rihito ISHIDA</u>	JPN	1:23:52
19.	<u>Kazuya IWAI</u>	JPN	1:24:23
20.	<u>Chisato HASEGAWA</u>	JPN	1:24:32
21.	<u>Hayato NAGATA</u>	JPN	1:24:46
22.	<u>Riku OIE</u>	JPN	1:25:27
23.	<u>Shuto HAGA</u>	JPN	1:25:47
24.	<u>Shotaro SHIMOIKE</u>	JPN	1:25:51
25.	<u>Mitowa MAKINO</u>	JPN	1:26:09
26.	<u>Koutaro WAKE</u>	JPN	1:26:17
27.	<u>Haruki NAKAGAKI</u>	JPN	1:26:19
28.	<u>Shinnosuke FUKUNAGA</u>	JPN	1:26:36
29.	<u>Kenta SAKURAI</u>	JPN	1:27:15
30.	<u>Yuki ITO</u>	JPN	1:27:23
31.	<u>Yu WATANABE</u>	JPN	1:27:26
32.	<u>Yuta NAKAO</u>	JPN	1:27:36
33.	<u>Aoi SUZUKI</u>	JPN	1:27:37
34.	<u>Soshi SUENARI</u>	JPN	1:27:49
35.	<u>Homare GOTOU</u>	JPN	1:28:12
36.	<u>Rinto CHINEN</u>	JPN	1:28:20
37.	<u>Tomohiro NASU</u>	JPN	1:28:35
38.	<u>Seiya HOJO</u>	JPN	1:29:46
39.	<u>Atsuki TSUCHIYA</u>	JPN	1:30:16
40.	<u>Tomoya KANZAWA</u>	JPN	1:30:31
41.	<u>Tomohiro SUZUKI</u>	JPN	1:30:56
42.	<u>Atsuya SUZUKI</u>	JPN	1:31:16
43.	<u>Rei TOGUCHI</u>	JPN	1:31:33
44.	<u>Tatsuya TANAKA</u>	JPN	1:32:34
45.	<u>Natsuki YASU</u>	JPN	1:33:16
46.	<u>Tomoya SENGIKU</u>	JPN	1:33:20
47.	<u>Akihiro MINAKATA</u>	JPN	1:33:32
48.	<u>Yuto YAYANAGISAWA</u>	JPN	1:34:17
49.	<u>Kakeru MATSUMOTO</u>	JPN	1:35:05
50.	<u>Kotaro KAJI</u>	JPN	1:35:18
51.	<u>Ryushin NAMIGATA</u>	JPN	1:35:28
52.	<u>Masato SEMOTO</u>	JPN	1:36:07
53.	<u>Kaito FUJIKI</u>	JPN	1:37:24
	<u>Yuta MURAKOSHI</u>	JPN	DNF
	<u>Eiki TAKAHASHI</u>	JPN	DNF
	<u>Hiroto JUSHO</u>	JPN	DNF
	<u>Taiga MUKAI</u>	JPN	DNF
	<u>Toru YAMAMOTO</u>	JPN	DNF
	<u>Yanagawa DAICHI</u>	JPN	DNF
	<u>Taku HIRAOKA</u>	JPN	DNF
	<u>Taichi KIMURA</u>	JPN	DNF
	<u>Hayato YANAGIHARA</u>	JPN	DQ
	<u>Riku KANEKO</u>	JPN	DQ
	<u>Yuichi YARITA</u>	JPN	DQ
	<u>Toshikazu YAMANISHI</u>	JPN	DQ

Women 20 kilometre Race walk c'ship

1.	<u>Nanako FUJII</u>	JPN	1:27:59
2.	<u>Kumiko OKADA</u>	JPN	1:29:03
3.	<u>Ayane YANAI</u>	JPN	1:31:25
4.	<u>Serena SONODA</u>	JPN	1:33:01
5.	<u>Yukiko UMENO</u>	JPN	1:35:36
6.	<u>Masumi FUCHISE</u>	JPN	1:36:38
7.	<u>Miyu NAITO</u>	JPN	1:38:11
8.	<u>Sayori MATSUMOTO</u>	JPN	1:38:49
9.	<u>Ayumi SUGIBAYASHI</u>	JPN	1:39:41
10.	<u>Kana KOIDE</u>	JPN	1:40:03
11.	<u>Kayane SAITO</u>	JPN	1:40:23
12.	<u>Satsuki ISHIDA</u>	JPN	1:40:40
13.	<u>Yua NAGAI</u>	JPN	1:42:13
14.	<u>Aoi SHIBATA</u>	JPN	1:42:33
15.	<u>Mao TATSUMI</u>	JPN	1:43:00
16.	<u>Nami KUMAGAI</u>	JPN	1:43:06
17.	<u>Mei YAMAGISHI</u>	JPN	1:44:54
18.	<u>Kaede FUJINO</u>	JPN	1:45:18
19.	<u>Mamika FUJITA</u>	JPN	1:46:12
20.	<u>Maika YAGI</u>	JPN	1:46:46
21.	<u>Haruka SHIRAISHI</u>	JPN	1:47:17
22.	<u>Midori KATSUMA</u>	JPN	1:47:39
23.	<u>Yoka KONDO</u>	JPN	1:48:01
24.	<u>Yui HIWATASHI</u>	JPN	1:48:01
25.	<u>Momoka NORITAKE</u>	JPN	1:48:48
26.	<u>Chika IWANAMI</u>	JPN	1:49:17
27.	<u>Runa KOBAYASHI</u>	JPN	1:49:38
28.	<u>Yoshika YAMADA</u>	JPN	1:50:36
29.	<u>Mizuki ITAHASHI</u>	JPN	1:51:21
30.	<u>Yura AKIMOTO</u>	JPN	1:52:36
31.	<u>Yurika OMURA</u>	JPN	1:53:06
32.	<u>Nozomi KAWABE</u>	JPN	1:53:27
33.	<u>Maria SAITO</u>	JPN	1:55:11
	<u>Hanayu IWATA</u>	JPN	DNF
	<u>Mizuki AIZAWA</u>	JPN	DNF
	<u>Kana TANIKADO</u>	JPN	DNF
	<u>Kaori INOUE</u>	JPN	DNF
	<u>Mari ICHIKI</u>	JPN	DQ
	<u>Kaori KAWAZOE</u>	JPN	DQ

Men 20 Kilometre Race walk Open

1.	<u>E J PALMA OLIVARES</u>	MEX	1:19:26
2.	<u>Isaac PALMA</u>	MEX	1:20:18
3.	<u>Byeongkwang CHOE</u>	KOR	1:22:09
4.	<u>Mingyu KIM</u>	KOR	1:25:53
5.	<u>Dongmin LIM</u>	KOR	1:32:50
	<u>Jesus CALDERON</u>	MEX	DNF

UNITED KINGDOM: UK Athletics Indoor championships, 18 February - Birmingham

Mark Wall was Chief judge's recorder for this event. His report follows:

In the women's 3000m walk final there were personal bests set led by **Abigail Jennings** (Verity Snook; Aldershot Farnham & District), who successfully defended her title with an impressive career indoor best time of **14:09.22**. She was followed by **Gracie Griffiths** (Peter Freeman; Pembrokeshire) who also went under her indoor best with a **14:12.62** clocking for silver while **Abby Hughes**' (Steve Shaw; Taunton) **14:19.09** for bronze was an overall personal best for the 3000m distance.

In the men's walk final **Christopher Snook** (Andi Drake; Aldershot Farnham & District) was another athlete to regain their UK indoor title, powering to a huge personal best. Victorious in 2022 and a silver medalist in 2023, Snook impressively claimed gold with a career best walk of **11:45.68**. **Tom Partington** (Steve Partington; Manx) took silver and **Luc Legon** (Noel Carmody; Bexley) took bronze.

Women 3000m Walk - final

1	Abigail Jennings	AldershotFarn	14:09.22 PB
2	Gracie Griffiths	Pembrokeshire	14:12.62 PB
3	Abby Hughes	Taunton AC	14:19.09 PB
4	Pagen Spooner	Hyde Park H.	14:22.82 PB
5	Hannah Hopper	Cambridge H.	14:32.14 SB
6	Jessica Wilton	Ashford AC	15:33.74
..	Jasmine Nicholls	Leicester WC	DQ

Men 3000m Walk - final

1	Christopher Snook	AldershotFarn	11:45.68 PB
2	Tom Partington	Manx Harriers	13:04.21 SB
3	Luc Legon	Bexley AC	13:05.05
..	Cameron Corbishley	Medway&Mai	DQ



It was a tight battle between Abigail Jennings and Gracie Griffiths for the Women's indoor title, whereas Chris Snook easily won the Men's gold.

(Photos: Athletics Weekly).

MARCIADALMONDO & O MARCHADOR ROUNDUP

Marcia Dal Mondo is no longer presenting news items, but will continue to post local (Italian) and international results until December 31. These are regularly updated and can be perused at <http://www.marciadalmondo.com/eng/risultati.aspx?anno=2023> , along with many other items of interest.

The Portuguese race walking blog **O Marchador** continues to post news reports and results. The page has dozens of links to articles on race walking, featuring both domestic events and those from abroad.

- Tuesday, February 20, 2024 - Koki Ikeda close to the world record in the 20 km Kobe march <https://omarchador.blogspot.com/2024/02/koki-ikeda-perto-do-recorde-mundial-nos.html>
- Monday, February 19, 2024 - National titles for João Vieira and Vitória Oliveira on the indoor track - Pombal 2024 <https://omarchador.blogspot.com/2024/02/titulos-nacionais-para-joao-vieira-e.html>
- Sunday, February 18, 2024 - 1985, new star emerges on the march in Portugal <https://omarchador.blogspot.com/2024/02/1985-nova-estrela-desponta-na-marcha-em.html> The arrival of Jose Pinto.

- Sunday, February 18, 2024 - In celebration of 40 years of women's race walking in Greece
<https://omarchador.blogspot.com/2024/02/na-comemoracao-dos-40-anos-da-marcha.html>
- Saturday, February 17, 2024 - Nick Christie and Angelina Colon win at Millrose Games 2024
<https://omarchador.blogspot.com/2024/02/nick-christie-e-angelina-colon-vencem.html>
- Friday, February 16, 2024 - Serena Di Fabio and Alessio Coppola highlighted in the Italian Under-18s (indoor track-2024)
<https://omarchador.blogspot.com/2024/02/serena-di-fabio-e-alessio-coppola-em.html>
- Thursday, February 15, 2024 - Guatemala maintained hegemony in the Central American race march - San Jerónimo 2024
<https://omarchador.blogspot.com/2024/02/a-guatemala-manteve-hegemonia-na-marcha.html>
- Wednesday, February 14, 2024 - Papamichail and Filtisakou became Greek champions in the 20 km Astros Kynourias march
<https://omarchador.blogspot.com/2024/02/papamichail-e-filtisakou-sagraram-se.html>
- Wednesday, February 14, 2024 - Evan Dunfee triumphs in the 20km walk in Adelaide. Kyle Swan wins national and area titles
<https://omarchador.blogspot.com/2024/02/evan-dunfee-triunfa-nos-20-km-marcha-em.html>

Note: The O Marchador blog is written in Portuguese. To access an English version, open the page in Google Chrome – if you haven't already – at <https://omarchador.blogspot.com>, then right click on any empty space (not on text) on the page. A window will appear with the option to translate the page. Click on it, and the page should reload in English.



WHAT'S UP AHEAD?

Victorian & National Key Dates – 2024

Fri 23-Sun 25 Feb 2024	AV T&F c'ships (Week 1) – Lakeside Stadium
Fri 1-Sun 3 Mar 2024	AV T&F c'ships (Week 2) – Lakeside Stadium
Sat 9-Sun 10 Mar 2024	LAVic State T&F c'ships – venue TBC
Sat 16-Sun 17 Mar 2024	Victorian Masters T&F c'ships – venue TBC
Fri 29 Mar-Mon 1 Apr 2024	Aust. Masters T&F c'ships – Hobart TAS
Thu 11-Fri 19 Apr 2024	AA Aust Athletics c'ahips – Adelaide SA
Sun 28 Apr 2024	AV 10,000m Track walk c'ship (VRWC Winter season start) – Mentone

International Dates

Sun 21 Apr 2024	WA Race walking Teams c'ship – Antalya TUR
Sat 4 May 2024	3rd Korzienowski Warsaw Race walking Cup (WA Gold) – Warsaw POL
Sat 11 May 2024	31st Grande Premio Internacional de Rio Maior em Marcia Atletica (WA Gold) – Rio Maior POR
Sat 18 May 2024	XXXVII Gran Premio Cantones da A Coruna de Marcha (WA Gold) – La Coruna ESP
Sun 26 May 2024	III Gran Premio Internacional Finetwork Madrid Marcha (WA Gold) – Madrid ESP
26 Jul- 11 Aug 2024	XXXIII Summer Olympics – Paris, FRA
13-25 Aug 2024	24th World Masters T&F Championships – Gothenburg, SWE
20-24 Aug 2024	WA World Junior T&F Championships – Lima, PER
13-21 Sep 2025	20th World Athletics Championships – Tokyo, JPN
30 Oct-15 Nov 2026	Youth Olympic Games – Dakar SEN

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